



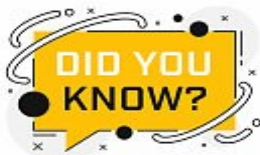
RYE CITY SCHOOL DISTRICT



The RCSD Food Service Department would like to welcome you back for the 2024-2025 school year!

We would like to take this opportunity to thank everyone who participated in our June 2024 Food Service Survey

We appreciate the feedback, parent insight & suggestions



Many of the survey suggestions & questions refer to practices already in place in our schools cafeterias, such as:

- We have a featured meal offering every day that is displayed in every elementary cafeteria. The daily meal includes: milk, 6oz juice, fresh fruit & vegetable. **These items are located on the bottom shelf of the open air refrigerator that is easy to see & reach**
- We offer gluten free & vegetarian options daily
- We offer fresh fruit & vegetables daily
- **We never serve soda, candy, chocolate bars, or gummy candy**
- We use locally-sourced seasonal produce whenever possible from NY & NJ
- We feature Peterson Farms (Non-GMO, Kosher, Parve & Clean Label) for fresh apple slices & unsweetened apple sauce daily
- We make all our soups from scratch
- We never cook vegetables with butter or salt
- We never use margarine
- Water bottle filling stations are available at each school
- We make our own smoothies daily using fresh strawberries, bananas & blueberries
- **We never serve peanuts, tree nuts, sesame, or high-fructose corn syrup**
- We offer acai bowls daily at the HS/MS & seasonally at the elementary schools. We use only Sambazon Acai that is hand-harvested by local farms, certified organic & fair trade
- We feature Yakisoba noodles for ramen & offer a rice noodle option for those with gluten allergy



WHAT'S NEW?

At the Elementary Schools:

Brunch for Lunch will be offered less often

A Specialty Salad will be available on Pizza Friday

Ice cream varieties are now limited to: Chloe's, Mochi, Häagen-Dazs, frozen fruit bars, Italian ice, Silly Tube Melon or ice cream sandwiches

Food Restrictions can be added to your student's food service account by contacting:

Stacey Falcone,
Director of Food Service:
foodservice@ryeschools.org



What's Cooking...

Daily food offerings are available for lunch in all our cafeterias.

Breakfast is also served, but only at the HS cafeteria. MS students are welcome.

If you don't see what you're looking for or if you need help navigating a food allergy, please let us know. We can provide other options.

Email: foodservice@ryeschools.org

Good News: None of the Boar's Head recalls impact any of the products used in our cafeterias. We continue to pay close attention to this issue.

Menus can be viewed online, so visit the Food Service page at www.ryeschools.org. **Nutrislice** is a great resource for reviewing the allergen & nutritional value of the food being served in our cafeterias.



September Menu Highlights @ the Elementary Schools:

Kindergarten Bring Your Parent to Lunch Day

Ramen Noodle Bowl

Taco Bowl

California Roll

Locally Sourced Produce Includes:

Yellow Squash

Roasted Kale

Green Bell Pepper





Who's Cooking...



ARAMARK

will be in our school kitchens continuing to provide meals to meet all our food service needs.

Our Food Service staff is always available to assist with all your food questions & requests.



MySchoolBucks: The Easy Way to Pay for Lunch

MySchoolBucks is the District's online payment service for managing your lunch account.

MySchoolBucks provides real time access to view purchasing activity & account balances & is a convenient way to make payments online. It's as easy as following the simple directions provided to set up & access your account for immediate use.

Go to www.myschoolbucks.com or download the mobile app & register for your free account.

We are here to help: If you are interested in applying for the Free & Reduced Lunch Program, please complete an [application](#) & return it with proof of income to Wendy Wels in Student Services

Lunch Account Reminders:

- ◆ **Your account must remain in good standing in order to continue making purchases. Please make every effort to monitor your account balance.**
- ◆ **A great way to avoid service fees: cash or checks (made payable to: RCSD, include the student's name) are always accepted at the register in our school cafeteria to make purchases or fund an account & avoid service fees. However, cashiers are unable to make change.**
- ◆ If you need assistance obtaining your PIN please contact the school cafeteria or the District food service office.

