



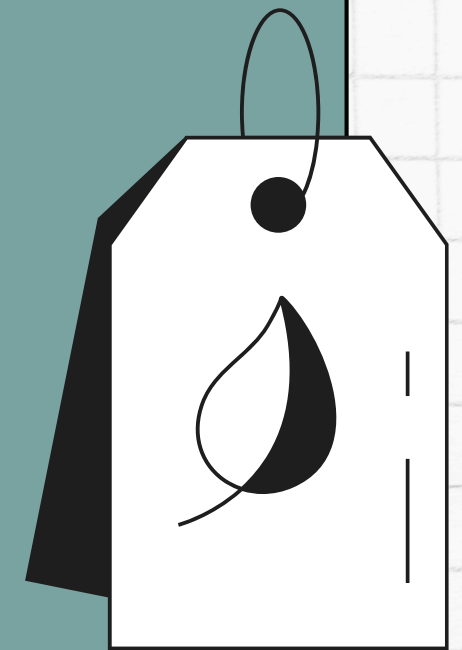
STAYTON MIDDLE SCHOOL OUTDOOR SCHOOL PROGRAM





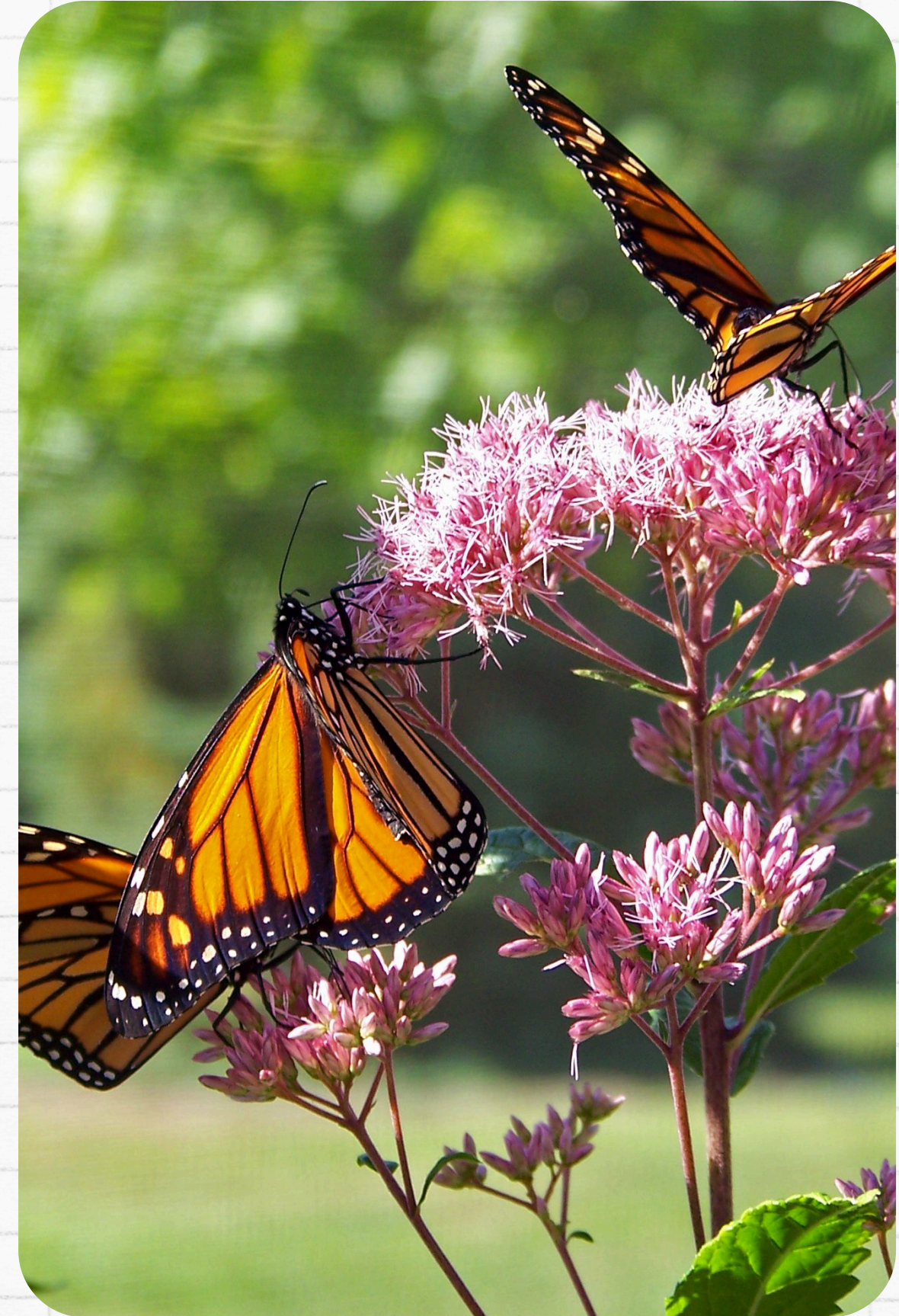
CAMP TADMOR

- Located in the mountains above Lebanon
- perfectly suited for our group
- large lodge for meals
- recreational areas
- nurses cabin
- pond, trails, streams
- Leave Monday morning and return Friday afternoon



WHAT IS OUR PROGRAM ABOUT?

- Our program started back in 1988
- It is science based.
- The focus is on environmental science and sustainability.
- Morning paths are taught by high school counselors.
 - Counselors have gone through a rigorous vetting process to make sure we are taking the best students with us to watch over your kids for the week. They are trained through the summer by our camp director, so they will be ready for camp in September.
- Afternoon paths are taught by our Adult Staff.
 - All have been involved in the program for years.
 - They give up their vacation time to come and teach kids for this week.
 - They have to pass a background check every year.
- Teaching kids that they can do hard things.
- How to wonder and question the world around them.
- What part they play in sustaining our planet.
- Effective communication.



NURSE ON STAFF 24/7

If you are injured or do not feel well, we have a nurse on staff at camp.

She can dispense over-the-counter medicine such as:

- tylenol
- cough drops
- tums

A complete list will be available in the fall. If you have any questions please contact the district nurse.

Students who are on a daily medication will be able to receive their medicine from her at the appropriate times.

MEDICATIONS AT OUTDOOR SCHOOL
more info in September

- *require parent permission form to be filled out*
- *accurate provider orders*
- *original bottles with accurate labels*
- *pharmacy labels on inhalers and Epi-Pens*

NON-FDA Approved Meds

In order for the nurse to give Non-FDA medications at Outdoor School, a prescribed order is required and must be checked in with original packaging.

Examples:

- Melatonin
- Lactaid
- Herbal Based medications or dietary supplements.

If your student uses an Epi-Pen or Inhaler, please provide two for the week of camp.

One will stay with the nurse, and one will travel with the student to their activities.

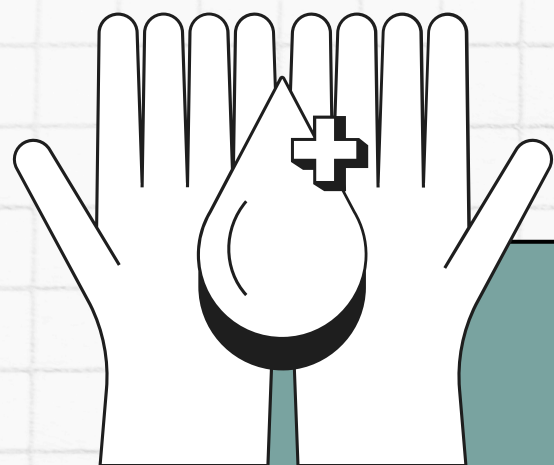
PARENT VOLUNTEERS

Parent volunteers help make the week work for us in the kitchen. We encourage you to plan for a day or two off during the week to come and help us feed the kids.

- variety of scheduled times
- see your kids
- experience camp fire
- see the beautiful camp area

Signup Genius will be posted at the beginning of September for parents to sign up.

We will have a table at **Open House** with sign-up information.



WHAT TO BRING FOR CAMP!!

1. Make sure all your personal items are marked with your name on tags when possible.
2. We DO CAMP no matter what the weather is: rain, snow, hail, SUNSHINE. So it's important to pack for all possibilities. Dress code applies at camp.

CLOTHING:

2-3 pairs of pants
2-3 long sleeve shirts
2-3 short sleeve shirts
8-10 pairs of socks (I KNOW IT'S A LOT)
8-10 pairs of underwear
Warm jacket
Sweater/sweatshirt
gloves and warm hat
WATERPROOF RAINCOAT / UMBRELLA
boots
tennis shoes (2 pairs)

SLEEPING GEAR:

warm sleeping bag or sheet set with 3 blankets
pillow and pillow case
sleep wear

BATHROOM SUPPLIES:

2 bath towels
soap and container
comb/brush
tooth brush/tooth paste
hair dryer
shoes for the shower





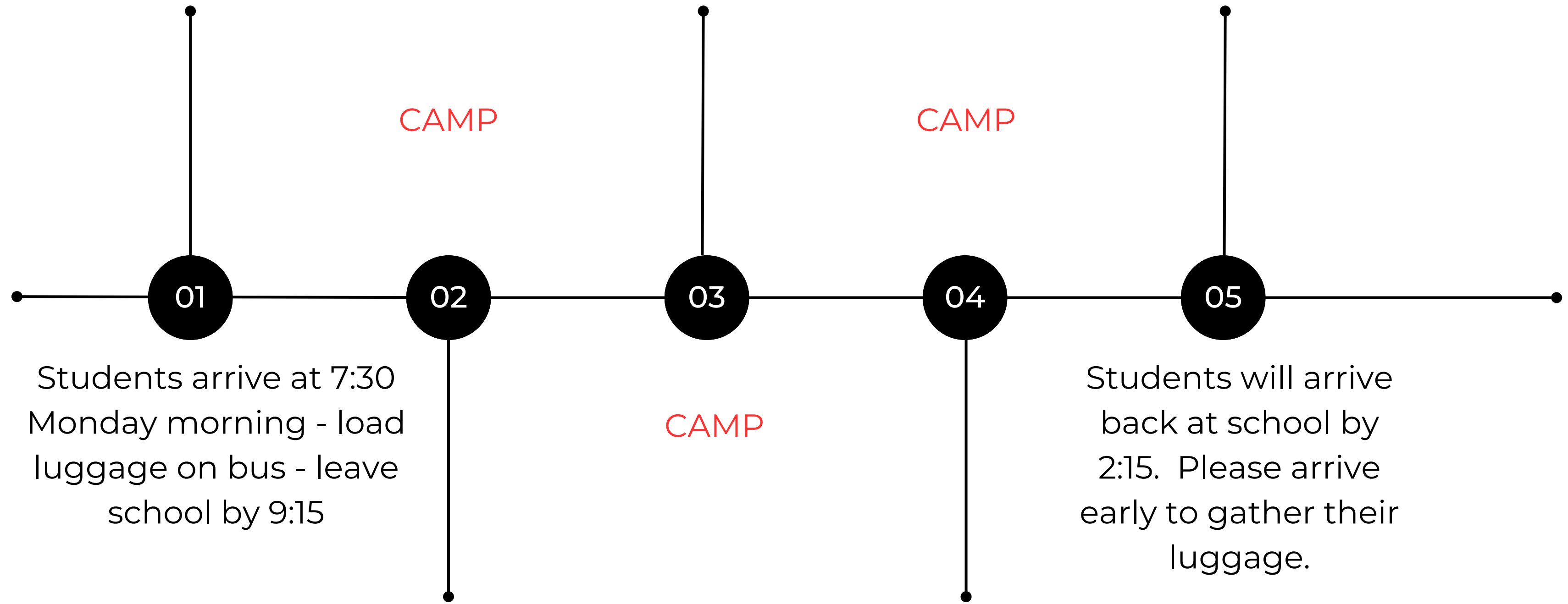
PACKING:

- We recommend packing your sleeping bag and pillow in a duffel bag OR in a garbage bag.
- Send a couple of extra garbage bags for dirty/wet clothes and to repack your sleeping bag and pillow.
- We will give students color coded tags to mark their luggage.
- FLASHLIGHT would be helpful for evening trips to the bathroom if needed. and walking back from campfire.
- Disposable camera

WHAT NOT TO BRING TO CAMP:

- No electrical or battery operated appliances
- No video games
- Nothing that could be considered a weapon or a look-a-like
- NO PHONES OR SMART WATCHES
- No food, candy, gum, etc.

SCHEDULE FOR THE WEEK



OPEN FOR QUESTIONS