



Sanger Independent School District District Educational Improvement Committee

January 17, 2024

3:30 PM

Sanger HS
Lecture Hall

MINUTES

- Meeting was called to order by Mrs. Flaa at 3:33 p.m.
- Jennie welcomed all members of the DEIC committee.
- During the 88th legislature, it was determined that 6-12th graders would need information regarding drug poisoning and fentanyl.
- Laura McFerren addressed HB 3908, known as Tucker's Law. This law refers to fentanyl abuse prevention and drug poisoning awareness.
- SISD Wellness Plan - Each year, the wellness plan needs to be reviewed for updates and accuracy. It is a working document that may be updated as needed. Please let Mrs. Flaa know if adjustments are necessary for the next meeting. The plan is written off of legal. All federal laws and required postings are listed in the wellness plan. DEIC serves as the SHAQ committee based on DOI. This committee elicits feedback and suggestions from the community and committee members to be presented to the board if deemed appropriate. Local policies are created based on federal law. Nutrition guidelines and food plan calculators are part of the wellness plan. This ensures that we are in line with government regulations. Healthy nutrition in the cafeteria and classrooms is promoted throughout the district. The objectives from last year are still relevant and utilized in the wellness plan for this year. Some changes may need to be made in August as the legislature changes hands. Members were asked to view the wellness plan. Mrs. Flaa will email the wellness plan to everyone on the committee.
- Fentanyl - SB 2609 and HB 3908 derived from the increase in the use of fentanyl. Tucker's mom lost him to fentanyl and wanted to ensure that others don't face the same



outcome. The CDC link on the handout speaks about fentanyl overdose as well as other drug poisoning. Review of handout regarding Tucker's Law. Discussion over what fentanyl is. It is an opioid that is 100 times more potent than morphine. In 2021, over 71,000 Americans died from fentanyl. It is 50 times more potent than heroin. It comes in various street forms. "One Pill Can Kill" is the slogan. Only 2 mg is lethal, depending on body size. Counterfeit pills are being produced. Fake pills are difficult to discern. There is no way to know what is real and what is not. Kids are taking it because they were given it by a friend. There are no red flags to identify it. There are many side effects of fentanyl. Rapid heart rate is one of the first symptoms that are shown. Without Narcan, this is lethal and leads to respiratory depression. Withdrawal symptoms require hydration to overcome diarrhea and perspiration. Video over fentanyl. Another medication has been approved, but it is not on the market yet. Narcan may only last a few minutes so a second dose must be administered after 3 minutes. All SISD campuses have Narcan. All AED boxes have them as well as admin, officers, nurses, etc.

- Mrs. Luttmmer- Curriculum Resources - Fentanyl awareness week is in October. We are required to provide suicide and fentanyl awareness to students in grades 6-12. The Texas School Mental Health Database has multiple resources for awareness. Parents need to be made aware of fentanyl and its lethal status.
- Counselors will get together and incorporate this into lessons such as health lessons.
- Instruction is Opt-In due to the sensitive nature of the lesson. A form will be provided to parents to give them information about the topic. Only students with signed opt-in forms will be instructed on fentanyl.
- There are emoji codes that may illustrate fake drugs and dealer signals.
- SnapChat has become a mobile dealer for drugs.
- Student presentations may be delivered during Tribe Time depending on numbers at the high school level.



- Mrs. Flaa will send out an email this evening with the video link for review from the committee, the letter, and the wellness plan. She is soliciting feedback as to whether the video is appropriate for 6th graders.
- It was suggested to send out parent information in newsletters.
- Parents will be well informed regarding what is being shared with their child at school.
- Student in Denton overdosed and the person that provided the fentanyl is being charged with manslaughter.
- Possibly research facts regarding the case
- Future Meeting Dates: February 7, 2024
 - April 3, 2024
- The meeting adjourned at 4:24 p.m.