

## **MUSTANG CENTRAL 2024 Cross Country DAY: DATE: Race and Location: Times:** Fun Run: Mustang High School Track **Friday** Aug 16th 6:00-10pm 801 S Snyder Dr, Mustang, OK 73064 Middle School Scrimmage Run: Wild Horse Park Monday Aug 26th **TBA** 1201 N Mustang Rd, Mustang, OK 73064 **Mustang Harrier Race: Friday** Aug 30th @8:30am Wild Horse Park **Guthrie Clay Tarter Run:** Cottonwood Flatts Recreation Area **Friday** Sept 6<sup>th</sup> @9:30am 308 N 5th St, Guthrie, OK 73044 **Racer Invitational NewCastle High School: Friday** Sept 20th @10:00am 101 North Main St. Newcastle, OK 73065 **Heritage Hall Meet: Thursday** Oct 10th @11:00am 1800 NW 122<sup>nd</sup> St, Oklahoma City, OK 73120 **Metro Conference Meet:** Deer Creek High School Oct 15<sup>th</sup> **Tuesday** @11:00am 6101 NW 206th St, Edmond, OK 73012

## \*\*\*All Races are 20-25 minutes apart; example below:

8:30-7<sup>th</sup> Grade Girls 1.5 miles \*\*(Distance of Race)

8:50-7th Grade Boys 1.5 miles

9:10-8th Grade Girls 1.5 miles

9:30-8th Grade Boys 1.5 miles