

# October 2024

| SUNDAY                                                                            | MONDAY                                                                                                                        | TUESDAY                                                                                                           | WEDNESDAY                                                                                                                              | THURSDAY                                                                                                             | FRIDAY                                                                                           | SATURDAY |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------|
|  |                                                                                                                               | 1<br><b>Happy National Coffee Day</b> - Cheese Omelette w/Sausage, Berries, Veg & Homemade Coffee Cake            | 2<br>Mandarin Orange Chicken over Jasmine Rice, Broccoli, Veg                                                                          | 3<br>Mediterranean Bento Box: Salami, Cheeses, Hummus, Olives, Pita Bread, Veggies & Fruit                           | 4<br><b>Happy National Taco Day</b> - Chicken Taco Soup w/Cheese Quesadilla, Salsa, Chips, Fruit | 5        |
| 6                                                                                 | 7<br>Bacon, Egg & Cheese Sandwich w/Tater Tots, Veg, Gogurt & Fruit                                                           | 8<br>Veggie & Cheese Quesadilla w/Chips, Salsa & Fruit                                                            | 9<br><b>Happy Root Beer &amp; Pizza Day</b> - Cheese Pizza Bagels w/Veggies, Fruit & Surprise Root Beer Treat                          | 10<br>Chicken Chili w/Toppings, Homemade Cornbread, Crunchy Salad & Fruit                                            | 11<br><b>No Classes - Student Led Conferences</b>                                                | 12       |
| 13                                                                                | 14<br><b>Chicken &amp; Waffles</b> w/Gogurt, Fruit & Veg                                                                      | 15<br>Chicken Noodle Soup & Grilled Cheese Sandwich, Veg & Fruit                                                  | 16<br>"Sub" Sandwich w/Ham, Salami & Cheese (side lettuce & tomato), Waffle Fries & Fruit                                              | 17<br><b>Happy Pasta Day</b> - Spaghetti & Meatballs w/Veg & Fruit                                                   | 18<br><b>No Classes - Student Led Conferences</b>                                                | 19       |
| 20                                                                                | 21<br><b>Happy Pumpkin Cheesecake Day</b> - "Philly" Style Cheese Steak Sandwich w/Rst Potatoes, Fruit, Veg & Pumpkin Parfait | 22<br>Chicken Taco Lasagna made with Corn Tortillas, Veggies & Fruit                                              | 23<br>Veggie & Baked Tofu Fried Rice, Fruit & Fortune Cookies                                                                          | 24<br>Chicken Chili Mac & Cheese, Veggies & Fruit                                                                    | 25<br><b>Happy BreadStick Day</b> - Chicken Ceasar Salad w/Breadstick, String Cheese & Fruit     | 26       |
| 27                                                                                | 28<br><b>Happy Chocolate Day</b> - Chicken Bacon Cheeseburger Wrap w/Fries, Veg, Fruit & Surprise Chocolate Dessert           | 29<br><b>SunButter &amp; Jelly Bento Box</b> - with Mini Bagel, Pretzels, Fruits, Veggies, String Cheese & Gogurt | 30<br><b>Happy Candy Corn Day</b> - Corn Chowder (Dairy Free - made with Oat Milk), w/Soft Pretzel, Fruit & Homemade Candy Corn Cookie | 31<br><b>Happy Halloween!</b> "Boo" Berry Pancakes w/Sausage, Fruit, Veg, Gogurt & <b>Surprise Halloween Dessert</b> |             |          |

If your child has any dietary restrictions, please email Chef Anni to discuss options prior to ordering.

Chef Anni will include at least one serving of fresh veggies & fruit w/each meal if not noted on the menu.

Please Note: Menu items are subject to change w/food source availability, substitutions will be made on occasion.