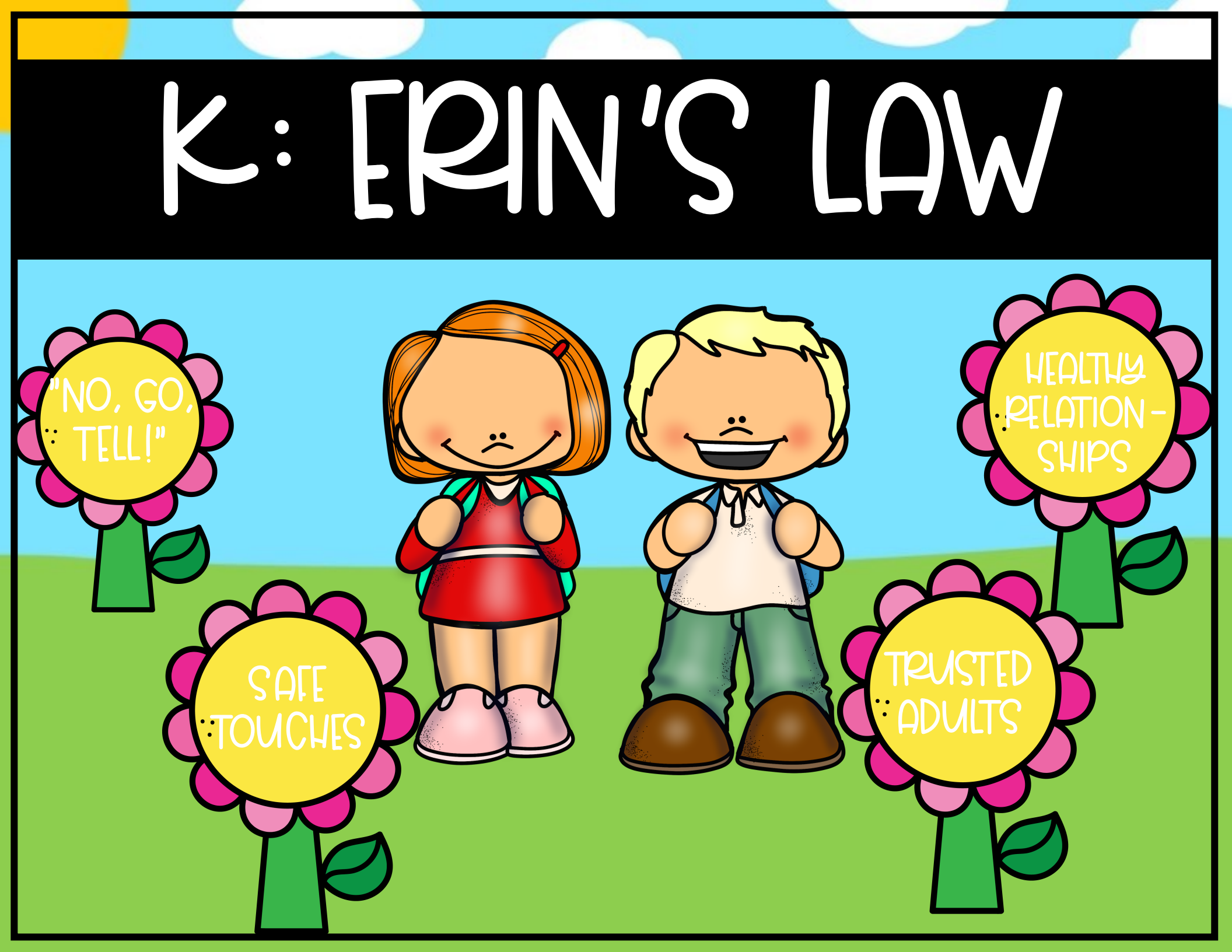
K: ERIN'S LAW

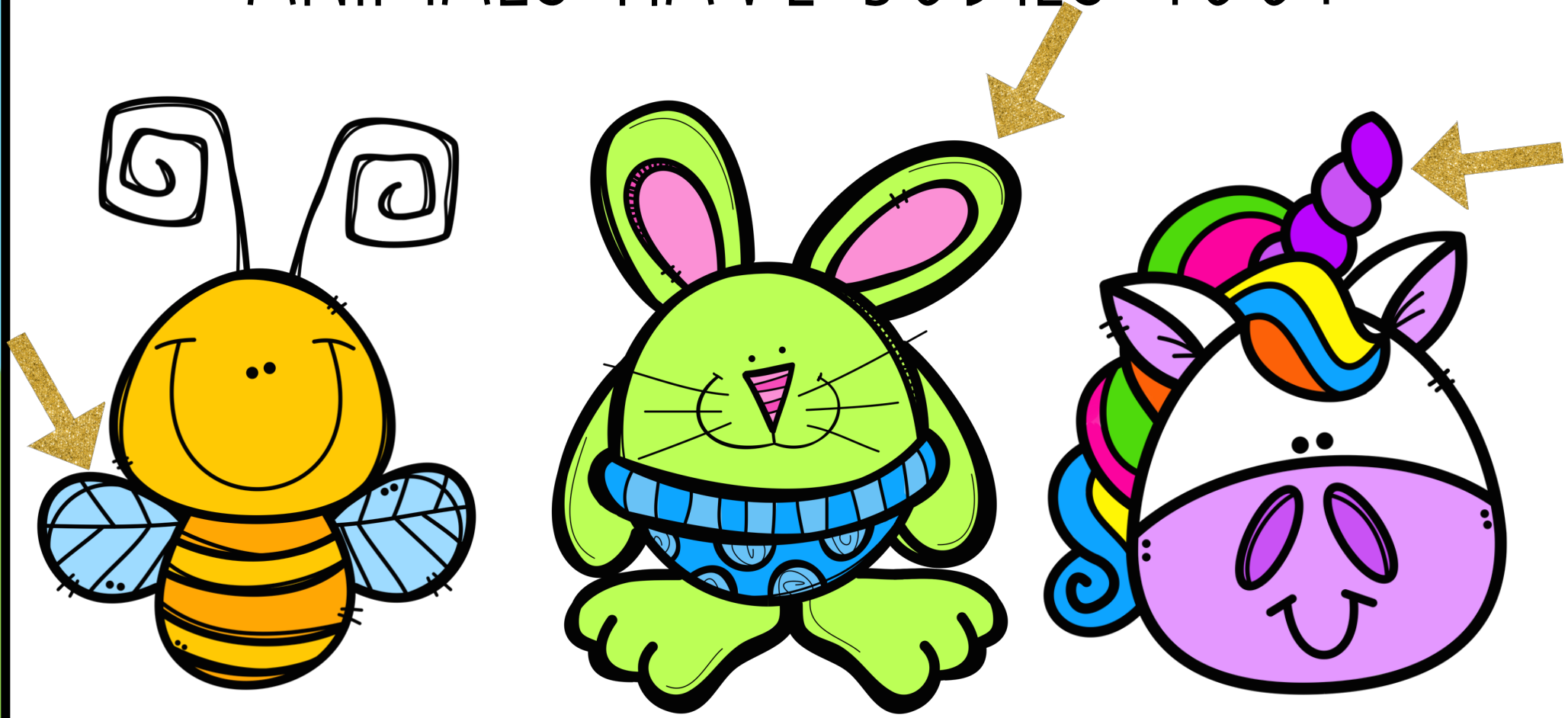

"NO, GO, TELL!"
SAFE TOUCHES
HEALTHY RELATION-SHIPS
TRUSTED ADULTS

THIS LESSON IS ALL ABOUT YOU!



THERE IS SOMETHING VERY SPECIAL THAT IS YOURS.

WE ALL HAVE OUR VERY OWN BODIES. ANIMALS HAVE BODIES TOO!



THEY ARE ALL DIFFERENT LOOKING AND HAVE DIFFERENT PARTS.

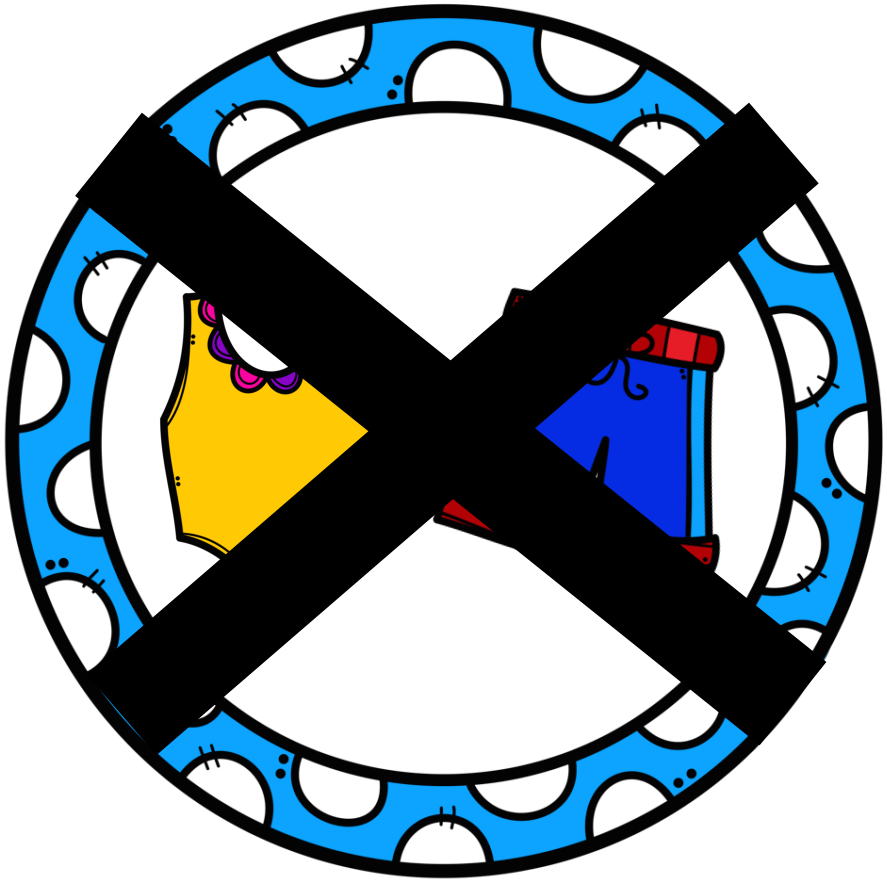
YOUR BODY ALSO HAS MANY PARTS, AND EACH PART IS SPECIAL.

THERE ARE SOME PARTS THAT ARE **PRIVATE**.



THE PARTS OF YOUR BODY THAT ARE **PRIVATE** ARE COVERED BY YOUR BATHING SUIT.

THERE IS A RULE ABOUT PRIVATE PARTS.



NO ONE SHOULD TOUCH THEM
EXCEPT TO KEEP US CLEAN AND HEALTHY.

WHEN WE ARE LITTLE, WE MIGHT NEED HELP TO KEEP US CLEAN. WE MIGHT NEED HELP WITH A BATH OR SHOWER. WE MIGHT NEED HELP AFTER WE USE THE BATHROOM AND THAT'S OKAY!



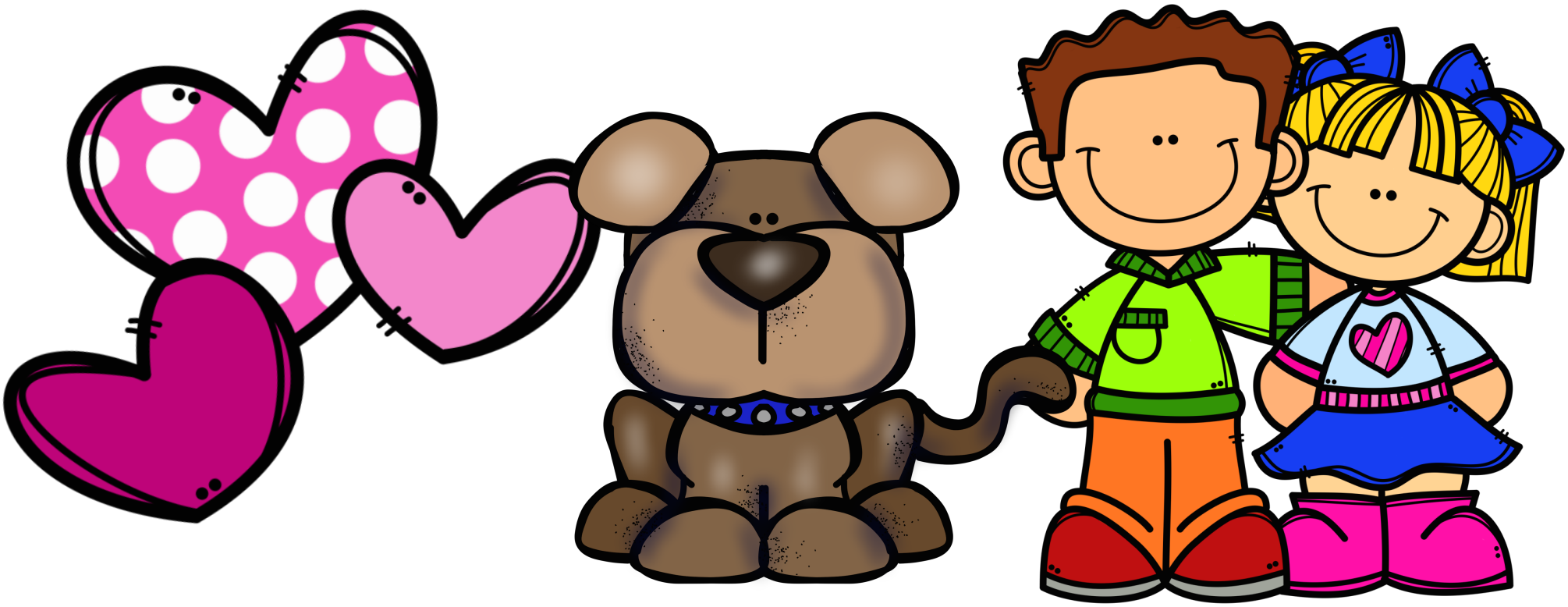
BUT IT IS **NEVER** A SECRET. IT IS OKAY TO TELL SOMEONE.

SOMETIMES A DOCTOR OR NURSE MIGHT TOUCH OUR PRIVATE PARTS IF THEY HURT OR WHEN WE GO TO GET A CHECK UP. THAT'S OKAY TOO!



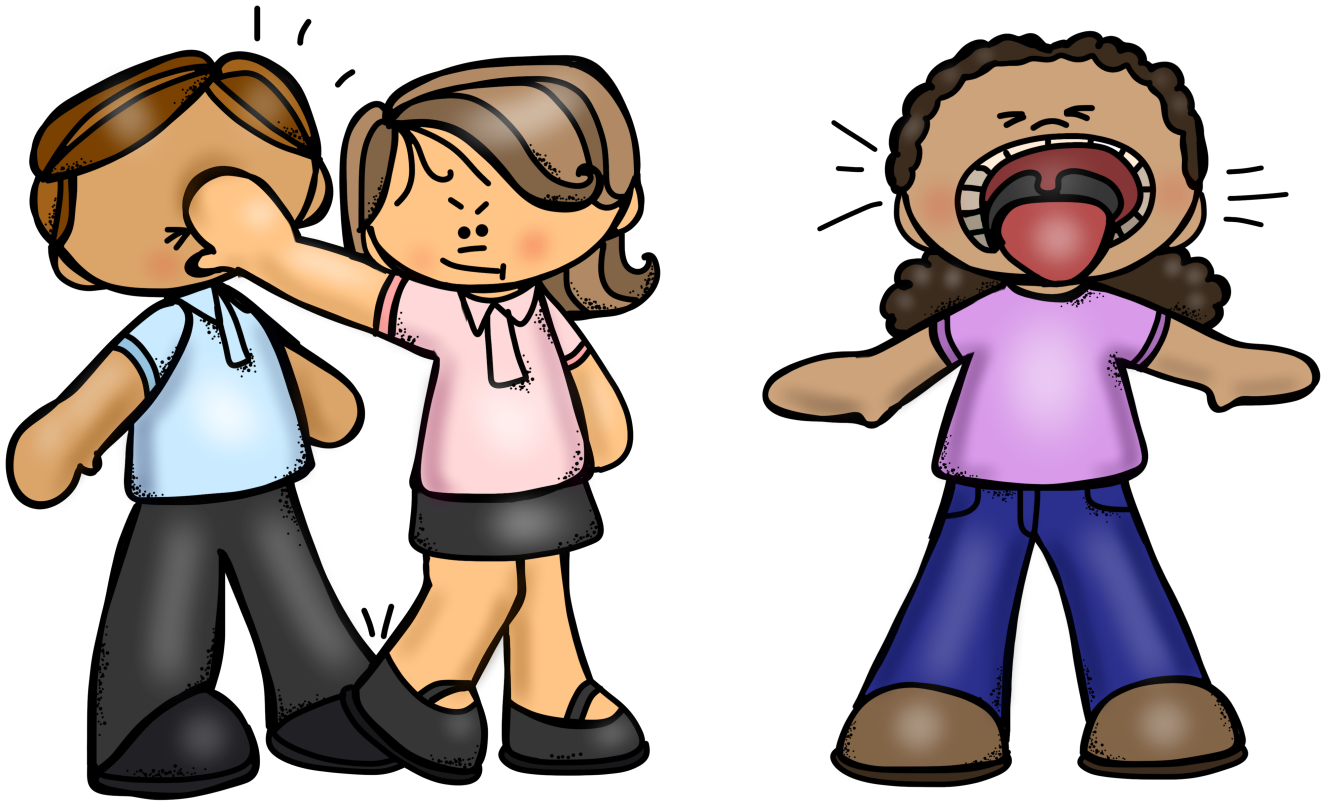
BUT IT IS **NEVER** A SECRET.

SOME TOUCHES ARE GOOD, LIKE WHEN WE PET A NICE DOG, OR WHEN FRIENDS GIVE HIGH FIVES OR WHEN SOMEONE WE LOVE GIVES US A HUG.



GOOD TOUCHES MAKE US FEEL SAFE AND HAPPY!

BUT SOME TOUCHES ARE BAD, LIKE WHEN SOMEONE HITS, OR KICKS, OR PUSHES!



BAD TOUCHES CAN MAKE US FEEL SAD, OR MAD, OR SCARED, OR CONFUSED.

IF SOMEONE TOUCHES YOUR PRIVATE PARTS OR TOUCHES YOU IN SOME OTHER WAY THAT YOU DO NOT LIKE, YOU TELL THEM:



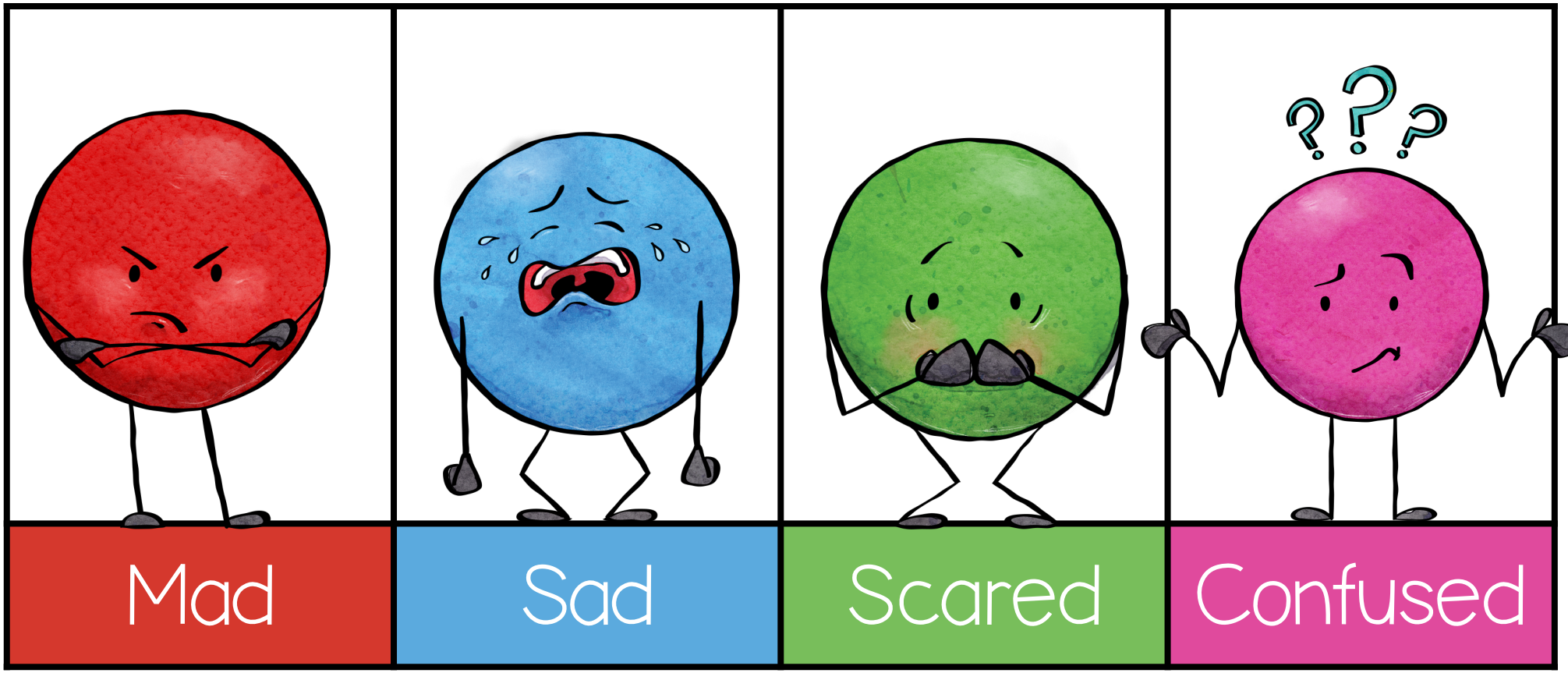
EVEN IF THEY ARE BIGGER THAN YOU.

EVEN IF YOU KNOW THEM.

EVEN IF THEY ARE A GROWN UP.

EVEN IF THEY LOOK OR ACT FRIENDLY.

IF SOMEONE TOUCHES YOUR PRIVATE PARTS, HURTS YOU, OR TOUCHES YOU IN SOME OTHER WAY THAT YOU DO NOT LIKE IT MIGHT MAKE YOU FEEL:



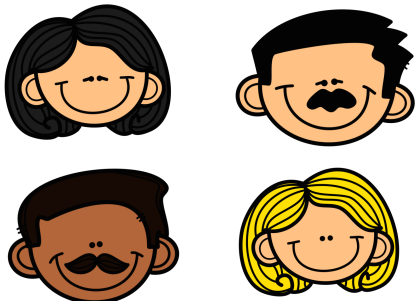
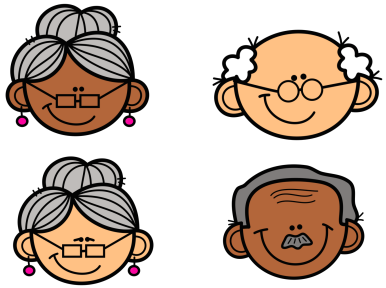
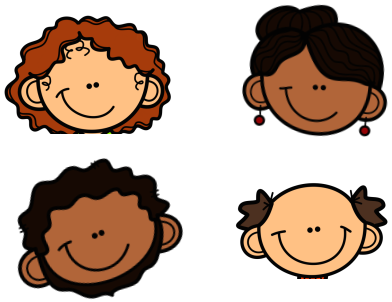
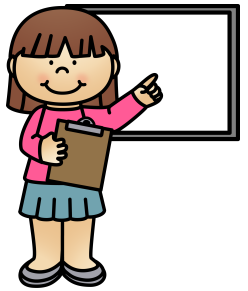
BUT YOU CAN GET HELP AND FEEL BETTER BY TELLING A TRUSTED ADULT.



WE DO NOT KEEP BAD TOUCHES A SECRET.

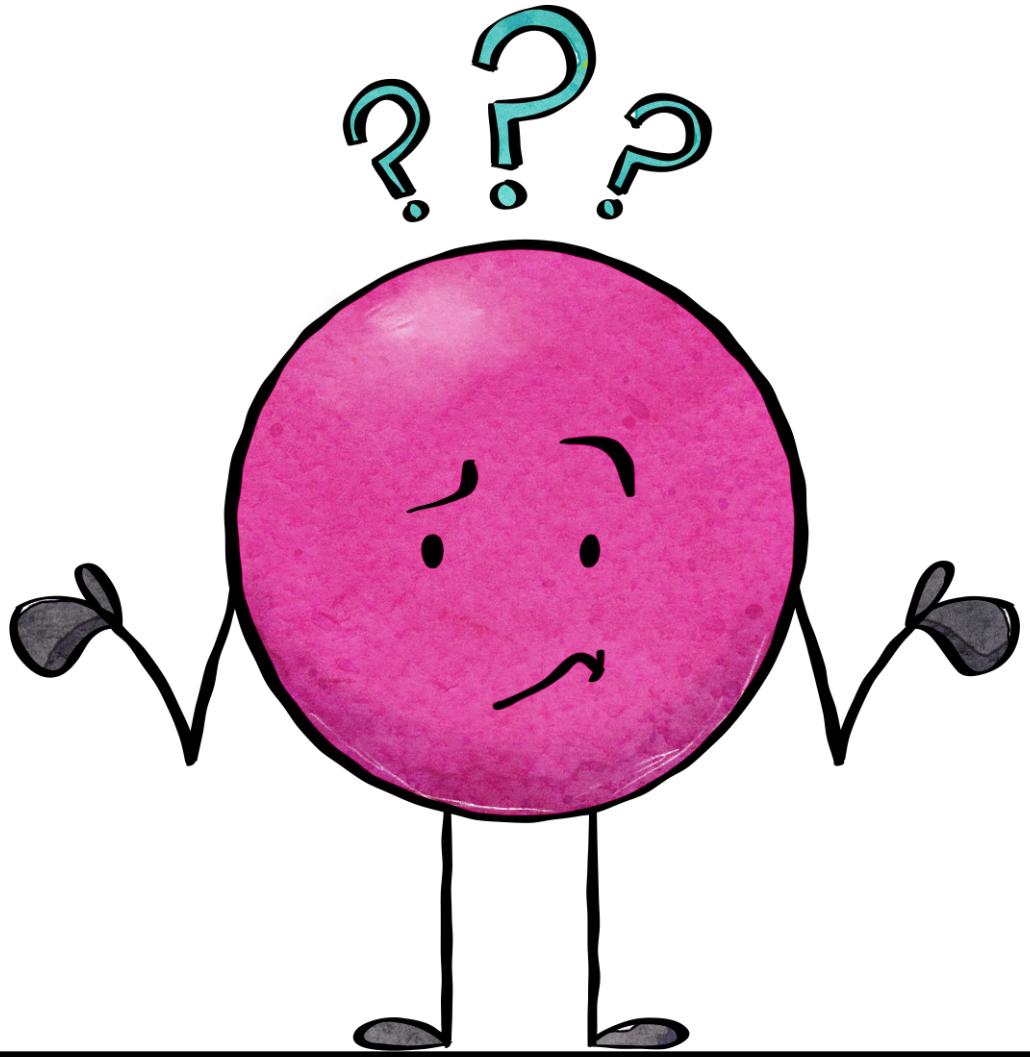
A TRUSTED ADULT IS ANYONE WHO CAN HELP YOU FEEL SAFE.

IT COULD BE YOUR...

 Parents	 Grandparents	 Aunts or Uncles	 Teachers
 Principals	 Counselors	 Nurses	 Coaches

THERE ARE MANY TRUSTED ADULTS YOU CAN GO TO FOR HELP.

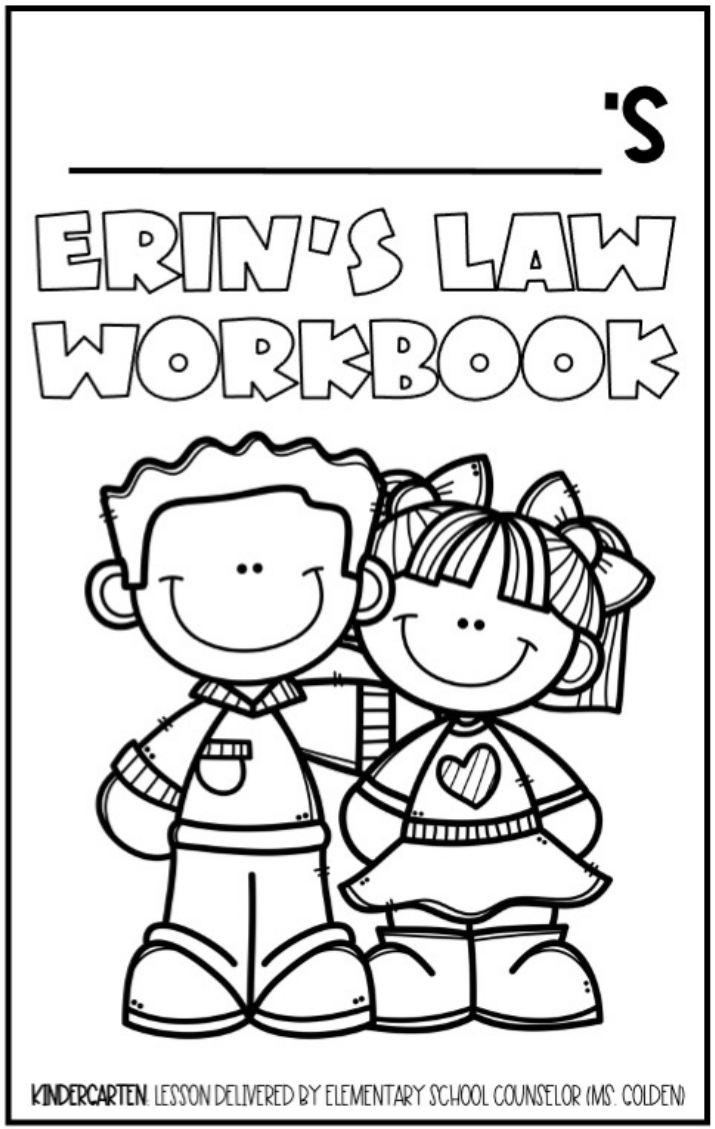
YOU ARE IN CHARGE OF YOUR BODY!
IF YOU AREN'T SURE OR SOMETHING MAKES YOU FEEL UNCOMFORTABLE, TELL A TRUSTED ADULT!



VIDEO



K WORKBOOK ACTIVITY



K WORKBOOK ACTIVITY

SAFE + UNSAFE TOUCHES

Your bathing suit covers areas called your "private parts." It is **not okay** for someone to ask to touch or see your private body parts. That is **unsafe** & a trusted adult needs to be told right away.



2 TRUSTED ADULTS:

1 _____

2 _____

K WORKBOOK ACTIVITY

"NO, GO, TELL!"

If you **ever** feel unsafe, follow the 3 steps below & tell a trusted adult right away.

1 Say "NO" firmly



2 GO to a trusted adult



3 TELL them what happened



K ACTIVITY: FREEZE DANCE!

STAY IN CHARGE OF YOUR BODY!
STOP DANCING WHEN YOU HEAR THE WORD FREEZE!

