

# For Children Starting Kindergarten, the Transition Matters!

Starting preschool or kindergarten is a transition full of big and small changes for young children. With your help, this transition can be a positive experience that gives your child (and you!) a sense of self-confidence and accomplishment.

## 9 Practical Tips to Help Your Child Transition to Kindergarten

- 1.** Give your child fun opportunities to spend time away from you, with other adults and children.
- 2.** Talk about school in positive ways. Share some of your happy memories about starting school.
- 3.** Regularly set aside time for your child to practice skills such as counting, learning the letters in their name or using scissors. See the tip sheet “What Your Child Needs to Know to be Ready for Kindergarten” for a quick reference of additional skills.
- 4.** Read books with your child and talk about the pictures and the story.
- 5.** Encourage your child’s independence by giving simple directions and letting them complete tasks on their own.
- 6.** Take a trip to kindergarten! Playing on the playground, touring the building and finding the bath-rooms can help reduce anxiety about starting school.
- 7.** With your child, select and read a book from the Transition to Kindergarten Booklist and discuss any feelings, questions or concerns about kindergarten.
- 8.** Speak with your child about morning routines, including how will they be transported to school.
- 9.** Take part in a free summer library program or another community activity to help you and your child learn and socialize with others before school starts.



## ABC's of Transition to Kindergarten for Parents/Caregivers



*Attendance is important. Every missed day is a missed learning opportunity.*

*Be positive about the transition to Kindergarten. A positive entrance increases the chances of academic success.*

*Create a learning space at home to support your child's creativity and natural curiosity.*

*Develop a strong relationship with your child's kindergarten teacher.*

*Establish routines and schedules, kindergarten is a very structured place. Regularly practice routines.*

*Following directions is an important skill in kindergarten. Break instructions into one or two steps at a time.*

*Gather records (birth certificate, immunization records, proof of address) and complete forms to register your child for kindergarten.*

*Help your child prepare for the transition by talking about kindergarten and allowing your child to share their concerns.*

*Independence is an important gift to give your child. Provide encouragement to promote success.*

*Join school related organizations such as, PTA and School Advisory Council (SAC).*

*Keep updated about school happenings by reading newsletters from teachers and administration.*

*Learn about your child's kindergarten program.*

*Make sure to teach your child self-care skills, such as bathroom self-care, blowing their nose, opening lunch containers, and cleaning up their space.*

*Name all of the people your child will meet at their new school.*

*Ongoing communication between parent/caregiver and teacher is important.*

*Practice kindergarten skills such as, taking turns, standing in line, writing first and last name.*

*Questions can be answered by contacting your child's school.*

*Read books to your child about starting kindergarten.*

*Social skills are very important. Help your child learn how to interact with others and resolve conflicts.*

*Take your child to the local library to check out books to support their learning.*

*Understand that it is natural for your child to feel anxious about the transition to kindergarten.*

*Visit your assigned elementary school and attend kindergarten roundup.*

*Work closely with school staff to support your child or resolve any issues that may arise.*

*X-plore what a typical day of kindergarten will look like.*

*You and your child are taking this journey together, acknowledge that this is a big step for you too.*

*Zoom, start early with kindergarten transition activities, so that it doesn't come as a surprise later on.*

## Showing Up for Success: **Attendance Tips**

Young children who are frequently absent from school miss out on friendships, learning activities and shared experiences needed for a sense of belonging and success. Scientific studies show that missing just a couple days of school every two weeks can add stress and make it harder for a child to learn and develop the skills to be successful in class. Unfortunately, 1 out of 10 children miss more than a month of school each year.

### **If your child has chronic attendance issues, you can use these tips to build good attendance habits:**

- Setting a regular early bedtime and establishing bedtime routines will help provide your child with the rest needed to approach each day ready for success.
- Bedtime routines may include baths, brushing teeth, reading a book and should allow plenty of time for children to prepare for bed.
- Reading with children or playing soft music before bedtime quiets and calms children allowing them to fall asleep more easily. It is suggested that children avoid the use of electronic devices before bedtime.
- Establish morning routines. Families should set their alarm clocks for the same time each day to allow adequate time to complete morning routines and reduce unnecessary stress
- Allow time for the unexpected. Have clothes, lunch and backpacks ready the night before, and get up with plenty of time to get to school.
- If you need assistance dropping off or picking up your child, ask family members, neighbors or other parents to lend a hand. Be sure to check the school's security policy in advance.
- If frequent stomachaches or headaches are keeping your child out of school, the cause could be stress or conflict. If your child seems nervous about going to school, speak with a teacher or counselor for advice on how to make them feel comfortable.
- Ask for help when you need it. School staff, after-school program providers, other families or community agencies are there to help you and address obstacles to attending school.

# Talking, Listening & Understanding: Communication Tips

Language, communication, and early literacy and writing are critical to children's ability to learn, work, and play with others. Language and literacy development involves the way children learn to communicate with sounds, words and gestures, and eventually, the way they learn to read and write. Children develop language and literacy through interactions with adults and other children, engagement with materials and instructional experiences.

## Families can follow these tips to further their child's communication skills:

- 1.** Read to your child at local libraries and bookstores, at home, anywhere.
- 2.** Use colors to describe objects when talking to your child.
- 3.** Sing action songs that require moving hands and feet.
- 4.** Provide toys that hold his attention while playing alone.
- 5.** Show and describe big and little objects.
- 6.** Read at least one book to your child every day.
- 7.** Ask your child her name and whose face is in the mirror.
- 8.** Talk to your child about what you are doing.
- 9.** Sign up for a library card.
- 10.** Sign songs like "Where is Thumbkin" and "Five Little Monkeys."
- 11.** Read books about special occasions.
- 12.** Look at pictures and talk about them.
- 13.** Take walks in the neighborhood and talk about what you see.
- 14.** Clap, laugh and praise your child when he does something new.
- 15.** Attend the local library events (e.g. reading hour).
- 16.** Listen to what your child has to say and then respond.
- 17.** Make a special time for reading stories (e.g. bedtime).

## Controlling large body movement

# Gross Motor Tips

During their first five years, young children undergo more rapid and dramatic changes in their physical development than at any other time in their lives. Changes in body proportion, coordination, and strength occur, as does increasingly complex brain development. Children develop remarkable physical, motor, and sensory capacities that enhance exploration and mastery of the environment.

### Families can follow these tips to further their child's gross motor skills:

- 1.** Teach your child how to walk up and down stairs with caution.
- 2.** Play dancing games as “Freeze Dance.”
- 3.** Play moving games as “Freeze Tag” or “Regular Tag” or “Hide and Seek.”
- 4.** Make your own, or provide your child with a jump rope.
- 5.** Create your own obstacle course for your child to go through it.
- 6.** Play a command game as “Simon Says” using large body movements.
- 7.** Draw a line with chalk and let your child practice walking on it.
- 8.** Play “Toss and Catch” with different sized balls.
- 9.** Encourage your child to help cleaning by tossing paper balls into the recycle bin.
- 10.** Play matching games that use the whole body as “Twister.”
- 11.** Create your own bean bag and play catch and toss or “Hot Potato.”
- 12.** Encourage your child to put on his own clothing.
- 13.** Provide areas to run, jump, hop, or ride a tricycle.
- 14.** Play a moving game that requires kicking as “Soccer” or “Futbol.”
- 15.** Play a moving game as “Hopscotch.”
- 16.** Read books that encourage movement.



## Kindergarten Entry Power Standards

### Social Skills

- Knows first and last name
- Recognizes the emotions of self and others
- Recognizes and controls own behavior
- Uses words to communicate feelings
- Shows beginning problem solving, including offering potential solutions
- Attends to a task for up to 5 minutes
- Able and willing to share
- No longer requiring a nap during the day

### Language

- Follows two-step directions (“Put on your shoes, and get your coat.”)
- Engages in back-and-forth conversation with adults and friends
- Able to express themselves and be understood by adults and friends using new vocabulary and details
- Asks and answers questions with adults and friends

### Literacy

- Enjoys looking at books
- Retells or reenacts a story
- Recognizes simple rhyming words (bat → cat)
- Identifies individual sounds within a word (identifies “mmm” as first sound in “mop”)
- Names most upper and lowercase letters
- Recognizes most letter sounds
- Uses scribbles to put thoughts on paper
- Writes first name

### Math

- Counts objects one at a time up to 15
- Creates small sets of objects (groups items and identifies how many)
- Reads and writes numerals 1-30
- Identifies basic shapes

*The expectations above represent select skills that children should master or be working on at the end of their prekindergarten experience. It is important to remember that children enter kindergarten with a wide range of skills and experiences. Teachers in the School District of Palm Beach County support incoming kindergarten children at all levels of learning and development. This list of skills was developed as a part of the Riviera Beach Prekindergarten Collaborative, which is a collaborative effort between kindergarten teachers from several Riviera Beach elementary schools and directors/instructors from several Riviera Beach private childcare centers.*

# What Your Child Needs to Know to be Ready for Kindergarten

Make the most of the time before kindergarten by using the *Florida Early Learning Standards: 4 Years Old to Kindergarten*. This quick reference sheet can be used as a guide as you help prepare your child for kindergarten success and beyond. This list contains suggested skills or abilities, but should not be considered fully comprehensive of all possible skills and abilities a five-year-old child should possess.



## Social and Emotional Development

- Recognizes and responds with compassion when peers are upset
- Can communicate feelings and emotions
- Has positive relationships with peers and adults
- Plays well with others
- Can problem solve with peers and adults
- Can describe personal characteristics (e.g., hair color, age, gender)



## Physical Development

- Demonstrates physical play, direction and spatial awareness (e.g., running, jumping, balancing, riding a tricycle)
- Eats and drinks without assistance
- Attends to personal hygiene



## Creative Expression Through the Arts

- Enjoys participating in musical activities (e.g., dance, singing, playing instruments)
- Uses drawing, painting, or other form of art to express thoughts, feelings, and experiences.



## Social Studies

- Identifies themselves as an individual and how they are different from others
- Understands the use of rules within the family and classroom
- Understands the use of geographic resources (e.g., globes, maps or GPS)
- Understands the role of community workers



## Approaches to Learning

- Demonstrates curiosity, eagerness and persistence to a task
- Shows creativity, inventiveness, reflection and planning for a new task





## Language and Literacy

- Communicates clearly with peers and adults
- Listens for personal understanding
- Follows two-step directions
- Speaks clearly, in complete sentences
- Continually increasing the understanding and use of new vocabulary words
- Uses age-appropriate grammar (e.g., *possessive pronouns, plurals, past tense*)
- Continually uses extended sentences
- Ask and answers questions
- Enjoys looking at and reading books, both independently and with others
- Understands how to care for a book
- Can retell a story
- Can identify letters
- Can separate compound words into two separate words
- Can combine two words to create a new compound word
- Can separate or combine syllables and words
- Names most letters (*upper case and lower case*)
- Can write own name



## Mathematical Thinking

- Recognized sets of objects without counting (*subitizing*)
- Counts to 31
- Manipulates sets (*counting objects, separating and combining sets*)
- Creates simple patterns using different objects
- Can identify, describe and create basic shapes (*circle, square, rectangle and triangle*)
- Uses terms such as besides, below, next to, behind and under to describe the location of an object



## Scientific Inquiry

- Identifies and utilizes all five senses
- Uses various technologies to support exploration and learning
- Understands the difference between and observes living things and non-living things
- Makes predictions about how an environment can change an object (e.g., *water, wind, temperature*)



# My Journey to Kindergarten PreK→K Activity Calendar



**This calendar is full of fun, engaging activities that will help your child prepare for their journey to Kindergarten. Each month offers activities that focus on literacy, math, science, social emotional learning and fun family games based on Florida's Early Learning Standards.**

**Have fun with your child completing the activities while helping your child prepare for the next milestone in their life...Kindergarten!**

**For more information about kindergarten transition and parent resources, visit**

**[Transition to Kindergarten](#)**



**Early  
Childhood  
EDUCATION**  
PALM BEACH COUNTY SCHOOL DISTRICT



# AUGUST 2024



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
PreK starts this month					1	2	3
<p><b>This is an exciting month as your child starts PreK. Your child is going to embark on a wonderful journey of learning that will prepare your child for kindergarten.</b></p>			<p>Routines are important. Discuss your family routines for school, dinnertime, and bedtime.</p>	<p><b>Establish a reading routine.</b> Read every night to your child. 15 minutes makes a difference!</p>	<p>Making friends is an important part of PreK, role play with your child how to introduce themselves to a classmate and ask their name.</p>	<p>Read a book about friendship. Discuss what it means to be a friend.</p>	<p>Role play how to solve a conflict. 1. What to do when a child takes their toy. 2. What to do when they want a toy a child is playing with. 3. What to do when someone is mean to them.</p>
4	5	6	7	8	9	10	
<p>Family time, spend the day relaxing. Bedtime read "The Kissing Hand"</p>	<p>To prepare your child for PreK and missing you, read "Llama, Llama, Misses Mama."</p>	<p><b>Get ready for PreK</b> Lots of paperwork will come home, read everything and send back required paperwork.</p>	<p>To prepare your child for their first day of PreK, read "The Night Before Preschool."</p>	<p>Establish good attendance habits. Arrive to school on time and absent only when your child is sick.</p>	<p>Family game night, play your child's favorite board game, practicing taking turns.</p>	<p>Visit the library and find books about friendship.</p>	
11	12	13	14	15	16	17	
<p>Family time, enjoy this Sunday doing your child's favorite activities.</p>	<p>During reading time, talk about the parts of a book, front/back cover, title page, author, illustrator.</p>	<p>Read an alphabet book, ask your child to point and tell the letters they know.</p>	<p>Practice saying the days of the week.</p>	<p>Encourage your child to practice writing their name.</p>	<p>Family game night, play a card game Crazy 8's or Go Fish.</p>	<p>Have your child explore items in the house discussing characteristics, hard/soft, heavy/light.</p>	
18	19	20	21	22	23	24	
<p>Family time, discuss chores and give your child a simple chore to do each day to help the family.</p>	<p>Review the parts of a book with your child. While reading, point to the words, showing your child we read left to right.</p>	<p>Practice counting to 10.</p>	<p>Talk with your child about their friends in class, asking each friend's name, and a game they play together.</p>	<p>Have your child practice writing their name and all the letters they know.</p>	<p>Family game night, Play Simon Says.</p>	<p>Ask your child to draw a picture of their classroom. Help your child make a list of activities he/she does in the classroom.</p>	
25	26	27	28	29	30	31	
<p>Family time, complete a puzzle together.</p>	<p>Review the parts of a book with your child and the direction we read the words.</p>	<p>Read an alphabet book, ask your child to point to the letters in their name.</p>	<p>Practice saying the days of the week.</p>	<p>Have your child practice writing and recognizing their first and last name.</p>	<p><b>This month's focus:</b>  <b>1. Review the parts of a book.</b>  <b>2. Your child will practice writing their name and letters.</b>  <b>3. Discuss the importance of friendship.</b></p>		

### Suggested books to read this month:

PreK books- "Llama, Llama, Misses Mama," "The Kissing Hand," "The Night Before Preschool."

Friendship books- "Will I have a Friend?"

Alphabet books- "Chicka, Chicka, Boom Boom," "Click, Clack, Quackity, Quack," "LMNO Peas," "Dr. Seuss's ABC An Amazing Alphabet Book."



# SEPTEMBER 2024

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						
<b>1. Literacy- Identifying and writing the letters of the alphabet</b> <b>3. Math- Counting</b> <b>2. Understanding the 5 senses</b> <b>4. Discussing feelings and emotions</b>						
1	<b>Labor Day</b>	2	3	4	5	6
Family time, have your child help make a meal.	Read, "How Do You Feel?" Create a feelings chart using emojis and use it to teach your child to recognize how facial expressions relate to feelings.	Count items around the house, toys, buttons, spoons. Make it fun!	Talk about the 5 senses. Ask what body part we use for seeing, hearing, touching, smelling, and tasting. How do our senses help us?	Label items and areas around the house. Use these to practice letter identification and reading the room.	Family Game Night Have fun skip, jump, hop.	Take a nature walk, have your child use their senses to describe the environment during the walk.
8	9	10	11	12	13	14
Family time, play your child's favorite game, read their favorite book, or cook a favorite meal together.	Read a book about a character that was feeling sad, have your child discuss a time they were sad and how he/she worked through that feeling.	Sort a deck of cards by color, shape, or number.	Sensory Walk, fill 5 containers using dry beans, shaving cream, water, water beads, sand. Line them up, ask your child to predict which one will be squishy, hard, or soft. Have your child walk through each container to check their predictions.	Have your child practice writing their name.	Family game night, play Simon Says.	Have your child help with chores by asking him/her to clean-up their toys, sorting them by small, medium, and large.
15	16	17	18	19	20	21
Family time, have a dance party to your child's favorite songs.	Read Llama, "Llama, Mad at Mama," discuss a time when your child was mad. What made your child mad and how was it resolved?	Practice counting, start with 1-5, having your child count how many and show the number with their fingers.	Taste test, using lemons, apples, chips, candy, cocoa powder. Ask your child to predict if the item will be sweet, salty, sour, or bitter. Have your child test their prediction by tasting each one.	Using sidewalk chalk, have your child write the letters they know.	Family game night, play hide and seek.	Visit your local library to check out books about friendship and feelings.
22	23	24	25	26	27	28-30
Family time, Play "I Spy" during a car ride and ask your child to be specific adding colors and shapes.	Close the month by reviewing feelings and asking, How would you feel if...? Tell a time you felt scared. How does it make you feel when ...?	Ask your child to move different ways (skip, hop, jump), count each of the moves.	Create homemade binoculars with 2 toilet paper tubes, glue them together. Have your child use the binoculars to explore their environment, telling what they see in detail.	Fill a cookie sheet with shaving cream, ask your child to write the letters of the alphabet.	Family game night, play your child's favorite board game.	Over the next 3 days continue to talk about feelings. Ask your child to draw a picture of what makes him/her happy.

**Suggested books to read this month:**

Feelings books- "Llama, Llama, Mad at Mama," "The Pigeon has Feelings, Too!" "Where Happiness Begins," "My Heart Fills with Happiness," "Inside my heart and in my head...Feelings."  
 5 Senses books- "Here are my Hands," "Me and My Senses," "I Hear a Pickle."



# OCTOBER 2024

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						
<ol style="list-style-type: none"> <li><b>Literacy-</b> Continue to focus on letters, both uppercase and lowercase, start adding letter sounds, rhyming, making predictions, character feelings,</li> <li><b>Math-</b> Use positional words with your child such as: below, over, behind, in front of, next to, against, before, after, around, on. To introduce these words read the book, "We're Going on a Bear Hunt."</li> <li>Your child practices writing their name, use sidewalk chalk, shaving cream, or playdough. Make it fun!</li> </ol>						
		1	2	3	4	5
		Read a book that focuses on positional words, discuss those words..	Rhyme time, discuss rhyming words, cat/hat. Ask your child what they hear. Practice with other words.	Recognize and name shapes in the environment, discuss their position.	Family game night, play Candyland or Chutes and Ladders.	Go on a nature walk, using positional words to describe what you see.
6	7	8	9	10	11	12
Family time, have your child help with dinner by measuring ingredients and mixing them together.	Reading focus this week, making predictions. Ask your child to look at the cover and tell you what they think the book is about.	Sort objects by size, shape or color and then count them	Rhyme time! Read nursery rhymes, Talk about the rhyming words.	Practice letter and name writing.	Family game night, play Simon Says.	Play I Spy using positional words. "I spy a bird on top of a blue car."
13	14	15	16	17	18	19
Family time, watch your child's favorite movie.	Reading focus this week, use illustrations to help tell the story.	Gather 10 objects, touch each object and count them one at a time.	Rhyme time! Share words that rhyme (hat, bat), ask your child to say the words. Practice with other words.	Using everyday items, have your child identify the letters they know.	Family game night, play Follow the Leader, jump, run, hop, skip. Take turns being the leader.	Go grocery shopping, using positional words to have your child get items from the shelf.
20	21	22	23	24	25	26
Family time, dance party.	Reading focus this week, characters in a story. Ask, "Who are the characters and how are they feeling?"	Count 1-10, ask your child to stomp their foot or clap for each count. <a href="#">Showcase of Schools</a>	Rhyme time! Say rhyming words. Ask your child to tell you some rhyming words.	Fun with letters. Let your child choose a fun activity to practice letters.	Family game night, play Uno.	Play the pumpkin game using positional words. Place the pumpkin on the table, under the table, next to a cup.
27	28	29	30	Halloween 31		
Family time, rest, relax, and read. Click, Clack, Boo!	Reading focus this week, open-ended questions. Ask what was your favorite part of the story and tell why.	Set up groups of objects, no more than 10 in a group. Ask your child to count and tell how many in each group.	Read a rhyming book and ask your child to listen for the rhyming words.	<b>Uses your 5 senses to enjoy the day. What do you see, hear, smell, taste, and touch?</b>		

### Suggested books to read this month:

Positional words- "We're Going on a Bear Hunt," "Rosie's Walk," "up & down," "Where is Bear," "In-between Things," "Cat up, Cat down."

Rhyming books- "Brown Bear, Brown Bear, What do you See?" "Bear Snores On," "Llama, Llama Red Pajama," "The Big Red Barn,"

"Goodnight, Goodnight, Construction Site."

Halloween books- "Click, Clack, Boo!" "10 Little Pumpkins," "Pete the Cat, Trick or Pete."

Interested in a [Choice Program](#) for your incoming Kindergartener?

Attend the Showcase of Schools on October 22 at the South Florida Fairgrounds from 4-8 pm.



# NOVEMBER 2024

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>This month's focus:</b>						1	2
<b>1. Literacy- Asking questions during reading, practicing rhyming, and letter identification.</b> <b>2. Math- Understanding shapes and their attributes, counting how many sides and vertices (corners).</b>						Practice numbers with a game of hopscotch!	Flashlight reading, at bedtime have your child choose their favorite book, grab a flashlight, turn off the lights and read!
3	4	5	6	7	8	9	
Family time, have your child measure ingredients for their favorite dessert.	Reading focus this week, ask an open-ended question such as, "What do you think will happen next?" <a href="#">Choice Application Opens</a>	Show your child shapes, asking your child to name them, talk with your child about the shape's attributes (straight sides, curves, corners).	Rhyme Time Say 2 words and ask your child if they rhyme. Bat, hat	Have your child practice writing their name and the letters they know.	Family game night, put together a puzzle.	Go on a shape hunt with your child, looking for squares, rectangles, triangles, circles.	
10	11	12	13	14	15	16	
Family time, cook breakfast together.	Reading focus this week, describing characters emotions. Ask your child how the characters were feeling at different parts of the story.	Introduce the square, review its attributes. Ask your child to find square shaped objects around the house.	Read a rhyming book. After reading, ask your child to tell you some of the rhyming words they heard.	ABC fun time, ask your child how he/she would like to practice letters today.	Family game night, mix up a deck of cards, deal them evenly face down. At the same time each player flips one card and decides who has the greater number.	Go on a nature walk, looking at shapes of leaves, rocks, and clouds.	
17	18	19	20	21	22	23	
Family time, together create a piece of art to be displayed in your home.	Reading focus this week, while reading point to a picture and ask your child "What is happening in this picture?"	Circle game, review the attributes of a circle. Show your child different shapes and ask if it is a circle. Have your child explain why or why not.	Encourage your child's curiosity. Research a topic of interest.	Review the rectangle. Have your child look for rectangles in your home or on a walk.	Family game night, "Mystery Bag." Each family member puts an object in a bag. They will give verbal clues about what's inside. Let family members feel the bag and make a guess before revealing the object.	When you are doing laundry, ask your child to sort and match clothes one of these ways color, size, or type of clothing.	
24	25	26	27	28	29	30	
Family time, have your child pick a movie for the family to watch together.	Reading focus this week, ask a recall question. Can you tell me what happened to (name a character)?	Introduce the rectangle, show a square and a rectangle. Ask your child what is the same and what is different between the two.	Have your child draw a picture of what they are thankful for.	<b>Happy Thanksgiving!</b> Have your child help decorate and set the table.	Encourage your child's curiosity by finding the answer to "Why is the sky blue?"	Family game night, play a game of hide and seek.	

**Suggested books to read this month:**

- Rhyming books- "Duck in the Truck," "The Very Cranky Bear," "The Pout-Pout Fish," "Frog on a Log."  
 Thanksgiving books- "The Thank You Book," Pete the Cat, The First Thanksgiving," "Bear Says Thanks."  
 Shape books- "Love, Triangle," "Color Zoo," "City Shapes."  
 Question books- "The Empty Pot," "Wolf's Coming."



# DECEMBER 2024



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						
<b>1. Literacy- Read your child's favorite books and continue practicing rhyming. Introduce syllables.</b> <b>2. Math- Count to 5.</b> <b>3. Enjoy family time. Talk about holiday traditions with your child.</b>						
1	2	3	4	5	6	7
Family time, create a list of your holiday traditions.	Literacy focus this week, rhymes. Tell your child to listen carefully to the ending sound. Say 2 words, ask your child to clap if they rhyme.	Math focus, numbers 1 & 2. Show your child how to write the numbers and how to represent them with objects.	Rhyme time, continue with the rhyme game.	Have your child make an ABC book, writing the letters and drawing a picture to match.	Family game night, work on problem solving and critical thinking skills by playing Jenga.	Enjoy jump roping. Ask your child to count how many times he/she can jump in a row.
8	9	10	11	12	13	14
Family time, take a drive and enjoy the holiday decorations.	Literacy focus this week, counting syllables. Clap the syllable beats in a word. Say water, clap twice (wa-ter). Ask how many syllables? Practice with 5 words.	Math focus, the numbers 3 & 4. Show your child how to write them and how many represent each. Ask your child to demonstrate the numbers.	Practice syllables today. Ask your child to stomp for each syllable in a word. Ask how many syllables after each word.	Have your child continue working on ABC book. Have your child create a cover for the book and write their name as the author.	Family game night, play Sequence for kids. This game builds thinking and strategy skills.	Enjoy the outdoors, take a walk or bike ride.
15	16	17	18	19	20	21
Family time, bake some family favorite recipes	Reading focus this week, read your child's favorite holiday books.	Math focus, the number 5. Show your child how to write a 5 and how to represent it with objects. Review numbers 1-4. Ask your child to write numbers 1-5 and represent them with objects or circles.	Free choice, ask your child if she/he wants to practice rhyming or syllables.	Have your child put the final touches on their ABC book, adding color.	Family game night, build a snowman with marshmallows and edible treats. Enjoy!	Wind down the day with your child's favorite holiday book.
22	23	24	25	26	27	28
Enjoy family time during the holiday season.	Family time, make time to read each night.	Family time, spend time enjoying friends and family.	Enjoy time with family and friends.	Family time, movie night.	Family game night, have your child choose the game.	Visit the library to check out your child's favorite books
29	30	31	<div style="border: 1px solid black; padding: 10px;"> <p><b>Download the Vroom app. Every day Vroom will deliver a simple and fun brain building activity for you and your child.</b>            Go to <a href="https://www.vroom.org">Vroom.org</a> for information.</p> </div>			
Prepare some hot chocolate with your child, practice measuring the ingredients.	Ask your child to choose their favorite book, read the book together to enjoy an evening of reading.	<b>New Year's Eve!</b> Talk with your child about how much they have learned this past year.				

### Suggested books to read this month:

Holiday books- "Llama, Llama Holiday Drama," "Chicken on Vacations," "Snowmen at Night," "Hanukkah Lights," "My First Kwanzaa."  
 Number books- "Chicka, Chicka One, Two, Three," "Five Little Monkeys Jumping on the Bed," "Pete the Cate and his Four Groovy Buttons," "On the Launch Pad."





# JANUARY 2025

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>			<b>Happy New Year! 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Literacy focus this month, connect information and ideas your child already knows to what is read.</b>	Reading focus this week, connection question during reading, "What does this remind you of?" See if your child connects something from the book to their life.		Set a goal of reading every day for 15 minutes.	Math focus, the numbers 6 & 7. Show your child how to write them and how many represent each. Ask your child to demonstrate the numbers.	Family game night, work together to put a puzzle together.	Make hot chocolate, cuddle up and watch your child's favorite movie.
5	6	7	8	9	10	11
Family time, ask your child help make dessert. Have your child measure and stir ingredients. Enjoy!	Reading focus this week, add a new connection question, "How is _____ like?"	Math focus, the numbers 8 & 9. Show your child how to write them and how many represent each. Ask your child to demonstrate the numbers.	Letter game, show a letter, ask your child to tell the letter and sound.	Practice writing numbers 1-9.	Family game night, build a structure with blocks. Count how many blocks used.	Visit your local library and help your child choose books to check out for this month.
12	13	14	15	16	17	18
Family time, enjoy a family picnic or other outdoor activity.	Reading focus this week, add another connection question, "Have you ever _____?"	Math focus, the number 10. Show your child how to write 10 and how many represent it. Ask your child to demonstrate the number.	Have your child create a drawing and then ask, "Can you tell me about your drawing?"	Have your child organize their toys by sorting them. Let them choose how sort (color, size, type).	Family game night, play matching pairs Memory Game.	<b>Winnie the Pooh Day</b> Read your child's favorite Winnie the Pooh book.
19	20	21	22	23	24	25
Family time, choose a recipe for dinner and have your child assist with preparing the meal.	Reading focus, use connection questions during reading.	Review numbers 1 - 10. Have your student write each number and then draw a picture to show how many for each number.	Have your child search the house for letters they know, name the letter, say the sound.	Sit down with your child and create a grocery list. Talk about the starting letters and sounds for each of the items on the list.	Family game night, play a game of Go Fish.	Nature walk, have your child predict what the wind does to the leaves. How the wind changes the temperature.
26	27	28	29	30	31	
Family time, rest, relax, and read.	Reading focus this week, introduce nonfiction books, focus on interesting words. Discuss words and meaning.	Have your child create a number book. Write the numbers 1-10 and draw items to represent the number.	Focus on the ending sound of a word. Say mat, ask your child the ending sound. Ask your child other words that end with that sound. Repeat with other familiar sounds.	Join us for a Transition to Kindergarten Parent Webinar this month. Details will be found here <a href="#">Kindergarten Registration</a> <b>Choice Application closes on January 31<sup>st</sup>.</b>		

**Suggested books to read this month:**

**Connection books:** "Waiting is not Easy," "Ruby Finds a Worry," "The Rainbow Fish," "Bread and Jam for Frances."

**Number books:** "Ten, Nine, Eight," "Quack and Count," "One Duck Stuck," "Ten Black Dots," "Mouse Count."



# FEBRUARY 2025



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						1
<b>1. Literacy- Informational text to build your child's vocabulary, background knowledge, and critical thinking skills. Types of informational text include information books about science and social studies, how-to or procedural, and narrative nonfiction. Each week choose one type of informational text.</b> <b>2. Math- Numbers 11-17</b>						Teach your child your phone number.  Practice each day.  Library visit day. Help your child choose informational books to check out.
2	3	4	5	6	7	8
Family time, exercise together. Run, skip, or hop together.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review numbers 1-10. Introduce 11 & 12, showing the numbers and items to represent the numbers.	Focus on the ending sound of a word. Say words and ask your child what's the ending sound.	Have your child add numbers 11 & 12 to their math book.	Family game night, tonight your child chooses the game to play.	Take a walk and talk about friendship. What it means to be a friend and ways your child shares with friends.
9	10	11	12	13	14	15
Family time, create Valentine's Day cards for family and friends.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review 1-12 and introduce 13 & 14, showing the numbers and items to represent the numbers.	Ask your child to draw a picture and write about something they learned from informational text. Ask what their writing says.	Have your child add numbers 13 & 14 to their math book.	Happy Valentine's Day Do something nice for someone.	On a walk or drive, look at street signs. Talk about the shapes, colors, and what they mean.
16	17	18	19	20	21	22
Family time, rest, relax, and read.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review 1-14 and introduce 15 & 16, showing the numbers and items to represent the numbers.	Focus on the ending sound of a word. Say words and ask your child what's the ending sound.	Have your child add numbers 15 & 16 to their math book.	Family game night, play a game of checkers.	During a walk or drive, practice saying or singing the days of the week.
23	24	25	26	27	28	
Family time, have your child choose a favorite recipe, measure and stir the ingredients.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review 1-16 and introduce 17 & 18, showing the numbers and items to represent the numbers.	Syllable count, say party and clap for each syllable. Par-ty, 2 syllables. Practice with other familiar words, ask your child to say words, clap and count syllables.	Have your child add numbers 17 & 18 to their math book.	Family game night, play high-low with a deck of cards. Deal cards, everyone flips a card, decide who has the high card and low card.	

### Suggested books to read this month:

Informational text- Choose topics your child is interested in such as, matter, space, life cycle of a butterfly, plants, animals, how-to (recipes, crafts, science experiments), and sports.

Narrative nonfiction- "Leo the Snow Leopard," "Knut, How One Little Bear Captivated the World," "Because of an Acorn, "A Nest is Noisy."

Biographies- "Dinosaur Lady," "Shark Lady: The True Story of How Eugenie Clark Became the Ocean's Most Fearless Scientist."



# MARCH 2025

## My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>			<b>Kindergarten Kickoff starts in April.</b> <b>Get ready by finding your child's school for kindergarten enrollment.</b> <a href="#">Find My School</a> <b>Contact your child's school to find out the date and time for kindergarten round-up.</b>			1
<b>1. Literacy- Read both informational text and picture books. Remember to set a purpose for reading informational text. For example, "Let's read this book about plants so we can learn about the life cycle of a plant." "Let's read the instructions to the game so we know how to play it correctly." 2. Math focus-measurement</b>						
2	3	4	5	6	7	8
Family time, let your child choose a craft project, read the directions together to complete.	Read an informational book about something your child is interested in learning more about.	Review 1-18. Introduce 19 & 20, showing the numbers and items to represent the numbers.	Introduce compound words, discussing how two words make one. (airplane, playground), Develop a list of compound words with your child. Post list on the wall or refrigerator.	Have your child add numbers 19 & 20 to their math book.	Family game night, play Go Fish.	Walk and talk about feelings, happy, sad, excited, and scared. Discuss how your child is feeling today and why.
9	10	11	12	13	14	15
Family time, learn a new dance.	Read a narrative nonfiction book today about your child's favorite animal. Set a purpose to read.	Practice counting 1-20. Count verbally, identify written numbers, and number of objects matching the number.	Review compound words. Use your hands to represent each part of a compound word. Start with cupcake, use right hand for cup, left hand for cake. Ask your child to tell you the word. Do this with other compound words.	Read your child's math book together. Celebrate their hard work.	Family game night, Play Crazy 8's	Name a feeling and ask your child to make the face that matches the feeling.
16	17	18	19	20	21	22
Family time, go outside and enjoy the day together.	Read a picture book, asking connection questions. Refer to January's reading focus.	Give your child a bag with 20 items (Legos, coins, beads), Show a number and have your child count out the correct number of items.	Play What word?" Say a compound word and then ask your child to say it without one of the parts. What is baseball without base? Answer ball.	Ask your child to practice writing their first and last name.	Family game night, play your child's favorite game.	Help your child classify emotions into categories: happy, sad, angry, frustrated.
23	24	25	26	27	28	29-31
Family time, gather the ingredients to your child's favorite snack and allow him/her to make their snack independently.	Read your child's favorite book today, have your child discuss their favorite parts, telling why those parts are their favorite.	Finish the month counting 1-20. Matching the number to the items. Let your child choose the items.	Play What word? Compound word game from March 19th.	Today let your child choose a writing activity.	Family game night, Play high-low with a deck of cards.	Plan a movie night, Go on a family nature walk. Talk about what you notice or wonder. Encourage your child to draw a picture.

### Suggested books to read this month:

Books about feelings-"The Way I Feel," "The Color Monster," "Ravi's Roar," "The Feelings Book," "Some Days."

Math books- "Mouse Shapes," "The Shape of Things," "Shapes are Everywhere."

Compound word books- "If You Were a Compound Word," "Thumbtacks, Earwax, Lipstick, Dipsticks: What is a Compound Word?" "Once There was a Bull...(frog)".



# APRIL 2025

My Journey to Kindergarten PreK → K



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						
<p>1. Literacy- April is Poetry Month-this month discuss and read poetry with your child.            2. Math- This month is measurement. Each week your child will measure objects using various tools.            3. Start talking about Kindergarten with your child.</p>						
		1	2	3	4	5
	<p><b>Introduce poetry, start by sharing with your child that songs and poetry are related. Choose a song your child likes, print the lyrics and then read them to your child. Talk about the rhyming words in the song.</b></p>	<p>Use string, Legos, paperclips or other items to measure items around the house. Discuss how many long it is.</p>	<p>Say a word with 2 syllables. Clap for each syllable. Ask, how many syllables? Practice several words with your child. robot, sunshine, water, napkin, picnic, until</p>	<p>Practice writing numbers 1-20, ask your child to draw circles to represent each number.</p>	<p>Family game night, play Candyland or Chutes and Ladders.</p>	<p>Discuss living things (can grow, needs food and water, such as a puppy to a dog, a baby to a child, seeds to a plant). Nonliving things (cannot grow, such as cars, chairs, cupcakes, toys).</p>
6	7	8	9	10	11	12
<p>Help with dinner by measuring ingredients and mixing them together.</p>	<p><b>Kindergarten Kickoff Week</b> Read some of your child's favorite nursery rhymes, ask your child to tell you the rhyming words.</p>	<p>Measure items around the house using a ruler, measuring tape, or yardstick. Assist your child in reading the measurement.</p>	<p>Review and Practice 2 syllable words. Remember to clap for each syllable. basket, unless, cabin, habit, robin, finish, rocket, happen</p>	<p>Have your child practice your phone number. Show your child how to write it.</p>	<p>Family game night play Simon Says.</p>	<p>Review living things, plant bean seeds with your child, ask your child what they think is needed to help the seeds grow. Have your child create a science journal to track the seeds progress.</p>
13	14	15	16	17	18	19
<p>Today is Good Deeds Day. Prepare for giving back by having your child sort through their old toys and clothes to donate.</p>	<p>Read "The Llama Who Had No Pajama:100 Favorite Poems." These poems cover many topics from animals to birthdays.</p>	<p>Measure wet and dry ingredients using, measuring spoons, and cups.</p>	<p>Say a word and ask for a word that rhymes with it, continue with several words.</p>	<p>Let your child choose what to write today.</p>	<p>Family game night, play Follow the Leader, jump, run, hop, skip. Take turns being the leader.</p>	<p>Have your child check on the progress of their plant.</p>
20	21	22	23	24	25	26
<p>Family time, dance party.</p>	<p>Continue reading poetry with your child, discussing the words that rhyme.</p>	<p>Have your child choose a measuring tool. Measure items around the house. Use vocabulary small, shorter, longer.</p>	<p>Show your child a letter card. Ask your child to tell you the letter and the sound. Ask what words start with that letter. Repeat with other letters.</p>	<p>Practice writing skills, by having your child help create a grocery list for weekend shopping.</p>	<p>Family game night, play Uno.</p>	<p>Ask your child if they remember what makes something living or nonliving. Have your child categorize things around the house that are living/nonliving and why.</p>
27	28	29	30			
<p>Family time, have poetry party, read and write poetry with your child.</p>	<p>Have a poetry tea party. Prepare iced tea or herbal tea and enjoy some poetry.</p>	<p>Go on a treasure hunt. Have your child link 10 Legos, go on a hunt around the house for items that measure 10 Legos long</p>	<p>Visit the Palm Beach County School District Kindergarten Registration page. Many valuable resources are located there to help prepare your child for kindergarten.  <a href="#">Kindergarten Registration Page</a></p>			

**Suggested books to read this month:**

- Poetry- "Eric Carle's Twinkle, Twinkle, Little Star and other Nursery Rhymes," "Digger, Dozer, Dumper," "Shout! Little Poems that Roar."  
 "Read-Aloud Rhymes for the Very Young," "The Neighborhood Mother Goose."  
 Measurement books- "Next to an Ant," "A Pig is Big," "Is it Larger? Is it Smaller?" "Just a Little Bit." "Inch by Inch."  
 Living/Nonliving books- "The Tiny Seed," "Living Things and Nonliving Things-A Compare and Contrast Book."



# MAY 2025



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus</b>				1	2	3
<p><b>1. Literacy focus- Rich vocabulary and retelling a story focusing on the beginning, middle and end.</b></p> <p><b>Math focus- Subitizing (instantly recognize how many in a set up to 5).</b></p> <p><b>Subitizing Directions-using Legos, put one Lego in one hand and two in the other. Tell your child you are going to show the Legos for a few seconds and they will need to focus on how many are in your hands. Close your hands and ask, "how many Legos?" Practice by changing the number of Legos in your hands each time.</b></p>				<p>Practice onset-rime. Rimes are ending sounds (<b>at, it, in, an</b>). Start with bat, ask your child to say a new word, changing the beginning letter/sound (b to h for hat). Work your way through the rimes each day.</p>	<p>Family game night, have your child choose the game.</p>	<p>Visit your library today to check out books that interest your child. Encourage your child to explore poetry books.</p>
4	5	6	7	8	9	10
<p>Family time, go on a bike ride, take a walk, or go on a scenic drive.</p>	<p>Read "Giraffe and Bird." Discuss with your child the rich vocabulary words in the text. abide, invade, perch, swats, glum, pester, perturb, scam, prunes</p>	<p>Subitize following math focus above continue with 3 cubes. Complete several rounds, this time state, the addition sentence. Example, Yes, 2 + 1 cube= 3 cubes.</p>	<p>Ask your child what they would like to practice today.</p>	<p>Practice onset-rime. Choose the rime, give a word, and ask your child to change the beginning letter to create a new word, continue until your child can't think of any new words.</p>	<p>Family game night, play flashlight tag.</p>	<p>Go to the beach, have your child predict how the sun changes the water temperature, how the wind changes the waves, what the sun does to the sand.</p>
<b>Mother's Day 11</b>	12	13	14	15	16	17
<p>Spend the day making memories!</p>	<p>Read "Stellaluna," discussing the rich vocabulary with your child while you read. sultry, clutched, tangle, clambered clumsy, swooped, limp</p>	<p>Subitize, adding 1 more cube for a total of 4. Create different combinations in your hands, showing for 2 seconds and asking how many.</p>	<p>Show your child a letter card, ask the letter and sound. Have your child say words that start with that letter. Repeat with other letters.</p>	<p>Practice onset-rime</p>	<p>Family game night, play Follow the Leader, skip, hop, and jump.</p>	<p>Go on a walk and play "I Spy," finding different shapes on your walk.</p>
18	19	20	21	22	23	24
<p>Family time, enjoy fun in the sun.</p>	<p>Ask your child to choose a book for you to read, after reading ask your child to retell the story, focusing on the beginning, middle, and end.</p>	<p>Continue to Subitize, working with a total of 5 cubes. Create various combinations, asking your child how many.</p>	<p>Ask your child to create a card for their PreK teacher thanking her/him for a great year of learning.</p>	<p>Practice onset-rime</p>	<p>Family game night, go outside and blow bubbles using different size wands and see which one makes the biggest bubble.</p>	<p>Ask your child to draw a picture of their favorite activity from their year in PreK. Ask them to tell you about their picture.</p>
25	26	27	28	29	30	31
<p>Family time, prepare a meal together.</p>	<p>Continue to work on the skill of retelling the story. Remind your child not to tell everything.</p>	<p>Working with 5 cubes continue to create combinations, asking your child how many and then creating the number sentence (2 + 3 = 5).</p>	<p>Celebrate your child's PreK accomplishments. Your child's learning, making friends, and trying new things.</p>	<p><b>Summer vacation starts! It is important to read every day over the summer with your child and continue to practice the skills learned during PreK.</b></p>		

### Suggested books to read this month:

Picture books with rich vocabulary- "Giraffe and Bird," "Stellaluna," "Run Wild," "Big Words for Little People," "Lexie the Word Wrangler."

Math picture books- "Ones and Twos," "What comes in 2's, 3's, & 4's?" "Five Little Ducks." "Quack and Count."



# JUNE 2025



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						
<b>1. Prepare for Kindergarten</b> <b>2. Create a summer journal to practice writing. Record a fun memory each day, ask your child draw a picture and write about it. Assist your child with writing.</b> <b>3. Continue to read every day</b> <b>4. Review and practice math skills</b> <b>5. Create memories!</b>						
1	2	3	4	5	6	7
Family time, go to the beach or park and enjoy the day.	Have your child choose a bedtime book and enjoy flashlight reading. Turn off the light and grab a flashlight or use your phone.	Practice subitizing Refer to May's math focus for directions.	Review and practice counting syllables.	Have your child practice writing their first and last name.	Family game night, play an outside game of your child's choice.	Teach your child their home address. Practice phone number and address every day.
8	9	10	11	12	13	14
Family time, help your child make their own puzzle by cutting a picture into twelve different shapes.	Review retelling a story. Ask your child to choose a book, read together and ask your child to retell the story.	Have your child create a simple pattern using different objects.	Review and practice, onset-rime.	Have your child practice writing upper and lowercase letters. Let your child choose how to practice (chalk, shaving cream, markers, crayons, pencil).	Family game night, play a memory game.	Go to the library and find a book about learning a new skill. After reading, have your child practice the skill.
<b>Father's Day</b> 15	16	17	18	19	20	21
Family time, spend the day making memories.	While reading a story, ask an open-ended question such as, "What do you think will happen next?"	Review and practice positional words	Review and practice initial sounds of words. Say a word and ask your child to tell you the beginning sound and letter.	Encourage your child to read the environment, store signs, cereal boxes, street signs.	Family game night, play hide and seek. Use positional words, "I see you under the blanket."	Help your child develop independence by learning how to tie their shoes.
22	23	24	25	26	27	28-30
Family time, Sunday Funday, spend the day enjoying fun activities.	Read a book of your child's choice, talk with your child about the characters and events.	Have your child identify basic shapes in their environment and tell their attributes.	Review and practice ending sounds. Say a word and ask your child to tell you the ending sound and letter.	Say 10 words to your child, ask the beginning/ending sound of each word.	Family game night, play a card game.	Spend the days doing your favorite family activities.

### Suggested books to read this month:

**Summer Reading-** "Pete the Cat at the Beach," "And Then Comes Summer," "The Sandcastle that Lola Built," "Jabari Jumps," "I See Summer." "Llama, Llama, Learns to Swim."





# JULY 2025



## My Journey to Kindergarten PreK → K Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**This month's focus: Countdown to Kindergarten Begins!**

1. Read books this month to help ease your child's transition to kindergarten. Talk about what to expect in Kindergarten.
2. Explain to your child that kindergarten is a time to try and learn new things, and it is okay if he/she makes mistakes and needs to ask for help along the way.

This month's focus: Countdown to Kindergarten Begins!						
		1	2	3	4	5
		Have your child practice writing and saying your phone number.	Play I Spy, using word beginnings...."I spy something beginning with the sound..."	Have your child practice self-care, getting dressed (zipper/buttons), and taking care of their own toilet needs.  <b>Practice all month!</b>	<b>Happy 4th of July!</b> <b>Stay safe</b>	Go to the beach and have your child practice writing their name in the sand.
6	7	8	9	10	11	12
Family time, make a collage. Have your child practice scissor use by cutting up old pictures.	Another important skill to practice is asking for help. Explain to your child the teacher is there to help. Role play how to ask for help.	Have your child practice counting backwards from 10.	Play I spy, using word endings.... "I spy something ending with the sound..."	Pour flour or sugar on a cookie sheet and have your child practice writing their numbers, letters and their name.	Family game night, play freeze dance.	Laundry time, ask your child to fold towels and socks. This builds fine motor skills and patience.
13	14	15	16	17	18	19
Family time, enjoy your favorite activities.	Have your child attempt new tasks, knowing it is okay to make mistakes.	Have your child count items around the house, lamps, forks, spoons, TVs. Encourage your child to record the items and amounts.	Say 3 words. Two words will have the same beginning sound, one will not. Ask your child which word has a different beginning sound. Repeat with other words.	Read a book, have your child write and draw about their favorite part of the story.	Family game night, have your child choose the game.	Play Who? What? Where? Who is at school? What happens at school? Where is your school?
20	21	22	23	24	25	26
This week establish a getting ready for school routine, start with an earlier bedtime.	Starting this week, your child should practice eating lunch using their lunchbox, opening containers and packages.	Review and practice subitizing. Create a math equation for the total number of items.	Say 3 words. Two words will have the same ending sound, one will not. Ask your child which word has a different ending sound. Repeat with other words.	Have your child write 3 things they hope to learn in kindergarten. You will revisit this list at the end of kindergarten.	Family game night, put together a puzzle.	Have your child use the words "today," "yesterday," and "tomorrow" in separate sentences.
27	28	29	30	31		
Family time, plan a special day of fun activities.	Continue setting a routine to prepare for the start of school. Continue reading books about Kindergarten.	Play more or less. Use Legos, give your child 4 Legos and you 3. Ask who has more? Who has less? Continue playing with different sets.	<b>Hello Kindergartener!</b> <b>Talk with your child about what to expect as they Transition to Kindergarten.</b>	<b>Your child's year-long journey to kindergarten has come to an end. May your child have much success and joy as they embark on their next milestone...Kindergarten!</b>		

**This month's suggested reading:**

**Kindergarten Books-** "Do You Want to be My Friend," " Annabelle Swift, Kindergartner," "Will I Have a Friend," "Vera's First Day of School," "Miss Bindergarten Gets Ready for Kindergarten," "Countdown to Kindergarten." "Look out Kindergarten Here I Come!" "Sheila Rae the Brave." "The Night before Kindergarten." "Monkey not Ready for Kindergarten," "Time for School, Mouse."

**Growth Mindset Books-**"It's Okay to Make Mistakes," "Giraffes Can't Dance," "The OK Book," "Beautiful Oops!"