



**Before School Program**

**2024 - 2025**

*Cooper Mountain Elementary*

Every Wednesday Morning

7:30am - 8:00am

**All Kids  
Are Welcome!**

- You work and want to have your child in a safe and active program
- Kids in sports and you want to keep them moving on non-practice days
- Kids not in sports and need more play and activity time
- You're an at-home parent, and you want more activity and social interaction for your child

**Play. Fit. Fun.  
is the answer!**

**The Place To Be For  
Games! Play! Fun! Activity! & Fitness!**

**Days/Hours:** Every Wednesday Morning 7:45am - 8:15am. Kids will have fun being active and then go to class with their eyes wide open, ready to concentrate and learn!

**Your child will enjoy:** Structured Curriculum by experienced Play.Fit.Fun coach and instructor, Spencer Rubin. Activities will be organized, uplifting, empowering, and 100% focused on the kids!

**Goal for your child:** increased fitness levels, improved self esteem, teamwork, focus, confidence, leadership and a positive attitude!



**Play. Fit. Fun! Philosophy:** Kids of all ages and abilities need more activity, fun and play! Kids are meant to play and move! With play and group activities kids learn, socialize and build confidence. Your child will be empowered, supported, and instructed.

For additional information, please visit: **PlayFitFun.com**

971-732-4745 • [spencer@playfitfun.com](mailto:spencer@playfitfun.com)

**Scholarships  
Available!**

**\$110 Per Session**

**Fall (Oct 2nd- Dec 14th)**



**Get Up  
Get Out  
Get Moving!**

