

MODIFIED SCHEDULING INFORMATION 2024-25

Sport	Max # Contests Allowed	# Practices Prior to 1st Scrim/Contest	1st Practice Date	1st Possible Date Scrim/Contests Allowed	Last Date
B/G Soccer	10	6	9/4	9/12	11/2
B/G X Country	8	6	9/4	9/12	11/2
Football	6	10	9/4	9/18	11/2
Field Hockey	10	6	9/4	9/12	11/2
G Tennis	10	6	9/4	9/12	11/2
G Volleyball	10	6	11/4+	11/13	1/11
B Basketball	10	6	11/4+	11/13	1/11
Cheerleading	3	6	11/4+	11/13	1/12
Wrestling	10	10	1/13	1/28	3/22
G Basketball	10	6	1/13	1/22	3/22
B Volleyball	10	6	1/13	1/22	3/22
Softball	10	6	3/24++	4/2	6/7
B/G Track	8	6	3/24++	4/2	6/7
Baseball*	10	10	3/24++	4/9	6/7
B Tennis	10	6	3/24++	4/2	6/7
B Lacrosse	10	6	3/24++	4/2	6/7
G Lacrosse	10	6	3/24++	4/2	6/7
B Swimming	8	6	3/24++	4/2	6/7
G Gymnastics	8	10	3/24++	4/9	6/7

**+All early winter sports may conduct tryouts a maximum of 3 days during the week of Oct 28 – Nov 1, 2024
These do not count toward the required minimum number of practices.**

**++All modified spring sports may conduct tryouts a maximum of 3 days during the week of March 17-21, 2025
These do not count toward the required minimum number of practices.**

NOTE: FIRST SCRIMMAGE AND FIRST CONTEST DATES ARE BASED ON SCHOOL DAYS ONLY. BECAUSE LOCAL SCHOOL CALENDARS MAY DIFFER, EACH SCHOOL MUST VERIFY ITS OWN DATES.

HOLY DAY OBSERVANCE	SIGNIFICANT DATES TO CONSIDER
Oct 3-4 - Rosh Hashanah Oct 12 - Yom Kippur Dec 24 - Christmas Eve Dec 25 - Christmas Day Apr 13 - 1st Full Day of Passover Apr 17 - Holy Thursday Apr 18- Good Friday Apr 20 - Easter Sunday	Sept 2 - Labor Day Oct 14 - Columbus Day Oct 31 - Halloween Nov 5 - Election Day Nov 11 - Veterans' Day (observed) Nov 28 - Thanksgiving Day Jan 20 - Martin Luther King Jr. B-day (observed) Feb 17- Presidents' Day May 26 - Memorial Day (observed)