

2024/25

## VivaHUB

**By Nobel Algarve** 





### **VivaHUB**

#### Concept

Nobel Algarve British International School Almancil, is proud to announce its annual extracurricular programme, VivaHUB, designed to empower our students to discover their passion.

At VivaHUB, we believe in unleashing the potential within every child!

It's a place where **creativity** isn't confined, where the beauty of different **cultures** is celebrated, where **innovation** is encouraged, where **self-expression** is valued, and where **well-being** takes centre stage.



**SCENARIO A** 

Student wants to explore



**SCENARIO B** 

Student is already enjoying activities, but wants to explore further



**SCENARIO C** 

Student is focused and enjoying one activity.

VivaHUB invites each student on a journey of self-discovery, tap into their full potential, and seize opportunities. Through an environment that encourages each student to break free from limitations, explore new horizons and connections, and discover their unique strengths.



ArtisticHUB For performer potential



CreativeHUB
For creative



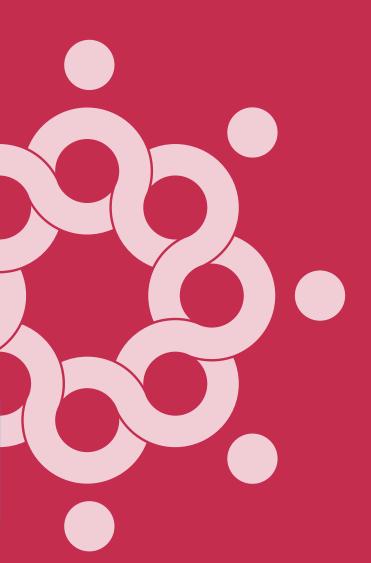
CulturalHUB
For cultural
potential



InnovationHUB
For innovative potential



WellbeingHUB
For athletic
potential



### **ArtisticHub**

For a performer potential

Express yourself fearlessly as you dance, sing, and create, discovering the power of our unique voice and finding joy in artistic self-expression.



#### **Ballet**

Apart from teaching physical skills, ballet also teaches smooth coordination, micro-abilities, and balance. It also promotes excellent posture, which can help children in many other areas of their life, even when it comes to alertness in school.

At this activity the children are taught the Royal Academy of Dance's ballet syllabus. RAD teachers follow a carefully chosen syllabus that is aimed at being fun and safe, allowing students to make progress through various stages. There are also exams and assessments at intervals that look at areas such as creativity and musicality.



Paula Cabral



Thursdays 3.30 pm - 4.30 pm



Year 3 to Year 6



Maillot with short sleeves
Skirt

Pointed shoes
Socket



#### Drama

The programme is designed to introduce students to the world of drama in all of its facets. We currently live in world that communicates "more" digitally - but interacts much "less", this programme will help to reestablish, and reinforce, the importance of communication and human interaction. It will also further develop confidence, empathy, and the understanding of how communication, emotional intelligence and delivery of language can be used to empower, inspire, and motivate. We will also explore how drama and the dramatic art form is used to entertain and influence, both positively and negatively, simultaneously fostering the essential skills required for all to thrive personally and professionally within the modern multidimensional society we live in.



Mickael Stojko



Tuesday 3.30 pm - 4.30 pm



Year 6 to Year 9



### CreativeHUB

For creative potentia

Unleash your imagination and let your creativity soar as you bring your ideas to life, express yourself freely, and discover the artist within



### Art Club

The Art Afterschool Activity provides a creative haven for students to explore various artistic mediums. Guided by experienced instructors participants will unleash their imagination, honing creative skills and fostering a love for artistic expression and self-discovery.



Magda Mineiro



Monday 3.30 pm - 4.30 pm



Year 3 to Year 1



### **Culinary Club**

In the Culinary club, children will have fun experimenting with new recipes. In a structured group, children will learn culinary and social skills while enjoying delicious snacks..



Raquel Silva



luesday





Reception to Year 5



### Mixed Media Art

Mixed media activities allow students to work on a wide variety of creative projects whilst learning the skills required to produce 3D sculptures and traditional painting with an array of materials. Not only does the program support self expression and creative development but it also encourages fine motor development which transfers to the students overall skillset...



Filipa Nogueira



Friday

3.30 pm - 4.30 pm



Nursery to Year 3



### Watercolor

Watercolour activities gives students the opportunity to learn the skills required for the delicate art of watercolor painting whilst appreciating the meditative qualities of this form of expression.



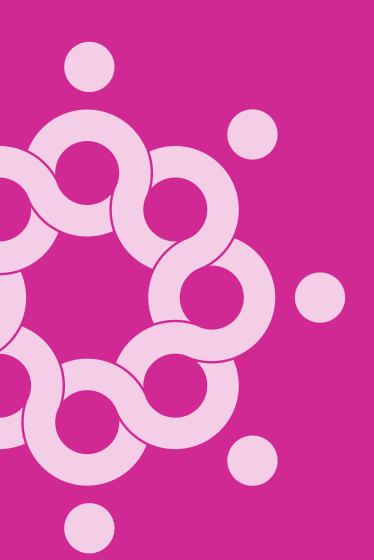
Michelle Marques



Monday 3.30 pm – 4.30 pm



Nursery to Year 3



### **CulturalHUB**

For cultural potential

Embark on a journey of cultural exploration where you'll embrace diverse cultures, languages, and stories, gaining a deeper understanding of the world around you.

# Stories and Creative Writing

The "Stories and Creative Writing" activity allows students to delve into fictional texts, enhancing their understanding of narrative structure, setting, and character development while nurturing a love for reading. Participants will learn to craft their own stories, fostering imagination and individuality as they hone their writing skills. This program guides students in systematically developing their ideas, drawing inspiration from established authors, and using the English language in challenging and engaging activities.



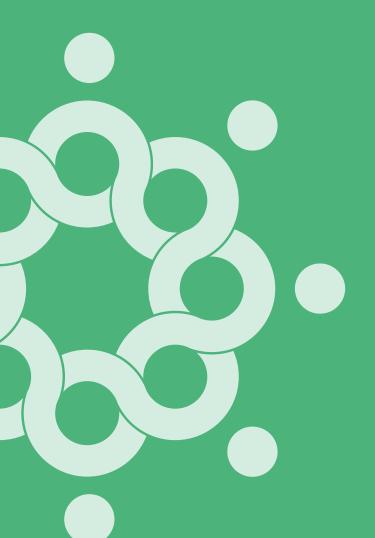
Magda Mineiro



Tuesday 3.30-4.30 pm



Year 2 to Year 4



### InnovationHUB

For innovative potential

Embark on an exciting quest of discovery as you delve into new subjects, uncover fascinating knowledge, and ignite your curiosity to unlock a world of possibilities.



An opportunity to enjoy chess games with other students in a friendly and relaxed environment.

Chess boards are provided, but students are also welcome to bring their own board games from home.

Whether you're looking to challenge yourself, learn new strategies, or simply have fun, this is a great way to unwind at the end of the week. Guidance will be available for those who are new to chess or want to improve their skills.



Chris Grainger



Friday 3.30 pm - 4.30 pm



Year 7 to Year 11



Chess boards are provided although students are welcome to bring their own chess boards if they want to.



### Minecraft Creative

The lessons in Minecraft Education Edition are designed to introduce and reinforce students' understanding of basic programming concepts while fostering their growing ability to perform more interactive tasks. The goals of programming education include:

- Establishing a basic understanding of programming logic and algorithms;
- Introducing skills to articulate ideas and solutions through basic coding;
- Promoting problem-solving skills in simple project work;
- •Encouraging logical sequencing and introductory computational thinking;
- Laying the foundation for engaging STEAM (Science, Technology,Engineering, Arts, and Mathematics) learning.

Simultaneously, these sessions aim to cultivate creativity, collaboration, and logical reasoning, linking these skills to realworld applications and academic disciplines.



In Partnership with happy



Initial Annual Fee of € 30 (includes licensing)



Tuesday 3.30 pm - 4.30 pm



Year 1 to Year 3

### **The Inventors**

The Inventors aims to transform children into future inventors by giving them the opportunity to build guitars, electrical circuits, board games, and synthesizers. These activities are designed so that students can take their creations home, fostering a sense of accomplishment and continuous learning.



In Partnership with





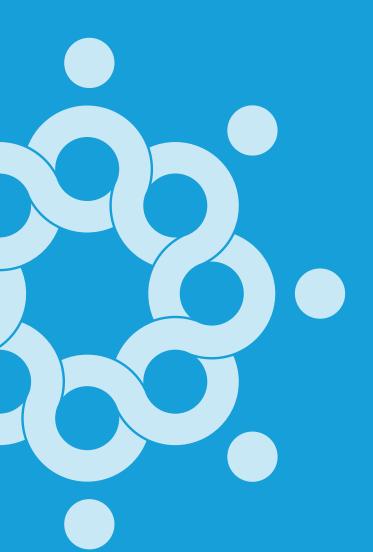
Initial Annual Fee of € 66 (includes materials kit)



Friday 3.30 pm - 4.30 pm



Year 5 to Year 8



### WellbeingHUB

For athletic potential

Fuel your passion for sports as you build strength, develop new skills, and experience the thrill of friendly competition, all while fostering teamwork and sportsmanship.



Come and wear the Sports Lisboa e Benfica jersey and learn to play football with the best sporting and educational conditions at Nobel.

The schools are open to boys and girls aged 4 to 12, who will train throughout the season using our methodology, which emphasizes social and human values that promote active, balanced, and responsible social integration. This approach provides athletes with the opportunity to develop while fostering a strong identification with the values upheld by Sport Lisboa e Benfica.

During the season, students will participate in a monthly 'games' event with other football schools.

They also can attend a first-team match at Estádio da Luz and take part in the Sport Lisboa e Benfica National Football Schools Meeting, which usually takes place at the end of each sports season (optional; not included on fee).



In partnership with





Initial Annual Fee € 100

(includes sports medical exam, registration with AFALGARVE and Sports Lisboa e Benfica Kit)



Tuesday & Thursday 3.30 pm – 4.30 pm



Reception to Year 8



Learn the basics of football, and grow in confidence when dribbling, receiving, shooting, and passing the ball through a variety of fun drills and games. Whatever your level you will build confidence in these different skills and learn to read the game.

This club hopes to get more girls involved from a young age to play football.



HandPadel is actually a team game, played with a volleyball.

Teams of 4 or 5 students are on either side of the court and use their hands to hit a volleyball to the other side. Each team is allowed two bounces and 3 touches/passes before returning the ball. The game promotes handeye coordination, team-work, agility and is a lot of fun!



Lynsey Gauld



Wednesday 3.30 pm - 4.30 pm



Year 5 to Year 7



Water bottle and normal sports clothing or PE Kit



Chris Grainger



Thursday 3.30 pm - 4.30 pm



Year 7 to Year 11



Water bottle and normal sports clothing or PE Kit



### Martial Arts

When it comes to martial arts, one of the greatest benefits is that it helps develop self-control and defence, always in a fun and healthy way, as well as concentration, agility and reflexes.

Martial arts instil a sense of discipline that is very beneficial for children.

Our teachers are trained in mixed martial arts. Our classes vary between boxing, muay thai and Brazilian Jiu Jitsu training.

We start the classes with a brief warm-up and some games, followed by thirty minutes of technical instruction in the various martial arts and ending with stretching.



In partnership with





Thursday 3.30pm - 4.30 pm



Reception to Year 6



Water bottle and normal sports clothing or PE Kit



### **Multisport**

Multisport activity is Our designed encourage kids to participate in a wide variety of physical activities and sports before they reach their teen years. Over the course of the term, children will engage in different sports, learning the basic skills needed for each one. They will practice running, jumping, throwing, and improve their hand-eye and hand-foot coordination. Additionally, they will develop teamwork skills, all while having fun and staying active. This activity provides a wellrounded introduction to sports, helping kids build confidence and physical literacy.



Lynsey Gauld



Thursday, 3.30 pm- 4.30 pm



Year 3 to Year 4



Water bottle and normal sports clothing or PE Kit



#### **Padel**

Padel Club introduces students to the exciting and rapidly growing sport of padel. Padel Club will focus on developing hand-eye coordination, fostering teamwork skills, and promoting an active and sporty lifestyle in a fun and engaging environment.



**Daniel Vicente** 



Monday (Y3 - Y7) Tuesday (Reception - Y2) 3.30pm-4.30pm



Reception to Year 7



Water bottle and normal sports clothing or PE Kit



#### **Tennis**

Tennis is not only a sport of skill and athleticism but also one of sportsmanship and endurance. It's a sport that brings people together.

The coach will instruct the pupils on the fundamentals of tennis and focus on skill development.



In partnership with Vale do Lobo



Wednesday 3.30 pm - 4.30 pm



Year 1 to Year 3



Water bottle and normal sports clothing or PE Kit



### Prices per activity

#### Description

Classes	Price per school term		
1	115 €		
2	207 €		
3	293 €		
4	368 €		
5	460 €		

An initial Annual Fee per student is also applied to these activities:

Benfica Football School: 100€

Minecraft Creative: 30€

The Inventors: 66 €

<sup>\*</sup> This price includes one VivaHUB merchandising kit per student











Nursery		Mixed Media Art Watercolor			
Reception		Culinary Club Mixed Media Art Watercolor			Benfica Football School Martial Arts   Padel
Year 1		Culinary Club Mixed Media Art Watercolor		Minecraft Creative	Benfica Football School Martial Arts Padel Tennis
Year 2		Culinary Club Mixed Media Art Watercolor	Stories and Creative Writing	Minecraft Creative	Benfica Football School Martial Arts Padel Tennis
Year 3	Ballet	Art Club Culinary Club Mixed Media Art Watercolor	Stories and Creative Writing	Minecraft Creative	Benfica Football School Martial Arts   Multisport Padel Tennis
Year 4	Ballet	Art Club Culinary Club	Stories and Creative Writing		Benfica Football School Martial Arts Multisport
Year 5	Ballet	Art Club Culinary Club		The Inventors	Benfica Football School Girls Football Martial Arts
Year 6	Ballet Drama	Art Club		The Inventors	Benfica Football School Girls Football Martial Arts   Padel
Year 7	Drama	Art Club		Chess, or bring your own board game The Inventors	Benfica Football School Girls Football HandPadel Padel
Year 8	Drama	Art Club		Chess, or bring your own board game The Inventors	Benfica Football School HandPadel
Year 9	Drama	Art Club		Chess, or bring your own board game.	HandPadel
Year 10		Art Club		Chess, or bring your own board game.	HandPadel
Year 11		Art Club		Chess, or bring your own board game.	HandPadel



