

What's on the Menu?

TSD High School Menu August 26th- August 30th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

NO
SCHOOL

NO
SCHOOL

Asian Bowl
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
3 Cheese Melt

Burger Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
S.W. Chicken Panini

NO
SCHOOL

Grill

NO
SCHOOL

NO
SCHOOL

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
Halal Chicken Tenders
Vegan Chik'n Nuggets
Gluten Free Chicken Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
Halal Chicken Tenders
Vegan Chik'n Nuggets
Gluten Free Chicken Sandwich
Halal Hamburger
Halal Hot Dog

NO
SCHOOL

Cold Options

NO
SCHOOL

NO
SCHOOL

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Strawberry Parfait
Halal Chicken Caesar Salad
Halal Chicken Fajita Wrap

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Strawberry Parfait
Halal Chicken Caesar Salad
Halal Chicken Fajita Wrap

NO
SCHOOL

Side Options

NO
SCHOOL

NO
SCHOOL

Potato Wedges
Blueberries
Pineapples
Clementines
Tomatoes
Italian Chickpea Salad
Garden Side Salad

Potato Wedges
Cantaloupe
Banana
Applesauce
Cucumbers
Italian Chickpea Salad
Garden Side Salad

NO
SCHOOL

A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk.
Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD High School Menu September 2nd-September 6th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

**NO
SCHOOL**

Taco Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks
Pizza Panini

Asian Dumpling Bowl
Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Margherita Flatbread

Chicken Bulgogi
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks
Pizza Panini

Mac & Cheese Bar
Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks
Margherita Flatbread

Grill

**NO
SCHOOL**

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
**Halal Chicken
Sandwich**
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
Halal Chicken Sandwich
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
**Halal Chicken
Sandwich**
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger
**Halal Chicken
Sandwich**
Vegan Chik'n Nuggets
Gluten Free Chicken
Sandwich
Halal Hamburger
Halal Hot Dog

Cold Options

**NO
SCHOOL**

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad
Halal Chicken Fajita
Wrap

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad
Halal Chicken Fajita
Wrap

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad
Halal Chicken Fajita
Wrap

Caesar Salad
Vegan Chickpea Salad
Garden Salad
Turkey & Cheese Wrap
Italian Hoagie
Blueberry Parfait
Halal Chicken Caesar
Salad
Halal Chicken Fajita
Wrap

Side Options

Parmesan Potatoes
Apple Slices
Diced Pears
Orange Wedges
Carrots
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Grapes
Sliced Peaches
Strawberries
Broccoli
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Blueberries
Pineapples
Clementines
Tomatoes
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Cantaloupe
Banana
Applesauce
Cucumbers
3 Bean Salad
Caesar Side Salad

Parmesan Potatoes
Mango Chunks
Mandarin Oranges
Apple
Sugar Snap Peas
3 Bean Salad
Caesar Side Salad

A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk.
Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD High School Menu September 9th-September 13th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

Southern Fried Chicken

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
3 Cheese Melt

Nacho Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Italian Panini

Asian Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
3 Cheese Melt

Hot Dog Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Italian Panini

Pasta Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
3 Cheese Melt

Grill

Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Tenders Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog
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Cold Options

Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Strawberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap
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Side Options

Crinkle Cut Fries Apple Slices Diced Pears Orange Wedges Carrots Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Grapes Sliced Peaches Strawberries Broccoli Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Blueberries Pineapples Clementines Tomatoes Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Cantaloupe Banana Applesauce Cucumbers Italian Chickpea Salad Garden Side Salad	Crinkle Cut Fries Mango Chunks Mandarin Oranges Apple Sugar Snap Peas Italian Chickpea Salad Garden Side Salad
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A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk. Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD High School September 16th–September 20th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

Chicken Parmesan Sandwich

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Margherita Flatbread

Taco Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Philly Cheese Steak

Asian Dumpling Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Margherita Flatbread

Korean Beef Bulgogi Tacos

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Philly Cheese Steak

Mac & Cheese Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks

Margherita Flatbread

Grill

Hamburger

Cheeseburger

Spicy Chicken Sandwich

Chicken Sandwich

Chicken Nuggets

Black Bean Burger

Halal Chicken Sandwich

Sandwich

Vegan Chik'n Nuggets

Gluten Free Chicken Sandwich

Halal Hamburger

Halal Hot Dog

Hamburger

Cheeseburger

Spicy Chicken Sandwich

Chicken Sandwich

Chicken Nuggets

Black Bean Burger

Halal Chicken Sandwich

Sandwich

Vegan Chik'n Nuggets

Gluten Free Chicken Sandwich

Halal Hamburger

Halal Hot Dog

Hamburger

Cheeseburger

Spicy Chicken Sandwich

Chicken Sandwich

Chicken Nuggets

Black Bean Burger

Halal Chicken Sandwich

Vegan Chik'n Nuggets

Gluten Free Chicken Sandwich

Halal Hamburger

Halal Hot Dog

Hamburger

Cheeseburger

Spicy Chicken Sandwich

Chicken Sandwich

Chicken Nuggets

Black Bean Burger

Halal Chicken Sandwich

Sandwich

Vegan Chik'n Nuggets

Gluten Free Chicken Sandwich

Halal Hamburger

Halal Hot Dog

Hamburger

Cheeseburger

Spicy Chicken Sandwich

Chicken Sandwich

Chicken Nuggets

Black Bean Burger

Halal Chicken Sandwich

Sandwich

Vegan Chik'n Nuggets

Gluten Free Chicken Sandwich

Halal Hamburger

Halal Hot Dog

Cold Options

Cheese Salad

Vegan Chickpea Salad

Garden Salad

Turkey & Cheese Wrap

Italian Hoagie

Blueberry Parfait

Halal Chicken Caesar Salad

Halal Chicken Fajita Wrap

Cheese Salad

Vegan Chickpea Salad

Garden Salad

Turkey & Cheese Wrap

Italian Hoagie

Blueberry Parfait

Halal Chicken Caesar Salad

Halal Chicken Fajita Wrap

Cheese Salad

Vegan Chickpea Salad

Garden Salad

Turkey & Cheese Wrap

Italian Hoagie

Blueberry Parfait

Halal Chicken Caesar Salad

Halal Chicken Fajita Wrap

Cheese Salad

Vegan Chickpea Salad

Garden Salad

Turkey & Cheese Wrap

Italian Hoagie

Blueberry Parfait

Halal Chicken Caesar Salad

Halal Chicken Fajita Wrap

Cheese Salad

Vegan Chickpea Salad

Garden Salad

Turkey & Cheese Wrap

Italian Hoagie

Blueberry Parfait

Halal Chicken Caesar Salad

Halal Chicken Fajita Wrap

Side Options

Curly Fries

Apple Slices

Diced Pears

Orange Wedges

Carrots

3 Bean Salad

Caesar Side Salad

Curly Fries

Grapes

Sliced Peaches

Strawberries

Broccoli

3 Bean Salad

Caesar Side Salad

Curly Fries

Blueberries

Pineapples

Clementines

Tomatoes

3 Bean Salad

Caesar Side Salad

Curly Fries

Cantaloupe

Banana

Applesauce

Cucumbers

3 Bean Salad

Caesar Side Salad

Curly Fries

Mango Chunks

Mandarin Oranges

Apple

Sugar Snap Peas

3 Bean Salad

Caesar Side Salad

A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk.

Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD High School Menu September 23rd-September 27th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

**Chicken Drumstick
w/Mashed Potatoes**

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks
3 Cheese Melt

Walking Tacos

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

S.W. Chicken Panini

½ Day No Lunch

Burger Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

S.W. Chicken Panini

Pasta Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled
Breadsticks

3 Cheese Melt

Grill

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger

Halal Chicken Tenders
Vegan Chik'n Nuggets
**Gluten Free Chicken
Sandwich**

Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger

Halal Chicken Tenders
Vegan Chik'n Nuggets
**Gluten Free Chicken
Sandwich**

Halal Hamburger
Halal Hot Dog

½ Day No Lunch

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger

Halal Chicken Tenders
Vegan Chik'n Nuggets
**Gluten Free Chicken
Sandwich**

Halal Hamburger
Halal Hot Dog

Hamburger
Cheeseburger
Spicy Chicken Sandwich
Chicken Sandwich
Chicken Nuggets
Black Bean Burger

Halal Chicken Tenders
Vegan Chik'n Nuggets
**Gluten Free Chicken
Sandwich**

Halal Hamburger
Halal Hot Dog

Cold Options

Caesar Salad
Vegan Chickpea Salad
Garden Salad

Turkey & Cheese Wrap
Italian Hoagie

Strawberry Parfait
**Halal Chicken Caesar
Salad**
**Halal Chicken Fajita
Wrap**

Caesar Salad
Vegan Chickpea Salad
Garden Salad

Turkey & Cheese Wrap
Italian Hoagie

Strawberry Parfait
**Halal Chicken Caesar
Salad**
**Halal Chicken Fajita
Wrap**

½ Day No Lunch

Caesar Salad
Vegan Chickpea Salad
Garden Salad

Turkey & Cheese Wrap
Italian Hoagie

Strawberry Parfait
**Halal Chicken Caesar
Salad**
**Halal Chicken Fajita
Wrap**

Caesar Salad
Vegan Chickpea Salad
Garden Salad

Turkey & Cheese Wrap
Italian Hoagie

Strawberry Parfait
**Halal Chicken Caesar
Salad**
**Halal Chicken Fajita
Wrap**

Side Options

Potato Wedges
Apple Slices
Diced Pears
Orange Wedges
Carrots

Italian Chickpea Salad
Garden Side Salad

Potato Wedges
Grapes
Sliced Peaches
Strawberries
Broccoli

Italian Chickpea Salad
Garden Side Salad

½ Day No Lunch

Potato Wedges
Cantaloupe
Banana
Applesauce
Cucumbers

Italian Chickpea Salad
Garden Side Salad

Potato Wedges
Mango Chunks
Mandarin Oranges
Apple
Sugar Snap Peas

Italian Chickpea Salad
Garden Side Salad

A full student lunch consists of 5 components: Protein, Grain, Vegetable, Fruit and a choice of Milk.

Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.



What's on the Menu?

TSD High School Menu September 30th-October 4th

Monday

Tuesday

Wednesday

Thursday

Friday

Create, Pizza & Made To Melt

Mashed Potato Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Margherita Flatbread

Taco Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Pizza Panini

Asian Dumpling Bowl

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Margherita Flatbread

Chicken Bulgogi

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Pizza Panini

Mac & Cheese Bar

Cheese Pizza
Pepperoni Pizza
Cheese Filled Breadsticks
Margherita Flatbread

Grill

Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog	Hamburger Cheeseburger Spicy Chicken Sandwich Chicken Sandwich Chicken Nuggets Black Bean Burger Halal Chicken Sandwich Vegan Chik'n Nuggets Gluten Free Chicken Sandwich Halal Hamburger Halal Hot Dog
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Cold Options

Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap	Caesar Salad Vegan Chickpea Salad Garden Salad Turkey & Cheese Wrap Italian Hoagie Blueberry Parfait Halal Chicken Caesar Salad Halal Chicken Fajita Wrap
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Side Options

Parmesan Potatoes Apple Slices Diced Pears Orange Wedges Carrots 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Grapes Sliced Peaches Strawberries Broccoli 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Blueberries Pineapples Clementines Tomatoes 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Cantaloupe Banana Applesauce Cucumbers 3 Bean Salad Caesar Side Salad	Parmesan Potatoes Mango Chunks Mandarin Oranges Apple Sugar Snap Peas 3 Bean Salad Caesar Side Salad
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A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk. Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.

