



2024-2025

Carmel Unified School District Health Guidance

In the school environment where there are many children, illnesses can be easily transmitted from person to person. This guidance is intended to promote the health and safety of our staff and students.

When at school, it is the role of our staff members to make the decision whether your student's illness and/or need for care is greater than can be provided on site.

Parents/guardians must come immediately (within one hour) or make arrangements for the child to be picked up if they become ill during the day.

If your child is sick, please call the school in the morning to notify the school of the absence.

Please keep your student home if they have any of these symptoms:

- **Fever of 100.4 degrees or above** (must be free of a fever for at least 24 hours before returning to school without the use of fever reducing medication)
- **Nasal discharge** that is profuse
- **Pink eye** (red inflamed eyes or any eye discharge)
- **Skin rash/sores** if there is a concern for contagious disease, contact your health care provider
- **Diarrhea** within a 24-hour period regardless of cause/frequency, not relating to an underlying condition or determined non-infectious by a health care provider
- **Vomiting** within a 24-hour period regardless of cause/frequency
- **Earache** if fever is present and/or pain prevents participation
- **Persistent cough** not relating to underlying chronic condition such as asthma

For diagnosed conditions, follow the advice of the health care provider. If medication is necessary during the school day, it is required to submit a complete authorization of medication form, found on our [CUSD health website](#).

Please contact your school as soon as possible if your child is exhibiting any symptoms related to a communicable disease or has been diagnosed with a communicable disease such as *chicken pox, scabies, ringworm, strep throat, pink eye (conjunctivitis), head lice, fifth disease, COVID (follow CDPH guidelines)*, etc. School sites will work in collaboration with the local health department, to determine notification of classroom exposures. CUSD takes additional measures for cleaning of classrooms with confirmed communicable diseases.

Thank you for your cooperation in helping to keep our students and staff members healthy!