

What's on the Menu?

TSD Middle School Menu August 26th- August 30th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

NO
SCHOOL

NO
SCHOOL

Orange Chicken Bowl
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Burger Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

NO
SCHOOL

Grill

NO
SCHOOL

NO
SCHOOL

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
Halal Chicken Tenders
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
Halal Chicken Tenders
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

NO
SCHOOL

Cold Options

NO
SCHOOL

NO
SCHOOL

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Strawberry Parfait
Halal Chicken Caesar
Salad

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Strawberry Parfait
Halal Chicken Caesar
Salad

NO
SCHOOL

Side Options

NO
SCHOOL

NO
SCHOOL

Potato Wedges
Blueberries
Pineapples
Clementines
Tomatoes
Italian Chickpea Salad
Garden Side Salad

Potato Wedges
Cantaloupe
Banana
Applesauce
Cucumbers
Italian Chickpea Salad
Garden Side Salad

NO
SCHOOL

A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk.
Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD Middle School Menu September 2nd-September 6th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

**NO
SCHOOL**

Taco Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Sweet & Sour Dumplings
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Pancake Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Mac & Cheese Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Grill

**NO
SCHOOL**

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
**Halal Chicken
Sandwich**
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
Halal Chicken Sandwich
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
**Halal Chicken
Sandwich**
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
**Halal Chicken
Sandwich**
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Cold Options

**NO
SCHOOL**

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad

Side Options

Parmesan Potatoes
Apple Slices
Diced Pears
Orange Wedges
Carrots
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Grapes
Sliced Peaches
Strawberries
Broccoli
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Blueberries
Pineapples
Clementines
Tomatoes
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Cantaloupe
Banana
Applesauce
Cucumbers
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Mango Chunks
Mandarin Oranges
Apple
Sugar Snap Peas
3 Bean Salad
Caesar Side Salad

A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk.
Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD Middle School Menu September 9th-September 13th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

Southern Fried Chicken

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Burrito Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Teriyaki Chicken Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Hot Dog Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Taste of Italy

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Grill

Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger
Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog

Cold Options

Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad
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Side Options

Crinkle Cut Fries Apple Slices Diced Pears Orange Wedges Carrots Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Grapes Sliced Peaches Strawberries Broccoli Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Blueberries Pineapples Clementines Tomatoes Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Cantaloupe Banana Applesauce Cucumbers Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Mango Chunks Mandarin Oranges Apple Sugar Snap Peas Italian Chickpea Salad Garden Side Salad
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A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk. Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD Middle School September 16th–September 20th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

Chicken Parmesan Sandwich
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Taco Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Szechwan Dumpling Bowl
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Waffle Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Mac & Cheese Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Grill

Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog
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Cold Options

Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad
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Side Options

Curly Fries Apple Slices Diced Pears Orange Wedges Carrots 3 Bean Salad Caesar Side Salad	Curly Fries Grapes Sliced Peaches Strawberries Broccoli 3 Bean Salad Caesar Side Salad	Curly Fries Blueberries Pineapples Clementines Tomatoes 3 Bean Salad Caesar Side Salad	Curly Fries Cantaloupe Banana Applesauce Cucumbers 3 Bean Salad Caesar Side Salad	Curly Fries Mango Chunks Mandarin Oranges Apple Sugar Snap Peas 3 Bean Salad Caesar Side Salad
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A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk. Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD Middle School Menu September 23rd-September 27th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

**Chicken Drumstick
w/Mashed Potatoes**

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Nacho Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Orange Chicken Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Burger Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Pasta Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Grill

Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger
Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich	Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich
Halal Hamburger Halal Hot Dog	Halal Hamburger Halal Hot Dog	Halal Hamburger Halal Hot Dog	Halal Hamburger Halal Hot Dog	Halal Hamburger Halal Hot Dog

Cold Options

Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad
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Side Options

Potato Wedges Apple Slices Diced Pears Orange Wedges Carrots Italian Chickpea Salad Garden Side Salad	Potato Wedges Grapes Sliced Peaches Strawberries Broccoli Italian Chickpea Salad Garden Side Salad	Potato Wedges Blueberries Pineapples Clementines Tomatoes Italian Chickpea Salad Garden Side Salad	Potato Wedges Cantaloupe Banana Applesauce Cucumbers Italian Chickpea Salad Garden Side Salad	Potato Wedges Mango Chunks Mandarin Oranges Apple Sugar Snap Peas Italian Chickpea Salad Garden Side Salad
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A full student lunch consists of 5 components: Protein, Grain, Vegetable, Fruit and a choice of Milk.

Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD Middle School Menu September 30th-October 4th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

Mashed Potato Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Taco Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Asian Dumpling Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Pancake Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Mac & Cheese Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

Grill

Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog
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Cold Options

Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap
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Side Options

Parmesan Potatoes Apple Slices Diced Pears Orange Wedges Carrots 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Grapes Sliced Peaches Strawberries Broccoli 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Blueberries Pineapples Clementines Tomatoes 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Cantaloupe Banana Applesauce Cucumbers 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Mango Chunks Mandarin Oranges Apple Sugar Snap Peas 3 Bean Salad Caesar Side Salad
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A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk. Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.

