

High School	
Fall Sports	Estimated Start Date
Football	July 29
Bowling Boys	July 29
Bowling Girls	July 29
Cheerleading Sideline	July 29
Cross Country Girls	July 29
Cross Country Boys	July 29
Volleyball-Girls	July 29
Golf- Girls'	July 29
Golf- Boys'	July 29
Swimming	July 29

Winter Sports	Estimated Start Date
Competitive Cheer	Oct. 16
Cheerleading Sideline	Oct 28
Girls' Soccer	Oct. 14
Boys' Soccer	Oct. 14
Girls' Basketball	Oct. 28
Boys' Basketball	Oct. 28
Wrestling- Girls	Nov 6
Wrestling Boys	Nov. 6
Weightlifting- Girls	Oct. 9

Spring Sports	Estimated Start Date
Softball	1/22/2024 Arm Care Jan. 6
Baseball	TBD
Track and Field - Girls	Jan 29
Track and Field Boys	Jan 29
Boys' Lacrosse	Jan 22
Girls' Lacrosse	Jan 22
Weightlifting Boys	Jan 8
Flag Football	Jan 29
Boys Tennis	Jan 15
Girls Tennis	Jan 15
Boys' Volleyball	Feb 12
Beach Volleyball	Feb 6
Water Polo Girls'	Jan 8
Water Polo Boys'	Jan 8

Middle School	
1st Season	Baseball/Softball
Aug. 12- Oct. 25	Estimated Dates
2nd Season	Boys Soccer/Girls Volleyball
Oct. 15 - Dec. 17	Estimated Dates
3rd Season	Boys/Girls Basketball/Girls Soccer
Dec. 16- Mar. 7	Estimated Dates
4th Season	Boys Volleyball/Boys & Girls Track
Mar. 3- May-16	Estimated Dates

