

SOCCER STUDY GUIDE

I. Players

- A. Five Forwards
- B. Three halfbacks
- C. Two fullbacks
- D. One goalie

II. Definitions

- A. Blocking – intercepting ball with some part of your body.
- B. Corner kick – kick by offense when the defense sends ball over endline. Taken at corner kick marks.
- C. Defensive kick – kick by defense when the offense sends ball over endline. Taken at top of circle where ball went out.
- D. Dribbling – succession of forward kicks keeping ball under control.
- E. Drop-kick – a ball dropped to ground and kicked as it rebounds.
- F. Free kick – kick given when penalty is committed outside of penalty area.
- G. Offside – having less than two people between you and the goal when the ball is behind you.
- H. Penalty area – half circle area in front of goal where goalkeeper is allowed special privileges.
- I. Punt – a ball dropped and kicked before it strikes the ground.
- J. Throw-in – when a ball is kicked over a side line out of bounds.
- K. Trapping – stopping the ball with your feet.

III. Scoring

- A. Field goal – one point. Ball may be kicked from anywhere on the field.
- B. Penalty goal – one point. Given at penalty mark when defense fouls in penalty area.

IV. Kick-off

- A. Both teams behind restraining lines.
- B. Ball must be touched by another person before kicker may kick again.
- C. Ball must travel forward at least its circumference.

V. Player privileges

- A. May use only feet.
- B. May use body if hands and arms remain in contact with main body.
- C. Goalie
 - 1. May pick ball up.
 - 2. May bounce ball.
 - 3. May punt, drop-kick, or throw ball.
 - 4. Allowed to take four steps with ball in possession.
 - 5. May hold ball for 3 seconds.