2024-25 Issue 3 September 12, 2024

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Homecoming week at the High School is next week! As always, all K-8 students will walk downtown to the parade on Friday, September 20th, which begins at **1:00 PM**. The parade will begin at Town Pump and travel east along Main Street. Students will be led by staff both to and from the parade.

We also will be participating in the spirit days as follows:

Monday, Sept.16 - Pajama Day Tuesday, Sept. 17 - Sports Day Wednesday, Sept. 18 - Beach Day Thursday, Sept. 19 - Mustache Day

Friday, Sept. 20 - Blue Hawk Spirit Day (Wear blue and yellow)



The rain this week has reminded us to in turn remind all students and parents to dress for the weather. We always try to send students out for recess, but some days we are unable. We do have outside recess, if the rain is light, or we may even have a shortened recess, as our students do much better if they get a little fresh air and time out of the classroom. Please make sure vour students leave the house in the morning ready for our ever-changing Montana weather. This is also a good time to label your student's clothing as it helps with sorting the lost and found.

# Hearing Screenings

Our annual hearing screening will be conducted on Wednesday, October 2nd and Thursday, October 3rd. As in previous years, all kindergarten and first grade students will be screened, as well as, all students new to our district. Watch for permission slips coming home today with 2nd through 6th grade students. If you would like your student to be screened, simply sign and return the permission form by Wednesday, September 25th. There is no cost for the screening, which is provided by Cabinet Mountain Cooperative. The form is also available on our website at tfes.thompsonfalls.net/el-forms

Tuesday, September 17th is our annual Fun Run. All K-6 students will be taken to the high school by bus to participate. The High School and Junior High Cross Country Team will be helping, as always. The boys run their mile first this year. beginning at 1:45PM with the girls to follow at 2:15. The race will begin and end at the High School Track Field. We welcome parents to come cheer on all of our kiddos. Students will return to the Elementary in time for dismissal.

Important Happenings

9/13 FUN FRIDAY - Hat Day 9/13 Early out—2:05PM

9/16 School Board Meeting - 6:00PM - Board Room

9/16-9/21 Homecoming Week

9/16 Paiama Dav

9/17 Elementary Fun Run—HS Track—1:45PM

9/17 Sports Day 9/18 Beach Day 9/19 Mustache Day

9/20 Blue Hawk Spirit Day—wear blue and yellow

Homecoming Parade—Main Street—1:00PM 9/20

9/20 Early out—2:05PM

9/27 **NO SCHOOL—Teacher Development Day** 10/1 5th Gr Water Festival - TFalls State Park

10/2 Hearing Screenings 10/3 **Hearing Screenings** 

10/4 Early out—2:05PM

10/10 Fall Picture Day by Legacy Photography

10/11 Early out—2:05PM

10/15 Flu Vaccines available from County Health

10/17-10/18 NO SCHOOL—Teacher PIR—MEA

10/25 Early out—2:05PM 10/25 End of 1st Quarter

11/1 **NO SCHOOL—Teacher Development Day** 

11/5 Parent Teacher Conferences 11/7 Parent Teacher Conferences

11/8 Early out—2:05PM 11/15 Early out—2:05PM 11/22 Early out—2:05PM

11/27-11/29 NO SCHOOL—Thanksgiving Break

12/6 Early out—2:05PM Early out—2:05PM 12/13

### Thompson Falls Elementary

Mr. Len Dorscher, Principal

**School web site:** 

https://tfes.thompsonfalls.net



**ThompsonFallsSchools** 









## TIP OF THE WEEK

By Dr. Charles Fay

### **Grandparenting with Love and Logic**

According to recent U.S. census data, over 7 million American grandparents live with grandchildren under 18 years old. Over 2 million grandparents are entirely responsible for their grandchildren. We see these numbers reflected in calls that we receive from grandparents, who are involved in some way with raising their grandkids, and they ask how the principles and techniques of Love and Logic can help them.

Some grandparents who call have had previous experience with Love and Logic, but many are new to our approach. We have found that grandparents can benefit from Love and Logic and help them build healthy relationships with their grandkids while setting firm, loving limits that can turn problem behaviors around.

Many grandparents, just like many parents, tend to be helicopter grandparents. They are eager to swoop in to rescue their grandchildren. This behavior is ultimately based on their love, but rescuing, by parents or grandparents, is not always beneficial in the long run for kids.

Children face many problems in today's world, including getting to school on time, being hassled by other kids, keeping their grades up, feeling lazy, making poor choices of friends, and learning how to use technology safely, just to name a few. These problems often involve conflicts between the child and others, or between the child and herself or himself. They are also very tempting situations for rescuing by a loving grandparent.

Grandparents who intervene or rescue with these sorts of problems often think that they are showing their love for the grandchild. However, it is important to understand that when we fix things for our kids, they cannot learn how to fix things on their own. We believe that most of the time children can find their own solutions. If there is a good chance that children can solve their own problems, we should let them.

When a grandchild is facing a difficult situation, the grandparent can apply the principles of Love and Logic and help by handing the problem to the grandchild using the following five steps:

- Show empathy to the grandchild.
- Imply that the grandchild is smart enough to find a solution to the problem by asking "How do you think you're going to handle this"?
- Ask permission to share alternatives.
- Help the grandchild look at the consequences of the alternatives.
- Let the grandchild decide to solve or not to solve the problem.

Grandparents can find more helpful tips in Jim Fay's book, <u>How to Discipline Kids Without Losing Their Love and Respect</u>, which has helped many adults learn how to discipline kids effectively—without losing their love or respect.

Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Taylour Freed, for more info.