

2024

OCTOBER

Greenwood Lake UFSD

Breakfast and Lunch are free as part of the Community Eligibility Program.

SCHOOL LUNCH PIRATES
FIND YOUR TREASURE!
 OCTOBER 14-18, 2024

DID YOU KNOW?
 REAL PIRATES
 EAT THEIR
 FRUITS AND
 VEGGIES!

2024 NATIONAL SCHOOL LUNCH WEEK



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Lunch Includes: Vegetable, Fresh & Cupped Fruit Low-Fat Milk Choices Everyday Lunch Choices: Ham, Ham & Cheese, Turkey, Turkey & Cheese, Salami, Cheese, PB&J, Egg & Tuna Salad</p>	<p>1 Breakfast: Waffles</p> <p>Taco Tuesday Seasoned Taco Meat, Rice, Black Beans Low Fat Milk</p>	<p>2 Breakfast: WG Donut Brunch for Lunch 😊 French Toast, Sausage Hashbrown & Applesauce Low Fat Milk <i>Sam 3rd Grade says "How could someone NOT like the French Toast? They are amazing!"</i></p>	<p>3 Breakfast: Warm Cinnamon Roll</p> <p>Rosh Hashanah No School for Students</p>	<p>4 Breakfast: Pancakes</p> <p>Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>7 Breakfast: Bagels</p> <p>Rodeo Burger Onion Rings, BBQ Sauce Sweet Potato Fries Low Fat Milk</p>	<p>8 KFC Bowl Chicken Nuggets Mashed Potatoes & Gravy, Sweet Corn Low Fat Milk</p>	<p>9 Toasted Cheese Sandwich Tater tots Chicken Soup Low Fat Milk</p>	<p>10 Shepherd's Pie Steamed Red Potatoes Dinner Roll Low Fat Milk <i>Fresh Local Red Potatoes from Dagele Produce, Florida NY</i></p>	<p>11 Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p> 
<p>14 Columbus Day No School for Students</p>	<p>15 Chicken Fingers French Fries Steamed Carrots Low Fat Milk</p>	<p>16 Penne Ala Vodka Green Beans Dinner Roll Low Fat Milk</p>	<p>17 Chicken Quesadilla Black Bean & Corn Salad Steamed Rice Low Fat Milk</p>	<p>18 Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>21 Crispy Chicken Sandwich 😊 French Fries Green Beans Low Fat Milk <i>William 7th Grade chose this as his favorite meal because, "it's just SOOO GOOD!"</i></p>	<p>22 Mini Corndogs Tater Tots Sweet Corn Low Fat Milk</p>	<p>23 Macaroni & Cheese Pulled Pork Coleslaw Baked Beans Low Fat Milk</p>	<p>24 Chicken Alfredo Steamed Carrots Dinner Roll Low Fat Milk</p>	<p>25 Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>28 Pancakes Sausage Patty Hashbrown Cinnamon Apple Sauce Low Fat Milk</p>	<p>29 Cheesy Breadsticks Marinara Sauce Steamed Carrots Low Fat Milk</p>	<p>30 Baked Ziti Green Beans Garden Salad Dinner Roll Low Fat Milk</p>	<p>31 Spooky Chicken Nuggets Smiley Fries Carrot Sticks Low Fat Milk</p>	<p>Breakfast Includes: 100% Fruit Juice, Fresh Fruit and Low-Fat Milk Choices Everyday Choices: Cereal, Muffins, Yoqurt</p>

