

East Islip  
Middle  
School  
Newspaper



March  
2021  
Issue

Masthead design by **Grace Micali** / Read our newspaper online at: [eischools.org/schools/middle\\_school](http://eischools.org/schools/middle_school)

**School News**  
**By Reese Sinkevich**

The Return of The Late Bus

The late bus is back! Finally, thanks to the return of the late bus, clubs can meet in person and students can attend extra help face to face with teachers. Of course, the Google Meet is still available for full-virtual students. Club advisors and most students are very eager to be having more activities in person. These are baby steps toward normalcy, but we are getting there.

Jolly Ranchers Contest

Winner: **Anna Holm**

There were 207 Jolly Ranchers in the jar. Anna had the closest guess with 255. She won a \$10 gift card and the candy. Congratulations!



P.S. I Love You Day Raffle Winners

The raffle winners were **Emily Bennardo and Cassie Dodenhoff**. They each won a \$10 gift card. Congratulations! See photos on page 5.



**MS Spelling Bee**  
**January 20, 2021**

**Mrs. Brandel, Kiersten Galli, Stephanie Finley, Aaron Eskenazi, Mrs. Smith, Mrs. Bloom**

See page 3 for more photos and an interview.

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## **Back in the game**

**By Emilia Cicale**

### **Time for a Change**

In March of 2020, people were struck with the COVID-19 outbreak worldwide. As a result, all stadiums had to close down. Towards the end of 2020, these sports arenas opened back up but without any fans. All sports fans watched from their houses for months and months, until now.

### **A Home for the Vaccine**

Companies like Pfizer, Moderna and now Johnson & Johnson have created a vaccine for the Coronavirus. Officials are working on vaccinating people all over America. Sports stadiums are the perfect place to do so. Baseball stadiums had people in cars lined up for miles and miles wanting to get vaccinated. Other sports teams followed and offered up their arenas for vaccines. Eventually, the teams will have to start playing again. For now, only some are opened as vaccination sites.

### **We Want In**

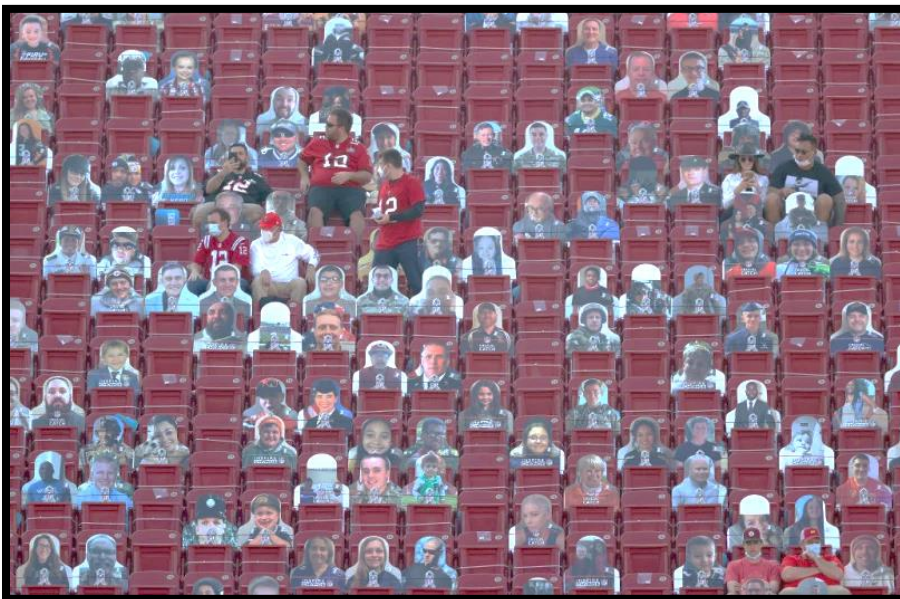
As any sports fan would be, they missed going to go see their favorite sports team play live while chatting with others and eating some snacks. Some arenas have decided to let in a limited number of spectators with some rules in place. Most commonly they are:

1. Have a negative COVID-19 test result at least 2 days prior to the game.
2. Always wear a mask.
3. Have your temperature taken at the door.
4. Seating will be socially distanced.
5. No large groups of people.

Rules may differ based on the size of the arena and on how many people it holds. For example, Super Bowl 2021 was played at Raymond James Stadium in Tampa Bay Florida, which holds 65,890 people. For the big game, they hosted 24,800, a record low and less than half the capacity of the stadium.

### **So, What's Next?**

Following these safety precautions will hopefully stop the spread of COVID-19. As the cases slowly drop, the hope is to get more fans back to watching the sports they love. We will get there, one step at a time.



Spectators sit among  
cardboard cutouts at  
Super Bowl LV,  
Raymond James Stadium  
Tampa, FL  
February 7, 2021

Image from <https://time.com>

## Spelling Bee By Madelyn Halter

The EIMS spelling bee occurred on January 20, 2021 and we have winners! This year, it was run by Mrs. Brandel, Mrs. Bloom and Mrs. M. Smith. Coming in first place was Kiersten Galli. I decided to interview Kiersten to see what was going through her mind during the spelling bee and how she felt when she won. I feel like our top three deserve mentioning so here it is:

**1<sup>st</sup> Place:** Kiersten Galli (7<sup>th</sup> Grade)

**2<sup>nd</sup> Place (tie):** Aaron Eskenazi (8<sup>th</sup> Grade)  
Stephanie Finley (8<sup>th</sup> Grade)

Good job to you all! Now, let's get to the interview.

### **Have you been in the Spelling Bee before? How would you compare this year to other years?**

I was in the spelling bee in 6<sup>th</sup> grade. It was much different and very weird. In 6<sup>th</sup> grade, there was a live audience but this time, it was all online. It was also in the auditorium last year but this year, it was in the cafeteria.

### **Were you nervous entering the competition? How did you think you were going to place?**

I felt nervous. I thought I was going to do pretty well based on how I did competing in 6<sup>th</sup> grade.

### **What was going through your mind watching other contestants?**

There was some hope for other contestants. I felt like they didn't deserve to lose. I was hoping they did well.

### **How did you feel when you won the competition?**

I felt overjoyed, yet awkward. I feel pressured because I had to keep advancing in the contest.

### **If you could give advice to other students, what would you say?**

Don't be nervous. You could stress yourself out and mess up. Study, study study. Try studying with a friend. Always try your hardest!

Well, that was the interview. Again, thank you for letting me interview you, Kiersten, and good job to all!

*Photos by Mrs. Poulis*



## A look back at Coronavirus

By Paige Mathers

One year ago, this month, our world shut down. Restaurants, theatres, sports venues and more had to close their doors. We had to order take out, wear masks in stores and quarantine at times. We have really been through it all. Below is a look back at the timeline of events from 2020 that made it “that year”. We now have 3 vaccines and are well on our way to ending this pandemic.

**12/8/2019:** The first day someone had symptoms of a virus in China.

**1/7/2020:** New virus identified as likely cause of illness.

**1/11/2020:** First reported COVID-19 death in Wuhan

**1/13/2020:** Confirmed COVID-19 case outside of China (it was in Thailand).

**2/11/2020:** The World Health Organization (WHO) gave “COVID-19” as the name of this new virus.

**3/1/2020:** New York’s Governor Cuomo held first daily COVID-19 news briefing.

**3/13/2020:** This was the last traditional school day in NY state for the 2019-20 school year.

**3/16/2020:** Restaurants officially became take-out and delivery only in NY state.

**3/22/2020:** US went into an official lockdown.

**4/4/2020:** NY set a daily case record at 12,000.

**4/15/2020:** NY mandated wearing masks in public places.

**5/27/2020:** Long Island entered phase 1 of reopening.

**6/10/2020:** LI entered phase 2 of reopening.

**6/25/2020:** LI entered phase 3 of reopening.

**7/8/2020:** LI entered phase 4 of reopening.

**12/14/2020:** The first person in the US received the Pfizer COVID-19 vaccine (a NY City nurse).

## Advice for 2020

A Poem By Michael Tramaglino

### One

When you think it is a two week break.  
But something happens that you hate.  
You are stuck for 8 months inside.  
From your family you will hide.

### Two

Enjoy the time with your friends.  
Because it seems like quarantine will never end.  
Quarantine is pretty fun.  
Getting done with school work before one.

### Three

Being with your family seems like fun.  
But sometimes your siblings make you want to run.  
Enjoy the time with your family.  
Because even though they are tough, they still love you.

### Four

Keep in touch with friends or you will be sad.  
And I'm not even lying, that's pretty bad.  
Your friends are your people.  
Even though sometimes they are evil.

### Five

Eventually everything will be normal.  
Live through the weird days today.  
And you will be A ok.  
Somehow there are still a lot of crooks  
But hopefully Covid will be in the history books.



## P.S. I Love You Day February 12, 2021

Students wore purple to show the importance of mental health. Student Government decorated the school with hearts and ribbons. Thanks goes out to Gianna Trager and her family for making East Islip buttons and purple ribbons for all students!

Please visit their website: <http://conetta.com>



*Aine O'Boyle, Grace Micali, Gianna Trager, Ella Tantillo*  
Photos by Mrs. Avella



## Dinosaurs: What Really Happened By Grace Micali

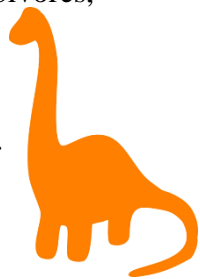
Many people believe that dinosaurs were killed by an asteroid around 65 million years ago. Simply put, the asteroid hit Earth and the impact was so bad, it instantly killed all living things. However, a recent study by a University of Kansas graduate student shows this may not be exactly what happened.

In North Dakota, a group of scientists are working at a fossil site nicknamed Tanis. They found high amounts of iridium, a mineral commonly found in meteors in a large sinkhole. Intrigued, they started to excavate the area and found fossils of ancient fish, plants, prehistoric mammals, dinosaur bones (including ones we've never seen before), dinosaur eggs and feathers. North Dakota is pretty far from the sea, so how did the bones get there?

From all the data they gathered, they believe this is what happened: A huge asteroid came hurtling through the atmosphere and crashed somewhere in the Gulf of Mexico, near Florida. This huge object caused a giant tsunami that engulfed fish, crustaceans and animals in its path, and when it finally stopped it landed in North Dakota, depositing everything it picked up in that sinkhole.

After the asteroid hit, there was so much dust and fire, that it killed off most of the producers, thus, killing the herbivores, and then the carnivores.

Only the big animals died because they had big appetites, otherwise we wouldn't be here.



For more information, visit this site:

<https://www.smithsonianmag.com/science-nature/fossil-site-captures-dinosaur-killing-impact-its-only-beginning-story-180971868/>

## Tiger Woods Car Crash By Michael Kraft

On Tuesday February 23rd, 2021 around 9:00 in the morning, pro golfer Tiger Woods was seriously injured in a one vehicle car crash in his SUV. The car flipped over and landed on its roof. Woods was unconscious after the crash and sustained multiple leg injuries, says the Los Angeles County Sheriff's Department. The LA Fire Department had to use the jaws of life to pull him out. Woods was rushed to the hospital and went right into surgery for multiple leg injuries.

The Sheriff stated that there was no evidence to suggest Woods was drunk when the accident occurred, so he will face no charges. Woods spent 3 weeks in the hospital. He was released on March 16, 2021.

Tiger Woods has won countless numbers of golf tournaments and is considered one of the greatest golfers of all time. He won his first career major golf tournament in 1997 at the Masters. This crash might be what ends Tiger Woods magnificent career in the PGA. Hopefully, it is not.



## The Minecraft 1.17 Update By Quentin Kuhn



The Minecraft Caves and Cliffs update is a major release coming out in summer 2021 and it will change the way people play Minecraft forever. It is an update that the community has wanted for over 4 years now, because the cave generation has not changed since it was added to the game. This version will include lush new caves, flooded caves, the deep dark biome, amethyst geodes, and brand new cave generation. The world height has also been increased by 124 blocks below its normal range.

Before



After



## The Big Freeze By Reese Sinkevich

Brrrr... It's been cold out lately, with over four snowstorms this past winter and temperatures dropping to 16 degrees. Here on Long Island, we have been pretty lucky. Texas, a normally very warm state, saw icicles and snow in February. They had over 3 million power outages. It got so cold there that icicles have worked their way into houses!

The big freeze also created problems with COVID-19 vaccine distribution. People in Los Angeles can't get vaccines because their supplier in Tennessee had grounded planes with all their snowstorms.

The big freeze wasn't all bad, though. There have been some snowmen, many ski trips, and a whole lot of sledding! Snow and cold can be fun, as long as you are careful!



# K-POP NEWS NOW!!

By Zeynap Oztas

## BLACKPINK---

Well, BLACKPINK is starting to come up the charts, making history like BTS, Red Velvet, LOONA, EXO and much more. Their popular song “Ddu-du Ddu-du” was the first song released by a K-pop group to reach 1.5 billion views!



## iKON---

People have probably heard of the song “Love Scenario”, an amazing song by iKON. Well, guess what? They’re making a comeback! Their comeback song “Why Why Why” was released on March 3<sup>rd</sup> at 6pm. Jihwan, main vocalist and lead dancer made some remarks. He said said “First off, I feel sorry to our fans. Although we have met each other through various communication channels like YouTube, it always feels like we haven’t seen each other in a long time. I want to repay them with good music. I want to make 2021 a year where we widely and strongly imprint IKON’s name.”



## BTS--

BTS released an amazing album called BE last November. They joined a bunch of other superstars on



the “Music on a Mission” event on March 12<sup>th</sup>, including H.E.R., John Legend, Haim and Jhene Aiko. The event featured special footage from the MusiCares vault, which included songs from Bruce Springsteen, Usher and Stevie Nicks. BTS was also nominated for a Grammy in the category of Best Pop Duo/Group for their first fully English song, “Dynamite,” from their 2020 album “BE.”





## The World of the Axolotl

By Jessica Leek



Okay, first, you're probably wondering, "What is an axolotl?" Most of you have probably never heard of an axolotl. An axolotl is an amphibian, also known as a Mexican walking fish. It may look like a fish, but it's not! It is a salamander, related to the tiger salamander. The species was found in Lake Xochimilco, located in Mexico City. Sometimes they can be confused with waterdogs, a larva stage of the tiger salamander, or confused with a mudpuppy, another kind of salamander.

An adult axolotl ranges in size from 6-18 inches, but 9 inches is the most common length. Axolotls have wide heads with lidless eyes. They have small limbs, and thin little fingers. They have 3 visible sets of gills behind their head that look like little branches with leaves growing. The gills are used for moving water with oxygen in it to breathe. They have small teeth that are barely visible. They have four color variants: pale pink, golden (which is albino), grey, and black. Axolotls can change their color to camouflage themselves.

Axolotls only live in two lakes in the world, Lake Xochimilco and Lake Chalco, which was recently drained as a flood control measure. The temperature of the water mainly stays above 65 degrees Fahrenheit, though in the winter, it may fall to 45 degrees. Recently, people have introduced non-native species into the waters of Mexico City, the African tilapia and Asian carp. They have been eating the axolotl babies and food sources, making them endangered.

Axolotls are carnivores, meaning they eat other organisms. They eat worms, insects and any small fish. It will suck in any food they can find into their stomachs with the force of a vacuum cleaner.

Axolotls possess neoteny, meaning they reach adulthood without going through metamorphosis. The metamorphic failure is caused by a lack of thyroid stimulating hormones, which is used to turn them into full grown salamanders.

One feature that attracts scientists to the axolotl is the ability to regrow body parts. They can regrow limbs, tails, eye and heart tissues and nerves. They can also accept transplants of certain tissues from other axolotls that cannot grow back and allow them to get full function back of these organs.

As you can see, the axolotl is a very unique animal, not to mention, it is also super cute. You can buy one as a pet. So, save the axolotls!



## **Backstage Daige**

### **63rd Grammy Awards By Paige Mathers**

March 14, 2021 marked the 63rd annual Grammy awards. This year's celebration was very different from the rest. Many celebrities joined from the comfort of their own homes. Everyone there was wearing a mask the entire time. They were allowed to take it off when they were giving acceptance speeches.

I know you are probably all wondering, why was the song "Drivers License" by Olivia Rodriguez not nominated? Wasn't it #1 on the billboard chart? The reason for this is because the song had to be out last August which is the month when they choose nominees. It will most likely be nominated at next year's Grammys.

### **Grammy 2021 Performances:**

- Bad Bunny
- Billie Eilish
- Black Pumas
- Brandi Carlisle
- Brittany Howard
- BTS
- Cardi B
- Chris Martin
- DaBaby
- Doja Cat
- Dua Lipa
- Haim
- Harry Styles
- John Mayer
- Lil Baby
- Maren Morris
- Megan Thee Stallion
- Mickey Guyton
- Miranda Lambert
- Post Malone
- Roddy Rich
- Taylor Swift
- Silk Sonic - Bruno Mars and Anderson .Paak

### **Grammys 2021 By Aine O'Boyle**

**Record of the Year:** Billie Eilish, "Everything I Wanted"

**Album of the Year:** Taylor Swift, Folklore

**Best R&B Performance:** Beyonce, "Black Parade"

**Best Pop Vocal Album:** Dua Lipa, "Future Nostalgia"

**Song of the Year:** H.E.R., "I Can't Breathe"

**Best Rap Song:** Megan Thee Stallion featuring Beyonce, "Savage"

**Best Latin Pop or Urban Album:** Bad Bunny, YHLQMDLG

**Best Melodic Rap Performance:** Anderson .Paak, "Lockdown"

**Best Pop Solo Performance:** Harry Styles, "Watermelon Sugar"

**Best Country Album:** Miranda Lambert, "Wildcard"

**Best New Artist:** Megan Thee Stallion

**Best Pop Duo/Group Performance:** Lady Gaga with Ariana Grande, "Rain on Me"

**Best R&B Album:** John Legend, "Bigger Love"

**Best Musical Theatre Album:** Original Broadway Cast, "Jagged Little Pill"



## The Antarctic Accent: Is it real?

By Lee Daubaras

I am sure you've heard it all before, New Yorkers pronounce words differently from Floridians, Americans pronounce things differently than Britains, so on and so forth. This battle of linguistics is one that rages year-round all over the globe... even in Antarctica.

If you think I'm joking, I'm not. You see, it blurs the line just a bit. In Antarctica, a place so isolated it's only visited during the warmer months and inhabited by less than 1,000 people at any given time, things tend to get a bit lonely. In an experiment by the British Antarctic Survey, they asked stationed workers to speak 28 words before, during, and after their time in Antarctica. To be exact, 11 participants were in the first batch to be tested for the new accent. Eight British workers, one American, one German, and one Icelander were involved. It lasted for the winter season until they came back.

To keep it simple in terms of patience and attention span, and to stop myself from running off on a tangent, it did work. Simply put, they developed vowel fronting where the vowel forms when in your mouth (before speaking, of course). This meant that by the time they all went back to their respective places, they pronounced vowels within words on a much more similar level, in a more forward area of the mouth. This may have

been influenced by the German worker learning English while being there but it is still consistent proof for the formation of this accent.

Of course, with (almost) all cool things, there is a drawback to this. While it's amazing to see a literal new accent be formed in one of the most remote locations on this planet, it's a shame to see that this is only the first testing of this, therefore there isn't enough conclusive evidence to show much yet. Even pushing past this, the community interested in this topic still believes (as do I), that this is a real new accent that could be formed later on by other workers stationed in bases and research laboratories across Antarctica.

If you are interested in geography like I am, check out the website Geoguessr. I stumbled upon it while searching up the topic for this article. It's a free online website that puts you in the middle of wherever to find out and test your geographical knowledge on your whereabouts.

<https://www.geoguessr.com/>  
"GeoGuessr is a geography game which takes you on a journey around the world and challenges your ability to recognize your surroundings."



### Answers to Sports Word Scramble on p. 16

football	basketball
softball	cycling
volleyball	baseball
golf	skiing
soccer	boxing
hockey	tennis

## Celebrity Drama: The Scoop on the D.O.O.P

*(Drama On Outstanding People)*

Written By Jessica Leek (title by Emilia Cicale)

**This time: Joshua Bassett, Olivia Rodrigo And Sabrina Carpenter - Dating Troubles**

What happens if you cross two young women celebrities with one dreamy guy? A music faceoff! This love triangle includes actors and singers Joshua Bassett, Olivia Rodrigo and Sabrina Carpenter. These Disney stars were in a feud: Olivia vs. Joshua and Sabrina. The feud started back in June of 2020, when Josh and Sabrina were spotted at a protest, then later seen together wearing matching costumes on Halloween.

Olivia and Joshua both starr in **High School Musical: The Musical: The Series** where Olivia plays Nini Salazar-Roberts and Joshua is Ricky Bowen. They were lovers in the show and maybe off the show. The former costars were friends, and fans think they might have been dating. Then in 2020 when they supposedly broke up, **Girl Meets World** star Sabrina Carpenter joined the triangle. Joshua and Sabrina were seen in each other's Tik Toks dressed as characters from **The Adventures of Sharkboy and Lavagirl**. They were also seen holding hands and going out to lunch together.

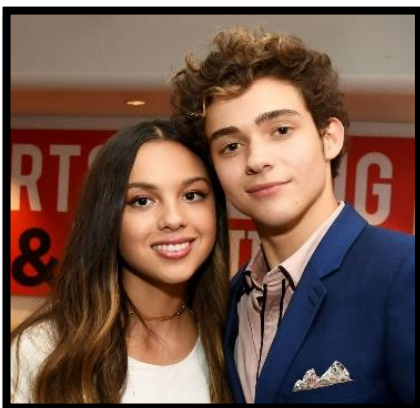
Olivia wrote a song called "Drivers License" that many fans believe is about Joshua. As the lyrics say, "I guess you didn't mean what you wrote in that song about me." This made fans think that it was a reference to Joshua's song "Anyone Else" which was about a close friend he liked but was with someone else. When Olivia first posted the song, she used the word "brunette" but she later changed it to "blonde", which may be a reference to Sabrina. The song states, "And you're probably with that blonde girl, Who always made me doubt, She's so much older than me, She's everything I'm insecure about". Since Sabrina is blonde and 4 years older than Olivia, it's hard to think the song is about someone other than Sabrina.

On January 4, 2021, Olivia released "Drivers License" and not even an hour later, Joshua announced his new single called "Lie Lie Lie". Joshua posted on Instagram: "I wrote 'Lie Lie Lie' after I found out a friend had been lying about me behind my back for a long time. It always sucks to hear that someone you thought you could trust would throw you under the bus when it benefits them." Then, on January 22, Sabrina released a new song, called "Skin" which is most likely her response to "Drivers License". Sabrina wrote: "Maybe then we could pretend, There's no gravity in the words we write, Maybe you didn't mean it, Maybe 'blonde' was the only rhyme, The only rhyme". She also wrote "You can try, To get under my, under my, under my skin, While he's on mine" saying that she has Josh, not Olivia.

While the drama continues and season two of **High School Musical: The Musical: The Series** is in production, let's hope the two make up and become friends again.

This has been **Celebrity Drama**. Thanks for reading. Until next time....

Olivia and Joshua



Joshua's cover to "Lie Lie Lie"



## The Peace I Believe

Somehow there is this song in my mind  
Claiming what I have to provide

There is a message in which I'll share  
Normally, people would somewhat care

The abnormalities of all people truly describe their differences,  
And that, we shouldn't hide

The message from me was an heirloom of pride  
Orally given, anything that we could write

I look out of my window and wonder,  
Ponder,  
How can I share this peace with people?  
How can I give the sensory details of light?

I am doing it now, so that is a step closer to correct  
Direct to the greatest extent.  
Something in which it is right.



## Fruits of Amazement

The garden is what I see before my eyes  
Beautiful and agricultural references in my mind

As the different fruits come into view,  
I notice them for their colors and shapes  
These fruits and veggies were great.

The variety in which I saw  
Was inspiring most of all

From the bumpy edges of the bitter outsides,  
To the flavorful insides  
The positive remarks flowed,  
Of how these plants have grown.

These plants had the audacity to be what they were freely.

*Poetry Corner*  
*By Sally Attard*



## The Monkey

I stand by this monkey,  
Watching what is in its hands  
There is something large and grand it holds,  
Variety, nothing simpler on its own.

The savior of all,  
As rooms in the walls  
The beauty on its own has always shown  
And this monkey, he told me that I should stay true  
Told me, 'You should be you.'

This monkey was so kind,  
He was so brilliant in his ways  
To brighten my day.

I was chosen to gain this information.  
To share, which I'll decide  
But I don't have to try.

Whatever works of art contain,  
There is something coming out, from the brain.  
A peaceful message to make,  
And with me forever the monkey stays.

# ! 6th Grade Troubles !

*By Melanie King*

*Welcome to 6th grade,  
I hope you have fun,  
But just please listen to my advice,  
If you want to undo what I have done*



*First of all, let's start off small,  
This is what happened in the middle of fall,  
You have a teacher who is pretty tall,  
But just please don't make fun of him for being bald*



*Second of all, let's head on to winter,  
But this one definitely isn't filled with **glitter**,  
When flimflam decides to fiddle-faddle with your life,  
Make sure to flight, not fight*



*What's up next, let's hop on over to spring,  
But trust me on this one, you're not getting five **golden rings**,  
When fribble asks you to razzmatazz,  
Say no because it's definitely not filled with pizzazz*



*Well done, you've made it to the end,  
I know right school was a real bummer,  
Hopefully you listened to my advice,  
And hey, at least you made it to summer*

# Cake Pops Recipe

## By Emily Ulrich

### How to make cake pops:

- Step 1: Mix up cake batter and bake it.**
- Step 2: Let it cool.**
- Step 3: Crumble it up and add 4 tbsp. of frosting.**
- Step 4: Mix together.**
- Step 5: Form into balls and put sticks in them.**
- Step 6: Melt hard chocolates until they are smooth.**
- Step 7: Dip your cake balls in the melted chocolate.**
- Step 8: Let them cool and enjoy!**



### Heart Attack Noodles

#### By Joseph Micalizzi

This side dish has been in our family for generations.

#### Ingredients:

- 1 lb bacon
- 1 12-ounce bag of egg noodles
- About 1 cup of plain bread crumbs

#### Directions:

- Cook the egg noodles as directed on the package.
- Fry up the bacon in a frying pan and crumble when cooled.
- Discard the grease but save some!
- In a bowl, add the drained noodles and crumbled up bacon.
- Pour warm grease from the bacon over the noodles and mix in the breadcrumbs. Mix well.

Now enjoy the dish!!





## Sports Word Scramble

By Steven Kudrick

(Answers on page 11)



LOTALOFB \_\_\_\_\_ LTSBKAEABL \_\_\_\_\_  
TFALOLBS \_\_\_\_\_ CLYCIGN \_\_\_\_\_  
YBLLLOLVEA \_\_\_\_\_ BLBLSEAA \_\_\_\_\_  
GLFO \_\_\_\_\_ SKGINI \_\_\_\_\_  
ECSROC \_\_\_\_\_ XOINBG \_\_\_\_\_  
OHKECY \_\_\_\_\_ ETSNIN \_\_\_\_\_

### *Paige's Kitchen* Banana Smoothie Recipe By Paige Mathers

Banana Smoothies are one of my all-time favorite snacks. The recipe is a classic spin on a regular banana. I hope you enjoy it!

#### Ingredients

- 2 bananas
- $\frac{3}{4}$  cup of milk
- 6 or 7 ice cubes

#### Equipment

- Blender
- Measuring cup
- Cup (to serve)
- Rubber spatula



**Step 1:** Peel and cut: start off by peeling your bananas. Once peeled, you can cut them or break them apart and put in a blender.

**Step 2:** Turn your blender on to mash the bananas. After having it on for a few seconds, turn off the blender and move around bananas with rubber spatula. Repeat this till bananas are mashed.

**Step 3:** Add milk and ice. (For the milk, you can eyeball it instead of measuring if you want.)

**Step 4:** Blend together until it is a smooth liquid.

**Step 5:** Pour in a cup or glass and enjoy!

#### Reviews

My sister loves this smoothie! In the summer, I make it for her almost every day.



## Newspaper Club Officers

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*Co Vice-President:* Michael Kraft  
Reese Sinkevich  
*Co Secretary:* Grace Micali  
Zeynep Oztas  
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Adam Menendez  
Grace Micali  
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Mr. Thorley

*Asst. Principal:*

Mr. Nolan

~Meringues~

By Zeynep Öztaş

1 cup sugar  
1 tsp cream of tartar  
4 egg whites  
Food coloring (optional)  
Piping bag



1. Preheat oven to 225 degrees.
2. Grab a big bowl. Add the egg whites and cream of tartar. Mix it on low speed until foamy and white.
3. Add the sugar one tbsp at a time until it's all combined and there are no sugar grains left.
4. Put the mixture into a piping bag with a star tip and pipe onto a baking sheet with parchment paper.
5. Put into the oven and bake for 1 hour.
6. Turn off the oven and keep in the oven for another hour.
7. Take out and store in an airtight container. Enjoy!

# St. Patrick's Day Word Search

By Steven Kudrick



B E V D I D T B T L E N E W V I  
 X R W R J T Q X H V B G S O J W  
 A G I C V X D X I Y R J E B L H  
 C S R T L L R O O O M P D N E D  
 H F P E H P D P Q E T I A I P U  
 V S S V E T A L Y Q O G R A R D  
 J H F N I N N K O G I O A R E N  
 H A Y E M O C E C G G L P Q C A  
 R M Y W H U W V E I F G H M H L  
 E R K G L H D F I T R O N K A E  
 V O A O I W L T C M N T T I U R  
 O C E L F J Y G A W W E A O N I  
 L K N D B I P R M R E C V P P J  
 C F S V O C C U I X W W K E D W  
 T D X C S H S M W G H W B A S Y  
 S N I O C E T A L O C O H C F X



CHOCOLATE COINS  
 CLOVER  
 SEVENTEENTH  
 GREEN  
 IRELAND  
 IRISH  
 RAINBOW  
 SHAMROCK

LEPRECHAUN  
 LUCKY  
 MARCH  
 PARADES  
 PATRICK  
 POT OF GOLD  
 GOLD  
 SNEAKY

