

# Friday Flier | September 13th, 2024

The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are not endorsed by the Bismarck Public Schools.



## Kids' Kicks

To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves.

Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

[bpsfoundation.com/donations/kidskicks/](https://bpsfoundation.com/donations/kidskicks/)



## Bismarck Hockey Boosters

Bismarck Hockey Boosters is gearing up for an exciting 2024-2025 hockey season! With nearly 800 kids, ages 4 to 15, ready to hit the ice, BHB is anticipating a record-breaking year. Tryouts and evaluations will kick off in October, with games starting in November and running through mid-March.

As a community-driven organization, BHB is dedicated to promoting and nurturing the sport of ice hockey. Established to create opportunities for youth to participate in organized hockey, the association offers a variety of programs, including development leagues, tournaments, and clinics. BHB plays a vital role in strengthening the local hockey community by helping young athletes develop skills and instilling core values like teamwork, discipline, and sportsmanship, all while enriching the local sports culture.

To learn more about youth hockey, visit [www.bismarckhockey.com](http://www.bismarckhockey.com).



## Apple Jam

We are introducing the inaugural Apple Jam, a vibrant, family-friendly one-day music festival from the Bismarck Cancer Center Foundation! This year marks the 18th edition of what was previously known as Applefest, a cherished autumn tradition in the Bismarck-Mandan community. Join us on Sunday, September 22nd, at Buckstop Junction for musical entertainment and community spirit-filled day. From delicious food and captivating live music, including fan favorite Church of Cash, to local art and craft vendors to browse, and family-oriented fall activities to enjoy—there's something for everyone.

**NO SCHOOL?**  
**Let's Have Some Fun!**  
**SWIFTIE CELEBRATION**

DANCE CAMP

OCTOBER 17  
9:30AM-12:00PM  
AGES 6-8 | AGES 8-10



**IT'S MORE  
THAN A MEAL  
APPLICATION**



## Free & Reduced Benefits: Dual Credit Courses

The Free and Reduced Meal Application can provide benefits that extend well beyond food. For instance, the Bank of North Dakota will cover the cost of up to two college courses per school year for high school sophomores, juniors and seniors who participate in Free or Reduced Price Lunch. If you haven't already, be sure to apply.

The application process has changed. Please visit [HERE](#) for more information and to apply.

**CENTURY CHEER CAMP**

CAMPERS WILL GET SAFE CHEER INSTRUCTION ON JUMPS, CHANTS, CHEERS, DANCE AND STUNTS!

THEY ALSO RECEIVE A CAMP GIFT AND SNACK!

SATURDAY OCTOBER 12TH  
CHECK IN 8:45-9AM  
CAMP 9-11:30  
PARENT PERFORMANCE 11:30

COST: \$30  
SCAN HERE TO REGISTER BY OCTOBER 9!

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## Shade Tree Players Fall Classes

Spooktacular Stories October 18th- (7-13 years old) Create and perform your own version of spooky stories in this 3-hour workshop! \$45 also Intro to Special Effects Makeup (9-18 years old) every Thursday 9/19-October 10th \$110 if using STP makeup, \$70 if buying your own makeup. Details online at [dakotastage.org](http://dakotastage.org).



## Heartview Monster Mile 5K And Family Fun Day

The Heartview Foundation Monster Mile 5K will be held Oct. 12 at 10:30 a.m. and a free mini kids race and trick or treating will be held at 11:30 a.m. Pre-registration (\$35) for the 5K is required and can be found at [www.heartview.org](http://www.heartview.org).



Bismarck Veterans Memorial Public Library

YOU BELONG HERE

## Bismarck Veterans Memorial Public Library

Come visit the Children's Library for fall activities, including story times, creativity sessions, reading challenges, Movie Days, Lego Club, and more. There's something for everyone!

Family Story Time - Mondays at 6:30 p.m.

Library Kid Club - Tuesdays at 3:45 p.m.

Lego Club - Last Thursday of the month - 3:30 p.m.

Dakota Zoo Animal Encounter - 9/19 at 3:45 p.m.

Children's Movie Day - 9/23 at 2:30 p.m.- Kung Fu Panda 4

BARK - Strengthen your readings skills by reading aloud to a therapy dog. - Registration begins Oct. 1.

Teen HQ, the library's space for 6th-12th graders, is open for walk-in use from 3:30-5:00 pm Monday-Thursday during the school year, unless otherwise noted in the library calendar. During walk-in hours, library staff are available to help teens use the equipment available in Teen HQ. The library also offers activities for teens on non-school days, weekends, and after school.

Visit the library's calendar of events at [bit.ly/BVMPL](http://bit.ly/BVMPL)-Upcoming for a full list of upcoming library events and registration information.



## Heartview's 60th Anniversary

Heartview is celebrating 60 years in the community this year. Community members can attend a celebration Nov. 1 and taste-test mocktails (\$50), followed by a reunion for alumni and all members of the recovery community on Nov. 2 (\$10). For more information and to register, visit [HERE](#).



STATE HISTORICAL SOCIETY OF NORTH DAKOTA

## North Dakota Heritage Center & State Museum Programs

Sept. 14 [State Archives Open](#), 10 a.m.-4:30 p.m.

Sept. 15 [Traditional Indigenous Medicines](#) presentation, 2-3:30 p.m.

Sept. 18 [Little Kids, Big World](#), 10 a.m. Genealogy with State Archives

Sept. 18 [Junior Historians](#), 4 p.m. Genealogy with State Archives

Sept. 18 [Little Kids, Big World](#), 10 a.m. Migration

Sept. 18 [Junior Historians](#), 4 p.m. Migration

Sept. 28 [Little Kids, Big World](#), 10 & 11 a.m. Lovely Leaves

Oct. 2 [Little Kids, Big World](#), 10 a.m. Lovely Leaves

Oct. 2 [Junior Historians](#), 4 p.m. Lovely Leaves

## North Dakota Historic Sites Programming

Sept. 14 [Fibers & Flavors](#), 1-4 p.m. Former Governors Mansion

Sept. 14 [Trailblazer Series: Fort Building](#), 1-2 p.m. Lewis & Clark Interpretive Center

Sept. 14 [Trailblazer Series: Birding](#), 1-2 p.m. Lewis & Clark Interpretive Center

Learn more about upcoming State Historical Society of North Dakota programs at [history.nd.gov/events](http://history.nd.gov/events).

For more information, contact Education and Engagement Manager Laura Forde, [shsprograms@nd.gov](mailto:shsprograms@nd.gov) 701.328.2792. The ND Heritage Center & State Museum is open Monday-Friday, 8 a.m. to 5 p.m., and Saturday-Sunday, 10 a.m. to 5 p.m.

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## FUNCTIONAL MOVEMENT CLUB

### Youth Athletes

BY STEVE KUBISIAK

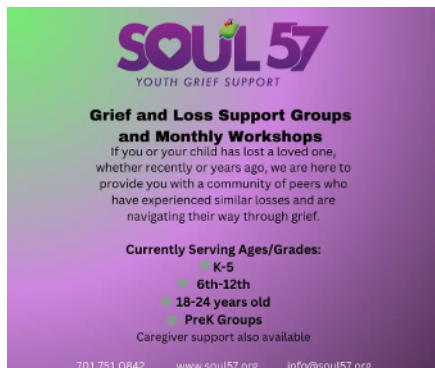
FOR MORE INFORMATION:

<https://functional-movement.webador.com/>



## Engines 4 Education Small Engine Repair

Small engine repair. We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!



## Youth Grief Support Group

If you or your child has lost a loved one, whether recently or years ago, we are here to provide you with a community of peers who have experienced similar losses and are navigating their way through grief.

[www.soul57.org](http://www.soul57.org)



## Magic Soccer FC

Magic Soccer offers a wide variety of soccer options for all ages and abilities. Check out some of the programs below. For more details visit Magic's website. Many programs have enrollment caps so register EARLY! Click [HERE](#)

Mini Magic - Perfect for children aged 4 to 6 who are eager to explore and learn soccer skills!

Open Skills Training - Designed to improve players' footwork, self-confidence on the field, and provide life-long skills foundation in the game. All players can participate regardless of skill level. Player's 2nd - 7th grade.

Competitive Program - Available for players ages 8 - 19. Act fast, as teams fill up quickly. Train two days a week for fall/winter, plus required and optional tournaments if you secure a spot on the team.

Youth Indoor league - Two sessions offered in 2025 - see website for dates. Make your own team or join as a free agent. Recreational soccer program for youth players between the ages of 8 and 14. Games on Sunday afternoon and evenings starting in January.

High School Indoor league - Non-travel soccer program for players ages 15 - 19. Focus of the league is to provide high school players with additional playing opportunities outside of their school season where they can have fun and improve their skills and confidence on the field.

REGISTER:

<https://www.magicsoccerskills.com/signup>



## GIRL TALK

Essentia Health Mid Dakota Women's Center invites girls ages 9-13 and their mothers to attend this special "Girl Talk" session.

"Girl Talk" is a workshop where you will learn and discuss:

- The Menstrual Cycle
- Acne & Hygiene
- How to Shave
- Nutrition During Your Period
- Breast Development
- Fitness During Your Period
- Menstrual Products
- ...plus more!

### DATES/TIME

Sunday, October 13, 2024  
2 - 4 pm (doors open at 1:45 pm)

### LOCATION

CHI St. Alexius Health Boniface Auditorium  
Dr. Heather Sandness Nelson, OBGYN

### COST

FREE

### REGISTRATION



Scan QR code to register online or visit <https://www.essentialhealth.org/classes-events/girl-talk-bismarck-nd/october-13-2024>

essentialhealth.org



## YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.



You Belong Here  
Missouri Valley Family YMCA  
[www.bismarckymca.org](http://www.bismarckymca.org)

For Our Community  
Family Wellness  
[www.familywellnessbismar.org](http://www.familywellnessbismar.org)

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## FALL PROGRAMS

There's still time to register for youth programs at Bismarck Parks and Recreation at [www.bisparks.org](http://www.bisparks.org)!

- Basketball
- Fencing
- Flag Football
- Karate
- Racquetball
- Swim Lessons – registration opens Sept. 4
- Tennis

## JOIN OUR TEAM

Check out the fun and flexible jobs at Bismarck Parks and Recreation for ages 14+ at [www.bisparks.org/jobs](http://www.bisparks.org/jobs)!

- BLAST afterschool program leaders
- Basketball coaches
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards
- Maintenance – golf courses
- Officials – basketball & volleyball
- Swim instructors
- Tennis instructors
- Zamboni drivers

## FUN EVENTS

- Sept. 14 – Wibits at BSC Aquatic & Wellness Center
- Sept. 20 – Disc in the Dark
- Sept. 21 – Movie in the Park
- Sept. 28 – Luminary Walk

And more at [www.bisparks.org](http://www.bisparks.org)!

### 2024 Fall BHS Demon's 3 on 3 Basketball Tournament



sponsored by: BHS Girls Basketball

Sunday Oct. 6<sup>th</sup>, 2024 – @ Bismarck High School

3 ON 3 TOURNAMENT FOR BOTH BOYS' & GIRLS' TEAMS IN GRADES 2 – 8

#### Tournament Information:

WHEN: Sunday October 6<sup>th</sup>, 2024, 8am - 6pm COST: \$110 PER TEAM CONCESSIONS AVAILABLE  
TEAMS WILL BE GUARANTEED 3 GAMES TEAM SIZE: 4 PLAYERS RECOMMENDED, 3 PLAYER MAX  
DIVISIONS WILL BE BASED ON CURRENT GRADE AND GENDER, limited to 90 teams.

### BHS Demons 3 on 3 Basketball Tournament

BHS 3 on 3 Basketball Tournament, Oct. 6<sup>th</sup> for boys/girls grades 2-8<sup>th</sup> grade. Cost is \$110 per team, t-shirts for 1st place, concessions, and fun day of playing basketball. Deadline Wednesday Sept. 25<sup>th</sup>, 2024. Please see flyer on <https://bhsdemonsgbb.weebly.com> or can register online: 2024 Fall 3 on 3 Basketball Tournament - Google Forms



### September Is Library Card Sign-Up Month

Celebrate Library Card Sign-up Month this September with Bismarck Veterans Memorial Public Library! We're inviting everyone to discover the incredible resources and opportunities available at your local public library by signing up for a library card. From borrowing books, ebooks, audiobooks, games, and more, to getting homework help, learning new skills, accessing vital technology, or attending a book club or story time, a library card unlocks a world of possibilities.

Your new library card is free to those residing in Burleigh County, and there are no overdue fines on anything you borrow! Roll in to the library's checkout desk or the Burleigh County Library bookmobile with your current photo ID (and proof of residence if not on ID) and roll out with your new card today. You can also sign up online and find out more at [bismarcklibrary.org](http://bismarcklibrary.org).

To celebrate this year's Library Card Sign-Up Month, all new and renewing cardholders in the month of September are eligible to register for a prize drawing! If you've lost your library card, stop by from September 1 through September 30 to receive a free replacement.



### North Dakota's Gateway to Science Upcoming Events

Spark a lifelong interest in science with hands-on, engaging activities through our fall programs!

#### STEM Adventure Mini Camps

Held on select days when there is no school  
September 23  
October 17, 18  
November 8, 11  
8:00 am to 5:00 pm (check-in begins at 7:45)  
More information and registration [HERE](#).

#### Gateway to Play

Saturday, September 28, 11:30am to 2:30 pm  
Gateway to Play is in participation with Our World: Worldwide Day of Play, a global play event presented by Nickelodeon and the Association of Children's Museums. Join us during your visit for additional hands-on playful activities to highlight the importance of play for learning! Admission is required. Click [HERE](#).



### Winter Wear Drop-Off

September 1st through September 30th

Turitto's Dry Cleaners Locations, 1131 E Main Ave, Bismarck, ND 58501 or 1041 E. Interstate Ave, Bismarck, ND 58503

Salvation Army Bismarck-Mandan, 601 S Washington St, Bismarck, ND 58504

### Winter Wear Distribution

The Salvation Army, 601 South Washington Street

October 10, 9:00 am - 3:30 pm

To receive Winter Wear we require the following information for all participating:

Proof of Burleigh County or Mandan Address.

ID for Adults and Children receiving Coats. (ID, Driver's License, etc. for Adults. Birth Certificates, Medical Cards, School Records, etc. for Children.)

If you have any questions please contact us at 701-223-1889.

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## VCSU 3 on 3 Tournament

Date: Sunday, October 6th, 2024

Cost: \$90 per team

Location: W.E. Fieldhouse ("The Bubble") at VCSU - Valley City, ND

Grades: 3rd - 12th (Boys and Girls)

Divisions: Will be based on age and gender (limit to first 12 teams per division)

Registration Link: Scan QR Code (or find on [vcsuvikings.com](http://vcsuvikings.com) - Inside Athletics > Camps)

Registration Deadline: Sunday, September 29th, 2024



## Theo Art School



## ODYSSEY VII+ ART CAMPS 2024-2025

When School is Out, Theo is In!

Our 16th Annual Odyssey Art Camps are all about exploring, creating, and having fun with Art! Theo's "Odyssey" ("Camp O") Theo's Odyssey Art Camps are on weekdays when there is no school due to holidays, teacher convention, or staff development. Dates are based on the Bismarck Public Schools calendar; Private Schools calendar and the Mandan Public School Calendar.

Times: 8:00 am - 5:30 pm

Ages: 5 and up

Cost per Day: \$40 members, \$50 nonmembers

Click [HERE](#).



## AFTER SCHOOL ART CLUB AT THE STUDIOS SEASON 2024-2025

The mission of Theo Art Club is to cultivate interest in art for boys and girls and to teach them that ART is ENDLESS. Our goal is to engage children in a Fun ART experience that will last a lifetime!

Days: Mondays

Times: 3:45-5:00 pm

Grades: 1st grade and up

Cost: \$40/month \*

Click [HERE](#).



## FALL 2024 HOMESCHOOL ART HOUR

\$7.50 PER CLASS PER STUDENT

Click [HERE](#).



## Birthday Parties

Birthday parties at Theo are ARTastic! What kind of project would your child like to do for their birthday? We have many options!

Click [HERE](#).



## Field Trips-For school groups and organizations

Field Trips are powerful learning experiences and excellent opportunities for school groups and organizations. Come to our studios or we can come to you! All art supplies are included.

(For small private groups, please see options under Private Events and Private Art Lessons.)

For Field Trips:

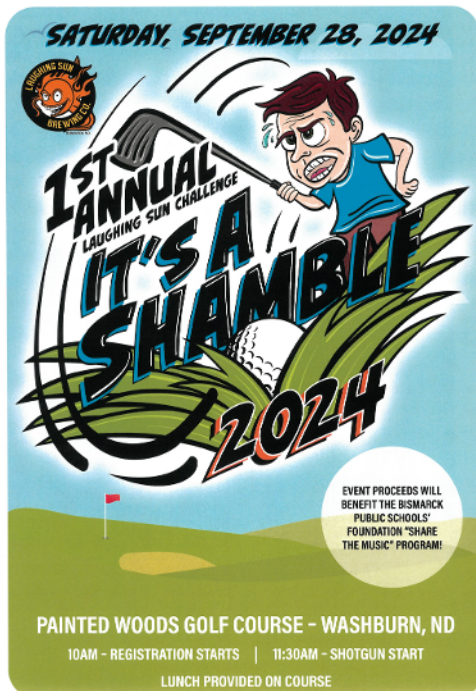
AGES: 3 and up

GROUP SIZE: Minimum of 5 students required

COST: One-hour field trip \$3.50/student

Two-hour field trip \$7.00/student

Click [HERE](#).



2-PERSON TEAMS / SHAMBLE FORMAT. BEST BALL OFF THE TEE. EACH PLAYER PLAYS THEIR OWN BALL FROM THERE. BEST SCORE ON THE HOLE IS RECORDED. TEAMS WILL BE HANDICAPPED. PRIZES FOR LONGEST DRIVE, CLOSEST TO THE PIN, LONGEST PUTT, BEST DRESSED TEAM, DOOR & TEAM PRIZES. PUTTING CONTEST AND "CLOSEST TO THE KEG" GAMES DURING THE ROUND.



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## Native Vote Design Contest



In preparation for the 2024 PRESIDENTIAL ELECTION, we are sponsoring a CONTEST for a promotional design for Native voting open to all NATIVE YOUTH in the BISMARCK-MANDAN-LINCOLN schools (any grade/age).

TO ENTER, submit your design promoting Native voting as a drawing, coloring, painting, or digital design before the DEADLINE of September 17, 2024, at 4:00 p.m.

We'll gather a panel of judges and choose a WINNER that will be announced on FRIDAY, SEPTEMBER 20, at a 10:00 a.m. LIVE video on Facebook.

1st Place: \$200 and your design featured on promotional products  
2nd Place: \$100  
Honorable Mention: 4 at \$50/each



## Knights of the Blind

An original imitative of Lions has always been sight. Ever since Helen Keller inspired us to champion the cause in 1925, to become the **Knights of the Blind**, we've served and advocated for the blind and visually impaired. Nearly a century later, this long-standing mission continues unhindered. Locally, our Lion clubs have collected 10's of thousands of glasses. These glasses have been cleaned, read and marked for vision strength, packed and shipped around the world to be used by people who cannot see and cannot afford glasses.

Help us help people in need by donating your used glasses. Something so simple as a used pair of glasses can be a miracle to someone who is vision impaired.

Call Scott at 701-955-8693 about this wonderful program.

North Star  
Lions

Bike Kindness  
Initiative



### Donated Bikes

Refurbished For Qualified Kids  
Ages 17 and Under

Eligibility is based on being approved for the

Free and Reduced Lunch Program

For More Info:

Call Scott @ 701-955-8693

## North Star Lions Bike Kindness Initiative

The **North Star Lions** of Bismarck is starting a community program to give bikes to kids in need, through our "**Bike Kindness Initiative**". Any kid that qualifies for the school's "Free and Reduced Lunch Program" will be eligible to request a bike, for free.

Our program, the **North Star Lions "Bike Kindness Initiative"**, aims to accomplish a few Lions initiatives. As Lions say, Kindness Matters, and that is what we wish to accomplish and hence the name of our program. We look to make a difference with the local "Youth" and the "Environment". Making a positive impact with our Youth is always important and we believe this program can do that. We are also looking at the Environment, a secondary goal for us is to keep unwanted bikes out of the landfill. Because not all bikes will be rebuildable, part of that bike might be used for parts to rebuild other bikes. Whatever is not used will be recycled.

Right now, we need bikes! We understand that people have bikes that are sitting around and not being used. This program is a great way to recycle those bikes and make someone very happy. If you have a bike that is not being used, or you know someone with a bike not being used, give us a call. We can arrange to have it picked up and refurbished. Any bike in any condition is welcome.

Call Scott at 701-955-8693 to have your bike picked up.

## District Calendar

- **Monday, September 23** - Staff Development Day, No School
- **Thursday, October 17** - Admin. Convention Day, No School
- **Friday, October 18** - Admin. Convention Day, No School
- **Friday, November 8** - Parent-Teacher Conference Day, No School
- **Monday, November 11** - Veterans Day, No School
- **Thursday, November 28** - Thanksgiving Day, No School
- **Friday, November 29** - Thanksgiving Break, No School
- **Monday, December 23 - Wednesday, January 1** - Christmas/New Year's Break, No School
- **Monday, January 20** - MLK Day, No School
- **Tuesday, January 21** - Staff Development Day, No School
- **Monday, February 17** - Presidents' Day, No School
- **Friday, March 14** - Storm Make-Up Day, No School
- **Monday, March 17** - Parent-Teacher Conference Day, No School
- **Friday, April 4** - Staff Development, No School
- **Friday, April 18** - Good Friday, No School
- **Monday, April 21** - Storm Make-Up Day, No School
- **Friday, May 23** - Last Day of School
- **Friday, May 23** - ALC, SCHS Graduation
- **Sunday, May 25** - BHS, CHS, LHS Graduation



Have something you would like to share in the Friday Flier?

Visit [www.bismarckschools.org/departments/community-relations/friday-flier](http://www.bismarckschools.org/departments/community-relations/friday-flier) to view our policies and submission information.