Understanding Positive Behavioral Interventions and Supports (PBIS): Parent Training

Partnering to Promote Positive Behavior in Schools

#### What is PBIS?

 PBIS is a proactive approach to improve school safety and promote positive behavior.

• It focuses on teaching and reinforcing positive behaviors rather than relying on punishment.

 PBIS is designed to meet the needs of all students through a tiered system of support.

#### The 3 Tiers of PBIS

- Tier 1: Universal strategies for all students (school-wide expectations, rewards for positive behavior).
- Tier 2: Targeted supports for small groups of students (social skills groups, check-ins).
- Tier 3: Intensive, individualized interventions for students with significant behavioral needs.

### How PBIS Benefits Students

- PBIS encourages positive behaviors, which lead to a more productive learning environment.
- Students learn social and emotional skills, such as cooperation and responsibility.
- Reduced disciplinary actions and improved academic outcomes.
- Provides a consistent and predictable environment, which helps students feel safe and supported.

## The Parent's Role in **PBIS**

- Reinforce positive behaviors at home using similar expectations and language used at school.
- Communicate regularly with teachers about your child's behavior and progress.
- Encourage your child to follow school rules and recognize their efforts to do so.
- Support your child's emotional and social development by modeling positive behaviors.

# PBIS in Action: SchoolWide Strategies

- School-wide expectations: Respect, Responsibility, and Safety.
- Behavior charts, rewards systems, and recognition for positive behavior (e.g., 'Student of the Week').
- Clear and consistent consequences for inappropriate behavior.
- Collaborative effort among teachers, staff, and families.



- Regularly tracking student behavior and progress through data collection.
- Teachers use data to adjust interventions and supports as needed.
- Parents can be involved by discussing progress during meetings and providing feedback.
- Celebrate progress, no matter how small, to encourage continued positive behavior.

## How Parents Can Support PBIS at Home

- Set clear expectations for behavior at home that align with school rules.
- Provide positive reinforcement for good behavior (e.g., praise, rewards, privileges).
- Teach problem-solving and conflict-resolution skills.
- Be consistent with consequences and follow through on rules.

### Communication Between Home and School

- Keep an open line of communication with teachers and school staff.
- Attend parent-teacher conferences and school events.

• Share insights about your child's behavior at home to help the school provide better support.

 Work together to create a consistent behavior plan that supports your child's growth.



### Questions & Answers

• Email questions to Dr. Keegan

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• Discuss specific strategies that can be implemented at home.

• Contact information for school staff.

Thank You!

 Parent-school collaboration for student success is so important.