

## MENTAL HEALTH CONSORTIUM INITIATIVES

MHC member districts are provided training and support with:

- PREPaRE Crisis Response Training
- Erin's Law- Sexual Abuse Prevention
- Mandated Reporter – Documentation of Sexual Abuse/Trafficking Incidents
- Mental Health First Aid for Youth
- Threat/Risk Training for School Mental Health Staff
- Restorative Practices & Using Circles
- Darkness to Light Train the Trainer
- Suicide Plan Review
- Narcan
- Responding to Trauma
- ADHD Teaching Strategies
- Student SEL benchmark implementation
- Mental Health Education implementation
- Development of district/school Mental Health and Wellness Teams

## INTERESTED IN JOINING THE NASSAU BOCES MENTAL HEALTH CONSORTIUM?

Please contact us:

**Audre Midura**

[amidura@nasboces.org](mailto:amidura@nasboces.org)

**Beverly Forgash**

[bforgash@nasboces.org](mailto:bforgash@nasboces.org)

Call:

**(516) 832-2769**

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**BOCES**

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of Nassau County**

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James R. Widmer, *Deputy Superintendent/Chief Operating Officer*

Colleen Lipponer, *Assistant Superintendent for Business Services*

Thomas McGrath, *Assistant to the Superintendent  
(Human Resources/RSIP)*

Susan McNulty, *Assistant to the Superintendent  
(Special Education/Curriculum & Instruction)*

[www.nassauboces.org](http://www.nassauboces.org)

### Non-discrimination Statement

The Nassau BOCES advises students, parents, employees and the general public that it offers employment and educational opportunities without regard to age, color, creed, disability, familial status, gender, gender expression, gender identity, marital status, military/veteran status, national origin, predisposing genetic characteristics, race, religion (including religious practice and/or expression), sex (including pregnancy, childbirth, or related medical condition), sexual orientation or victim of domestic violence status. The Nassau BOCES shall provide equal access to the Boy Scouts and other designated youth groups.

The Nassau BOCES shall not discriminate or take any retaliatory action against an employee with respect to compensation, terms, conditions or privileges of employment because of the employee's or dependent's reproductive health decision-making.

Information and grievance procedures are available by contacting the following individuals at 71 Clinton Road, Garden City, NY 11530: Thomas McGrath, Assistant to the Superintendent - Human Resources & Regional Schools and Instructional Programs at 516-396-2358, [tmcgrath@nasboces.org](mailto:tmcgrath@nasboces.org), and/or Selma Stoddard, Esq., Attorney (Employee Relations), Department of Human Resources at 516-396-2360, [sstoddard@nasboces.org](mailto:sstoddard@nasboces.org). For further information, please see Policies **0100 Equal Opportunity and Non-Discrimination**; **0110 Sexual Harassment** and **0115 Dignity for All Students Act**. The entire policy manual is available on the Nassau BOCES website: [www.nassauboces.org](http://www.nassauboces.org).

Inquiries concerning the application of regulations prohibiting discrimination may be referred to the above-mentioned individuals or to the following:

- Office for Civil Rights at NY Office for Civil Rights, U.S. Department of Education, 32 Old Slip, 26th Floor, New York, NY 10005-2500 or call 646-428-3900, or fax 646-428-3843, or TDD 800-877-8339 or email [OCR.NewYork@ed.gov](mailto:OCR.NewYork@ed.gov) or file form at <http://www2.ed.gov/about/offices/list/ocr/complaintintro.html>.
- The U.S. Equal Employment Opportunity Commission (EEOC) may be reached at 33 Whitehall Street, 5th Floor, New York, NY 10004 or call 1-800-669-4000, or 1-800-669-6820 (TTY), or fax 212-336-3790 or email [info@eeoc.gov](mailto:info@eeoc.gov).
- The New York State Division of Human Rights (NYS DHR) may be reached at One Fordham Plaza, 4th Floor, Bronx, NY 10458 or call 1-888-392-3644 or 718-741-8300 (TDD/TTY) or email [info@dhr.ny.gov](mailto:info@dhr.ny.gov), complaint forms may be sent directly to [complaint@dhr.ny.gov](mailto:complaint@dhr.ny.gov) or faxed to 718-741-8322.

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## MENTAL HEALTH CONSORTIUM

[www.nassuboces.org/mentalhealth](http://www.nassuboces.org/mentalhealth)

## WHAT IS THE NASSAU BOCES MENTAL HEALTH CONSORTIUM?

Formed in 2019, the Nassau BOCES Mental Health Consortium (MHC) united to collectively support the implementation of NYSED's Mental Health Education requirements. Now expanded, MHC embraces all 56 districts in Nassau County, alongside several districts in Suffolk and Westchester counties.

### Collegial Circles

The Mental Health Consortium offers 10+ collegial work groups/circles that meet virtually monthly, including, elementary counselor circle, school psychologist collaborative clinical discussion group, BCBA circle, LGBTQ+ learning group, crisis team roundtable exercises and more. These groups are **offered to school district staff for NO COST**. These groups are moderated by experts in their fields. The district MHC membership covers the cost of these groups.

### Staff Collaboration

MHC members use a dedicated closed listserv to communicate ideas, share initiatives, resources, and upcoming events. Managed by Nassau BOCES the MHC Listserv offers members access to mental and behavioral health, social emotional learning and NYSED initiative resources and materials PK-12.



Can my district join the Nassau BOCES Mental Health Consortium?

**YES!!!** As of July 1, 2023 ANY district in the State of New York can join the consortium!

**2023-2024 Membership Fee**  
**\$2,950 per district**

**2024-2025 Membership Fee**  
**\$3,050\* per district**

### The MHC schedule includes monthly workshops, updates, presentations, and trainings.

These sessions, often available virtually, connect participating districts with experts and cover diverse topics such as mental and behavioral health, clinical updates, new research, and NYSED information dissemination. Additionally, annual training initiatives are offered in a cohort format, enabling district teams to receive training on evidence-based programs. Notably, Nassau BOCES is proud to be a 2023-2024 CASEL Fellows Partner.

*\*Approximate cost finalized cost TBD in February 2024.*

## NEW FOR 2024-2025

### MENTAL WELLNESS AMPLIFY: CONSORTIUM EDITION

Nassau BOCES Mental Health Consortium will be offering additional services to the Mental Health Consortium.

These services\* include:

Itinerant Art Therapist – in-person or virtual

Pre-School Teacher SEL Integration Cohort

Pre-Tenure Teacher and Administrator Cohorts

Central Office Specific Workshops/ Trainings

McKinney Vento Liaison & Homeless Youth Resource Network

Expanded Parent/Family Trainings – evening/weekend

*\*Services priced individually or in bundle.*