

CALLING ALL 3RD - 5TH GRADERS



SCAN ME!



**FINANCIAL AID
AVAILABLE!**

Registration Opens: August 1st

Season Starts: Week of September 9th

5K Weekend: November 9-10

GIRLS ON THE RUN IS A GIRL-EMPOWERMENT ORGANIZATION THAT INSPIRES PARTICIPANTS TO BE JOYFUL, HEALTHY, AND CONFIDENT USING EVIDENCE-BASED LESSONS THAT COMBINE RELATIONSHIP BUILDING, COMMUNITY STRENGTHENING, AND GOAL SETTING WITH PHYSICAL MOVEMENT.



97% learned how to:

- manage emotions
- help others
- decision making skills
- resolve conflict

85% improved in connection, competence, confidence and character

Questions? Email us at program@gotrmn.org