

# Gainesville City Schools Elementary Menu



## October 2024

Students eat at no cost  
 Adult breakfast: \$4.00  
 Adult lunch: \$5.00  
 Extra milk is \$0.35

Assorted fat-free and low-fat milk is offered at breakfast & lunch.

The menu is limited and subject to change due to market conditions, school events, and closures.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> Breakfast Pizza Cereal Cup Fruit Juice 4 oz. Fresh Fruit 1 each Cheeseburger Baked Beans ½ cup Sweet Potato Fries Garden Salad 1 cup Applesauce ½ cup	<b>1</b> Sausage & Pancake Slider Cereal Cup Fresh Fruit 1 each Craisins 1 pack Chicken Nuggets (4) with Corn Muffin Green Beans ½ cup Mashed Potatoes ½ cup Peaches ½ cup	<b>2</b> Breakfast Bun Cereal Cup Fruit Juice 4 oz. Applesauce ½ cup Pepperoni Hot Pockets Marinara Dunk Cup Corn ½ cup Parmesan Broccoli ½ cup Pineapple ½ cup	<b>3</b> Steak Biscuit Cereal Cup Fresh Fruit 1 each Raisins 1 pack Beefy Nachos with Tostitos Sour Cream & Salsa Pinto Beans ½ cup Cherry Tomatoes ½ cup Fruit Juice Slushy 4 oz.	<b>4</b> Poptart & Yogurt Cereal Cup Tater Tots 8 each Diced Pears ½ cup Turkey & Cheese Sandwich Manager's Choice Dessert Carrot Sticks ½ cup Celery Sticks ½ cup Fresh Fruit 1 each
<b>7</b> Muffin & Yogurt Cereal Cup Fruit Juice 4 oz. Fresh Fruit 1 each Chicken Sandwich Green Beans ½ cup Potato Smiles 6 each Spinach Salad 1 cup Applesauce ½ cup	<b>8</b> Mini Pancakes or Waffles Cereal Cup Fresh Fruit 1 each Craisins 1 pack Asian Chicken & Fried Rice Fortune Cookie Carrot Sticks ½ cup Steamed Cabbage ½ cup Mandarin Oranges ½ cup	<b>9</b> Donut Holes Cereal Cup Fruit Juice 4 oz. Applesauce ½ cup Mozzarella Breadstick Bites (4) Marinara Dunk Cup Corn ½ cup Steamed Broccoli ½ cup Diced Pears ½ cup	<b>10</b> Chicken Biscuit Cereal Cup Fruit Juice 4 oz. Fresh Fruit 1 each Chicken Burrito Sour Cream & Salsa Black Beans ½ cup Garden Salad 1 cup Raisins 1 pack	<b>11</b> Cereal Bar & Crackers Cereal Cup Fruit Juice 4 oz. Mixed Fruit ½ cup PB&J or Soybutter Sandwich with Yogurt Carrot Sticks ½ cup Veggie Juice 4 oz. Fresh Fruit 1 each
<p style="text-align: center;"><b>National School Lunch Week</b>                      SCHOOL LUNCH PIRATES                      AHoy                      FIND YOUR TREASURE!                      OCTOBER 14-18, 2024</p>				
<b>21</b> Cinni Minis Cereal Cup Fruit Juice 4 oz. Fresh Fruit 1 each Chicken Sandwich Steamed Squash ½ cup Potato Smiles 6 each Romaine Salad 1 cup Applesauce ½ cup	<b>22</b> Nature Valley Oatmeal Rounds Cereal Cup Fresh Fruit 1 each Craisins 1 pack BBQ Pork Sandwich Baked Beans ½ cup Curly Fries ½ cup Coleslaw ½ cup Fruit Juice Gels ½ cup	<b>23</b> Apple Cinnamon Texas Toast Cereal Cup Fruit Juice 4 oz. Applesauce ½ cup Cheese Pizza Corn ½ cup Cheesy Broccoli ½ cup Carrot Sticks ½ cup Pineapple ½ cup	<b>24</b> Chicken Biscuit Cereal Cup Fruit Juice 4 oz. Fresh Fruit 1 each Chicken Drumstick with Mac & Cheese Sweet Potatoes ½ cup Green Beans ½ cup Peaches ½ cup	<b>25</b> Cereal Bar & Crackers Cereal Cup Fruit Juice 4 oz. Mixed Fruit ½ cup PB&J or Soybutter Sandwich with Chips Carrot Sticks ½ cup Veggie Juice 4 oz. Fresh Fruit 1 each
<b>28</b> Breakfast Pizza Cereal Cup Fruit Juice 4 oz. Fresh Fruit 1 each Cheeseburger Baked Beans ½ cup Sweet Potato Fries Garden Salad 1 cup Applesauce ½ cup	<b>29</b> Sausage & Pancake Slider Cereal Cup Fresh Fruit 1 each Craisins 1 pack Chicken Nuggets (4) with Corn Muffin Green Beans ½ cup Mashed Potatoes ½ cup Peaches ½ cup	<b>30</b> Breakfast Bun Cereal Cup Fruit Juice 4 oz. Applesauce ½ cup Pepperoni Hot Pockets Marinara Dunk Cup Corn ½ cup Parmesan Broccoli ½ cup Pineapple ½ cup	<b>31</b> Steak Biscuit Cereal Cup Fresh Fruit 1 each Raisins 1 pack Turkey Corn Dog Manager's Choice Dessert Carrot Sticks ½ cup Celery Sticks ½ cup Fresh Fruit 1 each	<b>1</b> Poptart & Yogurt Cereal Cup Tater Tots 8 each Diced Pears ½ cup Beefy Nachos with Tostitos Sour Cream & Salsa Pinto Beans ½ cup Cherry Tomatoes ½ cup Fruit Juice Slushy 4 oz.

If your child has a peanut allergy on PB&J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).



# SQUASH

