



School Counseling Dept. Newsletter

September 2024



Welcome MPTCS Village!

Village Family! Welcome to the 2024-2025 School Year! As we begin this thrilling new academic year, we are excited to introduce you to the monthly newsletters from our School Counseling Department! Our dedicated team of School Counselors and School Social Workers are here to support the academic, social, and emotional well-being of every student, and we can't wait to embark on this journey with you. Through our newsletters, you will find engaging updates about the Counseling Department's activities across all four campuses: Marion P. Thomas Charter High School, P.A.C Academy, S.T.E.A.M. Academy, and SANKOFA Academy, along with vital information about upcoming events and available resources!

This newsletter offers an interactive experience; please don't hesitate to click  on any hyperlinks highlighted in **blue**. Stay tuned for our future newsletters!



Ms. Jean-Louis
Dept. Chair of Guidance/ School Counseling


Preparing Students for Life's Challenges & Opportunities



MS. JEAN-LOUIS



CONTACT ME

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 973.621.0060 ext. 5112

HELLO

Welcome back! I am Ms. Jean-Louis, the Department Chair of Guidance/School Counseling at MPTCS. I am thrilled about the upcoming projects that my team will be undertaking this academic year. Over the summer, we worked diligently to enhance our department's operations, ensuring we can serve all students more effectively. I am truly passionate about promoting Social-Emotional Learning (SEL), increasing awareness of mental health, and preparing students for college. I look forward to a rewarding year focused on meeting the holistic needs of every student.

FUN FACTS

- I love to travel.
- I love audiobooks.
- I have a twin sister.



High School - School Social Worker Corner

MS. MEDINA-MACIAS



HELLO

Welcome back scholars! I'm Ms. Medina and I'll be the School Social Worker for the 2024-2025 year. This is my 6th year doing Social Work, and my 1st year at MPTCS High School. I'm looking forward to working with you, the scholars, and parents.

FUN FACTS

I'm teaching myself how to crochet. I'm learning how to care for and propagate succulents. I love trying new foods.

STAFF HOURS



CONTACT ME

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 973.621.0060 ext. 5101

High School - School Counselor Corner

MRS. FREDERICKS



HELLO

Welcome back to school! I'm Mrs. Fredericks, and I am your child's school counselor for the 2024 - 2025 school year. I will have grades levels 9-12, last names A-GI. I anticipate that I will contribute greatly in assisting all of the scholars academically, socially and emotionally and reaching their full potential. I look forward to getting to know you and your child.

FUN FACTS

I love to travel, shop and read love novels. I had to opportunity to travel to 3 countries this year and counting the year is not done yet.

BOOK AN APPT CONTACT ME



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High School - School Counselor Corner



School Counseling Department

Preparing Students for Life's Challenges & Opportunities!

MARION P. THOMAS CHARTER HIGH SCHOOL COLLEGE EXPOSURE

FALL 2024 COLLEGE TOURS



SEPTEMBER 26, 2024- STOCKTON UNIVERSITY

OCTOBER 24, 2024- DELAWARE STATE

OCTOBER 28, 2024- ROWAN UNIVERSITY



DECEMBER 3, 2024- UNIVERSITY OF PENNSYLVANIA ***

FALL 2024 COLLEGE INFO SESSIONS

SEPTEMBER 17, 2024 - RAMAPO UNIVERSITY

OCTOBER 23, 2024 - WILLIAM PATERSON UNIVERSITY

NOVEMBER 12, 2024 - MPTCHS COLLEGE FAIR



FALL 2024- INSTANT DECISION DAYS

OCTOBER 21, 2024- BLOOMFIELD COLLEGE OF MONTCLAIR STATE U

NOVEMBER 13, 2024- RAMAPO INSTANT DECISION DAY

NOVEMBER 14, 2024 - WPUNJ INSTANT DECISION DAY

DECEMBER 9, 2024 - KEAN UNIVERSITY



FALL 2024 COLLEGE & CAREER FAIR

NOVEMBER 12, 2024 - MPTCHS BLACK BOX

NOVEMBER 21, 2024 HBCU FAIR @ KEAN UNIVERSITY

SIGN UP LINKS WILL BE POSTED IN THE STUDENT GOOGLE CLASSROOM!

September is National Suicide Prevention Month. All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.

All School Social Workers will observe Suicide Prevention Week from 9/7 - 9/13, by providing students with resources and facilitating activities/workshops that brings awareness.



Pay attention to the
signs, your life
matters!

**Suicide Crisis
Hotline #**





Suicide Prevention Week



We are all in this together

ALL STAFF: Please wear Teal or Purple on Thursday 9/12 to show our support and raise awareness about Suicide Prevention.

SEPTEMBER IS
SUICIDE PREVENTION
AWARENESS MONTH
Call or text 988 or Chat 988Lifeline.org




For more information on Suicide awareness



PAC School Social Worker's Corner

MS. PALMER



HELLO

Welcome back to school. I'm Ms. Palmer, and I am the School Social Worker for the 2024 - 2025 school year. This is my 7th year practicing Social Work and my 2nd year at MPTCS PAC. I look forward to working with you, the parents, and the gifted scholars this school year.

GO TIGERS, ROAR!

FUN FACTS

I find enjoyment in dancing. I love to laugh and I rarely turn down a good meal! I am passionate about making an imPACT by providing social and emotional wellness skills to our youth.

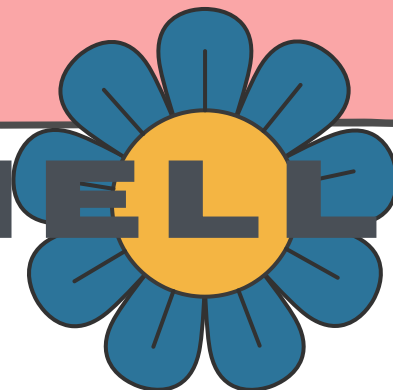


STEAM School Counselor's Corner

MS. MONTES-VALDEZ



HELLO



Welcome back to school! I'm Ms. Montes-Valdez, and I am the School Social Worker for the 2024 - 2025 school year. This is my 5th year practicing Social Work and my 1st year at MPTCS STEAM. I look forward to working with you, the parents, and our wonderful scholars.

FUN FACTS

I love food and trying new things. I am passionate about teaching our MPTCS scholars social and emotional skills.

STAFF HOURS



CONTACT ME

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