



Fall Sports Practice Schedule 2024

Boys Volleyball:

Mon & Wed: 4:30-6pm

Tues & Fri: 3-4:30pm

Thursday: 2:30-4pm

Skills Team: Mon & Tues: 3-4:30pm

7/8th grade Girls Volleyball:

Mon, Wed, & Fri: 3-4:30pm

Tuesday: 4:30-6pm

Thursday: 4- 5:30pm

Skills Team: Thursday: 2:45-4pm

6th grade Girls Volleyball:

A Team: Mon & Tues: 3-4:15pm

B Team: Thursday: 2:30-4pm

Boys & Girls Soccer:

M, T, W: 3-4:30pm

Thursday: 2:30-4pm

Cross Country:

M, W, F: 3-4:15pm

Cheerleading:

Monday: 3pm

Thursday: 2:30pm