

## ABC's of Transition to Kindergarten for Parents/Caregivers



Attendance is important. Every missed day is a missed learning opportunity.

Be positive about the transition to Kindergarten. A positive entrance increases the chances of academic success.

Create a learning space at home to support your child's creativity and natural curiosity.

**D**evelop a strong relationship with your child's kindergarten teacher.

Establish routines and schedules, kindergarten is a very structured place. Regularly practice routines.

Following directions is an important skill in kindergarten. Break instructions into one or two steps at a time.

Gather records (birth certificate, immunization records, proof of address) and complete forms to register your child for kindergarten.

**H**elp your child prepare for the transition by talking about kindergarten and allowing your child to share their concerns.

Independence is an important gift to give your child. Provide encouragement to promote success.

Join school related organizations such as, PTA and School Advisory Council (SAC).

Keep updated about school happenings by reading newsletters from teachers and administration.

Learn about your child's kindergarten program.

**M**ake sure to teach your child self-care skills, such as bathroom self-care, blowing their nose, opening lunch containers, and cleaning up their space.

Name all of the people your child will meet at their new school.

Ongoing communication between parent/caregiver and teacher is important.

Practice kindergarten skills such as, taking turns, standing in line, writing first and last name.

Questions can be answered by contacting your child's school.

Read books to your child about starting kindergarten.

Social skills are very important. Help your child learn how to interact with others and resolve conflicts.

Take your child to the local library to check out books to support their learning.

**U**nderstand that it is natural for your child to feel anxious about the transition to kindergarten.

**V**isit your assigned elementary school and attend kindergarten roundup.

Work closely with school staff to support your child or resolve any issues that may arise.

**X**-plore what a typical day of kindergarten will look like.

You and your child are taking this journey together, acknowledge that this is a big step for you too.

**Z**oom, start early with kindergarten transition activities, so that it doesn't come as a surprise later on.