

# October 2024 | High School



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Enchiladas Burrito Pinto Beans Lettuce & Tomato Spanish Rice/Salsa Fruit/Milk	<b>2</b> Patty Melt Meatball Sub Baked Beans French Fries Fruit/Milk	<b>3</b> Lasagna Chicken Tenders Steamed Corn Steamed Carrots Roll/Fruit/Milk	<b>4</b> Pizza Stix w/marinara Mini Corn Dogs Tater Tots Green Beans Fruit/Milk
<b>7</b> Chicken Nuggets Chicken Fried Steak Mashed Potatoes w/gravy Steamed Carrots Roll/Fruit/Milk	<b>8</b> Frito Pie w/cornbread Taco Snack Pinto Beans Lettuce & Tomato Salsa/Fruit/Milk	<b>9</b> Grilled Chicken Burger Chili Cheese Hot Dog French Fries Burger Salad Baked Beans Fruit/Milk	<b>10</b> Baked Potato w/trimmings Fish Steamed Broccoli Corn Roll/Fruit/Milk	<b>11</b> Buffalo Chicken Pizza Pepperoni Pizza Tater Tots Green Beans Fruit/Milk
<b>14</b> Teacher In-Service	<b>15</b> Crispy Beef & Cheese Tacos 2 Crispitos w/cheese stick Refried Beans Lettuce & Tomato Spanish Rice Salsa/Fruit/Milk	<b>16</b> Pulled Pork Hoagie w/gravy Hamburger Sweet Potato Fries Burger Salad Baked Beans Fruit/Milk	<b>17</b> Meatloaf Steakfingers Mashed Potatoes w/gravy Steamed Broccoli Roll/Fruit/Milk	<b>18</b> Wings of Fire w/ranch & roll Pizza Stix w/ranch Steamed Carrots Tater Tots Fruit/Milk
<b>21</b> Popcorn Chicken Mashed Potato Bowl Meatballs w/gravy Mashed Potatoes Corn Roll/Fruit/Milk	<b>22</b> Totally Taco Quesadillas Fiestada Pizza Lettuce & Tomato w/ranch Refried Beans Fruit/Milk	<b>23</b> Cheeseburger Fish Burger Burger Salad Sweet Potato Fries Fruit/Milk	<b>24</b> Chicken N' Waffles w/syrup Corn Dog Cheesy Broccoli French Fries Fruit/Milk	<b>25</b> Turkey & Cheese Sub Ham & Cheese Sub Burger Salad Baby Carrots w/ranch Fruit/Milk
<b>28</b> Chicken Tenders Steakfingers Tater Tots Steamed Broccoli Roll/Fruit/Milk	<b>29</b> Nachos w/ground beef Taco Stick Lettuce & Tomato Pinto Beans Spanish Rice Salsa/Fruit/Milk	<b>30</b> Sloppy Joe BBQ Pork Rib on Bun Baked Beans Sweet Potato Fries Fruit/Milk	<b>31</b> Mesquite Chicken Chicken Fried Steak Mashed Potatoes w/gravy Steamed Carrots Roll/Fruit/Milk	 <p><b>Apples</b> Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States</p> 

## Announcements:

Menu Subject to Change!

Lunch Free to All Students!

Chef Salad Offered Daily as Alternate!

Adults & Visitors \$5.00



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
www.SquareMeals.org

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024  
National School Lunch Program