



Scotfield Cross County 2024

CODE of CONDUCT

Welcome to the Cross Country team at Scotfield Magnet Middle School. Here you will find an outline of the procedures and expectations of team members. **Please read the information carefully, sign below and return to coach Fox or coach Forde by 9/18.**

Practices: Team practices will be on Tuesday and Thursdays afterschool from 3-4:30. All team members should be present for practices. **If a student is absent from school, he/she will be unable to participate in practice or meet(s) on that day. Anyone running cross country must participate in Scotfield PE classes. If students are excused from PE, they may not run in the after school activities.** Following practice, students can be picked up by a parent/guardian or take the four thirty late bus. Students must attend both practices to compete. Students who arrive for the meets only will not be allowed to compete.

Attire: Team members must wear athletic sneakers, to ensure their safety, and clothing appropriate for running (ex: leggings, shorts, t-shirts, tanks). Running in jeans and/or tight clothing is extremely uncomfortable for the runners and impedes range of motion.

Meets: Meets take place on Thursdays (Tuesday rain dates) and begin at approximately 3:30. Team members must take the bus from Scotfield for meets and a late bus is provided at the site of the meet to take students home at the conclusion. As representatives of Scotfield we encourage good sportsmanship at all times, please cheer for our team and not against our opponents. Good sportsmanship is expected from team members during competition, practice, and at host schools.

Academic & Behavioral Policy: It is expected that all team members **maintain a positive** academic standing during & throughout the season. Students who are not making/maintaining sufficient academic progress may be withheld from practices and/or meets as a result. Further, all team members are expected to demonstrate respect and kindness to their coaches, peers, and faculty in the building.

Student Name: _____

Parents Name: _____

Parent Signature: _____