

Parent(s) and/or Guardian(s),

I would like to inform you of an enrichment opportunity for your child(ren) here at Ashby Elementary School. Unlike our other enrichment classes, this one will run in the mornings from 8:00 to 8:45. This is a 12-week program being offered to our 3rd and 4th grade students beginning on Thursday, January 9th with the final class taking place Thursday, April 3rd. We will meet most Thursdays for those 12 weeks (please see attached chart for specific dates). The program will be offered through Reebok's "BOKS Program" (Building Our Kids Success).

"The BOKS Program" is currently offered in over 10,000 elementary and middle schools across the United States and Canada. The program's main purpose is to help prepare students' brains and bodies for a day of learning. Additionally, the program allows for students to increase their level of weekly physical activity by 45 minutes per week. The two focuses of the program will be physical activity and then towards the end of the 45 minute period, a discussion about nutrition.

If interested in signing up your child(ren) please fill out the attached form and turn it in to the AES main office by Thursday, December 12th. This program will operate on a first come, first serve basis and has a limit of 30 students. The program has a cost of \$60.00 per student and requires a parent or guardian to transport the child to the school at 8:00am. If your child(ren) is/are one of the first 30 forms we receive, we will contact you and provide you with a registration form and require a \$60.00 fee.

*****PLEASE NOTE: If we do not have at least 20 confirmed sign-ups by Thursday, December 12th then the program will be canceled and all money will be fully refunded.*****

Please feel free to send me any questions that you might have regarding the BOKS program. You might also want to take a look at the BOKS website for information regarding who they are and what they do (<https://www.bokskids.org/>).

Thank you for your continued support,

Chris Turner

cturner@nmrsd.org

Ashby Elementary School Physical Education Teacher

If interested in signing your child up for the BOKS Program, please fill out this section and return it to the AES main office by December 12th.

Students Name:

Students Teacher:

Dates of anticipated Attendance (Please circle all that apply):

1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27 and 4/3