



September 2024 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 LABOR DAY NO SCHOOL	Crispy or Soft Beef Taco Sour Cream Sliced Jalapeños Shredded Cheese Salsa Fiesta Corn Applesauce	Cheesy Chicken Fiesta Pasta Glazed Carrots Caesar Salad Southern Butter Roll Fresh Fruit	Salisbury Steak w/Brown Gravy BBQ Baked Beans Howdy Herbed Potatoes Maverick Macaroni and Cheese Fruit Slushie Cowboy Cookie Western Day	General Tso Chicken Smackers Fried Rice Teriyaki Green Beans Roasted Cauliflower Mandarin Oranges
Sweet Heat Meatballs Macaroni and Cheese Steamed Broccoli Baked Beans Chilled Pineapples	Crispy or Soft Chicken Fajita Tacos Sour Cream Sliced Jalapeños Shredded Cheese Salsa Fruit Slushie	Brunch for Lunch Pancakes Sausage Tator Tots Grits Baby Carrots Applesauce	Grilled Cheese Cucumber & Tomato Salad Sweet Potatoe Fries Fruit Fudge Brownie	Hamburger w/wo Cheese Lettuce\tomato\pickles Fries Fruit
Breaded Pork Chop Red Beans Steamed Rice Spinach Madeleine Fruit Slushie	Chicken Alfredo Green Beans Caesar Salad Apple sauce Southern Butter Roll	Spaghetti and Meat Sauce Roasted Broccoli Southern Butter Roll Fresh Fruit Nutrition Day: Kiwi	Garlic Teriyaki Chicken Strips Herb Rice Veggie Stir Fry Roasted Cauliflower Fresh Fruit Crumble Cookie Bar	Loaded Nachos Sour Cream Sliced Jalpenos Salsa Corn fruit
Meatless Monday Special Macaroni and Cheese Bowl Steamed Broccoli Roasted Cauliflower Fruit Slushie Southern Butter Roll	Chicken Quesadilla Sour Cream Sliced Jalapeños Salsa Fiesta Corn Fresh Fruit	Roast Beef w/Gravy Herb Rice Carrot Souffle Caesar Salad Fresh Fruit	Roasted Sweet Chili Chicken Herb Potatoes Baked Beans Southern Butter Roll Fresh Fruit Sugar Cookie	Italian Bake Seasoned Green Beans Applesauce Southern Butter Roll
Chicken & Sausage Jambalaya Glazed Sweet Potatoes Roasted Broccoli Applesauce Southern Butter Roll	MENU IS SUBJECT TO CHANGE			



THE HISTORY OF LABOR DAY

SEPTEMBER
The first Monday in September is set aside to celebrate American Workers



THE HISTORY OF LABOR

1880s
the average work day was 12 hours, but could often reach upwards of 18 hours

1882
Labor Day got its beginnings when the Central Labor Union in New York called for a "monster labor festival" that included a parade and picnic

12 hour days

16-18 hour days

1887
Oregon became the first state to make Labor Day an official holiday

1933
the eight-hour day became federal law

1894
Congress made Labor Day a national holiday

1950s
the eight-hour day finally became standard in the U.S.



SEPTEMBER FUN FACTS

- 30 Grandparents Day
- Chinese Moon Festival
- National Talk Like a Pirate Day
- Patriot Day
- Aster September Flowers
- Sapphire Birthstone
- National Coffee Day
- Goodbye Summer
- Hello Fall
- Astrology Signs: Virgo, Libra
- 9th Month of The Year
- National Play Doh Day

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Lactose-free, low fat chocolate or white milk offered with all meals.Fresh fruit options are green or red grapes, oranges, bananas or red apples.**Menus are subject to change.**This Institution is an equal opportunity provider.**