

Monday

Tuesday

Wednesday

Thursday

Friday

Cocoa Bars **1**
Graham Crackers
Fruit
100% Fruit Juice
Milk

Muffin **2**
Cheese Stick
Fruit
100% Fruit Juice
Milk

Waffle **3**
Fruit
100% Fruit Juice
Milk

Donut Holes **4**
Fruit
100% Fruit Juice
Milk

7
NO SCHOOL- FAIR BREAK

8
NO SCHOOL- FAIR BREAK

9
NO SCHOOL- FAIR BREAK

10
NO SCHOOL- FAIR BREAK

11
NO SCHOOL- FAIR BREAK

Cereal Bowl **14**
Fruit
100% Fruit Juice
Milk

Pop Tart **15**
Yogurt
Fruit
100% Fruit Juice
Milk

Muffin **16**
Cheese Stick
Fruit
100% Fruit Juice
Milk

Cinnamon Pretzel **17**
Fruit
100% Fruit Juice
Milk

18
NO SCHOOL

Cereal Bar **21**
Fruit
100% Fruit Juice
Milk

Cocoa Bars **22**
Graham Crackers
Fruit
100% Fruit Juice
Milk

Muffin **23**
Yogurt
Apple Slices
100% Fruit Juice
Milk

Bagel **24**
Fruit
100% Fruit Juice
Milk

Cinnamon Bun **25**
Fruit
100% Fruit Juice
Milk

Cereal Bowl **28**
Fruit
100% Fruit Juice
Milk

Frudal **29**
Fruit
100% Fruit Juice
Milk

Muffin **30**
Cheese Stick
Fruit
100% Fruit Juice
Milk

French Toast **31**
Fruit
100% Fruit Juice
Milk

Questions/Concerns: Contact Cafeteria Supervisor, Kim Deerfield at kdeerfield@amanda.k12.oh.us or (740)969-7450

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