

# CALIFORNIA HEALTHY KIDS SURVEY



## Palo Alto Unified Elementary 2023-2024 Main Report

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

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# PREFACE

## HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2023-24 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website ([calschls.org](https://calschls.org)). The California Safe and Supportive Schools website ([ca-safe-supportive-schools.wested.org](https://ca-safe-supportive-schools.wested.org)) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

## THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

## **Core Module**

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

## **Social Emotional Health Module (Supplementary)**

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

## **Mental Health Supports Module (Supplementary)**

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

## **SURVEY ADMINISTRATION AND SAMPLE**

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

## **THE REPORT**

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

## Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

## ONLINE DATA DASHBOARDS

**Public Dashboard.** Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard ([calschls.org/my-surveys](https://calschls.org/my-surveys)). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

**The District Dashboard Option.** Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

## UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

### Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

### Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the

questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

## RESOURCES

[CalSCHLS.org](https://calschls.org) contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level ([calschls.org/resources/factsheets](https://calschls.org/resources/factsheets)).
- ***Making Sense of School Climate*** provides a discussion of CalSCHLS survey items that relate to school climate ([data.calschls.org/resources/S3\\_schoolclimateguidebook\\_final.pdf](https://data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf)).
- The **California Center for School Climate** ([ca-safe-supportive-schools.wested.org/california-center-for-school-climate/](https://ca-safe-supportive-schools.wested.org/california-center-for-school-climate/)) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The ***California Safe and Supportive Schools Newsletter*** provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on [ca-safe-supportive-schools.wested.org/subscribe/](https://ca-safe-supportive-schools.wested.org/subscribe/).
- CDE's **California Safe and Supportive Schools** website ([ca-safe-supportive-schools.wested.org](https://ca-safe-supportive-schools.wested.org)) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** ([calschls.org/resources/#resources\\_and\\_tools](https://calschls.org/resources/#resources_and_tools)) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

## NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable

for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor ([calschls.org/contact](https://calschls.org/contact)) or email [calschls@wested.org](mailto:calschls@wested.org).

## Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk ([calschls.org/resources/#resources\\_and\\_tools](https://calschls.org/resources/#resources_and_tools)) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results.** Examine how the results for 5<sup>th</sup> graders compare with those for 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The aggregated results from the 2019-2021 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website ([calschls.org/docs/statewide\\_1921\\_elem\\_chks.pdf](https://calschls.org/docs/statewide_1921_elem_chks.pdf)) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison ([calschls.org/reports-data/search-lea-reports](https://calschls.org/reports-data/search-lea-reports)). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

## Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor ([calschls.org/contact](https://calschls.org/contact)) or email [calschls@wested.org](mailto:calschls@wested.org).

## Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster

more effective use of the results in support of school and program improvement efforts and the LCAP process.

### **School Reports and School Climate Report Cards**

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators ([calschls.org/reports-data/#slcr](https://calschls.org/reports-data/#slcr)).

### **Disaggregated Reports**

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

### **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis ([calschls.org/reports-data](https://calschls.org/reports-data)). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

### **Add Questions to Your Next Surveys**

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email [calschls@wested.org](mailto:calschls@wested.org).

**Exhibit 1*****Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools***

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
<b>Student Learning Engagement</b>				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
<b>Student Social-Emotional and Physical Well-being</b>				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
<b>School Climate Conditions</b>				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
<b>School Climate Improvement Practices</b>				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

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The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

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# Survey Module Administration

**Table 1**

***CHKS Survey Modules Administered***

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	X
Z. Custom Questions	X

# Core Module Results

## 1. Survey Sample

**Table A1.1**

***Student Sample Characteristics***

Grade 5	
<b><i>Student Sample Size</i></b>	
Target sample	737
Final number	697
<b>Response Rate</b>	95%

**Table A1.2**

***Number of Respondents by Instructional Model***

Grade 5	
In-school learning only	697
Remote learning only	0

## 2. Summary of Key Indicators

**Table A2.1**

**Key Indicators of School Climate**

	Grade 5 %	Table
<b>School Engagement and Supports</b>		
School connectedness <sup>†#</sup> <i>(In-School Only)</i>	80	A6.3
School connectedness <sup>†ψ</sup> <i>(Remote Only)</i>		A6.3
Academic motivation <sup>†</sup>	87	A6.3
School boredom <sup>†</sup>	26	A6.9
Caring adults in school <sup>†</sup>	76	A6.3
High expectations-adults in school <sup>†</sup>	87	A6.3
Meaningful participation <sup>†</sup>	42	A6.3
Facilities upkeep <sup>†Φ</sup>	76	A6.10
Parent involvement in schooling <sup>†</sup>	72	A10.2
Social and emotional learning supports <sup>†</sup>	77	A7.1
Antibullying climate <sup>†</sup>	74	A9.6
<b>School Safety and Cyberbullying</b>		
Feel safe at school <sup>†Φ</sup>	89	A9.1
Feel safe on way to and from school <sup>†Φ</sup>	92	A9.1
Been hit or pushed <sup>Φ</sup>	29	A9.2
Mean rumors spread about you	28	A9.2
Called bad names or target of mean jokes	39	A9.2
Saw a weapon at school <sup>§Φ</sup>	5	A9.5
Cyberbullying <sup>¶</sup>	16	A9.3
<b>School Disciplinary Environment</b>		
Rule clarity <sup>†</sup>	84	A8.2
Students well behaved <sup>†</sup>	56	A8.4
Students treated fairly when break rules <sup>†</sup>	68	A8.1
Students treated with respect <sup>†</sup>	88	A8.1

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>#</sup> The scale was based on five survey questions for in-school respondents.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>Φ</sup> In-school only.

<sup>§</sup> Past year.

<sup>¶</sup> Past 30 days.

**Table A2.2****Key Indicators of Substance Use, Routines, Remote Schooling, and Student Well-Being**

	Grade 5 %	Table
<b>Substance Use</b>		
Alcohol or drug use <sup>φ</sup>	14	A11.1
Marijuana use <sup>φ</sup>	0	A11.1
Cigarette use <sup>φ</sup>	0	A12.1
Vaping <sup>φ</sup>	1	A12.1
<b>Routines</b>		
Eating of breakfast <sup>‡</sup>	86	A4.1
Late bedtime (at 10 pm or later) <sup>±</sup>	22	A4.2
<b>Remote Schooling</b>		
Remote learning frequency (5 days per week) <sup>¶δ</sup>		A5.1
Synchronous instruction (4 days or more) <sup>‖δ</sup>		A5.1
Meaningful opportunities <sup>†δ</sup>		A5.2
<b>Mental Health</b>		
Frequent sadness <sup>†</sup>	11	A13.1
Wellness <sup>†</sup>	82	A13.2

Notes: Cells are empty if there are less than 10 respondents.

<sup>φ</sup>Lifetime.

<sup>‡</sup>This morning.

<sup>±</sup>Last night.

<sup>¶</sup>Past 30 days.

<sup>‖</sup>Past 7 days.

<sup>¶</sup>Past 30 days.

<sup>δ</sup>Remote only.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

### 3. Demographics

**Table A3.1**

***School Schedule, Past 30 Days***

	Grade 5 %
In-School Model	100
Remote Learning Model	0

*Question ES A.1: Which of the following best describes your school schedule during the past 30 days?*

*Notes: Cells are empty if there are less than 10 respondents.*

*In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”*

*Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”*

**Table A3.2**

***Gender of Sample***

	Grade 5 %
Female	47
Male	52
Nonbinary	0
Something else	1

*Question ES Z.1: What is your gender?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.3*****Race or Ethnicity***

	Grade 5 %
American Indian or Alaska Native, non-Hispanic	1
Asian or Asian American, non-Hispanic	41
Black or African American, non-Hispanic	2
Hispanic or Latinx	12
Native Hawaiian or Pacific Islander, non-Hispanic	1
White, non-Hispanic	19
Multiracial, non-Hispanic	11
Something else, non-Hispanic	14

*Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.4*****Number of Days Attending Afterschool Program (In-School Only)***

	Grade 5 %
0 days	69
1 day	6
2 days	4
3 days	3
4 days	3
5 days	14

*Question ES A.6: How many days a week do you usually go to your school's afterschool program?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Routines

**Table A4.1**

***Eating of Breakfast***

	Grade 5 %
No	14
Yes	86

*Question ES A.5: Did you eat breakfast this morning?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A4.2**

***Bedtime***

	Grade 5 %
Before 9:00 pm	23
Between 9:00 pm and 10:00 pm	55
Between 10:00 pm and 11:00 pm	17
Between 11:00 pm and midnight	4
After 12:00 am	1
<b><i>Late bedtime (at 10 pm or later)</i></b>	22

*Question ES A.7: What time did you go to bed last night?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Remote Schooling

**Table A5.1**

***Remote Schooling Schedule and Instructional Time (Remote Only)***

	Grade 5 %
<b>Time spent on learning and completing schoolwork from home on the average weekday</b>	
Less than 1 hour	
Between 1 and 2 hours	
Between 2 and 3 hours	
Between 3 and 4 hours	
Between 4 and 5 hours	
More than 5 hours	
<b>Number of days in the past week participating in an online class from home where your teacher talked to students</b>	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	
<b>Number of weekdays participating in school from home for the entire school day</b>	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	

*Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A5.2**  
*Interesting Activities Provided for Student in Remote Schooling (Remote Only)*

	Grade 5 %
No, never	
Yes, some of the time	
Yes, most of the time	
Yes, all of the time	

*Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. School Performance, Supports, and Engagements

**Table A6.1**

***Perceived School Performance***

	Grade 5 %
One of the best students	22
Better than most students	30
About the same as others	40
Don't do as well as most others	8

*Question ES A.37: How well do you do in your schoolwork?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.2**

***Truancy, Past 30 Days***

	Grade 5 %
I did not miss any days of school in the past 30 days	62
1 day	18
2 days	11
3 or more days	9

*Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.3*****School Environment, School Connectedness, and Academic Motivation Scales***

	Grade 5 %	Table
Total school supports	68	
Caring adults in school	76	A6.4
High expectations-adults in school	87	A6.5
Meaningful participation at school	42	A6.6
School connectedness <sup>#</sup> <i>(In-School Only)</i>	80	A6.7
School connectedness <sup>ψ</sup> <i>(Remote Only)</i>		A6.7
Academic motivation	87	A6.8

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables with item-level results for the survey questions that comprise each scale.*

*Scales are based on average of students reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A6.4**  
***Caring Adults in School Scale Questions***

	Grade 5 %
<b>Caring adults in school</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	76
<b><i>Do the teachers and other grown-ups at school... care about you?</i></b>	
No, never	1
Yes, some of the time	12
Yes, most of the time	30
Yes, all of the time	57
<b><i>listen when you have something to say?</i></b>	
No, never	2
Yes, some of the time	20
Yes, most of the time	46
Yes, all of the time	32
<b><i>make an effort to get to know you?</i></b>	
No, never	6
Yes, some of the time	31
Yes, most of the time	33
Yes, all of the time	29

*Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.5*****High Expectations-Adults in School Scale Questions***

	Grade 5 %
<b>High expectations-adults in school</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	87
<b><i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i></b>	
No, never	3
Yes, some of the time	22
Yes, most of the time	44
Yes, all of the time	32
<b><i>believe that you can do a good job?</i></b>	
No, never	1
Yes, some of the time	10
Yes, most of the time	30
Yes, all of the time	59
<b><i>want you to do your best?</i></b>	
No, never	1
Yes, some of the time	3
Yes, most of the time	15
Yes, all of the time	81

*Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****Meaningful Participation at School Scale Questions***

	Grade 5 %
<b>Meaningful participation at school</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	42
<b>Are you given a chance to help decide school activities or rules?</b>	
No, never	31
Yes, some of the time	46
Yes, most of the time	16
Yes, all of the time	7
<b>Do the teachers and other grown-ups at school ask you about your ideas?</b>	
No, never	10
Yes, some of the time	39
Yes, most of the time	39
Yes, all of the time	12
<b>Do the teachers and other grown-ups give you a chance to solve school problems?</b>	
No, never	14
Yes, some of the time	36
Yes, most of the time	31
Yes, all of the time	19
<b>Do you get to do interesting activities at/when you participate in school?</b>	
No, never	3
Yes, some of the time	35
Yes, most of the time	41
Yes, all of the time	21

*Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****Meaningful Participation at School Scale Questions – Continued***

	Grade 5 %
<b>Are you given a chance to help decide class activities or rules?</b>	
No, never	24
Yes, some of the time	47
Yes, most of the time	22
Yes, all of the time	7
<b>Do your teachers ask you what you want to learn about?</b>	
No, never	50
Yes, some of the time	38
Yes, most of the time	9
Yes, all of the time	2
<b>Do you do things to be helpful at/in school?</b>	
No, never	2
Yes, some of the time	30
Yes, most of the time	48
Yes, all of the time	20

*Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.7**  
**School Connectedness Scale Questions**

	Grade 5 %
<b>School connectedness<sup>#</sup> (<i>In-School Only</i>)</b>	
Average reporting “Yes, most of the time” or “Yes, all of the time”	80
<b>School connectedness<sup>ψ</sup> (<i>Remote Only</i>)</b>	
Average reporting “Yes, most of the time” or “Yes, all of the time”	
<b>Do you feel close to people at/from this school?</b>	
No, never	3
Yes, some of the time	31
Yes, most of the time	44
Yes, all of the time	22
<b>Are you happy to be at/with this school?</b>	
No, never	2
Yes, some of the time	21
Yes, most of the time	47
Yes, all of the time	30
<b>Do you feel like you are part of this school?</b>	
No, never	2
Yes, some of the time	16
Yes, most of the time	34
Yes, all of the time	48
<b>Do teachers treat students fairly?</b>	
No, never	3
Yes, some of the time	10
Yes, most of the time	30
Yes, all of the time	57

*Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]*

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A6.7*****School Connectedness Scale Questions – Continued***

	Grade 5 %
<b>Do you feel safe at school? (<i>In-School Only</i>)</b>	
No, never	1
Yes, some of the time	10
Yes, most of the time	39
Yes, all of the time	51

*Question ES A.75: Do you feel safe at school? [In-school only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.8*****Academic Motivation Scale Questions***

	Grade 5 %
<b>Academic motivation</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	87
<b>Do you finish all your school assignments?</b>	
No, never	1
Yes, some of the time	8
Yes, most of the time	44
Yes, all of the time	47
<b>When you get a bad grade, do you try even harder the next time?</b>	
No, never	2
Yes, some of the time	8
Yes, most of the time	27
Yes, all of the time	63
<b>Do you keep working and working on your schoolwork until you get it right?</b>	
No, never	3
Yes, some of the time	16
Yes, most of the time	39
Yes, all of the time	42
<b>Do you keep doing your schoolwork even when it’s really hard for you?</b>	
No, never	2
Yes, some of the time	12
Yes, most of the time	33
Yes, all of the time	54

*Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.9*****School Boredom***

	Grade 5 %
No, never	17
Yes, some of the time	57
Yes, most of the time	16
Yes, all of the time	10

*Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.10*****Quality of School Physical Environment (In-School Only)***

	Grade 5 %
<b>Is your school building neat and clean?</b>	
No, never	2
Yes, some of the time	21
Yes, most of the time	53
Yes, all of the time	23

*Question ES A.24: Is your school building neat and clean?*

*Note: Cells are empty if there are less than 10 respondents.*

## 7. Supports for Learning at School

**Table A7.1**

***Social and Emotional Learning Supports Scale Questions***

	Grade 5 %
<b>Social and emotional learning supports</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	77
<b><i>Does your school...</i></b>	
<b>help students resolve conflicts with one another?</b>	
No, never	4
Yes, some of the time	23
Yes, most of the time	36
Yes, all of the time	36
<b>teach students to understand how other students think and feel?</b>	
No, never	6
Yes, some of the time	24
Yes, most of the time	34
Yes, all of the time	36
<b>teach students to feel responsible for how they act?</b>	
No, never	5
Yes, some of the time	19
Yes, most of the time	35
Yes, all of the time	41
<b>teach students to care about each other and treat each other with respect?</b>	
No, never	1
Yes, some of the time	12
Yes, most of the time	25
Yes, all of the time	62

*Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.2*****Teachers Checking on how Students are Feeling***

	Grade 5 %
No, never	9
Yes, some of the time	43
Yes, most of the time	29
Yes, all of the time	19

*Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.3*****Students at School Motivated to Learn***

	Grade 5 %
No, never	2
Yes, some of the time	34
Yes, most of the time	54
Yes, all of the time	9

*Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 8. Fairness, Rule Clarity, and Positive Student Behavior

**Table A8.1**

***Fairness Scale Questions***

	Grade 5 %
<b>Fairness</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	79
<b>Do teachers treat students fairly?</b>	
No, never	3
Yes, some of the time	10
Yes, most of the time	30
Yes, all of the time	57
<b>Are the school rules fair?</b>	
No, never	5
Yes, some of the time	24
Yes, most of the time	43
Yes, all of the time	28
<b>Do teachers and other grown-ups at school treat students with respect?</b>	
No, never	1
Yes, some of the time	11
Yes, most of the time	35
Yes, all of the time	53
<b>Are students treated fairly when they break school rules?</b>	
No, never	9
Yes, some of the time	23
Yes, most of the time	41
Yes, all of the time	27

*Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.2**  
**Clarity of Rules**

	Grade 5 %
<b>Do students know what the rules are?</b>	
No, never	1
Yes, some of the time	15
Yes, most of the time	50
Yes, all of the time	34

*Question ES A.49: Do students know what the rules are?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.3*****Positive Behavior Scale Questions***

	Grade 5 %
<b>Positive behavior<sup>̂</sup> (<i>In-School Only</i>)</b>	
Average reporting “Yes, most of the time” or “Yes, all of the time”	94
<b>Positive behavior<sup>λ</sup> (<i>Remote Only</i>)</b>	
Average reporting “Yes, most of the time” or “Yes, all of the time”	
<b>Do you follow the classroom rules?</b>	
No, never	0
Yes, some of the time	5
Yes, most of the time	42
Yes, all of the time	53
<b>Do you follow the playground rules at recess and lunch times? (<i>In-School Only</i>)</b>	
No, never	1
Yes, some of the time	7
Yes, most of the time	40
Yes, all of the time	52
<b>Do you listen when your teacher is talking?</b>	
No, never	0
Yes, some of the time	7
Yes, most of the time	51
Yes, all of the time	42
<b>Are you nice to other students?</b>	
No, never	0
Yes, some of the time	4
Yes, most of the time	44
Yes, all of the time	52

*Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?*

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>̂</sup>*The scale was based on four survey questions for in-school respondents.*

<sup>λ</sup>*The scale was based on three questions for remote respondents.*

**Table A8.4*****Students at School Well Behaved***

	Grade 5 %
No, never	3
Yes, some of the time	41
Yes, most of the time	53
Yes, all of the time	3

*Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 9. School Violence, Victimization, and Safety

**Table A9.1**

*Perceived Safety at or Outside of School (In-School Only)*

	Grade 5 %
<b>Do you feel safe at school?</b>	
No, never	1
Yes, some of the time	10
Yes, most of the time	39
Yes, all of the time	51
<b>Do you feel safe on your way to and from school?</b>	
No, never	1
Yes, some of the time	7
Yes, most of the time	32
Yes, all of the time	60

*Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.2*****Violence Victimization Scale Questions***

	Grade 5 %
<b>Violence victimization (<i>In-School Only</i>)</b>	
<i>Average reporting “Yes”</i>	32
<b>Do other kids hit or push you at school when they are not just playing around? (<i>In-School Only</i>)</b>	
No, never	71
Yes, some of the time	24
Yes, most of the time	4
Yes, all of the time	1
<b>Do other kids at/from school spread mean rumors or lies about you?</b>	
No, never	72
Yes, some of the time	22
Yes, most of the time	4
Yes, all of the time	2
<b>Do other kids at/from school call you bad names or make mean jokes about you?</b>	
No, never	61
Yes, some of the time	31
Yes, most of the time	6
Yes, all of the time	2

*Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.3**  
**Cyberbullying, Past 30 Days**

	Grade 5 %
No, never	84
Yes, some of the time	12
Yes, most of the time	3
Yes, all of the time	1

*Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.4**  
**Been Teased About Body Image**

	Grade 5 %
No	76
Yes	24

*Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.5**  
**Weapons (Gun or Knife) on School Property, Past Year (In-School Only)**

	Grade 5 %
<b>Brought a gun or knife to school</b>	
No	99
Yes	1
<b>Saw another kid with a gun or knife at school</b>	
No	95
Yes	5

*Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.6**  
**Antibullying Climate Scale Questions**

	Grade 5 %
<b>Antibullying climate</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	74
<b>Teachers and other grown-ups make it clear that bullying is not allowed.</b>	
No, never	2
Yes, some of the time	7
Yes, most of the time	17
Yes, all of the time	75
<b>If you tell a teacher that you’ve been bullied, the teacher will do something to help.</b>	
No, never	3
Yes, some of the time	12
Yes, most of the time	26
Yes, all of the time	59
<b>Students at/from your school try to stop bullying when they see it happening.</b>	
No, never	17
Yes, some of the time	38
Yes, most of the time	32
Yes, all of the time	13

*Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you’ve been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 10. Home Supports and Involvement in Schooling

**Table A10.1**

***High Expectations-Adults at Home Scale Questions***

	Grade 5 %
<b>High expectations-adults at home</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	98
<b><i>Does a parent or some other grown-up at home... believe that you can do a good job?</i></b>	
No, never	0
Yes, some of the time	3
Yes, most of the time	18
Yes, all of the time	79
<b><i>want you to do your best?</i></b>	
No, never	0
Yes, some of the time	1
Yes, most of the time	8
Yes, all of the time	91

*Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.2*****Parent Involvement in Schooling Scale Questions***

	Grade 5 %
<b>Parent involvement in schooling</b>	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	72
<b><i>Does a parent or some other grown-up at home... care about your schoolwork?</i></b>	
No, never	1
Yes, some of the time	5
Yes, most of the time	26
Yes, all of the time	67
<b><i>ask if you did your homework/schoolwork?</i></b>	
No, never	3
Yes, some of the time	14
Yes, most of the time	29
Yes, all of the time	54
<b><i>check your homework/schoolwork?</i></b>	
No, never	18
Yes, some of the time	35
Yes, most of the time	22
Yes, all of the time	24
<b><i>ask you about school?</i></b>	
No, never	2
Yes, some of the time	15
Yes, most of the time	28
Yes, all of the time	55
<b><i>ask you about your grades?</i></b>	
No, never	17
Yes, some of the time	32
Yes, most of the time	25
Yes, all of the time	25

*Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?*

*Note: Cells are empty if there are less than 10 respondents.*

## 11. Alcohol and Other Drug (AOD) Use

**Table A11.1**

*Use of Alcohol or Other Drugs, Lifetime*

	Grade 5 %
Alcohol, one or two sips	13
Alcohol, a full glass	0
Inhalants (to get high)	1
Marijuana (smoke, vape, eat, or drink)	0
<i>None of the above</i>	86
<i>Any of the above</i>	14

*Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get “high”?... Have you ever used any marijuana (smoke, vape, eat, or drink)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A11.2**

*Perception of Health Risk of Alcohol and Marijuana Use*

	Grade 5 %
<b>Alcohol</b>	
No, not bad	3
Yes, a little bad	45
Yes, very bad	52
<b>Marijuana (smoke, vape, eat, or drink)</b>	
No, not bad	1
Yes, a little bad	3
Yes, very bad	51
I don’t know what marijuana is	45

*Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person’s health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person’s health?*

*Note: Cells are empty if there are less than 10 respondents.*

## 12. Tobacco Use and Vaping

**Table A12.1**

***Cigarette Use and Vaping, Lifetime***

	Grade 5 %
Ever smoked a cigarette	0
Part of a cigarette, like one or two puffs	0
A whole cigarette	0
Ever vaped	1

*Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A12.2**

***Perception of Health Risk of Cigarette Use and Vaping***

	Grade 5 %
<b>Do you think smoking cigarettes is bad for a person's health?</b>	
No, not bad	1
Yes, a little bad	3
Yes, very bad	96
<b>Do you think vaping is bad for a person's health?</b>	
No, not bad	1
Yes, a little bad	5
Yes, very bad	94

*Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?*

*Note: Cells are empty if there are less than 10 respondents.*

## 13. Other Physical and Mental Health Risks

**Table A13.1**

***Frequent Sadness***

	Grade 5 %
No, never	24
Yes, some of the time	65
Yes, most of the time	9
Yes, all of the time	1

*Question ES A.80: Do you feel sad?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A13.2**

***Wellness***

	Grade 5 %
<b>Do you feel good and happy?</b>	
No, never	1
Yes, some of the time	16
Yes, most of the time	61
Yes, all of the time	22

*Question ES A.79: Do you feel good and happy?*

*Note: Cells are empty if there are less than 10 respondents.*

## 14. Race/Ethnic Breakdowns

**Table A14.1**

***School Engagement and Supports by Race/Ethnicity***

	Grade 5 %
<b>School Connectedness<sup>†#</sup> (<i>In-School Only</i>)</b>	
American Indian or Alaska Native	
Asian or Asian American	80
Black or African American	80
Hispanic or Latinx	76
Native Hawaiian or Pacific Islander	
White	79
Mixed (two or more) ethnics	89
Something else	79
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
<b>Academic motivation<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	91
Black or African American	90
Hispanic or Latinx	81
Native Hawaiian or Pacific Islander	
White	84
Mixed (two or more) ethnics	88
Something else	83

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %
<b>School boredom<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	23
Black or African American	10
Hispanic or Latinx	40
Native Hawaiian or Pacific Islander	
White	25
Mixed (two or more) ethnics	23
Something else	29
<b>Caring adults in school<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	74
Black or African American	76
Hispanic or Latinx	77
Native Hawaiian or Pacific Islander	
White	74
Mixed (two or more) ethnics	78
Something else	78
<b>High expectations-adults in school<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	86
Black or African American	85
Hispanic or Latinx	86
Native Hawaiian or Pacific Islander	
White	88
Mixed (two or more) ethnics	88
Something else	87

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %
<b>Meaningful participation<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	42
Black or African American	52
Hispanic or Latinx	40
Native Hawaiian or Pacific Islander	
White	41
Mixed (two or more) ethnics	44
Something else	43
<b>Facilities upkeep<sup>†</sup> (<i>In-School Only</i>)</b>	
American Indian or Alaska Native	
Asian or Asian American	74
Black or African American	73
Hispanic or Latinx	75
Native Hawaiian or Pacific Islander	
White	80
Mixed (two or more) ethnics	83
Something else	80
<b>Parent involvement in schooling<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	70
Black or African American	90
Hispanic or Latinx	70
Native Hawaiian or Pacific Islander	
White	74
Mixed (two or more) ethnics	75
Something else	72

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %
<b>Social and emotional learning supports<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	75
Black or African American	89
Hispanic or Latinx	81
Native Hawaiian or Pacific Islander	
White	75
Mixed (two or more) ethnics	81
Something else	74
<b>Antibullying climate<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	74
Black or African American	79
Hispanic or Latinx	77
Native Hawaiian or Pacific Islander	
White	71
Mixed (two or more) ethnics	76
Something else	75

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.2*****School Safety by Race/Ethnicity (In-School Only)***

	Grade 5 %
<b>Feel safe at school<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	90
Black or African American	90
Hispanic or Latinx	90
Native Hawaiian or Pacific Islander	
White	88
Mixed (two or more) ethnics	93
Something else	85
<b>Feel safe on way to and from school<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	93
Black or African American	80
Hispanic or Latinx	87
Native Hawaiian or Pacific Islander	
White	95
Mixed (two or more) ethnics	95
Something else	91
<b>Been hit or pushed</b>	
American Indian or Alaska Native	
Asian or Asian American	24
Black or African American	50
Hispanic or Latinx	29
Native Hawaiian or Pacific Islander	
White	30
Mixed (two or more) ethnics	31
Something else	39

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.2**  
***School Safety by Race/Ethnicity – Continued***

	Grade 5 %
<b>Mean rumors spread about you</b>	
American Indian or Alaska Native	
Asian or Asian American	26
Black or African American	40
Hispanic or Latinx	41
Native Hawaiian or Pacific Islander	
White	25
Mixed (two or more) ethnics	24
Something else	30
<b>Called bad names or target of mean jokes</b>	
American Indian or Alaska Native	
Asian or Asian American	36
Black or African American	60
Hispanic or Latinx	46
Native Hawaiian or Pacific Islander	
White	39
Mixed (two or more) ethnics	35
Something else	41
<b>Saw a weapon at school<sup>§</sup> (<i>In-School Only</i>)</b>	
American Indian or Alaska Native	
Asian or Asian American	4
Black or African American	10
Hispanic or Latinx	6
Native Hawaiian or Pacific Islander	
White	6
Mixed (two or more) ethnics	5
Something else	3

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>§</sup>Past year.*

**Table A14.3**  
***Cyberbullying by Race/Ethnicity***

	Grade 5 %
<b>Cyberbullying<sup>¶</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	13
Black or African American	30
Hispanic or Latinx	27
Native Hawaiian or Pacific Islander	
White	11
Mixed (two or more) ethnics	15
Something else	22

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>¶</sup>Past 30 days.*

**Table A14.4**  
***School Disciplinary Environment by Race/Ethnicity***

	Grade 5 %
<b>Rule clarity<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	80
Black or African American	82
Hispanic or Latinx	84
Native Hawaiian or Pacific Islander	
White	87
Mixed (two or more) ethnics	90
Something else	88
<b>Students well behaved<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	55
Black or African American	55
Hispanic or Latinx	51
Native Hawaiian or Pacific Islander	
White	55
Mixed (two or more) ethnics	63
Something else	61
<b>Students treated fairly when break rules<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	70
Black or African American	64
Hispanic or Latinx	62
Native Hawaiian or Pacific Islander	
White	68
Mixed (two or more) ethnics	75
Something else	63

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.4*****School Disciplinary Environment by Race/Ethnicity – Continued***

	Grade 5 %
<b>Students treated with respect<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	88
Black or African American	91
Hispanic or Latinx	88
Native Hawaiian or Pacific Islander	
White	85
Mixed (two or more) ethnics	93
Something else	88

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.5**  
**Substance Use by Race/Ethnicity**

	Grade 5 %
<b>Alcohol or drug use<sup>φ</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	10
Black or African American	0
Hispanic or Latinx	12
Native Hawaiian or Pacific Islander	
White	18
Mixed (two or more) ethnics	15
Something else	16
<b>Marijuana use<sup>φ</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	0
Black or African American	0
Hispanic or Latinx	3
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	0
Something else	0
<b>Cigarette use<sup>φ</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	0
Black or African American	0
Hispanic or Latinx	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	0
Something else	0

Notes: Cells are empty if there are less than 10 respondents.

<sup>φ</sup>Lifetime.

**Table A14.5**  
***Substance Use by Race/Ethnicity – Continued***

	Grade 5 %
<b>Vaping<sup>φ</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	0
Black or African American	0
Hispanic or Latinx	2
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	0
Something else	0

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>φ</sup>Lifetime.*

**Table A14.6*****Routines by Race/Ethnicity***

	Grade 5 %
<b>Eating of breakfast<sup> </sup></b>	
American Indian or Alaska Native	
Asian or Asian American	88
Black or African American	100
Hispanic or Latinx	68
Native Hawaiian or Pacific Islander	
White	87
Mixed (two or more) ethnics	95
Something else	82
<b>Late bedtime (at 10 pm or later)<sup>±</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	27
Black or African American	18
Hispanic or Latinx	17
Native Hawaiian or Pacific Islander	
White	15
Mixed (two or more) ethnics	27
Something else	19

Notes: Cells are empty if there are less than 10 respondents.

<sup>|</sup>This morning.

<sup>±</sup>Last night.

**Table A14.7****Remote Schooling by Race/Ethnicity (*Remote Only*)**

	Grade 5 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
<b>Meaningful opportunities<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 7 days.

<sup>¶</sup>Past 30 days.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.8*****Mental Health by Race/Ethnicity***

	Grade 5 %
<b>Frequent sadness<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	9
Black or African American	0
Hispanic or Latinx	16
Native Hawaiian or Pacific Islander	
White	16
Mixed (two or more) ethnics	4
Something else	8
<b>Wellness<sup>†</sup></b>	
American Indian or Alaska Native	
Asian or Asian American	82
Black or African American	80
Hispanic or Latinx	77
Native Hawaiian or Pacific Islander	
White	83
Mixed (two or more) ethnics	89
Something else	83

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

## 15. Gender Breakdowns

**Table A15.1**

**Key Indicators of School Climate and Substance Use by Gender**

	Grade 5	
	Female	Male
	%	%
<b>School Engagement and Supports</b>		
School connectedness <sup>†#</sup> <i>(In-School Only)</i>	83	78
School connectedness <sup>†ψ</sup> <i>(Remote Only)</i>		
Academic motivation <sup>†</sup>	86	88
School boredom <sup>†</sup>	20	29
Caring adults in school <sup>†</sup>	76	76
High expectations-adults in school <sup>†</sup>	88	86
Meaningful participation at school <sup>†</sup>	45	39
Facilities upkeep <sup>†Φ</sup>	80	73
Parent involvement in schooling <sup>†</sup>	73	71
Social and emotional learning supports <sup>†</sup>	79	75
Antibullying climate <sup>†</sup>	76	72

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>#</sup> The scale was based on five survey questions for in-school respondents.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>Φ</sup> In-school only.

**Table A15.1****Key Indicators of School Climate and Substance Use by Gender – Continued**

	Grade 5	
	Female %	Male %
<b>School Safety and Cyberbullying</b>		
Feel safe at school <sup>†Φ</sup>	89	90
Feel safe on way to and from school <sup>†Φ</sup>	93	91
Been hit or pushed <sup>Φ</sup>	23	35
Mean rumors spread about you	22	34
Called bad names or target of mean jokes	30	47
Saw a weapon at school <sup>§Φ</sup>	4	5
Cyberbullying <sup>¶</sup>	15	16
<b>School Disciplinary Environment</b>		
Rule clarity <sup>†</sup>	85	84
Students well behaved <sup>†</sup>	54	58
Students treated fairly when break rules <sup>†</sup>	74	62
Students treated with respect <sup>†</sup>	92	85
<b>Substance Use</b>		
Alcohol or drug use <sup>φ</sup>	9	17
Marijuana use <sup>φ</sup>	1	0
Cigarette use <sup>φ</sup>	0	0
Vaping <sup>φ</sup>	1	0

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>Φ</sup> In-school only.

<sup>§</sup> Past year.

<sup>¶</sup> Past 30 days.

<sup>φ</sup> Lifetime.

**Table A15.2*****Key Indicators of Routines, Remote Schooling, and Mental Health by Gender***

	Grade 5	
	Female	Male
	%	%
<b>Routines</b>		
Eating of breakfast <sup>l</sup>	87	85
Late bedtime (after 10 pm) <sup>±</sup>	24	20
<b>Remote Schooling</b>		
Remote learning frequency (5 days per week) <sup>¶δ</sup>		
Synchronous instruction (4 days or more) <sup>¶δ</sup>		
Meaningful opportunities <sup>†δ</sup>		
<b>Mental Health</b>		
Frequent sadness <sup>†</sup>	10	10
Wellness <sup>†</sup>	81	85

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>l</sup>*This morning.*

<sup>±</sup>*Last night.*

<sup>¶</sup>*Past 30 days.*

<sup>δ</sup>*Remote only.*

<sup>¶</sup>*Past 7 days.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

# Tobacco-Use Prevention Education Module

## 1. Module Sample

**Table H1.1**

***Student Sample for Tobacco-Use Prevention Education Module***

		Grade 5
<b><i>Student Sample Size</i></b>		
Target sample		737
Final number		671
<b>Response Rate</b>		91%

## 2. Tobacco Use and Vaping

**Table H2.1**

*Use of Cigarettes and Vape Products, Past 30 Days*

	Grade 5 %
<b><i>In the last 30 days, have you...</i></b>	
<b>smoked a cigarette?</b>	
No	100
Yes	0
<b>vaped?</b>	
No	100
Yes	0

*Question ES H.1, 2: Have you smoked a cigarette in the last 30 days?... Have you vaped in the last 30 days?*

*Note: Cells are empty if there are less than 10 respondents.*

### 3. Peer Smoking/Vaping Behavior and Attitudes

**Table H3.1**

***Peer Smoking and Vaping Behavior***

	Grade 5 %
<b>Do any of your friends smoke cigarettes?</b>	
No	100
Yes	0
<b>Do any of your friends vape?</b>	
No	98
Yes	2
<b><i>In the last 30 days, have you seen any students... smoke cigarettes at school? (In-School Only)</i></b>	
No	99
Yes	1
<b><i>vape at school? (In-School Only)</i></b>	
No	99
Yes	1

*Question ES H.5-8: Do any of your friends smoke cigarettes?... Do any of your friends vape?... In the last 30 days, have you seen any students smoke cigarettes at school?... In the last 30 days, have you seen any students vape at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table H3.2*****Peer Disapproval of Tobacco Use and Vaping***

	Grade 5 %
<b><i>How wrong would your close friends feel it would be if you...</i></b>	
<b>smoked cigarettes?</b>	
Very wrong	82
Wrong	15
A little wrong	3
Not at all wrong	0
<b>vaped?</b>	
Very wrong	83
Wrong	14
A little wrong	3
Not at all wrong	1

*Question ES H.9, 10: How wrong would your close friends feel it would be if you smoked cigarettes?... How wrong would your close friends feel it would be if you vaped?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Household Smoking and Vaping Rules

**Table H4.1**

*Rules About Cigarette Smoking and Vaping in the Home*

	Grade 5 %
<b>Is smoking cigarettes allowed inside your home?</b>	
No	91
Yes	0
Don't know	9
<b>Is vaping allowed inside your home?</b>	
No	90
Yes	1
Don't know	9

*Question ES H.3, 4: Is smoking cigarettes allowed inside your home?... Is vaping allowed inside your home?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Perceived Accessibility and Intention to Use

**Table H5.1**

*Perceived Difficulty of Obtaining Cigarettes and Vape Products*

	Grade 5 %
<b><i>How easy or difficult would it be if you wanted to...</i></b>	
<b>get a cigarette?</b>	
Very easy	2
Fairly easy	3
Fairly difficult	14
Very difficult	81
<b>get a vape?</b>	
Very easy	1
Fairly easy	3
Fairly difficult	14
Very difficult	82

*Question ES H.13, 14: If you wanted to get a cigarette, how easy or difficult would it be?... If you wanted to get a vape, how easy or difficult would it be?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table H5.2*****Intentions to Smoke and Vape***

	Grade 5 %
<b><i>Do you think you will...</i></b>	
<b>smoke a cigarette at any time during the next year?</b>	
Definitely not	96
Probably not	4
Probably yes	0
Definitely yes	0
<b>vape at any time during the next year?</b>	
Definitely not	96
Probably not	4
Probably yes	0
Definitely yes	0

*Question ES H.11, 12: Do you think you will smoke a cigarette at any time during the next year?... Do you think you will vape at any time during the next year?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. Tobacco-Use Prevention Education Activities

**Table H6.1**

***Dangers of Smoking and Vaping Discussed***

	Grade 5 %
<b><i>In the last 12 months, did any of your classes or school activities talk about...</i></b>	
<b>how smoking cigarettes is bad for a person's health?</b>	
No	70
Yes	30
<b>how vaping is bad for a person's health?</b>	
No	81
Yes	19

*Question ES H.15, 16: In the last 12 months, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?... In the last 12 months, did any of your classes or school activities talk about how vaping is bad for a person's health?*

*Note: Cells are empty if there are less than 10 respondents.*

## Z. Palo Alto Unified Custom Questions

### 1. Module Sample

**Table Z1.1**

*Student Sample for Custom Questions*

Grade 5	
<i>Student Sample Size</i>	
Target sample	737
Final number	696
<b>Response Rate</b>	94%

## 2. Custom Questions

**Table Z.2.1**

*At the beginning of the survey, you were asked if you identify as male or female. Do either of these describe you?*

	Grade 5 %	Total %
Yes	88	88
No	3	3
I am not sure	9	9

*Question ES Z.2.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table Z.2.2**

*Some students describe themselves as transgender when the sex assigned at birth does not match the way they think or feel about their gender. How do you describe yourself?*

	Grade 5 %	Total %
I am transgender	1	1
I am not transgender	88	88
I am genderqueer	1	1
I think of myself differently	10	10

*Question ES Z.3.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table Z.2.3**

*Which of the following best describes you?*

	Grade 5 %	Total %
Bisexual	3	3
Gay or Lesbian	1	1
Heterosexual/Straight	46	46
I am not sure yet	42	42
I think of myself differently	8	8

*Question ES Z.4.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table Z.2.4*****How safe do you feel in the neighborhood where you live?***

	Grade 5 %	Total %
Very safe	47	47
Safe	42	42
Neither safe nor unsafe	10	10
Unsafe	1	1
Very unsafe	0	0

*Question ES Z.5.**Note: Cells are empty if there are less than 10 respondents.***Table Z.2.5*****During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?***

	Grade 5 %	Total %
0 days	95	95
1 day	3	3
2 or 3 days	1	1
4 or more days	1	1

*Question ES Z.6.**Note: Cells are empty if there are less than 10 respondents.***Table Z.2.6*****Do you know where to go for help with a problem?***

	Grade 5 %	Total %
No, never	2	2
Yes, some of the time	12	12
Yes, most of the time	36	36
Yes, all of the time	49	49

*Question ES Z.7.**Note: Cells are empty if there are less than 10 respondents.*

**Table Z.2.7*****My family really gets along well with each other.***

	Grade 5 %	Total %
Not at all true	2	2
A little true	14	14
Pretty much true	44	44
Very much true	40	40

*Question ES Z.8.**Note: Cells are empty if there are less than 10 respondents.***Table Z.2.8*****I have a friend my age who talks with me about my problems.***

	Grade 5 %	Total %
Not at all true	26	26
A little true	22	22
Pretty much true	28	28
Very much true	24	24

*Question ES Z.9.**Note: Cells are empty if there are less than 10 respondents.***Table Z.2.9*****I have a friend my age who helps me when I'm having a hard time.***

	Grade 5 %	Total %
Not at all true	10	10
A little true	16	16
Pretty much true	30	30
Very much true	44	44

*Question ES Z.10.**Note: Cells are empty if there are less than 10 respondents.*

**Table Z.2.10*****In my home, there is a parent or some other adult who expects me to follow the rules.***

	Grade 5 %	Total %
Not at all true	1	1
A little true	5	5
Pretty much true	28	28
Very much true	67	67

*Question ES Z.11.**Note: Cells are empty if there are less than 10 respondents.***Table Z.2.11*****In my home, there is a parent or some other adult who is interested in my schoolwork.***

	Grade 5 %	Total %
Not at all true	4	4
A little true	19	19
Pretty much true	28	28
Very much true	49	49

*Question ES Z.12.**Note: Cells are empty if there are less than 10 respondents.***Table Z.2.12*****In my home, there is a parent or some other adult who talks with me about my problems.***

	Grade 5 %	Total %
Not at all true	4	4
A little true	16	16
Pretty much true	26	26
Very much true	54	54

*Question ES Z.13.**Note: Cells are empty if there are less than 10 respondents.*

# Appendix

## 2023-24 CHKS Elementary Survey Response Rates

Eligible Schools	5th %
Addison Elementary	94
Barron Park Elementary	100
Duveneck Elementary	91
El Carmelo Elementary	100
Escondido Elementary	92
Fairmeadow Elementary	86
Herbert Hoover Elementary	100
Juana Briones Elementary	92
Lucille M. Nixon Elementary	94
Ohlone Elementary	94
Packard Children's Hospital/Stanford	
Palo Verde Elementary	97
Walter Hays Elementary	94

*Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2023-24 public school and 2022-23 enrollment data files. Directly funded charter schools have been excluded from the list.*