#### SCHOOL LUNCH MENU **HIGH SCHOOLS**

### MONDAY

- Chicken Nuggets, Potato Tots, Ketchup, Graham Snack, Fruit Cup. Fruit Juice
- Crunchy Chicken Tenders, Potato Smiles, Ketchup, Mini Pretzels, Fruit Cup, Fruit Juice
- Popcorn Chicken, Potato Tots, Ketchup, Graham Snack, Fruit Cup, Fruit Juice
- <sup>24</sup> Chicken Nuggets, Potato Smiles, Ketchup, Mini Pretzels. Fruit Cup. Fruit Juice

# TUESDAY

- Grilled Cheese on Whole Grain Bread, Carrot Sticks. Potato Chips, Sliced Peaches, Fruit Juice
- Brunch for Lunch. Orange Juice. French Toast Sticks, Chicken Sausage Patty, Pancake Syrup, Carrot Sticks, Applesauce
- Grilled Cheese on Whole Grain Bread. Carrot Sticks, Potato Chips. Sliced Peaches. Fruit Juice
- 75 Brunch for Lunch. Orange Juice, French Toast Sticks, Chicken Sausage Patty, Pancake Syrup, Carrot Sticks, **Applesauce**

## WEDNESDAY

- Pizza Crunchers. Vegetable Crudité & Dip. Golden Banana, Cookies. Fruit Juice
- Pepperoni Deep Dish Round Pizza, Vegetable Crudité & Dip, Golden Banana, Cookies, Fruit Juice

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# SCHOOLS CLOSED

# THURSDAY

- Cheeseburger on a Whole Grain Bun. Ketchup. Baked Beans, Cucumber Slices. Fruit Cup, Fruit Juice
- Baked Macaroni & Cheese, Chickpea Salad. Dinner Roll, Fruit Cup. Fruit Juice
- Cheeseburger on a Whole Grain Bun, Ketchup, Baked Beans, Cucumber Slices, Fruit Cup, Fruit Juice

# Meatball Parmigiana on a Bun.

Macaroni Salad, Broccoli Florets. Fresh Apple,

FRIDAY

Fruit Juice

- Oven Roasted Chicken, BBQ Sauce. Mashed Potatoes. Broccoli Florets & Dip. Fresh Apple, Fruit Juice
- Meatball Parmigiana on a Bun, Macaroni Salad, Broccoli Florets, Fresh Apple, Fruit Juice

#### **IMPORTANT NOTICE:**

Nassau BOCES will continue to provide Free Breakfast and Lunch to all of our Special Education students.

Breakfast includes a Bowl of Cereal, Muffin or other Snack, Fruit, Fruit Juice, 1% Milk or Fat Free Chocolate Milk.

Please call the School Lunch Office for more details. (516) 396-2925

#### School News ...

Box Lunches are available upon request as a substitute for that days lunch. If you have any questions, call: Tim Holahan - Manager Christy Whitton - Asst. Mgr. RD (516) 396-2925

Nassau BOCES is an equal opportunity employer.

#### Did you know fact ...

The goddess Juno, who is the patroness of marriage and childbirth, is most likely the source of June's name. All kinds of beauty are present this month, including flowers and sunlight.

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