

Meeting Called to Order at 6:01 pm on 9-10-24

1. Approved minutes from last meeting- Debra Nash motioned, Amber Evans and Maria Stiney Second/third
2. Recap of last meeting
 - a. All substance control curriculum approved by board, plans are being put in place and will be implemented this year.
 - b. Federal funds will cover Middle School speakers
 - c. Lovelady HS will use Collin County Program 9th Graders
 - d. 10th Graders will use Grace to Change Speakers
3. SHAC Recommendation for Goals for 24-25 SY
 - a. Employee Wellness Assistance Program (EAP)
 - i. Care Soles is no longer used, cost \$63,000 and only 50 people (employees/family) used them last year.
 - ii. Counselors have a resource list they use to help employees and family's
 - iii. Currently Wendy handles most staff calls that need help or looking for additional resources that need help. As district grows (we are 1,500 employees as of now) we will need more resources and help.
 - iv. Need more options for staff as it can be difficult for staff to open up to a current district staff member
 - v. Will look at what other districts do to implement a program
 1. Lewisville ISD has enough LCP's on staff that they help district staff
 2. Irving ISD has a Director of Employee Wellness that is over this program
 - vi. Students have T-chat, lifepath and district LPC's work with students. But we need more resources that can focus on staff.
 - b. Screen time usage among student and best practices
 - i. Recommended by a board member for SHAC to look at
 - ii. Look up media use guidelines
 - iii. Will research and put together recommendations to board
 - iv. Possible recommendations for outreach include Parent Info Night, email blast with best practices or FAQ's, parent information sheets sent home with students.
 - v. Give parents other options to do with students to get them off screens/video games
 1. Board game nights
 2. Open track/playground lists
 - vi. Counselors want to have a parent info night at the end of every 9 weeks, include this as one of the topics.
 1. ES counselors already talk to students about this topic and include it in curriculum
 - c. Address district wide bullying- have a more cohesive approach to handling the growing bullying problem
 - i. New program for bullying just released by Texas School Safety Center
 1. Helping students participating in bullying know they can change
 2. Helping the victims

4. Next Meeting is Tuesday October 15th
 - a. Send recommendations on approaches and research on possible goals to Windy
5. Department Updates:
 - a. Health Services:
 - i. Immunizations deadline is approaching, focus of the nurses right now
 - ii. Uptick in respiratory illness in students
 - b. Nutrition:
 - i. Will work on training to make grilled cheese sandwiches better
 - ii. Grace period ends on 9/19, making calls to households, emails and sending letters home to collect these free and reduced applications before benefits expire. Currently 955 students that will be impacted by the change in eligibility if applications are not submitted.
 - c. Counselors:
 - i. Have several new counselors, some from other districts
 - ii. Working to implement new curriculum
6. Meeting ended, 6:55 pm