



PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Lacy Elementary

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of Princeton ISD's Counseling Program and Lacy Elementary is to help students create an anchor for life by connecting them, as well as parents, schools and the community, with the tools and resources for academic, social/emotional success, and college & career readiness success.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are lead on delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal - setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete task

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements-

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

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Updated: 8/28/2024

Program Assumptions - see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results: Improve Student Behavior, Foster Emotional Resilience and Coping Skills, and Assess Program Balance using Time Tracking

We reviewed the following data points:

- Behavior incidents
- SSSP Data
- Student and Parent Campus Climate Survey
- Time Tracker Data

The following patterns will be evaluated in our data:

- Incident types
- Incidents by grade level
- Incidents by semester
- Student outlook of campus culture
- Parent outlook of campus culture
- Time tracker
- Types of non counseling duties

We found the following areas of significance in our data points:

- **an emphasis on character traits and student development of interpersonal and intrapersonal skills**

The most significant needs identified in needs assessments were:

- **strengthen student's interpersonal and intrapersonal skills through a character education program that is implemented with fidelity**

Advisory council input/insight to be incorporated into CSCP goals:

- develop a student leadership program (Student Council)
- provide opportunities for students to take part in reconciliation and restorative practices
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Program SMART Goals for the 2024-25 School Year

1. By May 2025, the school counselor will work to decrease discipline referrals by 10% by providing individual, group, and whole group counseling lessons.

2. By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Community Members

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventative Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Intrapersonal Effectiveness
2. Interpersonal Effectiveness
3. Personal Health and Safety
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance & Counseling Curriculum
3. Advocacy
4. Consultation and Coordination
5. Program Management (managing all 4 components of the counseling program)
6. Professional Standards

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum - 35-45%
2. Responsive Services - 30-40%
3. System Support - 10-15%

4. Individual Planning - 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- (through discipline referrals, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topics-Respect, Self-Respect, Anti-bullying, Hygiene, Puberty, Personal Safety/Safe Touch, Drug Prevention, College & Career lesson, Growth Mindset, Social Media Safety, and Executive Functioning Skills

SMART Goal/s-

- By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.
- By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

2. Strategic Content Area-Interpersonal Effectiveness

Needs Assessment Findings- (through discipline referrals, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.
- By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

3. Strategic Content Area-Personal Health, Safety, and Emotional Regulation

Needs Assessment Findings- (through discipline referrals, attendance, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention

SMART Goal/s-

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- By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.
- By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

4. Strategic Content Area-Post Secondary Education and Career Readiness Needs Assessment Findings- (though discipline referrals, attendance, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset SMART Goal/s-

- By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.
- By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Campus Responsive Services

Identified Need #1- Emotional Expression and Regulation

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and counseling lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #2- Anxiety and Coping Skills

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and counseling lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Family Changes

Preventative, Remedial, or Crisis- Remedial & Crisis

Intervention/Plan of Action- Counseling services based on student need

Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Individual Planning Priorities

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Domain- Personal

Goal- Identify attributes for achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Career

Goal- Introduction to different options

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

<u>Components</u>	<u>Content Areas</u>
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2024-2025 School Year

- By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

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- By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

3. 2024-2025 Campus Improvement Plan Goals:

Goal 1: Provide a safe, orderly, positive, and friendly climate conducive to learning.

Goal 2: Increase parental and community involvement.

Goal 3: Increase attendance.

CALENDAR

August

Content Area- Introduction to the Counselor & Counseling Program

CSCP Goals Addressed:

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC):

Counseling Lessons: Intro. to the School Counselor

K-2 Lesson Topic: Meet the School Counselor

3rd-5th Lesson Topic: Meet the School Counselor Gameshow

Major Projects/Events- counselor introduction to students, bulletin board, executive functioning skill of organization and focusing on Character Strong trait-Respect, BOY Staff training & Compliance videos .

September

Content Area- Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.
- By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Personal & Social

Guidance Curriculum Lesson Topics (GC)- How Big Is The Problem/Zones Of Regulation

Guidance Lesson:

K Lesson Topic: How Big Is the Problem?

1st -2nd Lesson Topic: How Big Is The Problem?

3rd-5th Lesson Topic: Meet the School Counselor Gameshow

Major Projects/Events- Character Strong trait-responsibility, and Executive Function Skill of Time Management, Student Council organization, Watch Dog Dads organization, BOY CLimate Student Climate Survey, Homecoming Week, 4th Grade YES Program, Hispanic Heritage Month, Childhood Cancer Awareness

October

Content Area- Personal Safety and Safety

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)

K Lesson Topic: Making Healthy Choices

1st -2nd Lesson Topic: Healthy Choices and Personal Safety

3rd-5th Lesson Topic: Healthy Choices and Personal Safety

Major Projects/Events: Red Ribbon Week, Character Strong trait of Gratitude, and Executive Functioning Skill of Working Memory, Watch Dog Program Kickoff, Student Council begins, and Counselor Advisory Team meeting, National Bully Prevention Month, Custodial Awareness Day, Breast Cancer Awareness Month.

November and December

Content Area- Healthy Habits, Puberty & Hygiene

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)-

K-1 Lesson Topic: Healthy Habits/Kindness

2nd Lesson Topic: Healthy Habits & Friendships

3rd-4th: Healthy Habits & Friendships

5th Lesson Topic: Puberty videos via district

Major Projects/Events- Anti-Bullying Month, Canned Food Drive, Angel Tree, focus on Character Strong trait of Empathy, and the Executive Function skill of Perseverance, Student Council and Counselor Advisory Team.

WINTER BREAK

January

Content Area- Postsecondary Planning and Readiness, Interpersonal Effectiveness * Interpersonal Effectiveness

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Educational, Career, Personal & Social

Guidance Curriculum Lesson Topics (GC)-

K Lesson Topic: Understanding Emotions

1st -2nd Lesson Topic: Conflict Resolution

3rd-5th Lesson Topic: Conflict Resolution & Perspective Taking

Major Projects/Events- Kindness Challenge Week, Coat Drive, School-board Appreciation Month, MLK Day, 100th Day of School

February

Content Area- Careers

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)-

K Lesson Topic: When I Grow Up

1st -2nd Lesson Topic: When I Grow Up & Listening Skills

3rd-5th Lesson Topic: Career Exploration

Careers: Career exploration, requirements for different careers, college exploration, and the importance of a good education to achieve career goals.

Major Projects/Events- College and Career Month field trip to CATE and AG Barn, Map My Future Mondays, Think College or Trade School Thursdays, Character Strong trait of Honesty. Executive Function skill of METACOGNITION.

March

Content Area- Careers Cont.

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)-

K Lesson Topic: When I Grow Up

1st -2nd Lesson Topic: When I Grow Up & Listening Skills

3rd-5th Lesson Topic: Career Exploration

Careers continued: Career exploration, requirements for different careers, college exploration, and the importance of a good education to achieve career goals.

Major Projects/Events- Character Strong trait of Cooperation. Executive Function skill of WORKING MEMORY, Open House, Read Across America, National Down Syndrome Day.

April

Content Area- Test Anxiety, Personal Safety

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)-

K Lesson Topic: Stranger Danger

1st -2nd Lesson Topic: Stranger Danger

3rd-5th Lesson Topic: Test Anxiety

Major Projects/Events- Character Strong trait of Cooperation, National A. P. Week, School Librarian Appreciation Day, National Administrative Professionals Day, Onion Festival, STAAR

May

Content Area- Test Anxiety, Personal Safety (Cont.)

CSCP Goals Addressed-

Goal 1: By May 2025, the school counselor will work to decrease discipline referrals 10% by providing individual, group, and whole group counseling lessons.

Goal 2: By May 2025, the school counselor will work to decrease the number of Full Threat Assessment Plans (reported by the SSSP) 10% by providing individual, group and classroom counseling sessions.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)- Test Anxiety, Personal Safety

Continued from previous month.

K Lesson Topic: Stranger Danger

1st -2nd Lesson Topic: Stranger Danger

3rd-5th Lesson Topic: Test Anxiety

Major Projects/Events- Focusing on Character Strong trait of CREATIVITY and using creativity as a coping skill, Teacher Appreciation Week,

June

Content Area- Review Data and prepare for new school year

CSCP Goals Addressed- Review data, determine growth achieved

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety,

Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Review

Major Projects/Events- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year.