



Norwalk High School: *Home of the Lancers*

Thursday, September 12, 2024

All Students:

Word of the Day: Fraternize (Verb): to spend time with someone in a friendly way. *Sentence:* At these conventions, executives fraternized with the key personnel of other banks.

Students: Thank you for cleaning up after yourself at snack and lunch on the picnic tables and your eating area. Keep our school clean and show your Lancer Pride.

The Lancer Study Center is here to help. Come by the library next week on Tuesday, Wednesday, and Thursday beginning at 3:40-5:00 PM. Teachers are available to assist you in your studies.

Lancers: Lancers: It's not too late to buy a yearbook at its lowest price of \$80. Paid personalization comes with 4 free icons! Get an order form from the Activities Office or Room 359! The offer ends September 15, so hurry and order today!

Thee Drama Club hosts Auditions for the Fall Play next week! Come to the Drama Room in the MPR hallway to pick up an AUDITION PACKET that tells you all the details about the play, rehearsal schedule and when to audition.

Activities:

We welcome you and your parents tonight to Back to School. The community fair will begin tonight at 5PM. Classroom visitations will begin at 6:15PM. Please make sure that you have completed your schedule for your parent.

All Students: This year's homecoming theme is A Night in Neverland! The dance will be Saturday October 12 in our quad from 6PM to 10 PM. Tickets and contracts are available in the Finance Office starting today until Friday October 11! NHS student contracts are pink and the guest contract is green. Make sure to bring your completed contract and ID with you when you purchase your ticket in the Finance Office! Check out the Class of 2025 or ASB Instagram account for more information.

Today and tomorrow's Homecoming tickets are the early bird special priced at \$35 for all students. Make sure to bring your completed contract and ID with you when purchasing your ticket in the Finance Office.

Athletics:

It's time for Lancer Baseball! Baseball tryouts are Thursday and Friday of this week. Please see Coach Wenrick in room 618 for more information.

Esports tryouts have officially concluded. For those who attended tryouts, there will be a meeting After School on Monday, 9/16 in the Library to announce rosters and discuss fundraising. Did you miss tryouts? See Mr. Hopson in the Library Computer Lab after school.

Good Luck to Girls Volleyball and Girls Tennis for their competitions today!

Also, good luck to boys JV football as they travel to Los Altos HS today.

Staff:



Norwalk High School: *Home of the Lancers*

Tuesday, September 10, 2024

All Students:

Word of the Day: Ambivalent (Adjective): having opposing attitudes or feelings.. *Sentence:* If you love your mom but find her totally embarrassing, you might feel ambivalent about having her give a presentation at your school.

Students: Thank you for cleaning up after yourself at snack and lunch on the picnic tables and your eating area. Keep our school clean and show your Lancer Pride.

It's Suicide Prevention month and Norwalk High School wants to remind you that you are worthy and you are loved. Suicide is the 3rd leading cause of death among teens in the US. If you or someone you know is in a mental health crisis, then call or text 988 to be connected to support. The Counseling team, the Wellness Center, and the Dream Center are a few of the many safe spaces on campus for you Lancer fam.

The Lancer Study Center is here to help. Come by the library next week on Tuesday, Wednesday, and Thursday beginning at 3:40-5:00 PM. Teachers are available to assist you in your studies.

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Thee Drama Club hosts Auditions for the Fall Play next week! Come to the Drama Room in the MPR hallway to pick up an AUDITION PACKET that tells you all the details about the play, rehearsal schedule and when to audition.

Today is World Suicide Prevention Day. It is a time when individuals and organizations around California and the world come together to reach as many people to raise awareness of suicide prevention and support those who have lost someone to suicide.

This year's Suicide Prevention Day theme is Change the Narrative with a worldwide call to action to #starttheconversation. Every conversation, no matter how small, can remind someone that there is hope and that they are never a bother. You deserve support and are never a bother when reaching out to friends, trusted adults, or counselors. Get involved at NeverABother.org. If you are experiencing thoughts of suicide, you are not alone. Tell a trusted adult OR Call or text 9-8-8 to reach the Suicide & Crisis Lifeline (24/7). Trained professionals can reconnect you with your reasons to keep going and show you ways to cope with difficult days. Join Psych Club, Dream Center and Link Crew in the quad today at lunch for different activities.

Activities:**Athletics:**

It's time for Lancer Baseball! Baseball tryouts are Thursday and Friday of this week. Please see Coach Wenrick in room 618 for more information.

Support Boys Basketball Night at Chick-Fil-A on Wednesday, 9/11 from 4-8 pm. The location is on Bloomfield and Imperial.

Come out and support The Lady Lancers on Today as Varsity plays Chaffey High School and JV plays Buena Park High School. The Lady Lancers are undefeated at home!!!

Staff:

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Monday, September 9, 2024

All Students:

Word of the Day: Ambivalent (Adjective): having opposing attitudes or feelings.. *Sentence:* If you love your mom but find her totally embarrassing, you might feel ambivalent about having her give a presentation at your school.

Students: Thank you for cleaning up after yourself at snack and lunch on the picnic tables and your eating area. Keep our school clean and show your Lancer Pride.

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The Wellness Center is open today. All are welcomed.

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Activities:

Athletics:

It's time for Lancer Baseball! Baseball tryouts are Thursday and Friday of this week. Please see Coach Wenrick in room 618 for more information.

Come out and support the The Lady Lancers on Tuesday as Varsity plays Chaffey High School and JV plays Buena Park High School. The Lady Lancers are undefeated at home!!!

Staff:



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Thursday, September 5, 2024

All Students:

Word of the Day: Gridiron (Noun): a football field. *Sentence:* Norwalk HS school's football team will face Scripps Ranch on Friday, Sept. 6, on the gridiron.

Students: Thank you for cleaning up after yourself at snack and lunch on the picnic tables and your eating area. Keep our school clean and show your Lancer Pride.

Are you finding that you need some extra tutoring or study time? Then, the Lancer Study Center is here to help. Come by the library next week on Tuesday, Wednesday, and Thursday beginning at 3:40-5:00 PM. Teachers are available to assist you in your studies.

Hey Class of 2028! Link Crew is hosting its first Freshmen Picnic of the school year. Join them for a Beach themed celebration on Friday, September 6 during lunch in front of the 300 wing. There will be clubs, games, and prizes too. Hope to see you there!

The Wellness Center is open today. All are welcomed.

Lancers: It's not too late to buy a yearbook at its lowest price of \$80. Paid personalization comes with 4 free icons! Get an order form from the Activities Office or Room 359! The offer ends September 15, so hurry and order today!

Activities:

ASB is looking for any family owned businesses for food and craft items! Please send a message to the ASB Instagram account or talk to the ASB room.

Athletics:

It's time for Lancer Baseball! Anyone interested in trying out for Norwalk's Baseball team needs to come to a lunch time meeting this Friday Sept. 6th in room 618. If you are currently playing another sport, you'll need to attend to show interest. We will be discussing tryout procedures.

Congratulations goes out to the Varsity Flag Football team for their victory over Whittier High School yesterday. They won with an impressive 24-12 victory! The Lady Lancers will travel to Chaffey High School next Tuesday! Good Luck.

Esports tryouts will be held in the Library Computer lab after school today for Valorant. If you intend to try out, or have questions about esports, please see Mr. Hopson in the Library Computer Lab.

Come out and support Varsity Football as they battle against Scripps Ranch High School on Friday Night, Sept. 6th at 7:30 PM. Come spirited and rooting for your Lancer Team! Please remember NO backpacks are allowed in the stadium.

Staff:

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Wednesday, September 4, 2024

All Students:

Word of the Day: Enconce (Verb): Establish or settle in a comfortable, safe or secret place. *Sentence:* Agnes enconced herself in her bedroom.

Students: Thank you for cleaning up after yourself at snack and lunch on the picnic tables and your eating area. Keep our school clean and show your Lancer Pride.

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The Wellness Center is open today. All are welcomed.

Lancers: It's not too late to buy a yearbook at its lowest price of \$80. Paid personalization comes with 4 free icons! Get an order form from the Activities Office or Room 359! The offer ends September 15, so hurry and order today!

Activities:

Norwalk's Got Talent!!!! Auditions for the talent show are postponed for today. See Ms. Flores in room 715 with any concerns or questions.

ASB is looking for any family owned businesses for food and craft items! Please send a message to the ASB Instagram account or talk to the ASB room.

Athletics:

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Come out and support Varsity Football as they battle against Scripps Ranch High School on Friday Night, Sept. 6th at 7PM. Come spirited and rooting for your Lancer Team! Please remember NO backpacks are allowed in the stadium.

Staff:

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Tuesday, September 3, 2024

All Students:

Word of the Day: Cronyism (Noun): an unfair favoritism to one's close friends. *Sentence:* The politician instructed his officials to reduce their spending to avoid accusations of cronyism.

Students: Thank you for cleaning up after yourself at snack and lunch on the picnic tables and your eating area. Keep our school clean and show your Lancer Pride.

Are you finding that you need some extra tutoring or study time? Then, the Lancer Study Center is here to help. Come by the library next week on Tuesday, Wednesday, and Thursday beginning at 3:40-5:00 PM. Teachers are available to assist you in your studies.

It's Suicide Prevention Awareness month and Norwalk High School wants to remind each and everyone of you that you are not alone. If you or someone you know is experiencing hopelessness or suicidal thoughts, please reach out to a trusted adult. The Counseling team, the Wellness Center, and the Dream Center are a few of the many safe spaces on campus for you Lancer fam.

The Wellness Center is closed today due to a maintenance issue. We will reopen soon.

Activities:

Norwalk's Got Talent!!!! The time has come! Our Fall Talent Show is back! Norwalk's Got Talent Talent Show is here and we want YOU to showcase all your amazing talents! Calling all STUDENTS and STAFF of Norwalk High to come out and audition! Singers, dancers, comedians, bands we want it all!! Auditions for the talent show are taking place Tuesday, September 3rd and Wednesday, September 4th after school, 4pm-6pm in the MPR. Signups are posted NOW in room 715 with Mrs. Flores.

ASB is looking for any family owned businesses for food and craft items! Please send a message to the ASB Instagram account or talk to the ASB room.

Athletics:

It's time for Lancer Baseball! Anyone interested in trying out for Norwalk's Baseball team needs to come to a lunch time meeting this Friday Sept. 6th in room 618. If you are currently playing another sport, you'll need to attend to show interest. We will be discussing tryout procedures.

Esports tryouts kick off today. Interested in joining our Smash Brothers Ultimate team? Come to the library computer lab after school. Wednesday will be Valorant and Thursday will be Overwatch.

Staff:

