

# FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT



## College and Career Preparation

<b>Board Approval Date:</b> October 21, 2021	<b>Course Length:</b> 2 Semesters
<b>Grading:</b> A-F	<b>Credits:</b> 5 Credits per Semester
<b>Proposed Grade Level(s):</b> 10, 11, 12	<b>Subject Area:</b> Elective <b>Elective Area (if applicable):</b> N/A
<b>Prerequisite(s):</b> N/A	<b>Corequisite(s):</b> N/A
<b>CTE Sector/Pathway:</b> N/A	
<b>Intent to Pursue ‘A-G’ College Prep Status:</b> Yes	
<b>A-G Course Identifier:</b> (g) College-preparatory elective	
<b>Graduation Requirement:</b> No	
<b>Course Intent: District Course Program (if applicable):</b>	
<p>The Folsom Cordova Unified School District prohibits discrimination, intimidation, harassment (including sexual harassment) or bullying based on a person’s actual or perceived ancestry, color, disability, race or ethnicity, religion, gender, gender identity or gender expression, immigration status, national origin, sex, sexual orientation, or association with a person or group with one or more of these actual or perceived characteristics. For concerns/questions or complaints, contact the <b>Title IX Coordinator and Equity Compliance Officer: Jim Huber, Ed. D., <a href="mailto:jhuber@fcusd.org">jhuber@fcusd.org</a></b>, 1965 Birkmont Drive, Rancho Cordova, CA 96742, 916-294-9000 ext.104625</p>	

### COURSE DESCRIPTION (Online Course):

In College and Career Preparation A, students obtain a deeper understanding of what it means to be ready for college. Students are informed about the importance of high school performance in college admissions and how to prepare for college testing. They know the types of schools and degrees they may choose to pursue after high school and gain wide exposure to the financial resources available that make college attainable. Career readiness is also a focus. Students connect the link between interests, college majors, and future careers by analyzing career clusters. Students come away from this course understanding how smart preparation and skill development in high school can lead to expansive career opportunities after they have completed their education and are ready for the working world. Students

who complete College and Career Preparation A have the basic skills and foundation of knowledge to progress into College and Career Preparation B, the capstone course that provides hands-on information about the transition from high school to college and career. College and Career Preparation B builds on the lessons and skills in College and Career Preparation A. The course provides a step-by-step guide to choosing a college. It walks students through the process of filling out an application, including opportunities to practice, and takes an in-depth look at the various college-admission tests and assessments, as well as financial aid options. College and Career Preparation B also instructs students in interviewing techniques and provides career guidance. Students explore valuable opportunities such as job shadowing and internships when preparing for a career. Students who complete this course obtain a deeper understanding of college and career readiness through informative, interactive critical thinking and analysis activities while sharpening their time management, organization, and learning skills that they learned in College and Career Preparation A. College and Career Preparation B prepares students with the knowledge and skills to be successful in college and beyond. This course is built to the American School Counselors Association National Standards for school counseling programs

**DETAILED UNITS OF INSTRUCTION:**

Unit Number/Title	Unit Essential Questions	Examples of Formative Assessments	Examples of Summative Assessment
<p><b>1. Prepare for College In High School</b></p>	<p>What is the value of your high school degree and how can it help you continue your education at college or get a job after high school?            What requirements must you meet to graduate from high school and/or be eligible for college? How can you maximize your study time?</p>	<p>*Practice: Discovering More Resources</p>	<p>*Homework            *Unit Test</p>
<p><b>2. College Knowledge</b></p>	<p>What is it like to be a college student and what the college's campus culture might be like?            What coursework will you need to earn a bachelor's or associate's degree, as well as how to transfer from a community college to a four-year college?            What are examples of programs that provide you with certificates for vocational careers and job opportunities?            What courses can you take</p>	<p>*Practice: Look into Some Colleges            *Practice: Planning to Learn More</p>	<p>*Journal: Programs and Degrees            *Unit Test</p>

	to earn certificates and how to secure apprenticeships?		
<b>3. Testing and Assessments</b>	What is the purpose of the Aspire and PSAT tests? How can you prepare yourself for the P-ACT and PSAT?	*Practice: Taking the PSAT	*Journal: Standardized Tests *Unit Test
<b>4. Financial Aid</b>	What are the differences between poetry and prose? How do sound, line, image, and structure drive poems? How do you use your senses to create images that "show" and don't "tell" in your poetry? How do words carry connotations, what denotation reveals about words, and how knowing the history of a word can change its meaning? How can figurative language enhance your poetry? What Are loaded images and power objects and how can you utilize them in your poetry?	*Practice: Helpful Resources *Discuss: Dollars and Sense *Practice: Planning to Pay	*Unit Test
<b>5. Career Opportunities</b>	What are the 16 career areas, or clusters, and how do they relate to your interests and potential college majors? How do you apply what you learn in high school and college to the work world?	*Practice: Making a Career for Myself	*Journal: Relating to the Clusters *Unit Test
<b>6. Preparing for College</b>	What are the habits of a successful student? What are the benefits of developing short- and long-term goals and how do you set attainable goals for college? What are the critical skills you need to be successful? How do you create a circle	*Practice: Sharing Your Skills *Practice: Getting Credit	*Journal: Personal Action Plan *Unit Test

	of support?		
<b>7. College Knowledge</b>	How do you know which colleges to select based on your individual needs? What do you prepare to get the most out of college fairs and visits while avoiding scams? How do you choose, apply to, and accept or decline admission to a variety of colleges?	*Practice: Looking at Colleges Online *Practice: Writing a Personal Essay	*Journal: Am I Ready? *Unit Test
<b>8. Testing and Assessments</b>	What is the purpose of the ACT, SAT, ACCUPLACER, and CLEP tests? How can you prepare yourself for these assessments?	*Practice: Gathering More Information on the ACT *Practice: Tests I'll Take	*Journal: What ACCUPLACER Means to Me *Unit Test
<b>9. Financial Aid</b>	What is FAFSA and how can you use it to help when selecting a college? What other avenues do you have to fund college?	*Practice: Find the Money	*Journal: Thinking about Loans *Unit Test
<b>10. Careers</b>	How do you create a quality career portfolio? What are the best tips for success when interviewing? What are job shadows and internships?	*Practice: Prepare a Résumé *Practice: Find a Job	*Unit Test

**ESSENTIAL STANDARDS:**

ELA:

Through the study of SAT reading and writing strategies, students will strengthen their ability to read critically and write rhetorically. The SAT Critical Reading and Writing section focuses on a number of domains: 1) Revised 02/25/15 Passage Based Reading (both short and long), 2) Sentence Completion, 3) Essay composition, 4) Sentence Errors, and 5) Improving Style. The CCSS standards that are emphasized in the course are outlined below:

College and Career Readiness Anchor Standards for Reading:

Cite strong and thorough evidence to support analysis of what the text says explicitly as well as inferences drawn from the text (CCSS R.1).

Analyze the impact of the author's choices regarding how to develop and relate elements of a piece (CCSS R.3).

Determine the meaning of words and phrases as they are used in the text, including figurative, connotative, and technical meanings (CCSS R.4).

Analyze how an author’s choices concerning how to structure specific parts of a text contribute to its overall structure and meaning (CCSS R.5).

Standards for Language: o Demonstrate command of the conventions of standard English grammar and usage when writing or speaking (CCSS L1.A-D).

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing (CCSS L2.A-C).

College and Career Readiness Anchor Standards for Writing:

Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence. (CCSS W1.A-E).

Produce clear and coherent writing in which the development, organization, and style are appropriate to the task, purpose, and audience (CCSS W4).

Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach (CCSS W5).

Draw evidence from literary or informational texts to support analysis, reflection, and research (CCSS W9).

College and Career Readiness Anchor Standards for Speaking and Listening:

Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others’ ideas and expressing their own clearly and persuasively.

Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

Evaluate a speaker’s point of view, reasoning, and use of evidence and rhetoric.

Present information, findings, and supporting evidence such that listeners can follow the line of reasoning and the organization, development, and style are appropriate to task, purpose, and audience.

Make strategic use of digital media and visual displays of data to express information and enhance understanding of presentations.

Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.

Mathematics:

Through the study of SAT math strategies and problem solving, students will strengthen their mathematics understanding while learning to persevere in solving mathematics problems. The SAT Mathematics section focuses on four categories: 1) Numbers and Operations, 2) Algebra and Functions, 3) Geometry and Measurement, and 4) Data Analysis, Statistics, and Probability. Several Common Core Standards as well as the eight standards for mathematical practices are addressed throughout the four SAT categories.

## **RELEVANT STANDARDS AND FRAMEWORKS, CONTENT/PROGRAM SPECIFIC STANDARDS:**

### **Link to Common Core Standards (if applicable):**

Educational standards describe what students should know and be able to do in each subject in each grade. In California, the State Board of Education decides on the standards for all students, from kindergarten through high school.

<https://www.cde.ca.gov/be/st/ss/elaanchorstandards.asp>

### **Link to Framework (if applicable):**

Curriculum frameworks provide guidance for implementing the content standards adopted by the State Board of Education (SBE). Frameworks are developed by the Instructional Quality Commission, formerly known as the Curriculum Development and Supplemental Materials Commission, which also reviews and recommends textbooks and other instructional materials to be adopted by the SBE.

**Link to Subject Area Content Standards (if applicable):**

Content standards were designed to encourage the highest achievement of every student, by defining the knowledge, concepts, and skills that students should acquire at each grade level.

<https://www.cde.ca.gov/be/st/ss/documents/finalelaccsstandards.pdf>

<https://www.cde.ca.gov/be/st/ss/documents/ccssmathstandardaug2013.pdf>

**Link to Program Content Area Standards (if applicable):**

Program Content Area Standards apply to programs such as International Baccalaureate, Advanced Placement, Career and Technical Education, etc.

**TEXTBOOKS AND RESOURCE MATERIALS:**

**Textbooks**

<b>Board Approved</b>	<b>Pilot Completion Date (If applicable)</b>	<b>Textbook Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Edition</b>	<b>Date</b>
<i>Yes</i>		<i>APEX: College and Career Preparation I</i>		APEX		<i>2019</i>
<i>Yes</i>		<i>APEX: College and Career Preparation II</i>		APEX		<i>2019</i>

**Other Resource Materials**

N/A

**Supplemental Materials**

Board approved supplemental materials (Including but not limited to: Film Clips, Digital Resources, Supplemental texts, DVDs, Programs (Pebble Creek, DBQ, etc.):

N/A