

Peace
APRIL 2021



SAY IT:

Peace means proving you care more about each other than winning an argument.

KNOW IT:

ASK A KID:

- Have you ever heard your parents or teachers say “try to keep the peace”?
- What does that saying mean to you?
- Think of some times that you were able to be a peacemaker in a situation. This might have happened at school with classmates or at home with siblings. Also, think of a time when you were unable to keep the peace. How did each scenario make you feel? What was the outcome in both situations?

ASK A GROWN UP:

- Have there been times as an adult when you were unable to keep the peace? Discuss the circumstances, the people involved and the outcome.
- Now, share a time when you were able to be the peacemaker. Discuss specific positive contrasts from the example when you weren't able to keep the peace.

SEE IT:

As a family, view this clip from the movie *Pocahontas*:

<https://www.youtube.com/watch?v=FD9d9WSU5TQ>. This particular clip depicts Pocahontas saving John Smith. Her father states that his daughter comes with courage and understanding and he will not begin a war. Pocahontas demonstrates what it means to be a peacemaker. She is living out love and peace instead of hatred.

BE IT:

This month, focus on being a peacemaker. Find ways to de-escalate and diffuse confrontation at school, home, church, ball practice, etc. Make it a point to show others that you care more about them than winning an argument. This will require lots of patience like we learned about last month. As a result of keeping the peace, there will be much more happiness and harmony wherever you are.



It may seem like there is never enough time to get everything done.

Consider using the rhythm of your daily life to shape the values in your home – take advantage of the time you already have:

Morning Time:

Be a coach. Help them find purpose by starting the day with encouraging words.

Drive Time:

Be a friend. Talk about life during informal conversations as you travel.

Meal Time:

Be a teacher. Have conversation while you eat together.

Bed Time:

Be a counselor. Strengthen your relationship at the end of every day with heartfelt conversations about feelings.

So don't miss it. Use the time you have (without technology or distractions) to deepen relationships and encourage values in your home.