

# Weekly Prayers (Psalter Week 4)

Catholic Social Teaching:

Dignity

Subsidiarity

Solidarity

The Common Good

Liturgical  
Colour:  
Red

Remember: Rosary in the Chapel at 1:45 (A1) today!

[Want more info on today's reading?](#)

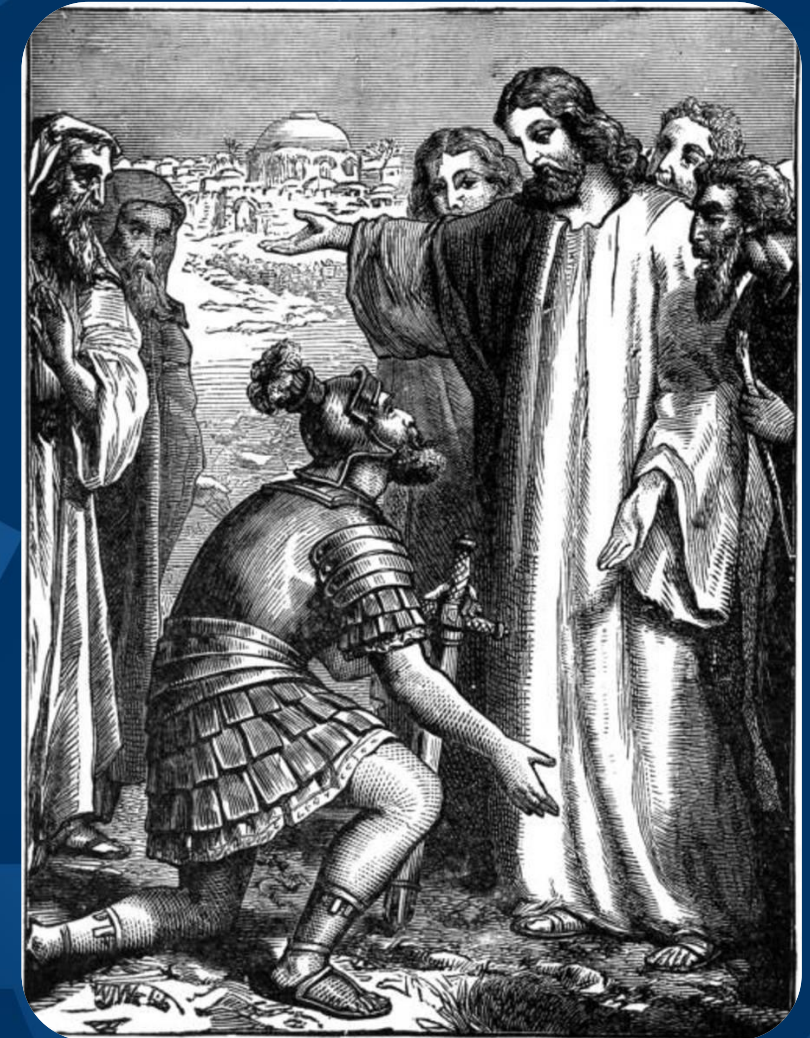
# Monday 16<sup>th</sup> September

## Today's Scripture: Luke 7:1-10

**Reflection:** Today ask yourself: do you have the centurion's depth of faith in Jesus? I suspect many of us do not. It takes great trust and faith to believe that Jesus always hears our prayers..and answers our prayers. However, the answer to our prayers may not be the exact answer we desired. At times, the answer may be more than we had hoped for. At other times, the answer may take time to come to us. Yet, every minute of the day Jesus is at our side, helping us and gracing us, carrying us when we need to be carried.

**Contemplation:** How deep is my trust in Jesus? Where there is doubt, can I bring faith?

**Prayer:** Lord, I am not worthy that you should enter under my roof. But only say the word and my soul shall be healed. Amen.



Liturgical  
Colour:  
White

Remember: Mass in the Chapel at 6pm today! (*Only takes 20mins!*)

# Tuesday 17<sup>th</sup> September

## Feast of St Hildegard of Bingen

**Reflection:** [Why not watch this short \(2:30\) video introduction to the incredible writer, composer, philosopher, pharmacist, mystic and Doctor of the Church, St Hildegard of Bingen?](#)

**Prayer:** When we sing, we pray twice. Listen to [this stunning composition](#) of 'O Virtus Sapientiae' by St Hildegard.

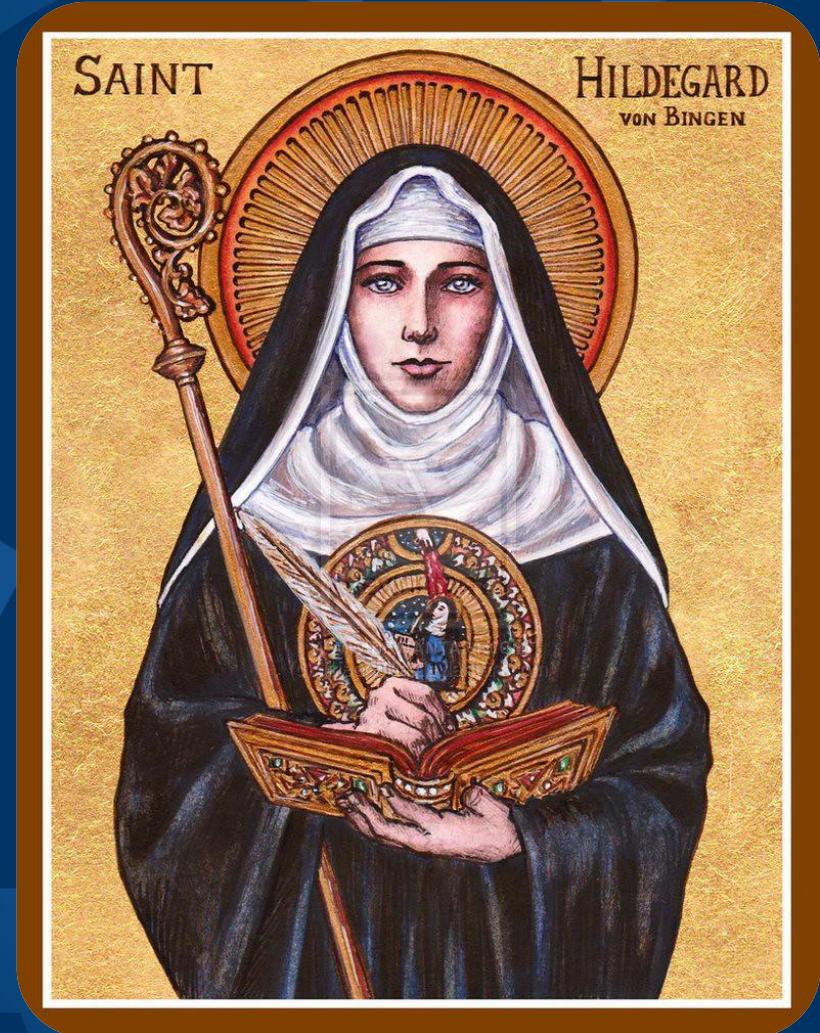
English translation:

O strength of Wisdom!

Circling, you surround and encompass all in one life-giving path.

Three wings you have: one soars high above, one emanates from the earth, and the third flies all around.

Praise be to you, as is fitting, O Wisdom!





Liturgical  
Colour:  
Green

Remember: Gospel Choir practice begins today A2!

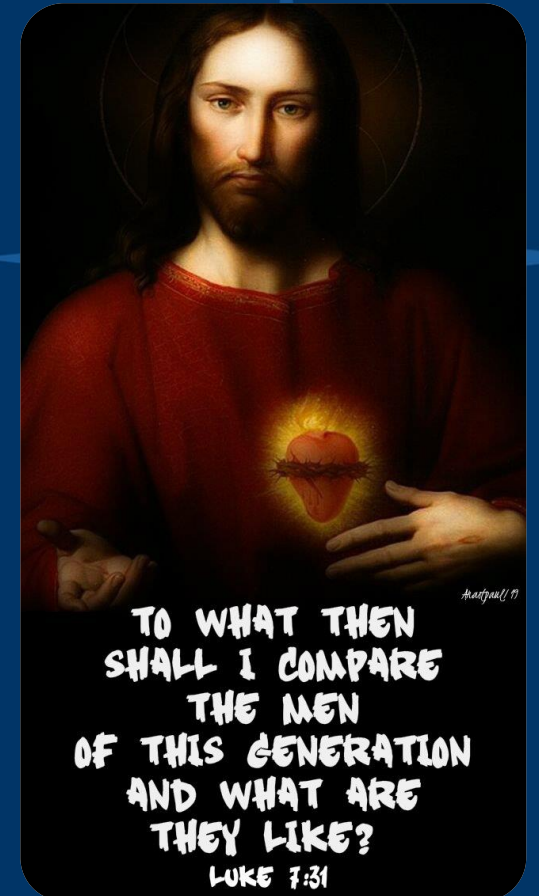
# Wednesday 18<sup>th</sup> September

## Today's Scripture: Luke 7:31-35

**Reflection:** Yikes! Tough reading today! Are we open for change? The ones who knew the rules of God the most, were the ones most blinded by their own pride. The people who never played by the blinded rules, but were living a righteous life, were the ones who get criticized by the prideful mouths who do not know anything. We are like the "crowd" who acts like children, criticizing others, noticing that they are doing something different in this society. On the other hand, the real children are the ones who hold the true meaning of wisdom who speaks and see the goodness in people.

**Contemplation:** Do I look for the good in people, or am I too quick to judge them? Can I change?

**Prayer:** Holy God, please forgive me for judging others based on their personal style and demeanor. I don't want ever to reject, judge, or be unsupportive of your children. Lord, help my life consistently bear fruit for you. Through Christ, our Lord. Amen.



LUKE 7:31  
THEY LIKE  
AND WHAT ARE

Liturgical  
Colour:  
Green  
(Optional Red)

Remember: Young Christian Women club today A2! (inc Hbt chocolate & biscuits..)

# Thursday 19<sup>th</sup> September

## Today's Scripture: Luke 7:36-50

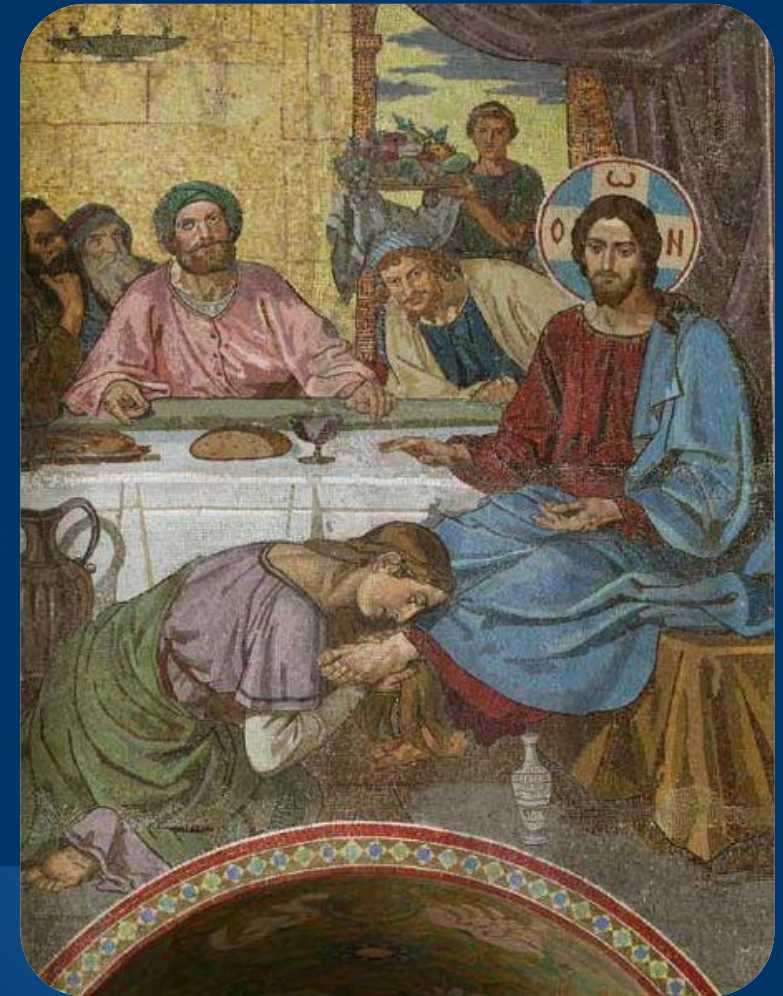
**Reflection:** Jesus is able to recognise what is present in Simon and in the woman. He sees the movement of grace in the “bad woman” and the stiff resistance of the “good man”. Here, before Jesus, I pray that I may notice in my life where God is already at work and have the grace to yield to what God wants to do next.

**Contemplation:** Am I able to forgive? Or do I hold past hurts over people in my life? Where there is injury, do I bring pardon?

**Prayer:** Jesus, you forgive sin no matter how many they are. You look on my faith and on the sincerity of my actions. You are God, not man.

You came to seek and save the sinners; You can do all things and can make a sinner a saint. You come to offer us the joy of a life with you

My Lord Jesus, I come to you today, forgive my sins and heal me. Give me peace and new life. Amen.



Liturgical  
Colour:  
Red

# Friday 20<sup>th</sup> September

## CST FRIDAY

What does this video say to us about  
human dignity?

**Reflection:** Explore this website. How does the work of Singabantwana celebrate the dignity of the children and young women in its care?

**Prayer:** Nb one beyond reach

