

Phase 1 Feedback Survey



We're Listening.

March 22 - April 9, 2021

Students, parents, community members, and District employees are encouraged to participate before the survey closes on April 9.

Surveys are available in English, Spanish, Haitian-Creole, and Portuguese.



Please visit PalmBeachSchools.org to access the survey
← or scan the QR code with your phone!

Questions? Please email StrategicPlan@palmbeachschools.org



April 1, 2021

Wellness

PROMOTION TASK FORCE
The School District of Palm Beach County, Florida
KeystoWellness

**'All Hands on Deck, Stronger Together...
Rebooting Wellness during COVID'**



High-performing A-rated District

Wellness

PROMOTION TASK FORCE
The School District of Palm Beach County, Florida
KeystoWellness



Wellness Promotion Task Force

April 1, 2021

Virtual Meeting

MORE OF
EVERYTHING YOU
WANT FOR
YOUR CHILD



April 1, 2021



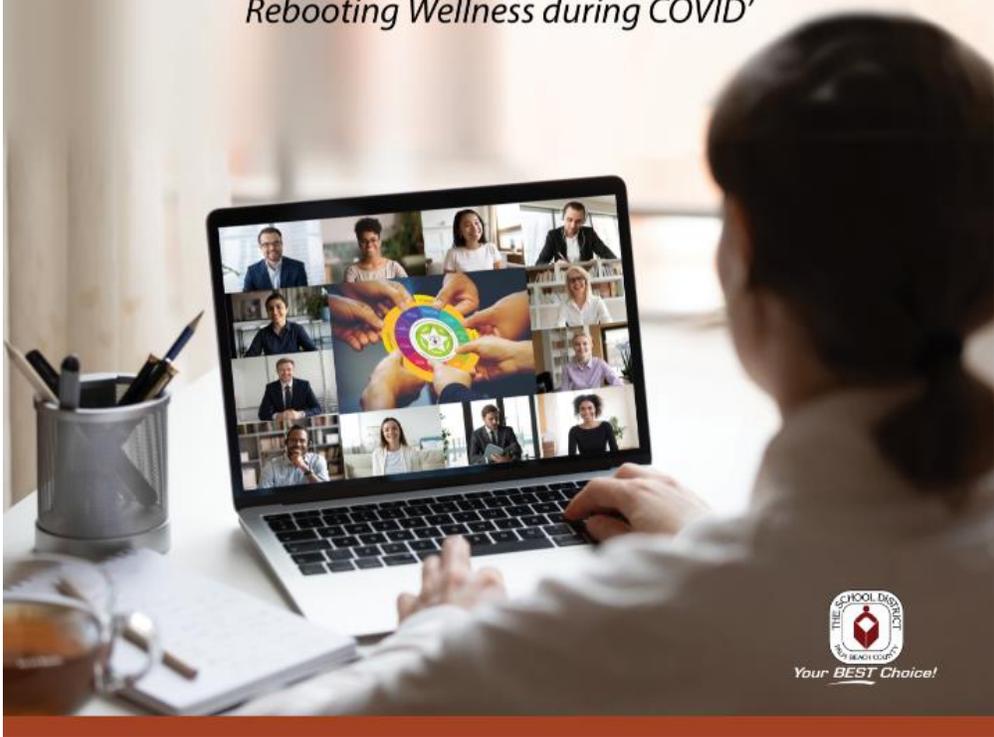
Wellness

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Your **BEST** Choice!

High-performing A-rated District

Welcome

Allison Monbleau

School Food Service Director



MORE OF
EVERYTHING YOU
WANT FOR
YOUR CHILD



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April 1, 2021

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Pledge of Allegiance

Dr. Seth B. Bernstein

Executive Vice President of Community Investments
United Way of Palm Beach County

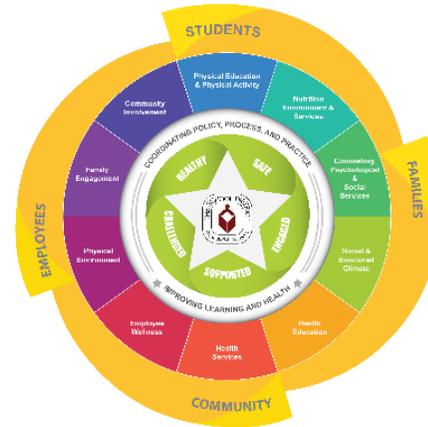


United Way
of Palm Beach County

MORE OF
EVERYTHING YOU
WANT FOR
YOUR CHILD



PALM BEACH COUNTY SCHOOLS
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Dr. Seth B. Bernstein, WPTF Community Chair

Purpose: To create an educational forum that allows students, staff, parents, community partners, and members of the public to successfully collaborate in the promotion of healthier lives. With the District's ultimate goal of improving student performance, the direction of the Wellness Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety of all school children and staff.



Dr. Seth B. Bernstein
WPTF Community Chair

High-performing A-rated District



Wellness

PROMOTION TASK FORCE

April 1, 2021

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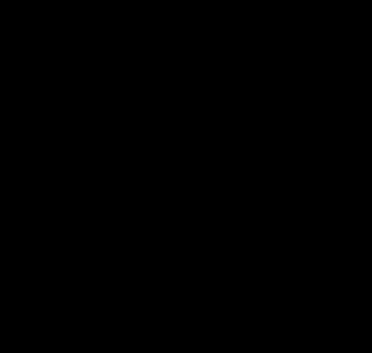
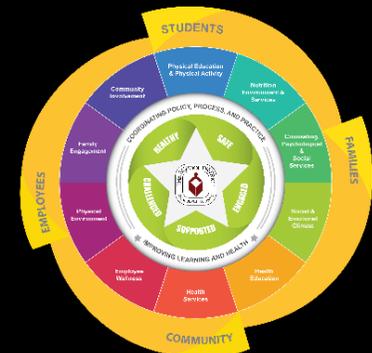
Opening Remarks

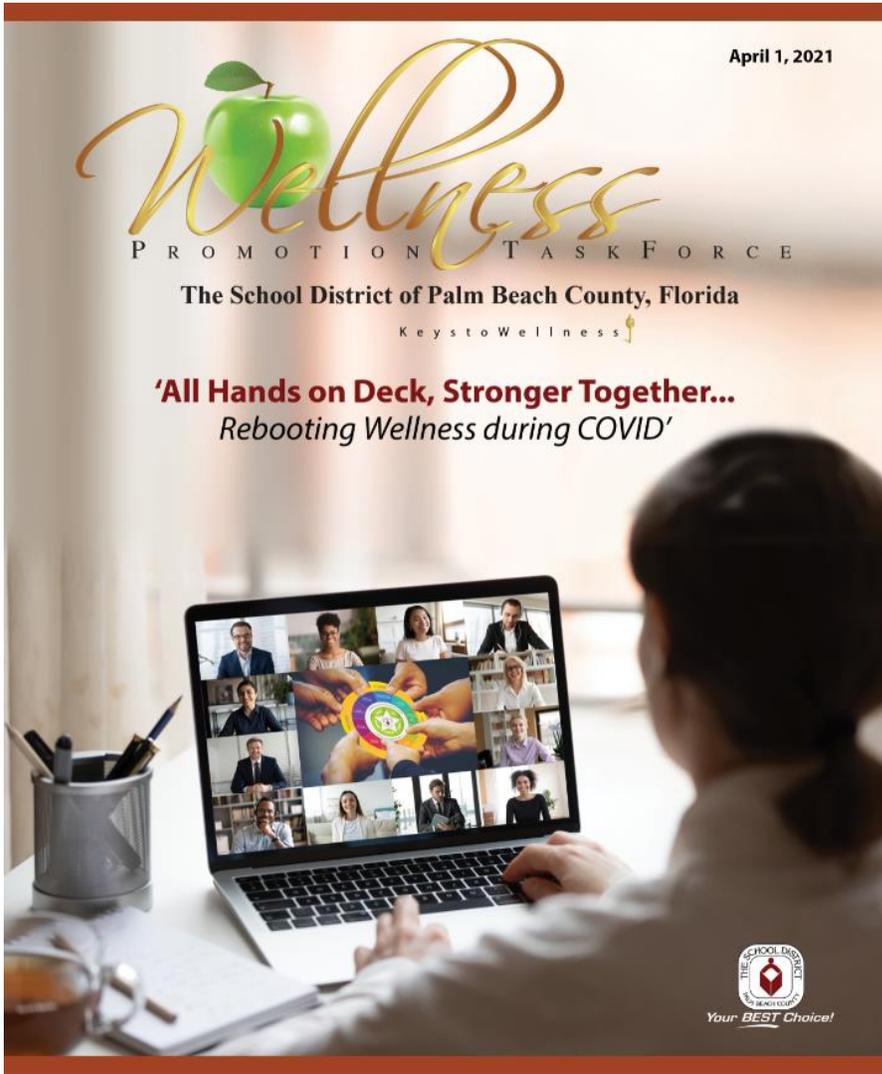
Dr. Donald E. Fennoy II
Superintendent

MORE OF
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Welcoming Ritual

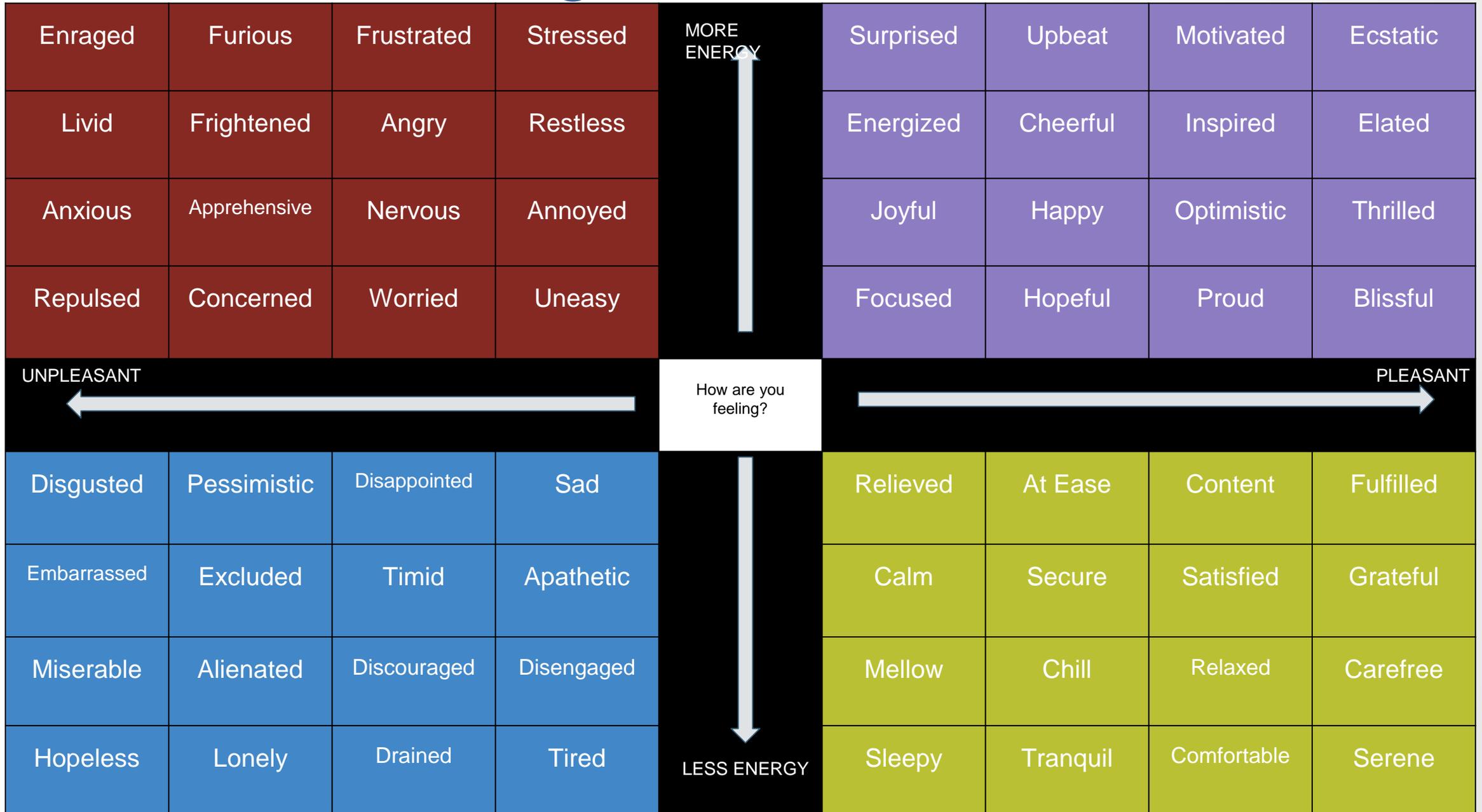


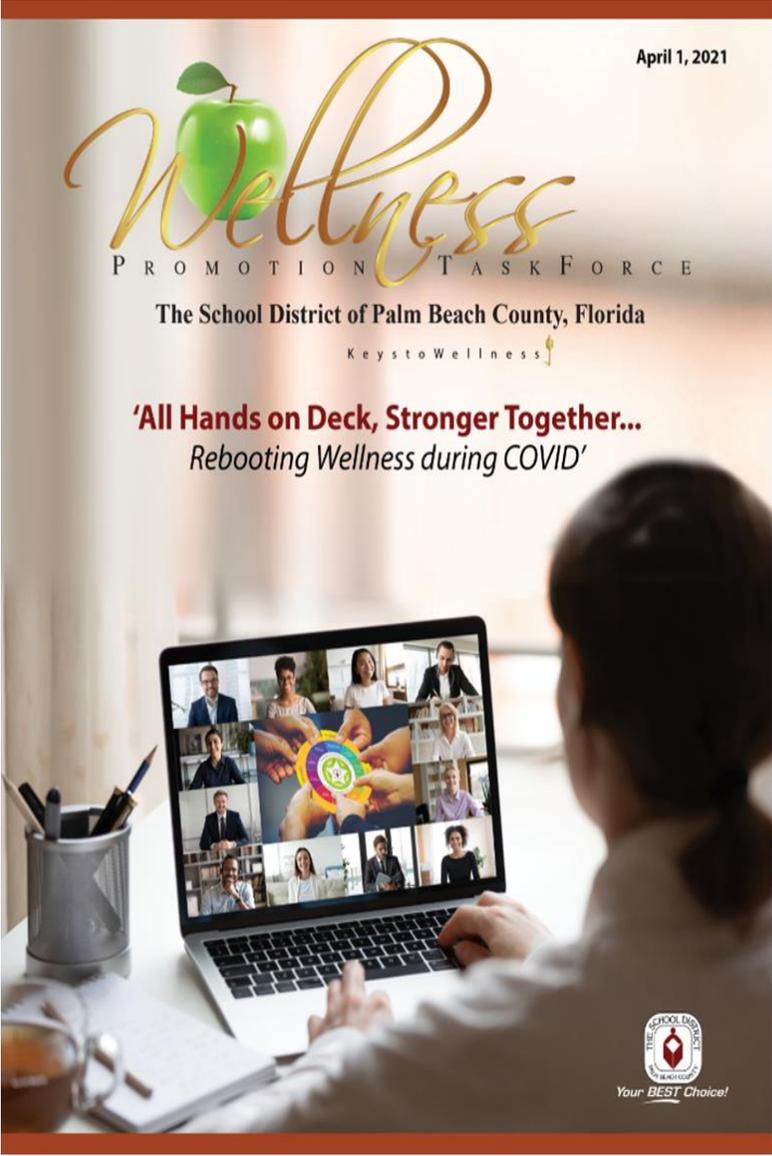
Kristen Rulison
Social Emotional Learning (SEL) Manager

High-performing A-rated District



Welcoming Ritual: Mood Meter





April 1, 2021



Wellness Promotion Updates...



Paula Triana
Wellness Promotion Manager

High-performing A-rated District



Wellness Promotion Policy – All School Assessment: *Whole School, Whole Community, Whole Child (WSCC) Model*



THE SCHOOL DISTRICT OF
PALM BEACH COUNTY, FL

SCHOOL FOOD SERVICE
3661 INTERSTATE PARK ROAD NORTH, SUITE 100
RIVIERA BEACH, FL 33404

PHONE: 561-383-2000 / FAX: 561-383-2043
WWW.PALMBEACHSCHOOLS.ORG

ALLISON MONBLEAU
DIRECTOR

WANDA F. PAUL, M.ED., MBA
CHIEF OPERATING OFFICER

February 26, 2020
Bulletin #P 20-215 COO

Action By:
March 31, 2020

Contact:

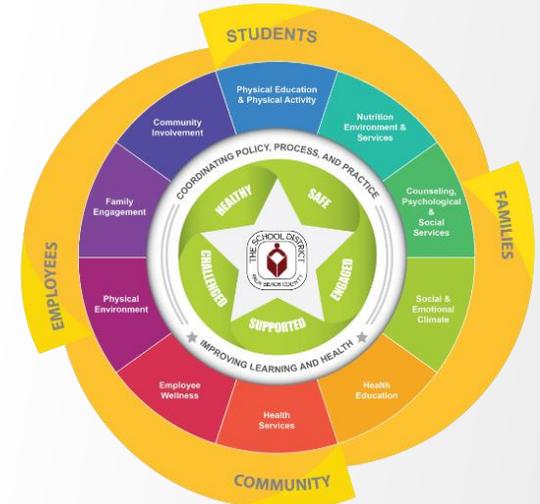
Paula Triana, 561-383-2026
wellness@palmbeachschools.org

TO: Principals

FROM: Wanda F. Paul, M.Ed., MBA, Chief Operating Officer 

SUBJECT: WELLNESS PROMOTION POLICY 2.035 – REQUIRED FY20 SCHOOL ASSESSMENT

The District's *Wellness Promotion Policy 2.035* was revised and adopted by the School Board on March 27, 2019. This Policy is intended to fulfill the requirements under [Public Law 111-296](#) (42 U. S.C. § 1758b) and [Florida Statutes Section 1003.453](#), that school districts have a local school wellness policy. The District is committed to providing a school environment that enhances learning and development of lifelong wellness practices and promotes and protects the overall well-being of all students and staff. Each school is required to complete a comprehensive *Wellness Promotion Policy 2.035 – School Assessment*, to provide the District with information and progress related to wellness.



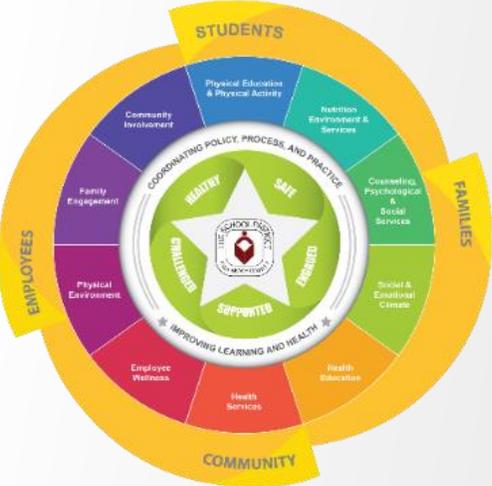
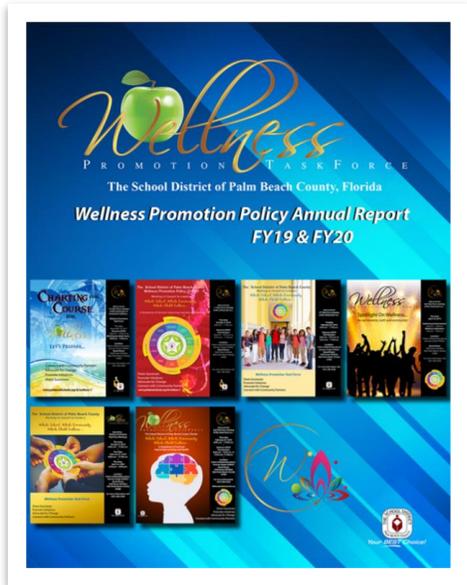
95% of participation from all schools



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**Whole School,
Whole Community,
Whole Child
(WSCC) Model**



Wellness Promotion Policy Annual Report

Message from the Superintendent
Keeping in step with the times, it's a New Day for Wellness...

The proud that our District is committed to providing an environment that encourages the development of lifelong wellness practices among students, parents, employees, and the community. The Wellness Promotion Task Force plays a critical role in this effort, helping everyone to reach their healthiest, happiest, and most productive selves in order to be successful and productive. Our collective focus on wellness promotes the overall well-being of students, helps raise academic achievement, and improves learning.

Donald E. Feunoy S. Ed.D., Superintendent

HEROES

The School District of Palm Beach County is the tenth largest in the nation and the fifth largest in the State of Florida serving more than 197,000 students. This number includes students that attend non-District operated Charter Schools who speak 146 languages and dialects. As the largest employer in Palm Beach County, the School District has 22,000+ employees, including more than 12,000+ teachers.

Values
The School District of Palm Beach County envisions a dynamic, collaborative, multicultural community, where education and lifelong learning are valued and supported, and all learners reach their highest potential and succeed in the global economy.

Mission
The School District of Palm Beach County is committed to providing a world-class education with excellence and equity to empower each student to reach his or her highest potential with the most effective staff to foster the knowledge, skills, and ethics required for responsible citizenship and productive careers.

FY19 and FY20 WPP Annual Reports

Introduction:

- 4) District Wellness
- 6) Wellness Promotion Policy (WPP)
- 7) Wellness Promotion Task Force (WPTF)
- 10) Wellness Promotion Collaboration Team (WPCT)
- 16) Florida Healthy School District
- 18) Healthy School Teams (HST)
- 22) School Health Advisory Council (SHAC)

WPP - Whole School, Whole Community, Whole Child (WSCC) Components:

- 24) Physical Education & Physical Activity
- 24) Nutrition, Environment & Safety
- 32) Counseling, Psychological & Social Services
- 36) Social & Emotional Climate
- 36) Health Education
- 48) Health Services
- 48) Employee Wellness
- 110) Physical Environment
- 122) Family Engagement
- 124) Community Involvement

130) Department Contributors

WPP Annual Report FY19 & FY20

▪ eBooklet Available → [Link](#)

[VIEW the 'WPP Annual Report FY19 & FY20'](#)



MORE OF EVERYTHING YOU WANT FOR YOUR CHILD

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WPTF Newsletters since COVID-19: 'Wellness Promotion: District & Community Updates'





Edition XXXII ~ March 24, 2021



Wellness
PROMOTION TASK FORCE
The School District of Palm Beach County, Florida
Key to Wellness

DISTRICT & COMMUNITY UPDATES

Dear Friend of Wellness:

Happy Spring and I hope everyone that took time off this past week for *Spring Break* had a fabulous time and came back filled with positive energy to give and do more for our students and staff.

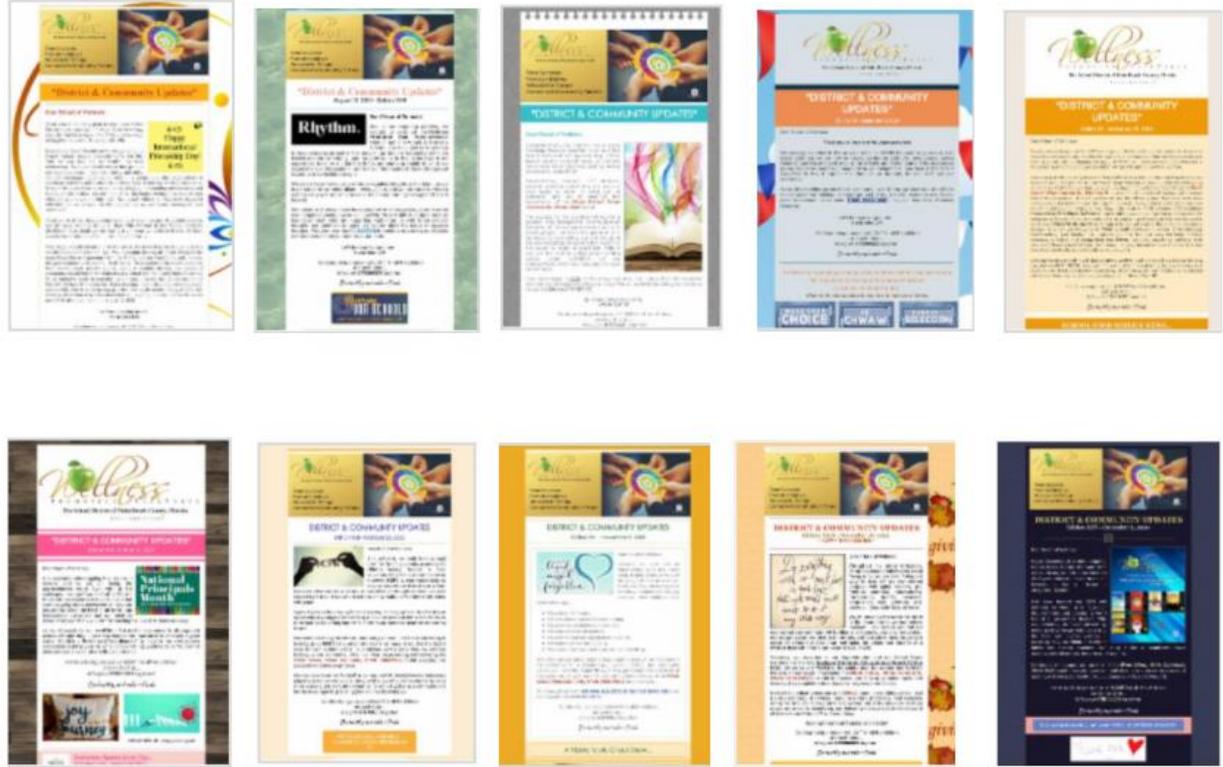
We know it takes a village to accomplish many efforts and we are privileged to reside in such caring and giving community. The District wants to hear the voices of all stakeholders and has launched a [brief survey](#) to get feedback on priorities to address for our future and for our new Strategic Plan. We are excited to have our efforts toward the *Whole School, Whole Community, Whole Child (WSCC)* culture mentioned as an option of priorities to focus on in the future.

As you know, we will be delivering an informative and valuable District's Wellness Promotion Task Force (WPTF) *virtual* meeting on Thursday, April 1st - we encourage you to RSVP your attendance, if in case you have not done so yet, to join for on '*All Hands On Deck, Stronger Together...Rebooting Wellness during COVID*'.

Continue being a beacon of LIGHT
for all the children and each other...
Let's grow STRONGER together!

Be healthy and safe ~ Paula

Reason By Unspoken



32 Editions

since April 7, 2020



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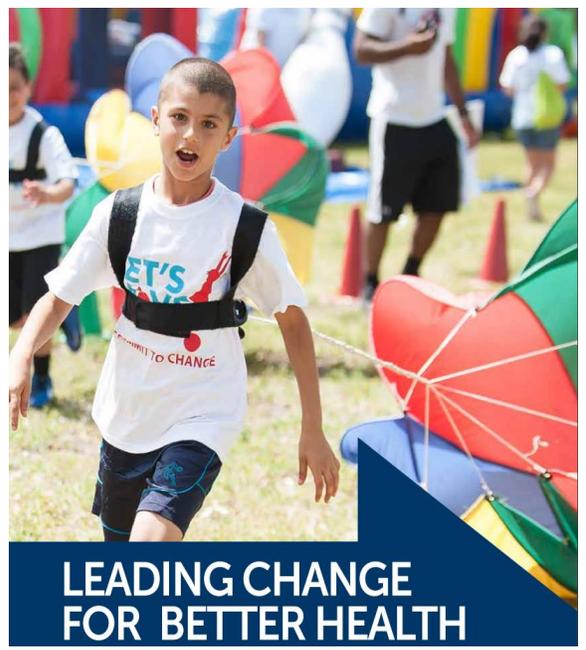
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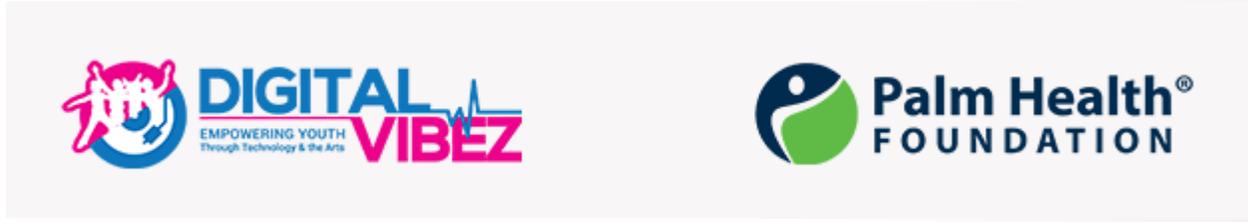
Please visit PalmBeachSchools.org to access the survey
← or scan the QR code with your phone!

Questions? Please email StrategicPlan@palmbeachschools.org

Congratulations to ALL...
MARCH 1 – 31, 2021



The *Let's Move: Commit to Change Physical Activity Challenge* is a county-wide initiative that focuses on physical activity, nutrition and healthy behaviors. The Challenge invites all Palm Beach County residents to form teams, get moving together, and commit to exercising at least 30 minutes a day.





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WWW.PALMBEACHSCHOOLS.ORG/SFS

ALLISON MONBLEAU
DIRECTOR

WANDA F. PAUL, M.ED., MBA
CHIEF OPERATING OFFICER

February 22, 2021
Bulletin #PD 21-102 COO

Action By:
March 31, 2021

Contact(s):

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eric.stern@palmbeachschools.org

Carlye Fabrikant, 561-434-8044

carlye.fabrikant@palmbeachschools.org

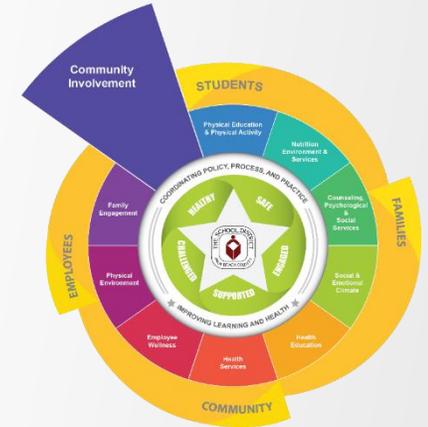
Jeannine Rizzo, 561-882-1904

jeannine.rizzo@palmbeachschools.org

TO: Principals and Directors

FROM: Wanda F. Paul, M.Ed., MBA, Chief Operating Officer

SUBJECT: 2021 LET'S MOVE: COMMIT TO CHANGE PHYSICAL ACTIVITY CHALLENGE





TOTAL MINUTES LOGGED
40,020,011



TOP 5 TEAMS			TOP 5 SUBTEAMS		
RANK	TEAM	MINUTES	RANK	TEAM	MINUTES



April 1, 2021

Wellness

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Presentation...

MORE OF
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Department of Health – Palm Beach County

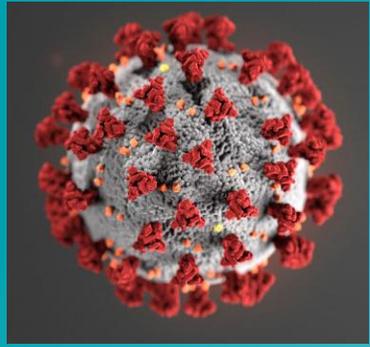
Alina M. Alonso, MD

Director



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Department of Health

HOW COVID-19 HAS AFFECTED WELLNESS



ALINA M. ALONSO, M.D.
DIRECTOR

DOH-PALM BEACH
APRIL 1, 2021

COVID-19 Number Update

Palm Beach County

- **131,581 (+346)**
- **6,504 (+17)**
- **2,649 (+4)**

Florida

- **2,057,735 (+5,294)**
- **85,197 (+224)**
- **33,425 (+87)**

Total positive cases
Total patients hospitalized
COVID cumulative deaths

Palm Beach County	Total Hospital Bed Utilization	COVID Hospital Bed Utilization ↓	Total ICU Bed Utilization	COVID ICU Bed Utilization ↓	Total Ventilator Utilization	PBC New cases per day* ↓	Number of Test Results per day	% Daily Lab Positivity* ↑	% Positive of Total People Tested ↑
Wed 3/31	75.5%	3.9 %	68.5 %	9.8 %	36.7 %				
Tues 3/30	73.1 %	4.3 %	61.8 %	9.1 %	35.3 %	336	5429	6.19 %	16.17 %
Mon 3/29	68.8 %	3.9 %	60.3 %	9.5 %	31.7 %	325	4830	6.74 %	16.15 %
Sun 3/28	n/a	3.7 %	n/a	10.2 %	n/a	186	3108	6.00 %	16.15 %
Sat 3/27	n/a	3.7 %	n/a	10.5 %	n/a	366	5845	6.30 %	16.15 %
Fri 3/26	75.3 %	3.7 %	66.8 %	11.4 %	33.0 %	433	6609	6.59 %	16.14 %
Thu 3/25	75.2 %	3.7 %	66.3 %	10.5 %	36.1 %	417	8023	5.23 %	16.12 %



COVID-19 Variant Summary Report

2576 variant cases reported in Florida As of 3/31/21

The variant sample is not representative of the Florida population. Interpret with caution when comparing to the overall COVID hospitalization rate.

Variant	Cases	Hospitalizations	
		#	%
B.1.1.7 UK	2,351	63	3%
B.1.427 Calif.	97	1	1%
B.1.429 Calif.	57	1	2%
P.1 Brazil	55	4	7%
B.1.351 So. Africa	16	0	0%

County	Cases
Broward	786
Dade	320
Palm Beach	217
Hillsborough	200
Pinellas	172
Pasco	95
Orange	82
Manatee	56



What is Wellness?



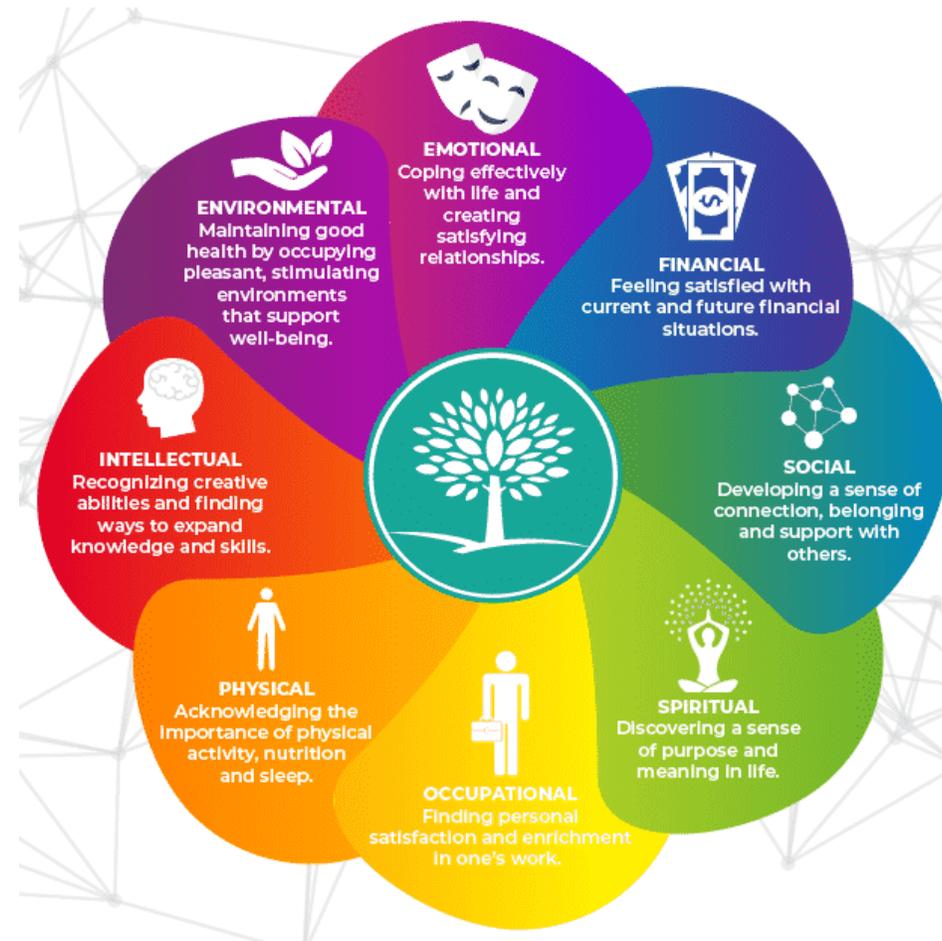
The Harmony of mind, body and soul



Effect of COVID on the 8 Dimensions of Wellness

COVID has caused:

- Death
- Fear
- Isolation
- Mistrust



High School Emphasis on Mental Health Issues



How to Find Harmony

- Solidarity – “We are in this together!”
- Recognizing heroes and credible experts
 - ✓ First Responders, Nurses, Teachers
- New ways to connect with one another
 - ✓ ZOOM, Fact Time, Telemedicine
- New ways to shop and dine and play
 - ✓ On-line, Take-Out Food, Old Time games and movies



How the School District Has Mitigated the Disruption

Provided equipment, books, free lunches, laptops, internet

Reached out to many community partners to seek expert advice

Schooled opened with choice of Virtual/Brick & Mortar

Followed and maintained CDC guideline and local mask mandates, sanitizing, 6 feet distancing



Maintained transparency with COVID dashboards, messaging and Board updates

School nurses testing and Epi contact tracing stopped transmission of the virus

President Biden's new Federal Pharmacy Program for k-12 school staff vaccinations

BOCC Prioritized Vaccinating 65 and older staff with student contact



The Struggle Is Not Over

- Must reach **70%** vaccination rates to achieve Herd Immunity
- More Vaccine needed to meet demand
- More sharing of information at the grassroots level to allow the population to make informed choice to get vaccinated or not
- Respect people's fears and choices
- Continue aggressive equitable distribution of the vaccine



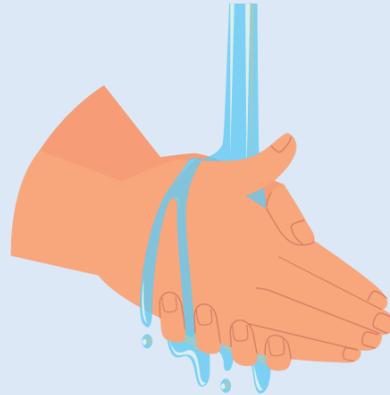
3 W's

3 W's to reduce risk of COVID-19

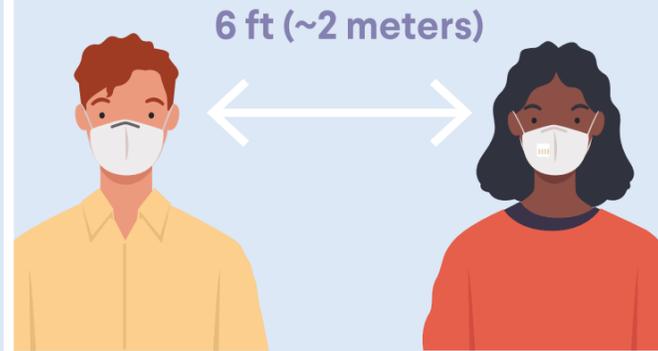
Wear a mask



Wash your hands



Watch your distance



**Even after
being
vaccinated**

COVID-19



More info at
[PreventEpidemics.org](https://www.PreventEpidemics.org)

**#KnowCOVID
#PreventEpidemics**



Questions?



Look Away Break - 20/20/20



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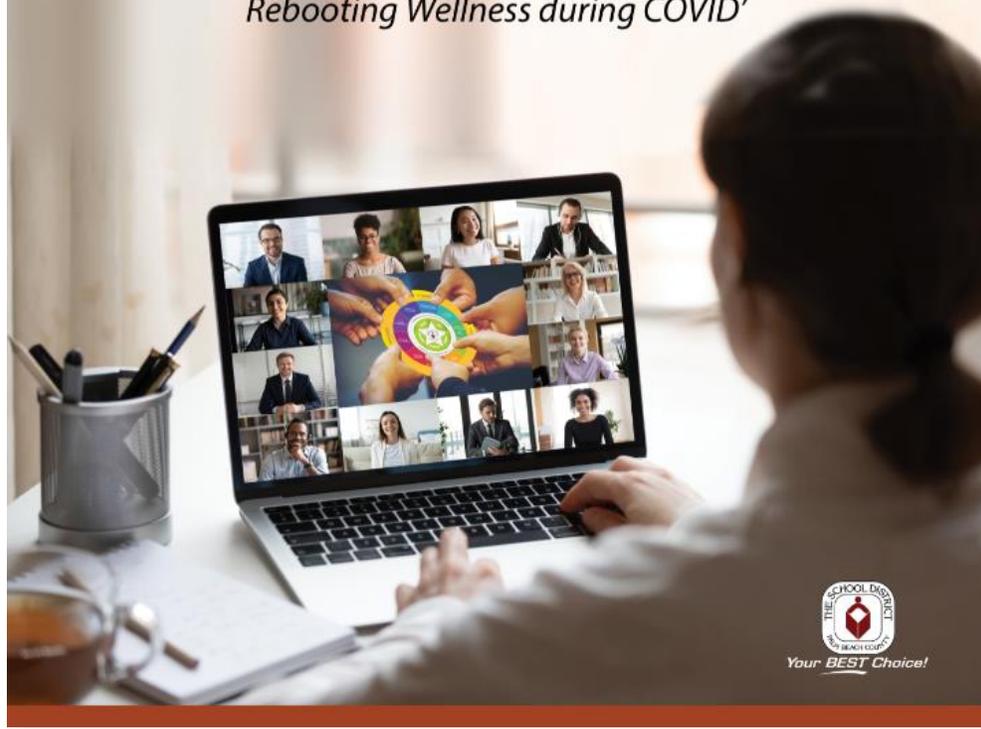
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 **PALM BEACH COUNTY SCHOOLS**
*Your **BEST** Choice!*

April 1, 2021



**'All Hands on Deck, Stronger Together...
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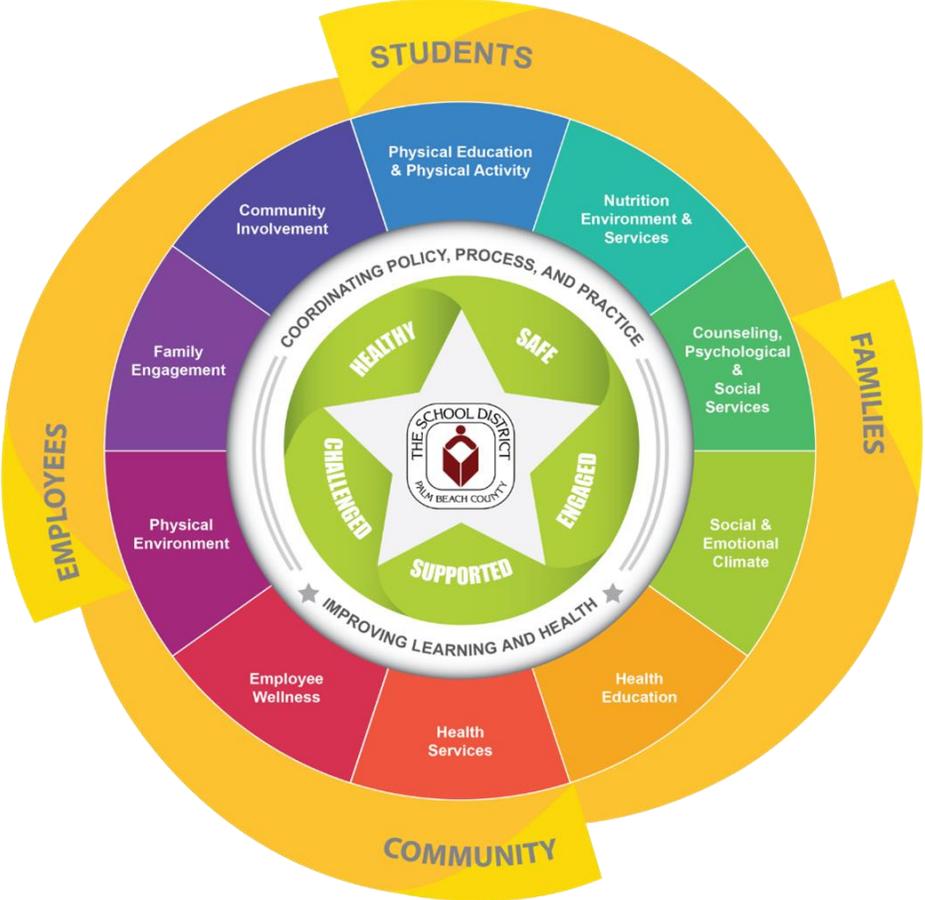
WSCC Panel – Part I



High-performing A-rated District

Whole School, Whole Community, Whole Child (WSCC) Model

District's WSCC Updates...Panel I

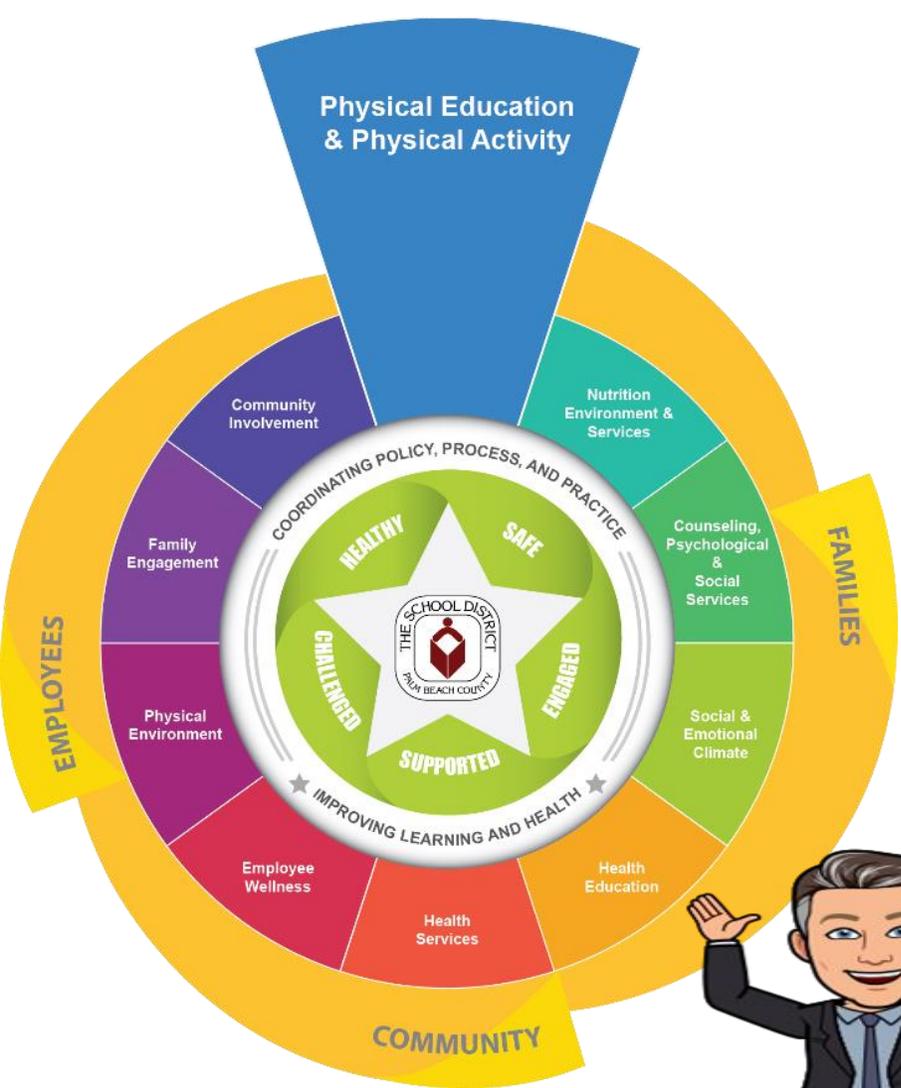


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PALM BEACH COUNTY SCHOOLS
*Your **BEST** Choice!*



Teaching and Learning

Eric Stern

K-12 - Physical, Health, and
Driver Education Administrator

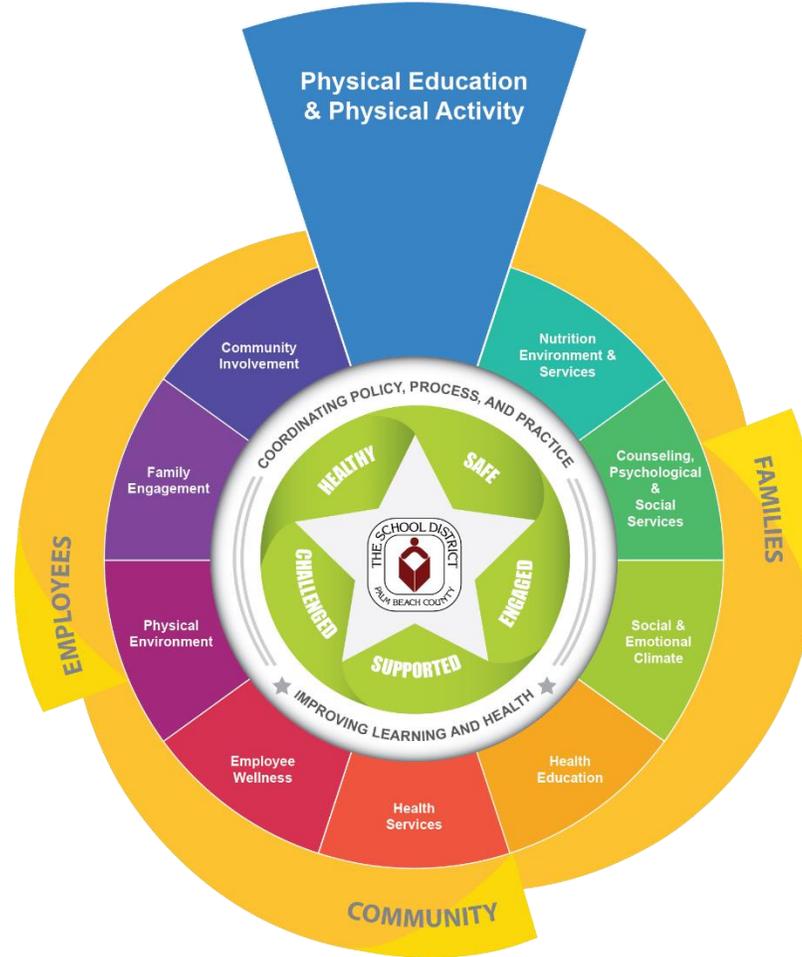
Eileen Tirado

Resource Teacher



Whole School, Whole Community, Whole Child (WSCC) Model

Physical Education & Physical Activity Update:



Physical Education & Physical Activity

Goal: To promote physical activity and provide physical education with the intention of improving staff and students' health, academic achievement, and reducing childhood obesity.





Palm Beach County



Physical Education



PBCPE Marathon Challenge Video

Since the pandemic started, the Palm Beach County Physical Education team has challenged our students, parents, communities and the world to keep moving to stay healthy. Our first challenge was created from the cancellation of the Boston Marathon. Our version of the Boston Marathon was to complete one mile a day for 26 days and complete the final mile together as one community. Participants had a variety of inclusive ways to move such as walking, jogging, biking, skating, rolling, paddling, or swimming. The success of these challenges came from families participating together, and then sharing their stories via social media. (Twitter, Facebook, Instagram - #PBCPERocks)

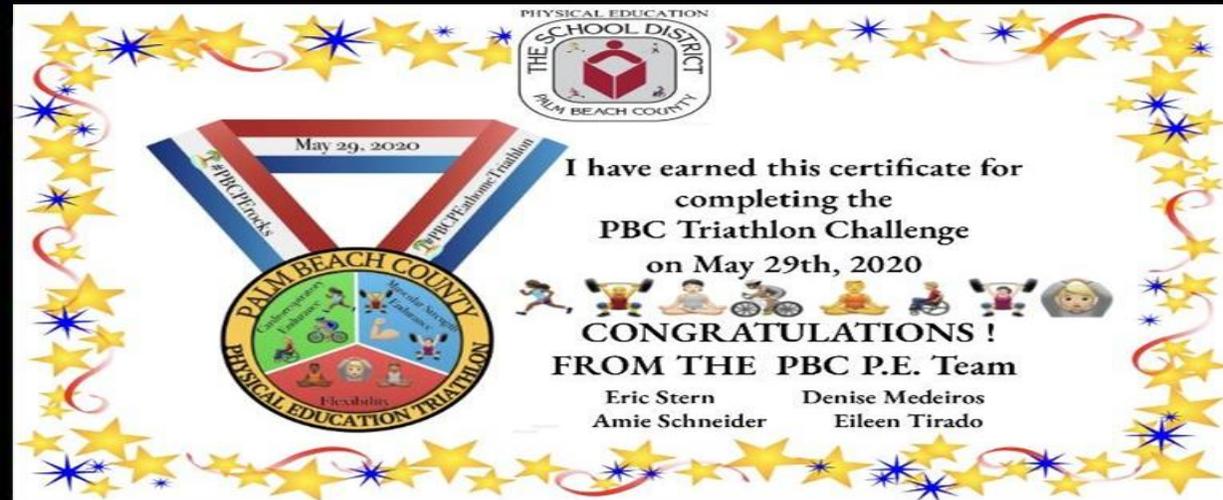
PBCPE Triathlon Challenge 2020

Our second community event was called the PBCPE Triathlon Challenge. This task was for families to participate in a variety of health related fitness components. (Cardiorespiratory Endurance, Muscular Strength, Muscular Endurance and Flexibility).

PBC Marathon Challenge March/April 2020

1st PBC Marathon Challenge Video

Complete 1 mile a day for 26 days
By walking, jogging, biking or
another favorite way you like to move.



Summer Tour Video Summer Tour Map

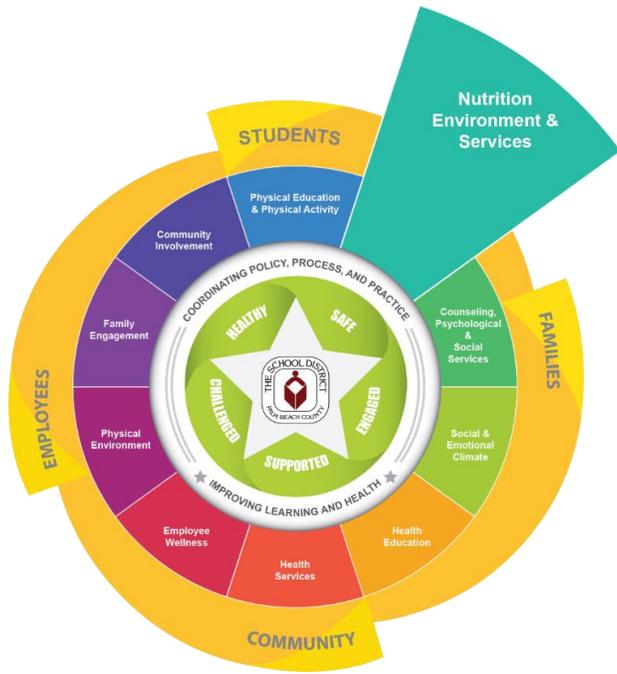
The third community event was The PBC PE Summer Tour. Families challenged themselves to increase their activity miles and visit virtual destinations and earn badges from around the world in the Interactive Summer Tour Map.

NYC Marathon Video NYC Marathon Map

Our fourth challenge is modelled after the NYC Marathon. The interactive map of NYC allows you to explore the five boroughs and earn badges and a finisher medal.

Any of these challenges can be completed at any time. Keep moving, stay active be healthy! #PBCPERocks





School Food Service Department

Allison Monbleau

Director



High-performing A-rated District



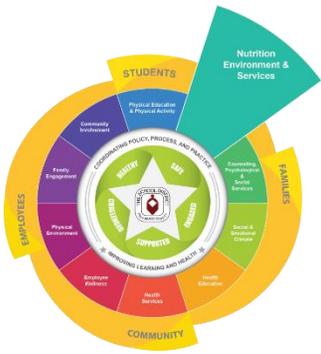
Whole School, Whole Community, Whole Child (WSCC) Model Nutrition Environment & Services Update:



Nutrition Environment & Services

Goal: To promote student and staff health through the operation of Child Nutrition Programs, safe food practices, and the availability of healthy eating environments, school gardens, nutrition education and promotional outreach, with the intention of improving students health, academic achievement, and reducing childhood obesity.





In the Beginning...

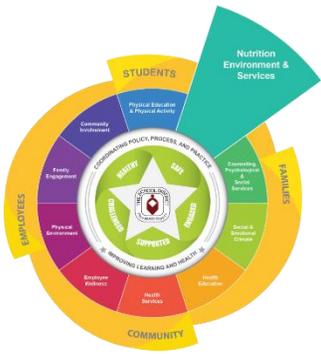


Grab-and-Go Locations



High-performing A-rated District



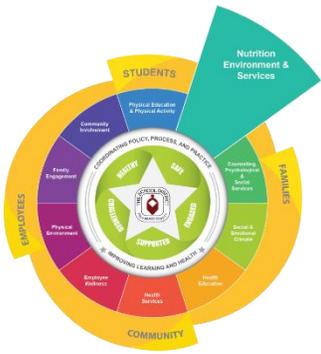


In the Beginning...



Partners





In the Beginning...



Distributing Partners for Feeding Families	Total Given Family Meal Boxes/Bags Up-to-date
Feeding South Florida (FSF)	171,911
Pan-Florida Challenge: (Belle Glade, Rosenwald, Pahokee, and Gove Elementaries)	9,485
First UMC Jupiter-Tequesta & Jupiter First Church: Jupiter Elementary	2,774
Farm to Families Partnership Initiative (TJC/Farmers) Produce Boxes at 2 Schools (Indian Pines and Benoist Farms Elementaries)	680
County's Farm Fresh Produce Boxes (4 Weeks - 8 Schools)	14,700
	199,550

Grant Funding...



Palm Beach County

Urban School Food Alliance

No Kid Hungry

GENYOUth

Education Foundation of Palm Beach County

Economic Council of Palm Beach County Foundation

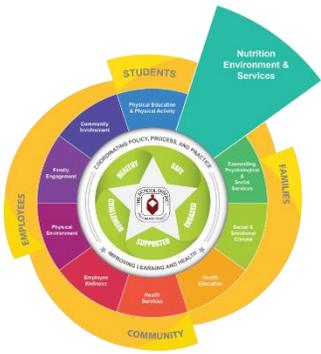
School Nutrition Foundation

Tyson Foods

Florida Dairy Council

Action for Healthy Kids





Grant Funding...

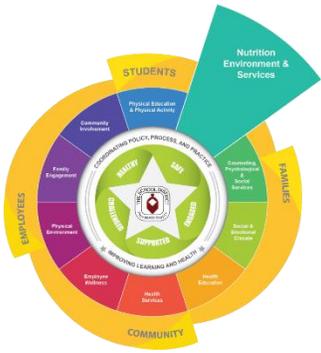


- PPE
- Mobile feeding carts
- Wireless scanners
- Registers
- Tents
- Ponchos
- Coolers
- Paid off student debt
- Provide disaster pay for front line workers
- Fresh Fruits and vegetables for families

\$3.2 Million



Transitioning to Brick and Mortar



- **Grab-and-Go Carts – Over 100 purchased**
- **Social Distancing Signage**
- **In-Classroom Feeding – over 40 schools**
- **Continuation of Grab-and-Go for Distance Learners – 90 schools**



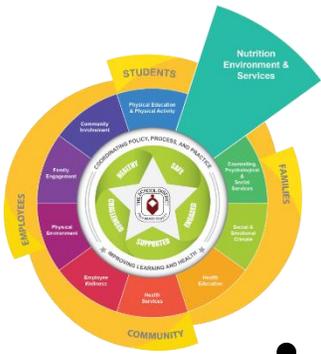
Reaching More Students

- **Take Home Snacks – 123 schools**
- **Weekend Meals – 115 schools**
- **Kids First Mobile Meals – 3,800+**
- **Marketing**



High-performing A-rated District





So Far...



- Since March 16, 2020 – Served **20,808,642** meals

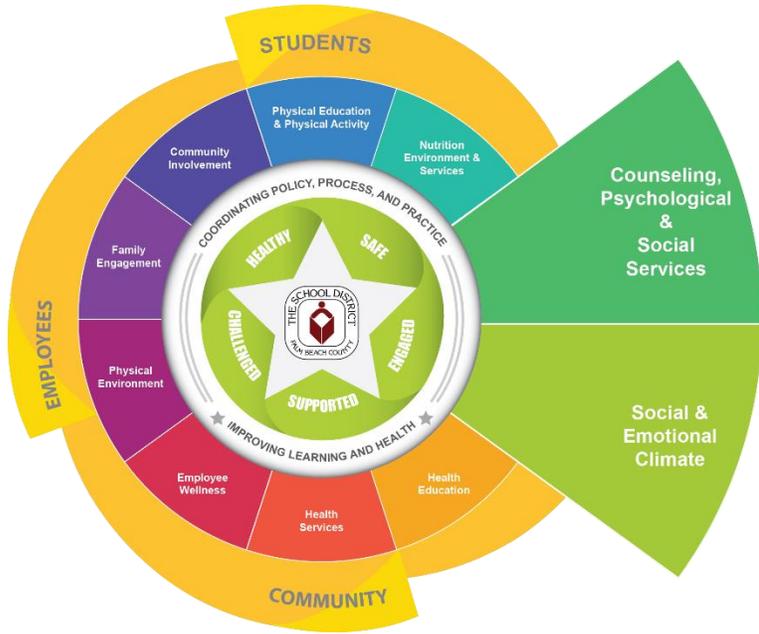


High-performing A-rated District

MORE OF EVERYTHING YOU WANT FOR YOUR CHILD



PALM BEACH COUNTY SCHOOLS
Your **BEST** Choice!



Behavioral and Mental Health Department

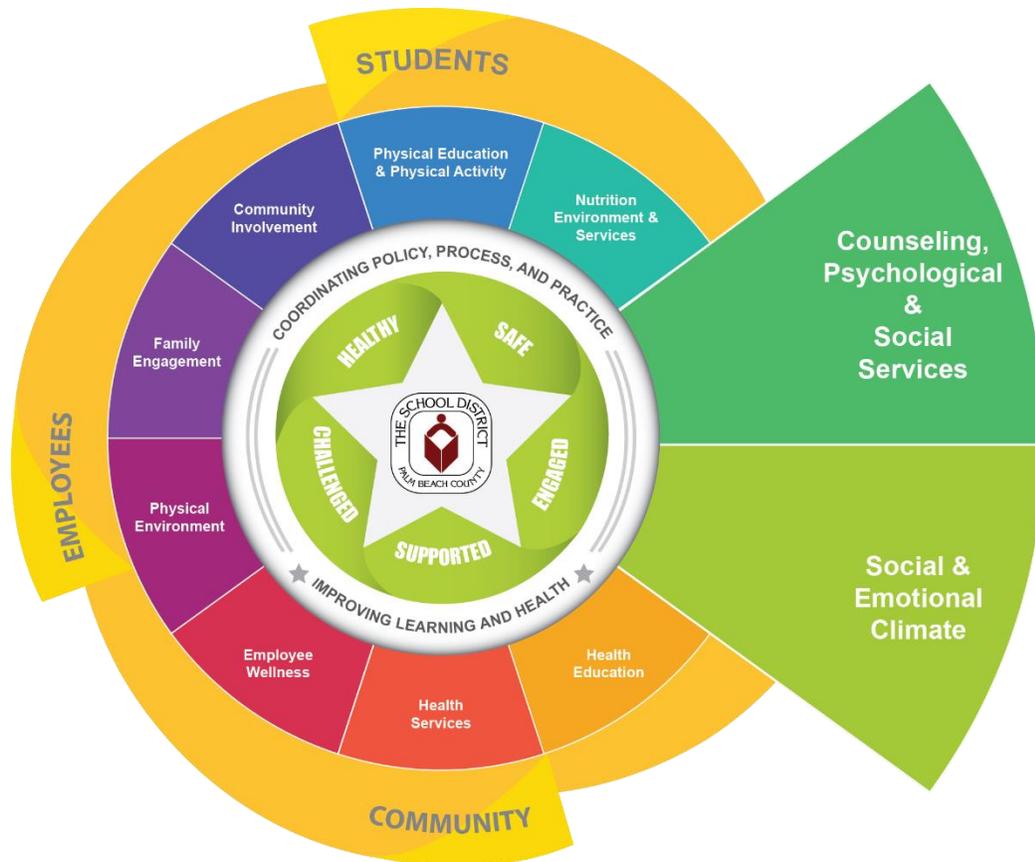
Nancy Reese
 Manager

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Whole School, Whole Community, Whole Child (WSCC) Model

Counseling, Psychological & Social Services and Social & Emotional Climate



Counseling, Psychological & Social Services

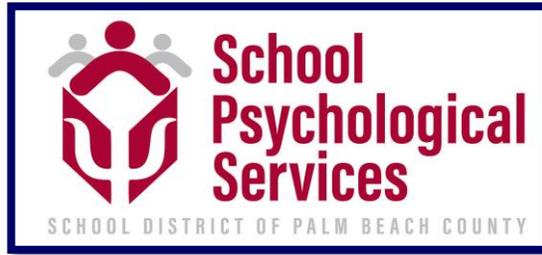
Goal: To promote the mental, behavioral, and social-emotional health of students and staff.

Social & Emotional Climate

Goal: To promote and safeguard the physical, behavioral, and social/emotional health of students and staff.



Department Teams



- **4 Sites**
- **Covering all schools**

- **4 Team Administrators**
- **140 School Psychologists**

- **4 Administrators**
- **170 SBH Professionals**

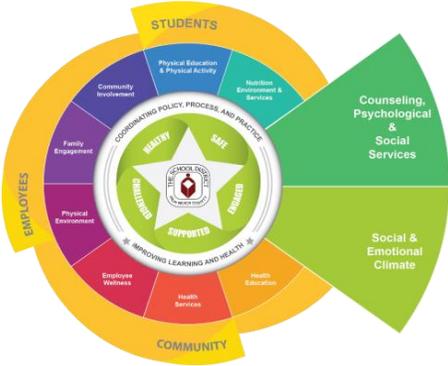
- **100 sites**
- **11 agencies**

SY 2020-2021 Department Activities



- Individual and Group Counseling and Coaching for Students, and engaging classroom activities - SEL Competencies
- Crisis Response for Students
- Professional Development for Administrators, Teachers, & Staff
- Psychoeducational Evaluations for Struggling Students
- Raise Awareness of Mental Health & Available Resources

Caring First Website and Service Portal



<https://www2.palmbeachschools.org/caringfirst/>

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MORE OF EVERYTHING YOU WANT FOR YOUR CHILD

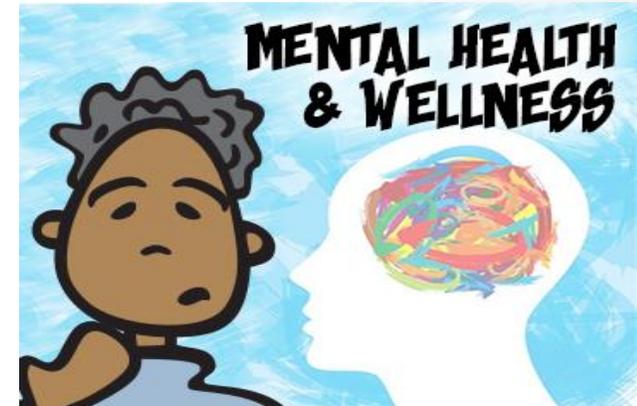


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Your *BEST* Choice!



Website Tiles and Resources

- 14 resource tiles
- Advanced Search
- Includes Community Resources
- Links and Specific Topic Resources
- Use across Multiple Devices





High-performing A-rated District

MORE OF EVERYTHING YOU WANT FOR YOUR CHILD



PALM BEACH COUNTY SCHOOLS
Your **BEST** Choice!



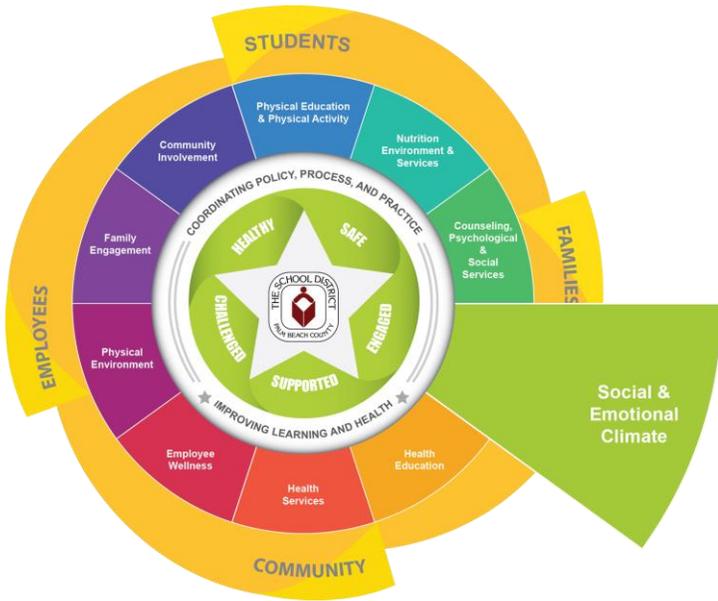
Do You Know?

1. How many Saturdays are School Psychologists working to complete Psychoeducational Evaluations for students?
2. How many teachers, administrators, and District staff have participated in our department's Wellness/Professional Development trainings?
3. How many individual counseling sessions have been logged by our Co-located Mental Health Professionals on school campuses?
4. How many student services have been logged by our School Behavioral Health Professionals?



Stay in the know Mental Health Mondays

- Themed parent and student friendly Mental Health & Wellness messaging every Monday
 - Facebook, Instagram, Twitter
- Coming Soon - *SUPER 5 Mental Health Newsletter* for our Behavioral and Mental Health staff
 - Resources to share with schools, staff, students and parents



SOCIAL & EMOTIONAL LEARNING
PALM BEACH COUNTY

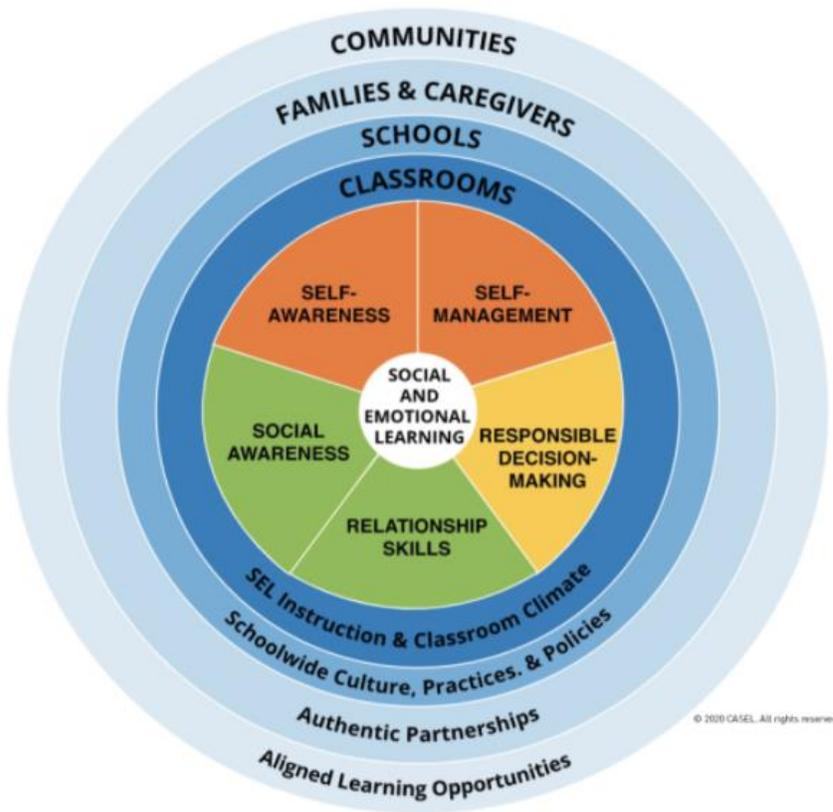
Teaching and Learning

Kristen Rulison

Social Emotional Learning (SEL) Manager



CASEL's Updated Framework



SELF-AWARENESS: The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts. This includes capacities to recognize one's strengths and limitations with a well-grounded sense of confidence and purpose. Such as:

- Integrating personal and social identities
- Identifying personal, cultural, and linguistic assets
- Identifying one's emotions
- Demonstrating honesty and integrity
- Linking feelings, values, and thoughts
- Examining prejudices and biases
- Experiencing self-efficacy
- Having a growth mindset
- Developing interests and a sense of purpose

SOCIAL AWARENESS: The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, & contexts. This includes the capacities to feel compassion for others, understand broader historical and social norms for behavior in different settings, and recognize family, school, and community resources and supports. Such as:

- Taking others' perspectives
- Recognizing strengths in others
- Demonstrating empathy and compassion
- Showing concern for the feelings of others
- Understanding and expressing gratitude
- Identifying diverse social norms, including unjust ones
- Recognizing situational demands and opportunities
- Understanding the influences of organizations/systems on behavior

RESPONSIBLE DECISION-MAKING: The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations. This includes the capacities to consider ethical standards and safety concerns, and to evaluate the benefits and consequences of various actions for personal, social, and collective well-being. Such as:

- Demonstrating curiosity and open-mindedness
- Identifying solutions for personal and social problems
- Learning to make a reasoned judgment after analyzing information, data, facts
- Anticipating and evaluating the consequences of one's actions
- Recognizing how critical thinking skills are useful both inside & outside of school
- Reflecting on one's role to promote personal, family, and community well-being
- Evaluating personal, interpersonal, community, and institutional impacts

SELF-MANAGEMENT: The abilities to manage one's emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations. This includes the capacities to delay gratification, manage stress, and feel motivation & agency to accomplish personal/collective goals. Such as:

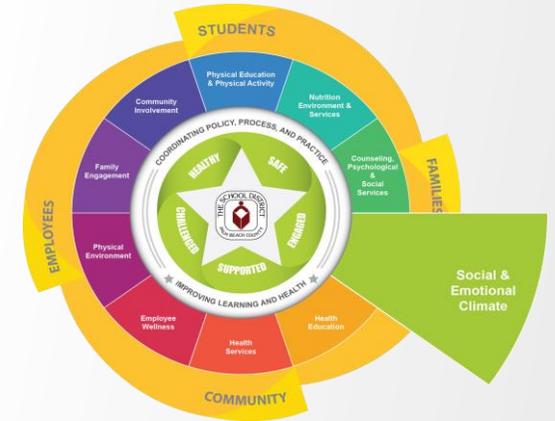
- Managing one's emotions
- Identifying and using stress-management strategies
- Exhibiting self-discipline and self-motivation
- Setting personal and collective goals
- Using planning and organizational skills
- Showing the courage to take initiative
- Demonstrating personal and collective agency

RELATIONSHIP SKILLS: The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. This includes the capacities to communicate clearly, listen actively, cooperate, work collaboratively to problem solve and negotiate conflict constructively, navigate settings with differing social and cultural demands and opportunities, provide leadership, and seek or offer help when needed. Such as:

- Communicating effectively
- Developing positive relationships
- Demonstrating cultural competency
- Practicing teamwork and collaborative problem-solving
- Resolving conflicts constructively
- Resisting negative social pressure
- Showing leadership in groups
- Seeking or offering support and help when needed
- Standing up for the rights of others

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Palm Beach County's SEL Updated Definition...



Social and emotional learning (SEL) leads to children, youth and adults achieving academic, post-secondary, career, and life success. SEL involves acquiring and effectively applying knowledge, attitudes and skills to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, make responsible and caring decisions, and demonstrate behaviors that contribute to academic success.

(Adapted from CASEL)

What SEL skills listed in this definition could directly impact having a positive and healthy social and emotional climate?





SEL Team



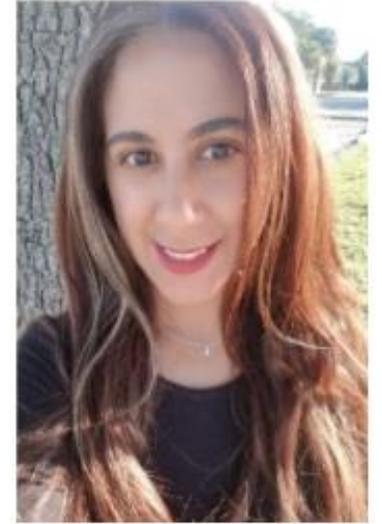
Eileen Nieves,
SEL Coach



Kristen Rulison,
SEL Manager



Kelly Sapp,
SEL Coach



Aleida Trinidad,
SEL Coach

2020-2021 District SEL Vision

Building belonging for all students while developing common language around **SEL** skills.



Common Language Around SEL Skills

CASEL's Core Competencies					
	Self-Awareness The ability to identify and understand one's own emotions, thoughts, personal and social identities, goals and values, and how they influence behavior across contexts. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and self-efficacy.	Self-Management The ability to regulate emotions and behaviors. This includes the ability to delay gratification, manage stress, and control impulses through coping. It includes managing expressiveness, perseverance and agency in addressing personal and group level challenges to achieve self and collectively defined goals and objectives.	Social Awareness The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand broader historical and social contexts and norms for behavior in different settings, and to recognize family, school, and community supports for self and others.	Relationship Skills The ability to establish and maintain healthy and rewarding relationships, and to effectively navigate settings with different social and cultural norms and demands. The ability to communicate clearly, listening actively, seek collective well-being, negotiate conflict constructively, seek help and offer leadership when needed and working collaboratively to problem solve across differences.	Responsible Decision Making The ability to make caring, constructive choices about personal behavior and social interactions across settings. Critically examining ethical standards, safety concerns, behavioral norms, and making realistic evaluations of benefits and consequences of various actions, and to consider collective health and well-being.
	District SEL Themes - Personal Identity (gender identity, race, culture, etc.) - Identifying Different Feelings/Emotions - Understanding that Feelings Change - Growth Mindset - Feeling Confident - Understanding Stereotypes	- Managing Feelings/Emotions - Goal Setting - Positive Self Talk - Handling Put-downs - Stress Management	- Discovering Commonalities - Being Respectful - Appreciating Diversity - Respecting Differences - Predicting Others' Feelings - Empathy - Understanding Stereotypes	- Being Inclusive - Attentive Listening - Making Conversation - Being Assertive - Conflict Resolution - Being Considerate - Dealing with Negative Peer Pressure - Apologizing and Forgiving - Offering and Seeking Help	- Avoiding Jumping to Conclusions - Making a Plan to Solve a Problem - Taking Responsibility

District SEL Guide for Elementary & Secondary

Week	Date	Competency	Theme (Character Trait)	Description
6	October 5th - 9th	Social Awareness	Appreciating Diversity (Respect)	It is important to understand that each individual is unique and recognize and appreciate our individual differences. <i>SEL in Action:</i> Think about someone you want to learn more about today. What is one thing you have in common and one thing that is different?
7	October 13th - 16th	Social Awareness	Respecting Differences (Respect)	Having empathy can help you understand when people have different perspectives than you or feel differently than you do. <i>SEL in Action:</i> Think about something (maybe a hobby, sport, movie, or TV show) you like that your friend does not. How can you be respectful of that difference?
8	October 19th - 23rd	Relationship Skills	Making Conversation	One way to make and keep friends is to participate in balanced conversation that includes attentive listening and clear communication. <i>SEL in Action:</i> Think of one question you could ask to start a conversation to learn more about a friend.



Resources to Support Belonging



Morning Meeting

WEDNESDAY
OCTOBER 7, 2020

MORNING GREETING

Greetings From Around the World (Haitian-Creole)- Did you know that Haitian Creole is the official language in Haiti? ([Click to see Map](#))

In Haitian Creole you say "hello" by saying "Bonjou" if it is before noon and saying "Bonswa" if it is after noon. Let's try.

SHARING

Group Sharing Prompt

What is something that makes you unique or special?

I am unique because _____

CLASS ACTIVITY

Mindful Minute:

Today we are going to learn another exercise that you can use when you need a brain break or you need to calm yourself down when you feel scared, frustrated, or angry.

Melting-Flow: Go Noodle

OPTIMISTIC CLOSURE

Sometimes being different from other people can feel scary. Everyone was brave today to share something that makes you unique or special. I enjoyed learning more about everyone today.



High-performing A-rated District

SEL Theme: Identifying Different Feelings/Emotions		SEL Competency: Self-Awareness			
SEL Description: Emotions are part of human nature and tell us something about ourselves and our situation. With time and practice, we get better at knowing what we are feeling and why.					
Week 10	November 2nd - 6th				
Welcoming Ritual (Check In or Community Building)	Name one song that you listen to when you are feeling upset to help you change your feelings.	No School	"In order to move on, you must understand why you felt what you did and why you no longer need to feel it." — Mitch Albom What does this quote mean to you?	When are you in the best mood? What feeling does that mood bring you?	(SEL in Action) Take a moment to think about the different feelings that you have experienced throughout the week and why. Select one emoji that represents how you are feeling right now and think about why.

District Created SEL Lessons...

RESPECTING DIFFERENCES

Differences allow us to learn new things, consider unique ideas, think about other perspectives, and value different experiences.



RESPECTING DIFFERENCES

Tip #4: Don't pressure someone to do something they don't want to do



RESPECTING DIFFERENCES

- What are the benefits of having friends who are different from us?
- Have you ever learned something new about a different culture from a friend? How did that help you respect a culture that is different than yours?



Resources to Support Academic Integration

Handling Put-downs	<ul style="list-style-type: none"> • Consider adding a “no put down” expectation to your shared agreements. • Invite students to look for how characters and/or individuals handled put-downs. <ul style="list-style-type: none"> ◦ How did the character or individual feel when they were put-down? ◦ How did they respond? Would you respond in the same way or differently?
Being Assertive	<ul style="list-style-type: none"> • Model what assertive language would look and sound like before beginning tasks. • Invite students to pay attention to the way a character and/or individual communicates: Is it assertive, passive, or aggressive? • Prompt for and reinforce when students communicate in an assertive way.
Avoiding Jumping to Conclusions	<ul style="list-style-type: none"> • Model jumping to a conclusion yourself and how you then noticed it and stopped yourself from continuing to jump to that conclusion. • Invite students to look for examples of when characters or individuals jumped to conclusions. What could the character or individual have done differently? • As scientists, we draw conclusions by carefully examining the results and data from an experiment. What could happen if we, as scientists, jump to conclusions when doing an experiment? • As mathematicians, we persevere in problem-solving and attend to precision. How could jumping to conclusions affect our precision as mathematicians? • As careful and critical readers and thinkers, we consider the reasoning and evidence of an author's claims before we reach conclusions. How could jumping to conclusions affect our ability to read and think critically? • As writers, we base our arguments on claims we can support with clear reasons and relevant evidence. How might jumping to conclusions affect our credibility as writers?
Making a Plan to Problem Solve	<ul style="list-style-type: none"> • Model solving a problem (talking through the steps you are taking). • Invite students to think about how a character and/or individual experienced and overcame a challenge. • As you come to the rising action in a text, stop and ask the students to discuss how they would solve the problem. • As mathematicians, we make a plan to solve a problem. What could happen if we, as mathematicians, try to solve a problem before making a plan?



Adult SEL Series

- Strengthening Relationships
- Stress Management
- Giving Yourself Permission to Feel
- Understanding Your Feelings and Others
- Self Care & Work Life Balance
- Self Compassion
- Empathy
- Gratitude



2021 Virtual SEL Summer Institute

Save the Date: Week of July 26th

Theme: *Leveraging **SEL** for Equity & Inclusion*

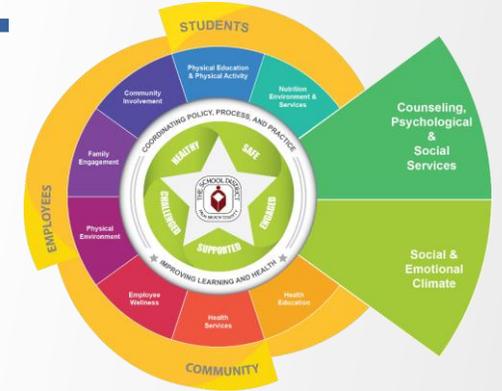
Strands:

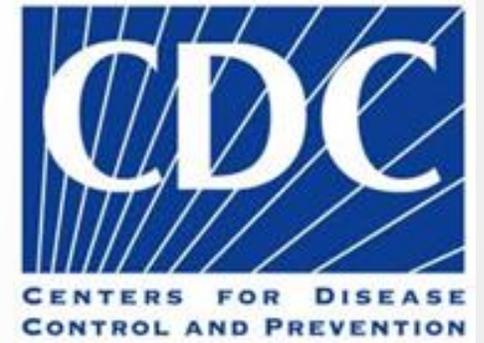
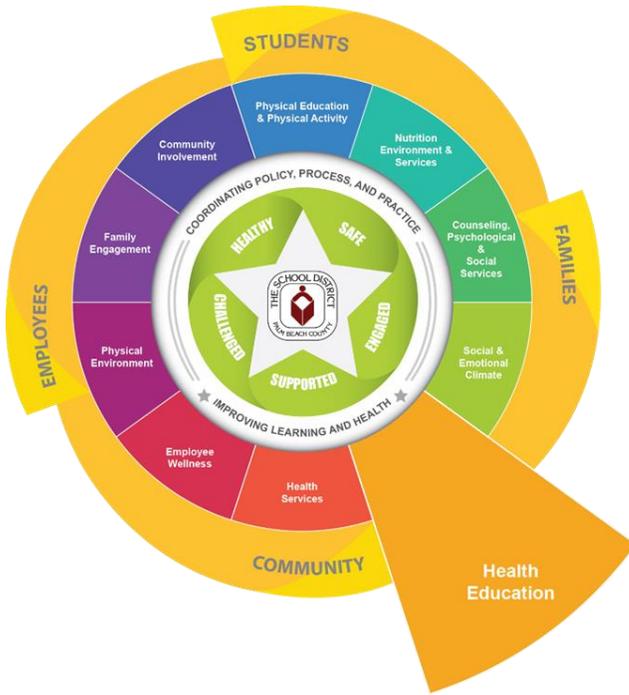
- Identity, Agency & Belonging as Expressions of Adult SEL
- SEL as a Strategy for Systemic and Transformational Change
- Inclusive & Supportive Environments that Focus on Building Relationships & Community
- Uplifting Youth Voice to Promote Engagement & Leadership
- Engaging Families as Authentic Partners
- Leadership Track: Leading with Transformative SEL



Stay in the Know with SEL

- Twitter: [@selpbc](#) and [@kristenrulison](#)
- Monthly SEL Spotlight Newsletter





Teaching and Learning

Pete Stewart, MPH, CPH

Health Education Specialist and
CDC Grant Principal Investigator

Cheryl Phillips

K-12 Health/Science Resource Teacher

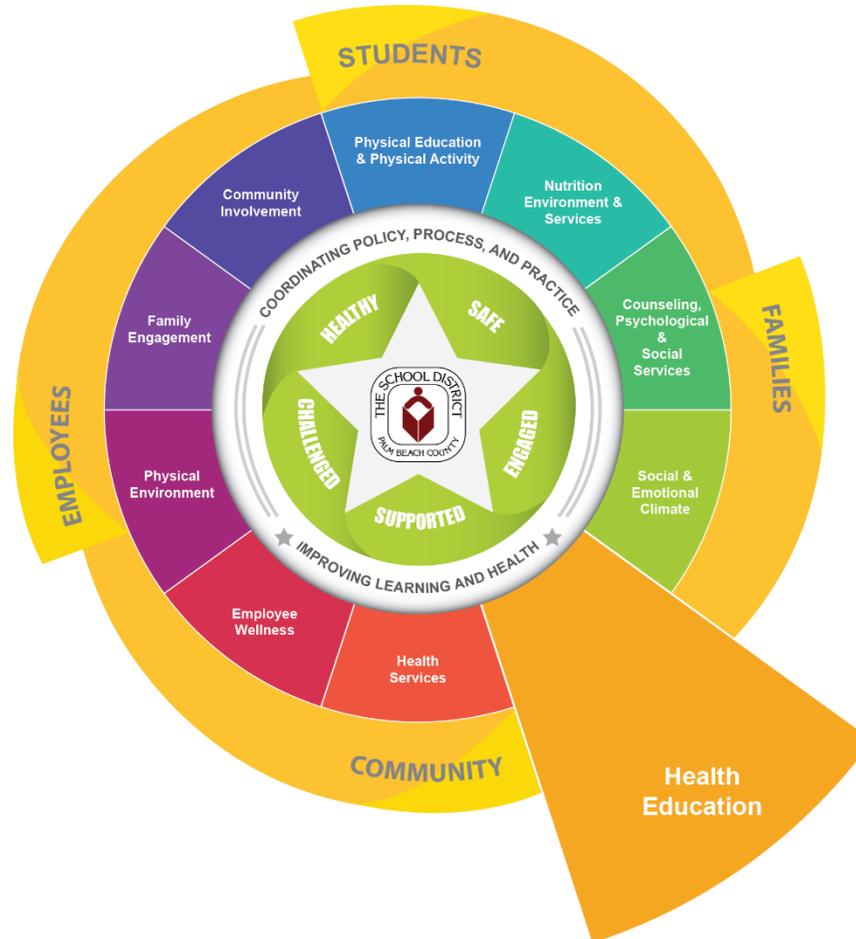


High-performing A-rated District



Whole School, Whole Community, Whole Child (WSCC) Model

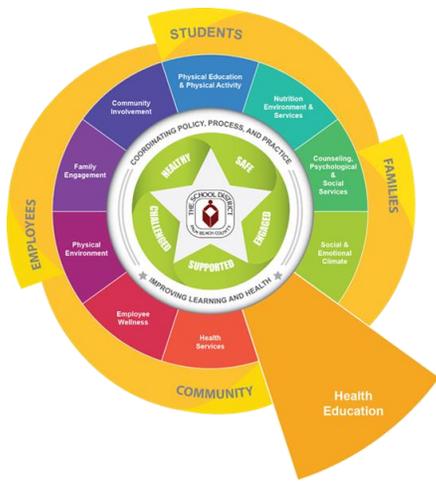
Health Education Update:



Health Education

Goal: To provide health education initiatives in an effort to promote the overall wellness of students and staff.





Health Education

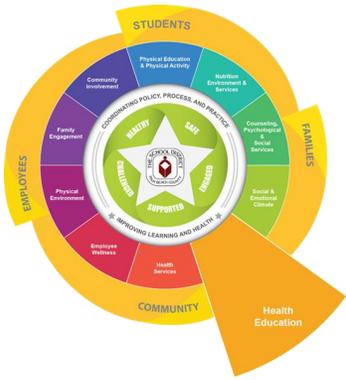


<https://youtu.be/nk2CmX2440Y>

Our CDC Grant has 4 main components:

- Sexual Health Curriculum
- Sexual Health Services
- Safe and Supportive Environments
- Surveillance (YRBS and School Health Profiles)





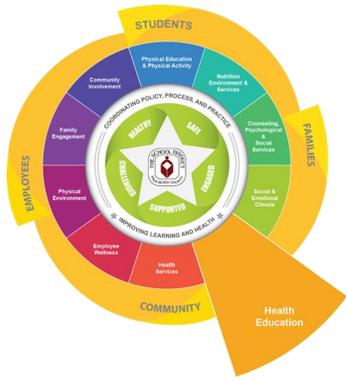
Health Education



Human Growth and Development is science-based, medically accurate, age appropriate curriculum in Grades K-12. The curriculum builds on the previous year's lesson and includes the requirements as listed in Florida State Statute 1003.42(2)(n) and 1003.46.

- Recognized on Feb 7, 2021 for National Black HIV/AIDS Awareness Day by Monarch Health Services & Triple H Ministries for excellence in Equity Education!
- As indicated in the SDPBC Wellness Promotion Policy, each grade dedicates at least **300** minutes each year to Human Growth & Development.
- Taught in Science courses.
- Part of Scope & Sequence.
- Parents may opt their child out (Note: SB 410)
- The unit is inclusive of all students.





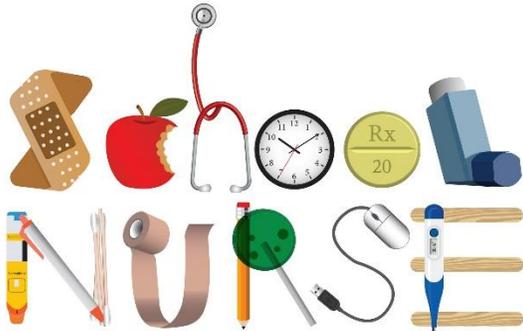
Health Education



Sexual Health Services are provided in most of our schools on a referral basis.

Several of our schools also have School Based Health Centers, where an agency that provides health services operates right on campus.

The Healthcare District of Palm Beach County, who is part of the collaboration that provides a school nurse in every school, tracks referrals on its electronic portal called Welligent.



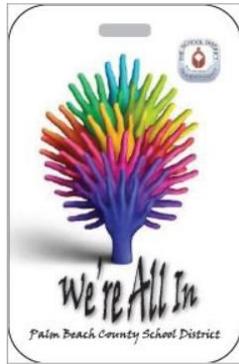


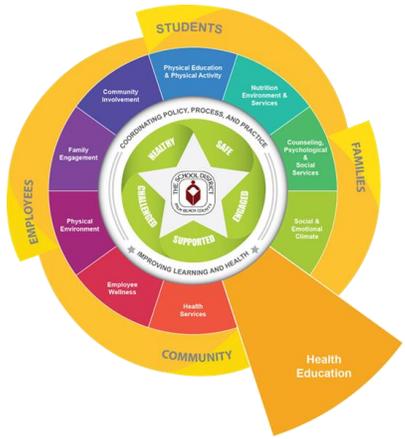
Health Education



Safe and Supportive Environments has a number of projects, including:

- Policy Development
- LGBTQ+ inclusive instructional materials & media center resources
- Supporting & maintaining GSA Clubs in middle & high schools
- Promoting inclusive staff in all of our schools, including PD and Gender Studies Liaisons
- **We're ALL In! Campaign, which includes**
 - LGBTQ+ Critical Support Guide
 - Badges
 - Posters & Stickers





Health Education

Surveillance

- Youth Risk Behavior Survey
- School Health Profiles
- Other projects with Evaluator





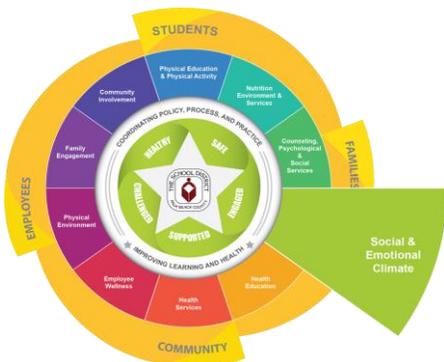
SOCIAL & EMOTIONAL LEARNING
PALM BEACH COUNTY



Self-care and Compassion: Strategies for Stress Management

Kelly Sapp

SEL Coach and Staff Developer
Teaching and Learning



High-performing A-rated District



Activity: How do you manage stress?



- Name the emotion
- Self-Care: Take time for me!
- Go to lunch and don't rush
- Walk every day
- Exercise
- Deep relaxation skills (tai chi, meditation, yoga)
- Listen to relaxation tapes or relaxing music
- Take three minutes to breathe
- Practice Self-compassion



What is Self-Care?



Self-Care is any activity that we do deliberately in order to take care of our mental, emotional, and physical health. It is something that refuels us, rather than takes from us. Self-care is not only about considering our own needs; it is also about knowing what we need to *do* in order to take care of ourselves.

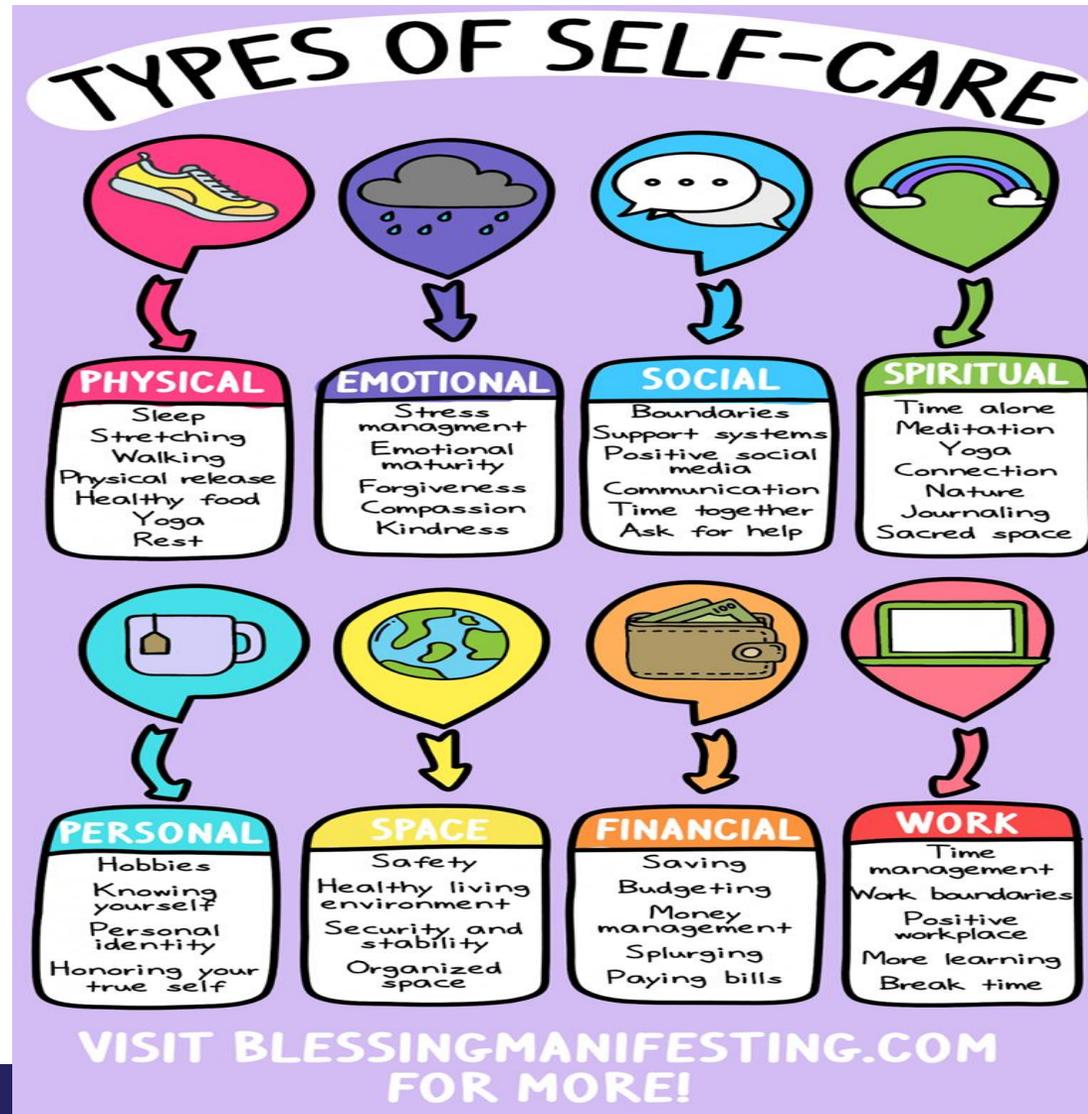


*Teaching the Mindful Self-Compassion Program, Dr Chris Germer and Dr Kristin Neff

*Psychology Today, March 2014



Types of Self-Care

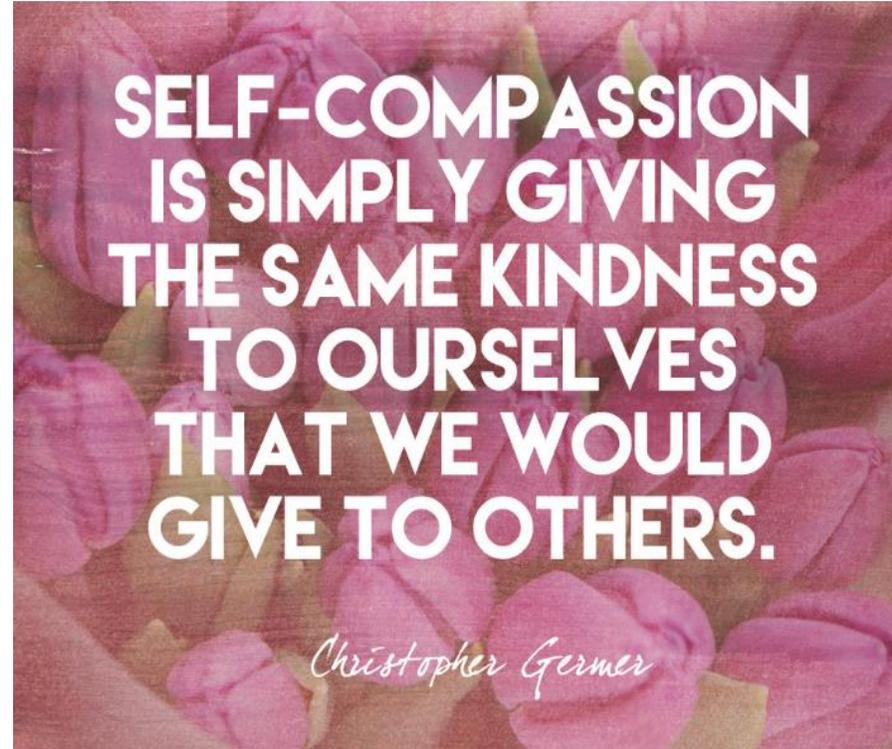


Everyday strategies for Self-Care



1. “My Limits” Check-in
2. Self-Care Journal
3. Identifying what you really want
4. Taking care of the caregiver

What is Self-Compassion?



Elements of Self-Compassion



Self-Compassion IS...

1. Self-kindness
2. Common humanity
3. Mindfulness

Self-Compassion is NOT...

- Self-pity
- Self-indulgent
- Self esteem

Everyday Strategies for Self-Compassion



1. How would you treat a friend?
2. Self-Compassion Break
3. Exploring self-compassion through writing
4. Supportive Touch

**Mental Health America, 2017*

Activity: Changing Your Critical Self-Talk



You've got to nourish in order to flourish!

April 1, 2021

Wellness

P R O M O T I O N T A S K F O R C E

The School District of Palm Beach County, Florida

KeystoWellness

'All Hands on Deck, Stronger Together...'
Rebooting Wellness during COVID'



Wellness

P R O M O T I O N T A S K F O R C E

The School District of Palm Beach County, Florida

KeystoWellness

WSCC Panel – Part II

MORE OF
EVERYTHING YOU
WANT FOR
YOUR CHILD

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SCHOOL HEALTH SERVICES

Merris Smith, PhD, MSN
Health Services Specialist

Vicki Alderman, RN, MS
Health Services Specialist II



Simone Piteo, SLP.D.,CCC-SLP,CPHI,CKTI
Director of Operations School Health
Health Care District of Palm Beach County

Brenda Galie, RN

Community Health Nursing Consultant Director
School Health Division

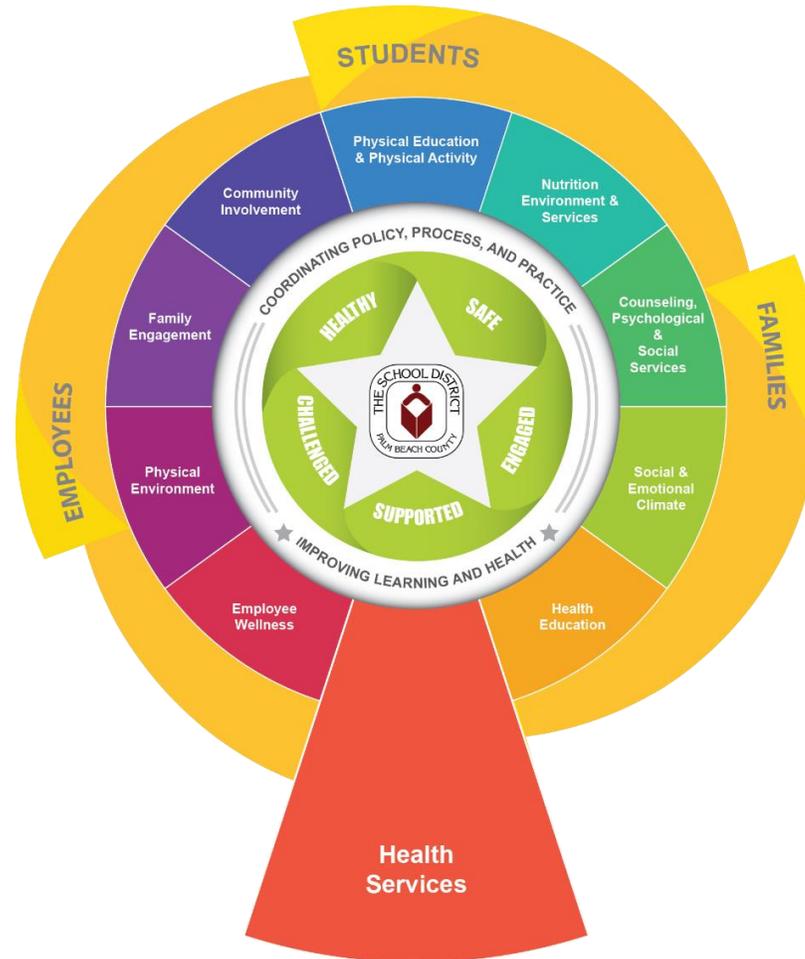
Florida Department of Health - Palm Beach County



High-performing A-rated District



Whole School, Whole Community, Whole Child (WSCC) Model Health Services Update:



Health Services

Goal: To provide health related services and information to students and parents/guardians.



Our mission is to foster the growth, development and educational achievement of all students by prompting wellness and health in a safe and friendly environment. The School Health Program is a partnership between The School District of Palm Beach County, the Health Care District Palm Beach County, and the Florida Department of Health Palm Beach County. Health care and services are provided to more than 180,000 students in the District.

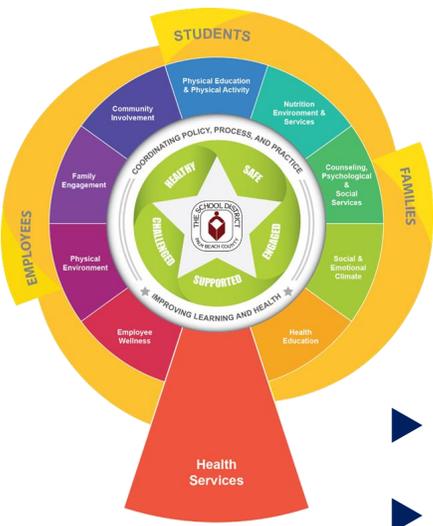


SCHOOL HEALTH SERVICES PROGRAM MANAGEMENT

Support Services – Health Services

- ▶ Component of our “Coordinated School Health Program” and is designed to provide emergency care for illness or injury, prevent and control communicable disease and other health problems, and promote a safe school environment.
- ▶ The provision of these health services is achieved through collaboration between the Health Care District of Palm Beach County (HCD), the Florida Department of Health Palm Beach County (FDOHPBC) and The School District of Palm Beach County (SDPBC).
- ▶ All partners play an integral role in the delivery of basic health care to our students daily.





SCHOOL HEALTH SERVICES SCHOOL CLINIC NURSES

- ▶ Contracted Nursing Agencies
- ▶ **2** School Clinics Serviced by the ESE Department
 - ▶ Indian Ridge School
 - ▶ Royal Palm School
- ▶ **4** RN Supervisors
 - ▶ Conducts Staff Training (Approximately **47** schools individually)
 - ▶ Performs Clinical Assessments for all District Schools
 - ▶ Conducts Nursing Services for all District Schools
- ▶ Approximately **15** School Clinic Nurses



HEALTH SERVICES POST COVID-19

- ▶ Coordinate Student Health Service Delivery
- ▶ Contracted Nursing Agencies
- ▶ Continuity of Services
- ▶ Coordinate and Design Training
 - ▶ First Aid (FA), Cardiopulmonary Resuscitation (CPR), and Automated External Defibrillator (AED) Training
 - ▶ AED Site Coordinator
 - ▶ Health Records Management
 - ▶ Health Room Designee/Unlicensed Assistive Personnel
- ▶ Community Outreach Services
 - ▶ School Health Advisory Council
 - ▶ GIVT – Distribution of feminine hygiene products to Middle and High Title I Schools.
 - ▶ State FDOH – Provision of 180K facial masks
- ▶ Formulate Health Services Information
 - ▶ Policies
 - ▶ Principal Responsibilities
 - ▶ School Health Initiatives
 - ▶ Trainings
- ▶ Collaborate with School Health Partners to Implement Covid-19 Reporting Protocols/Processes
- ▶ Attend meetings held by Regional/Instructional Superintendents, Elementary/Secondary Principals, PLA's, and other District Administration meetings to review Covid-19 protocols, provide guidance, direction and understanding of protocols, and conduct Q & A sessions.
- ▶ Meet weekly with School Health Partners to collaborate on Covid-19 Updates



School Health Program Update

Health Care District of Palm Beach County



167 Schools:

- 103 Elementary Schools
- 33 Middle Schools
- 21 High Schools
- 10 Combined & Alternative Schools



Students:
(47% Virtual & 53% In Person)



160 Staff



High-performing A-rated District

MORE OF
EVERYTHING YOU
WANT FOR
YOUR CHILD

PALM BEACH COUNTY SCHOOLS
Your **BEST** Choice!

School Health Program Update

Health Care District of Palm Beach County

Collaborative protocols on COVID-19

Screening & Testing Process: Students with Symptoms on Campus



Identifies student who **presents to school with symptoms** or who develops symptoms while in school and refers students to School Nurse

Screens students for COVID-19 symptoms and makes determination if “safe to return to class” or “testing necessary”

- **Refers for testing** (if necessary) and offers in house POC testing
- Refers for testing and provides information on testing resources in community (including free of charge resources) for parents
- **Follows up on testing results** and report positive results to DOH

Collects information on student whereabouts while on campus and provides seating chart for DOH

Completes **contact tracing investigation** and informs parents and teachers if they were identified as “close contacts” and for how long to quarantine.



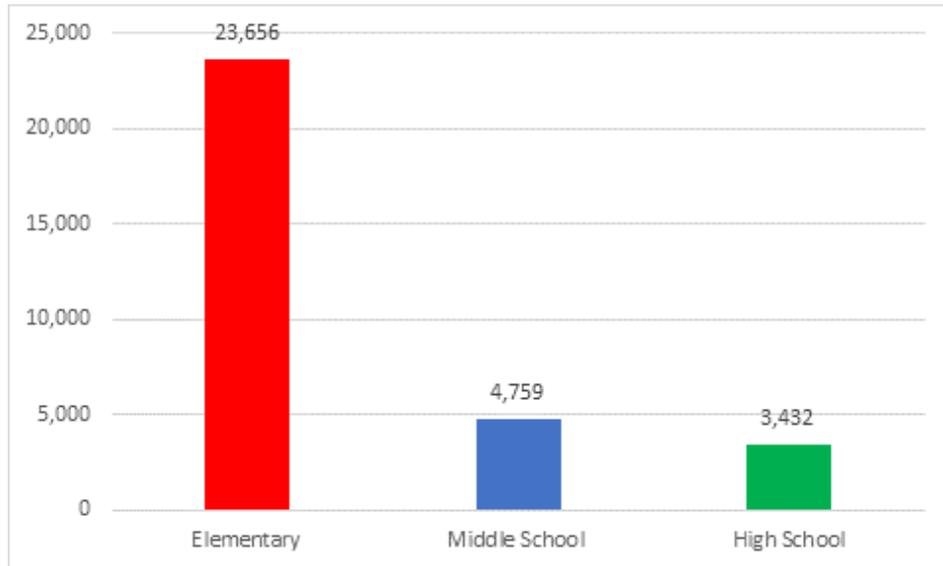
School Health Program Update

Health Care District of Palm Beach County

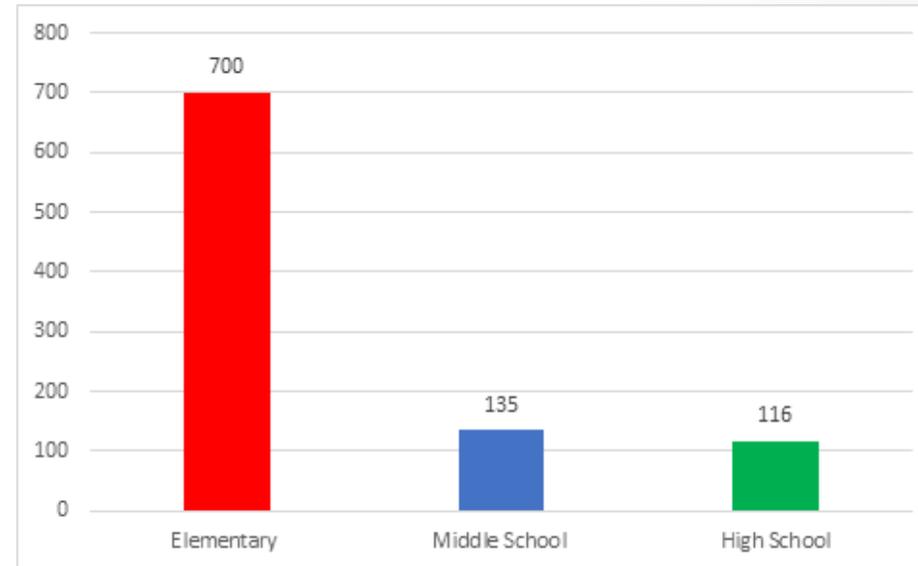
Collaborating to keep our schools safe and minimize the risk from COVID-19



Screenings (9/21/2020 - 2/8/2021): **32,847**



Testing (11/30/2020 - 2/8/2021): **951**
(In-house with BinaxNOW Point of Care Test)



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MORE OF EVERYTHING YOU WANT FOR YOUR CHILD

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School Health Program Update

Health Care District of Palm Beach County



- **From 9/21/2020 through 1/31/2021**
 - 13,682 office visits
 - 1,682 Medication Administration
 - 18,343 Consults
 - 28,582 Screenings (Hearing, Vision, BMI and Scoliosis)
- **Our nurses also care for many complex medical conditions:**
 - Asthma
 - Seizures
 - Diabetes
 - Anaphylaxis Events





Florida Department of Health



- Provide CDC and FDOH COVID-19 Guidelines to School Health Partners.
- Works collaboratively to develop local procedures in providing school health services to students in Palm Beach County Schools.
- DOH Palm Beach County School Health Director Provides oversight for Statutory Program Requirements to appraise, protect and promote the health of students per s. 381.0056, F.S





Florida Department of Health School Health Immunization Program

Additional Support Provided to Palm Beach County Schools during Pandemic



- ❖ To avoid delay in student registration, Immunization records for students registering from out-of-state/country were transferred onto the required FL Immunization Certificate form DH 680 by the immunization team and were sent to the school’s data processor.
- ❖ To ensure compliance in state reporting, the team searched for and entered immunization data into the Student Information System (SIS) for kindergarten and seventh grade students, in time for the state’s annual report.
- ❖ To support schools with missing/expired immunization records, the team searched the FL SHOTS database for missing records and sent them to the schools.
- ❖ To support data processors and school nurses, the team serves as a resource to verify that health forms are accurate and in compliance for school attendance.





School health services

DOH School Health Staff



*** Immunization Review Program**

- 1 RN (nursing supervisor)
- 2 LPN Document Review Staff

*** Charter School Support**

- 1 RN to provide safe medication administration and COVID-19 safety procedure training to designated staff in every charter school
- 1 RN, 1 LPN to conduct mandated grade level health screenings

*** Comprehensive Schools**

Carver MS, Atlantic HS, Glades Central HS

- Provide Basic School Health Services following COVID-19 Protocols
- Provide classroom education on prevention of high-risk behaviors.
- 1 RN (nursing supervisor)
- 3 School Registered Nurses
- 3 Licensed Practical Nurses



The protocols for Covid-19 is the result of the successful working together of The School District of Palm Beach County, the Health Care District of Palm Beach County, and the Florida Department of Health Palm Beach County. In collaboration with our School Health Partners, The School District of Palm Beach County is meeting the challenges of Covid-19.





Risk & Benefits Management Employee Wellness

Carlye Fabrikant

Employee Wellness Coordinator

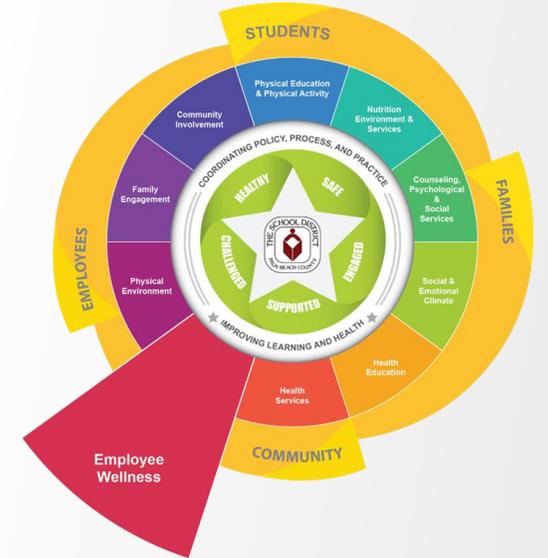
Charlette English-Wright

Assistant Wellness Coordinator

Safety

Fred Cahill

Safety Technician



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Whole School, Whole Community, Whole Child (WSCC) Model Employee Wellness Update:



Employee Wellness

Goal: To promote the safety and the physical, social, behavioral, and emotional health of staff.





Virtual Wellness Success

- Monthly Challenges
- Virtual Workshops
- Greater District Reach
- Motivating Incentives
- Wonderful Partner Involvement and Support
- Department Collaborations
- Wellness/Relaxation Rooms





Employee Wellness

Carlye Fabrikant

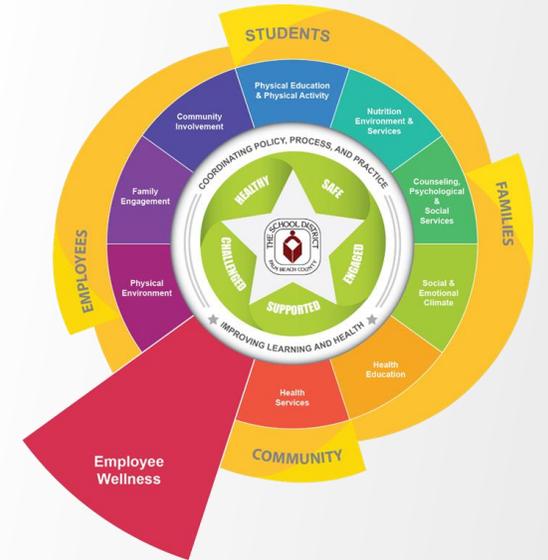
Employee Wellness Coordinator

Charlette English-Wright

Assistant Wellness Coordinator

staffwellness@palmbeachschools.org

Find us on Facebook @PBCSD Wellness
and Twitter @SDPBC Wellness



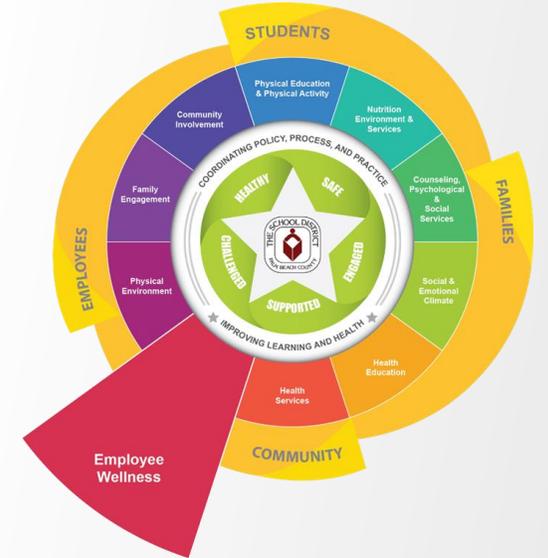
High-performing A-rated District

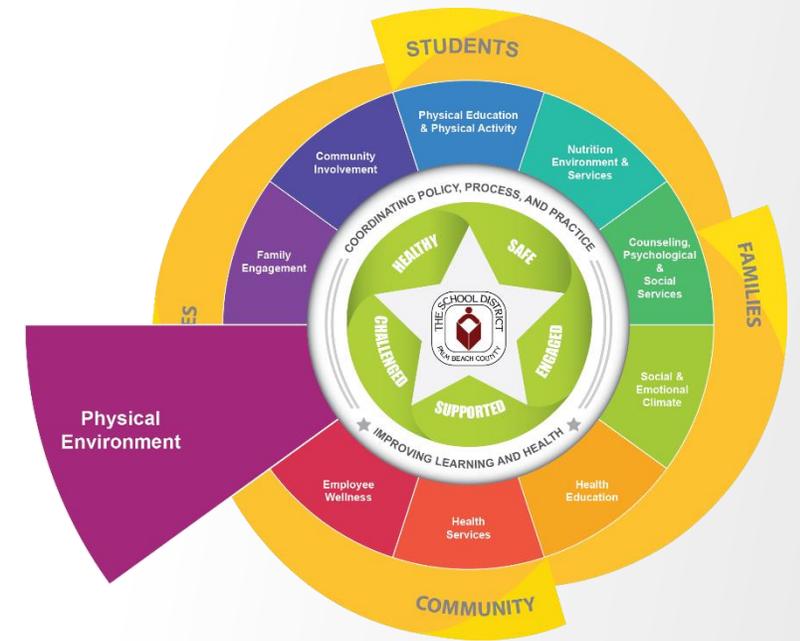




Safety Updates

- Playgrounds
- Slip Trip and Fall accidents
- AED's and CPR
- Safety and Distractions (stay focused)





Environmental & Conservation Services

Lisa Toy

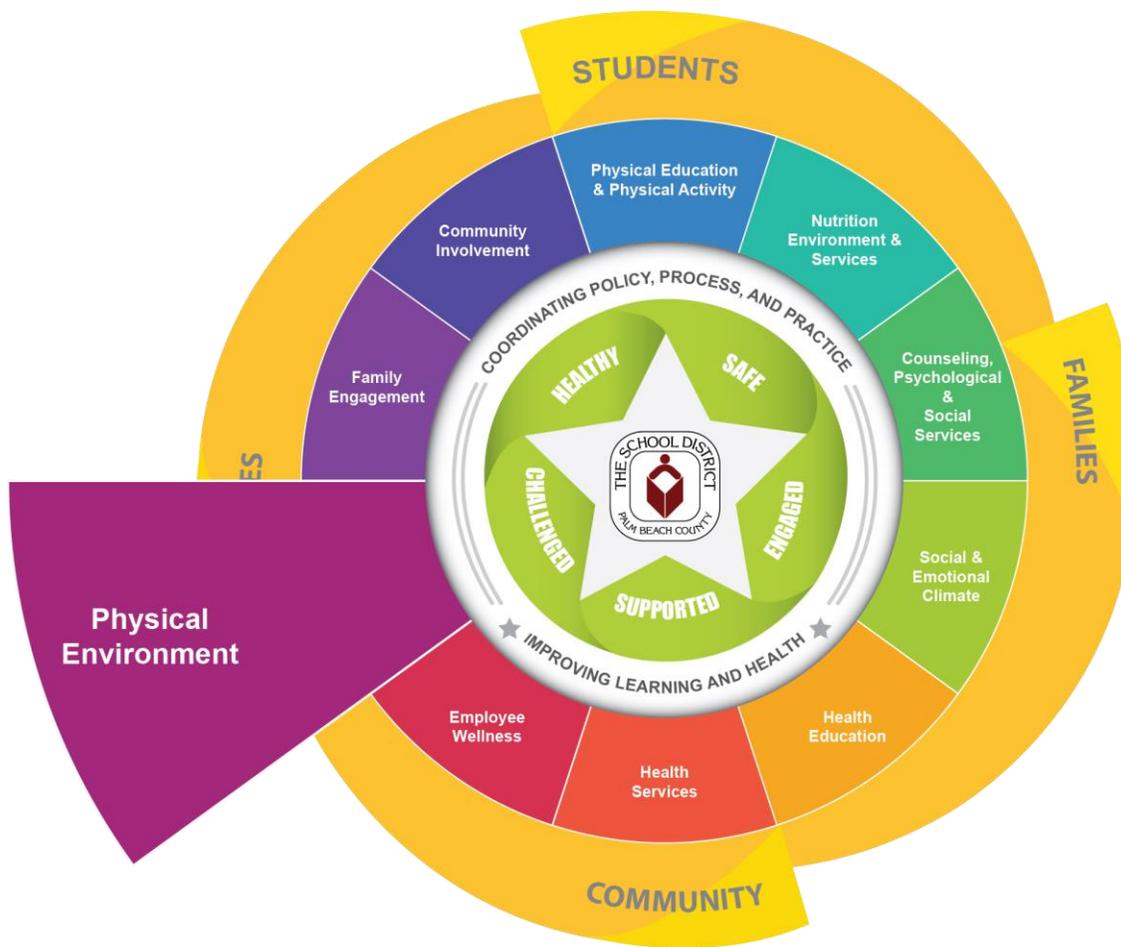
Sustainability & Recycling Coordinator



High-performing A-rated District



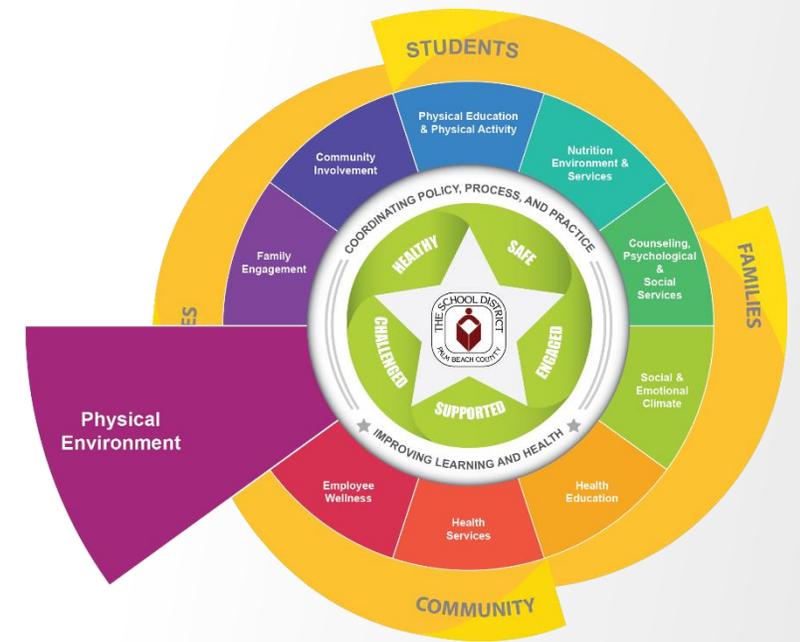
Whole School, Whole Community, Whole Child (WSCC) Model Physical Environment Update:



Physical Environment

Goal: To provide a physical environment that meets or exceeds federal guidelines to include, but not limited to, the following topics: asbestos in schools, health and environmental hazards, radon testing, OSHA Hazard Communication Standards, protection of natural habitats, and green schools.





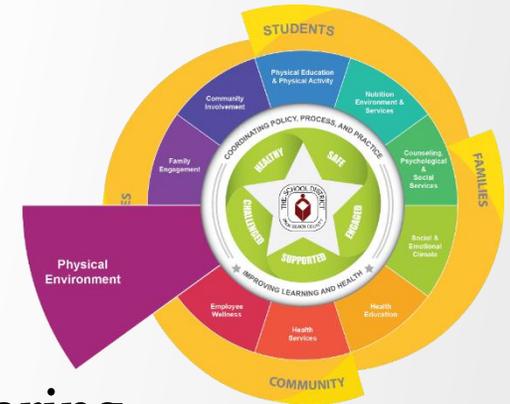
School Police Environmental & Conservation Services Maintenance & Plant Operations



High-performing A-rated District



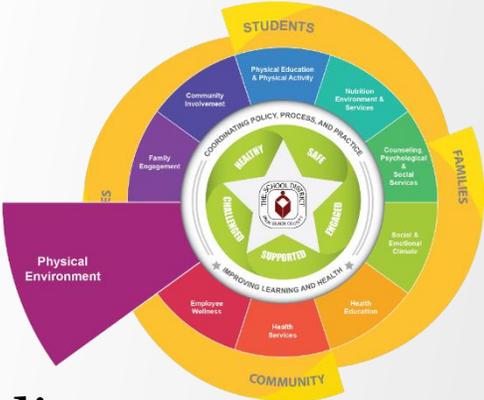
School Police



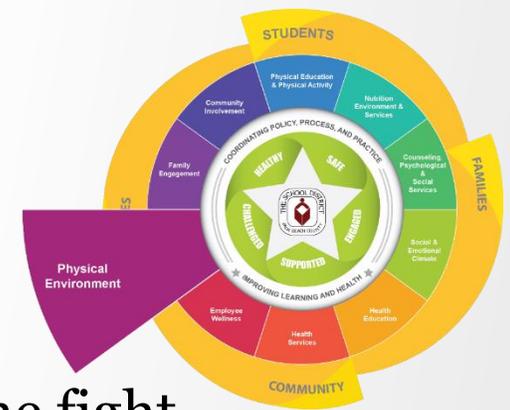
- Switched to virtual Swearing-In Ceremonies with live broadcasting
- Uniformed Police Department COVID-19 facemasks
- Hosted a virtual event called “Shop With Your School Cop 2020”
- Assisted in food distributions with School Food Service

Infectious Disease Responses

- ECS developed the School District's Infectious Disease Plan and Chairs the District's Infectious Disease Committee
- ECS provides enhanced sanitizing services for Infectious diseases including Covid 19 incidents using contractors and consultants.
- In addition to contracting enhanced sanitization services as necessary shifts in response to Covid 19, ECS purchased infectious disease supplies.
 - Disinfecting equipment
 - Electrostatic precipitators
 - Air scrubbers
 - Personal protection equipment (PPE):
 - Face masks, N-95 respirators, nitrile gloves.
- ECS conducted product safety reviews and developed Covid 19 best management practices



Infectious Disease Responses



M&PO has collaborated with ECS, by providing the boots on the ground in the fight against COVID-19.

- HVAC Filters upgraded to MERV13 where possible
- Clorox 360 – 189 purchased and delivered to each school
- Distribution of face masks to custodial staff
- Installed Partitions
- Provided Signage
- New Custodial Procedures
- eLearning Clean Talk courses
- 50 Temporary Custodians to supplement school cleaning
- Disinfecting Wipes and 3M Disinfectant for Instructional staff



MORE OF
EVERYTHING YOU
WANT FOR
YOUR CHILD



School Sustainability

- ECS shifted to offering online resources to support school green initiatives.
 - Google Classroom
 - New website
 - Google Meet recycling consultations
- ECS hosted the District's first Green Webinar Series for teachers, featuring experts for each day's green topic during a weeklong training.
- Partnered with Keep Palm Beach County Beautiful to purchase water refill stations for schools
 - Helps to prevent spread of germs; reduces plastic waste
- Looking ahead: Recipient of FL Humanities grant to host a traveling museum exhibit from the Smithsonian

JOIN US FOR A GREEN WEBINAR SERIES

IN-SERVICE POINTS
WILL BE AVAILABLE!

Sustainability in the Remote Classroom: October 24th 10:00am-1:00pm
In this interactive workshop, explore how EcoRise curriculum, resources and grant funds can be used to increase student engagement and cultivate eco-literacy and student innovation on your campus.

Reduce, Reuse, Recycle, ReThink: October 26th 2:45pm-3:45pm
The Solid Waste Authority of Palm Beach County will highlight free virtual resources, new distance learning programs and recycling curriculum for schools. Plumosa School of the Arts will share their classroom experience with SWA's Live Virtual Lessons for K-12 & College.

Sustainability in the Cafeteria: October 27th 2:45pm-3:45pm
The Carton Council will share carton recycling resources and school success stories, including Highland Elementary. Hear how cartons are recycled and learn how you can reduce your school's waste stream.

Green Transportation October 28th 2:45pm-3:45pm
Join the Florida Department of Transportation in learning about the Safe Routes to School Program. This session will highlight resources for schools as well as the health and environmental benefits of eco-friendly transportation to school, such as walking and biking.

Water Conservation: October 29th 2:45pm-3:45pm
Coca Cola Florida will teach you how to reuse Coca Cola barrels by transforming them into rain barrels. Participants who complete this virtual seminar will be able to pick up a free barrel for their school.

Energy Conservation: October 30th 2:45pm-3:45pm
The Florida Office of Energy will share how your school can apply for energy education kits! The Florida Solar Energy Center will explain how to use the kits to develop teamwork and problem-solving abilities, investigate environmental issues and gain STEM skills

CLICK TO
REGISTER

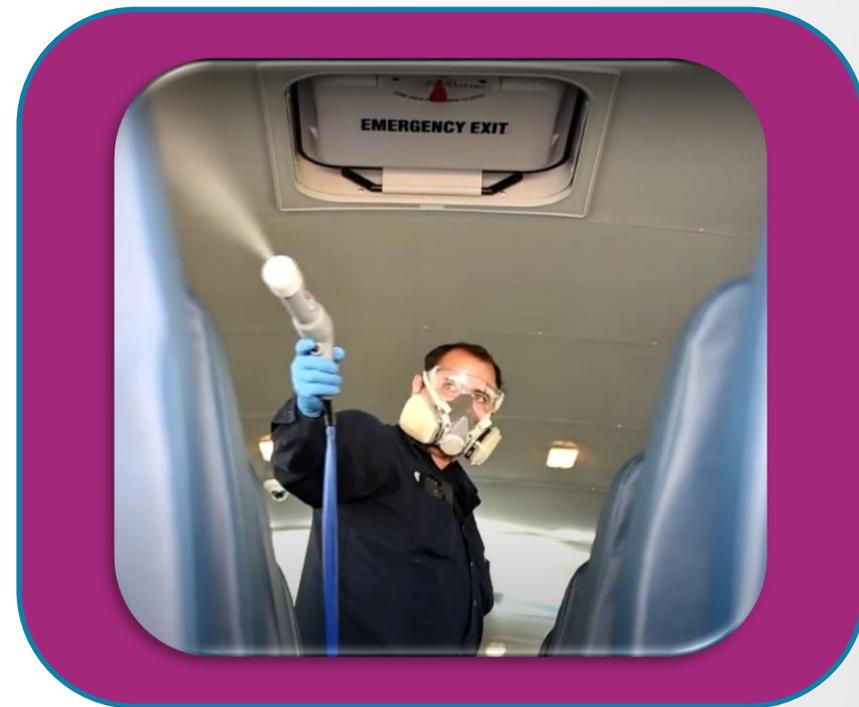


Transportation



Ready to Roll!

- Provided safety protocols for staff and student ridership.
- Equipped 50 buses with Wi-Fi to increase connectivity in select neighborhoods as needed.
- Provided Bus Drivers and Attendants training on sanitization high touch areas on buses between routes.
- Developed protocols for monthly sanitization of all buses with electrostatic sprayers.
- Launched an app (Make Your Choice) for parents and guardians for Bus registration.
- Our drivers, attendants and staff volunteered with the School Food Services team to distribute over 200K boxes of food to students and their families in collaboration with local non-profit partners.



MULTICULTURAL Education

Multicultural Education Department

Francisco 'Harvey' Oaxaca

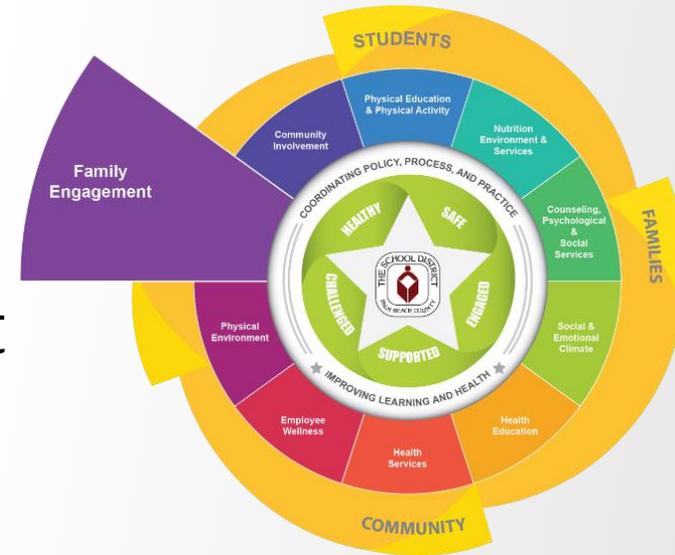
Director

Javier Ortolaza

Welcome Center - Guidance Services Specialist

Elga Canipe

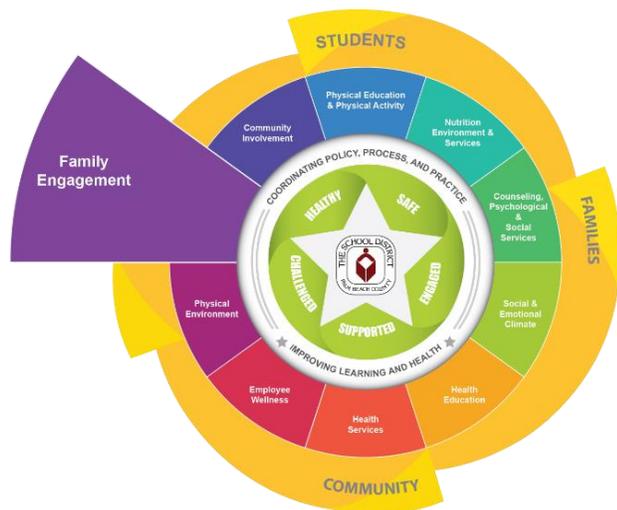
Welcome Center - Data Processor



High-performing A-rated District



Whole School, Whole Community, Whole Child (WSCC) Model Family Engagement Update:



Family Engagement

Goal: To encourage families to participate in the wellness initiative in our District to support student's physical, social, behavioral, and emotional well-being.



MULTICULTURAL
Education

MORE OF
EVERYTHING YOU
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YOUR CHILD

 PALM BEACH COUNTY SCHOOLS
Your **BEST** Choice!



Javier Ortolaza
@JavierOrtolaza

Join us at our second virtual Family Engagement Night event for this school year scheduled for Tuesday, November 17, 2020 at 6:00 pm.

@harveyoaxaca @PBCSDEspanol
@PalmBeachMEP @EsolPbc



Family Engagement Events



REC Carmen Rosas is presenting Francisco Oaxaca and 24 more 6:12 PM

Mental Health Professionals

District Employees	Co-Located	Collaborative-Community
<ul style="list-style-type: none"> School counselors School psychologists School social workers School Behavioral Health Professionals (based on credential) 	<ul style="list-style-type: none"> Mental health professional Full-time on campus Identified agencies with Behavioral Health Agreements 	<ul style="list-style-type: none"> Mental health professional Community-based Agencies with Behavioral Health Agreements

Expand and enhance school-based mental and behavioral health services.

Carmen Rosas

Ashton Jean Baptiste, Christian Vasquez De Le..., Faith Shivers, Jayvon Dawson, Karina Vera-Moran, Katia Hildebert, Leana Estrada, Lina Budreviciene, Maria Lacobs

Responsabilidad de los Estudiantes

• Los estudiantes INICIARÁN SESIÓN EN cada clase a tiempo, un INICIO DE SESIÓN TARDÍO sigue siendo un TARDE registrado en SIS.

Julie Acevedo

Andres Frances Cordero, Beatriz Solis Grue, Meghna Sridhar, Nadalia Charles, Rose Rameau, Samuel Pierre, claudia aparicio, Diego Rivas, Frankie Aguilar Domingo, Gabriela Carrillo, Javier Ortolaza, Jeysus Flores-Ortiz, Natalie Quesada, Ricardo Pino, Sofia Araoz



ESOL PB Schools
@EsolPbc

Family Engagement Events Guatemalan Maya Community

Huge shout out to our Maya Team and their hard work to bring a Virtual Family Event in Akateko/Q'janob'al, Mam, & Spanish to our families tonight! @harveyoaxaca #ELs_Can



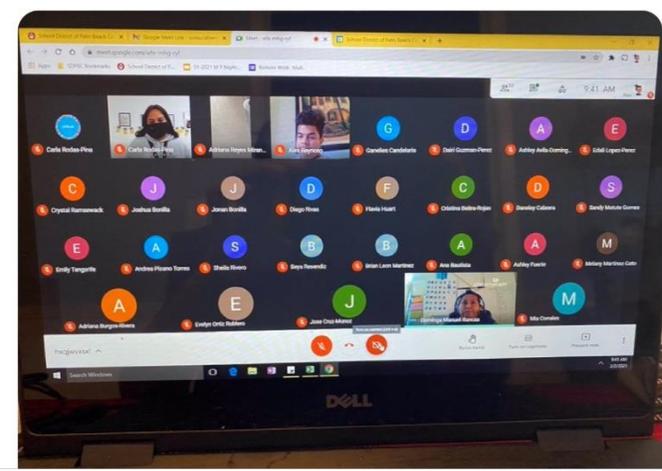
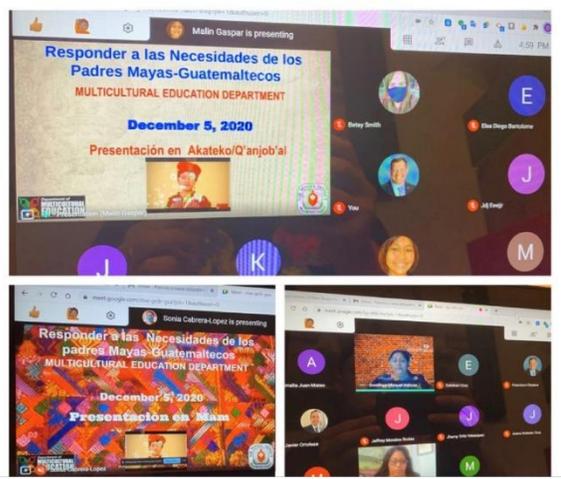
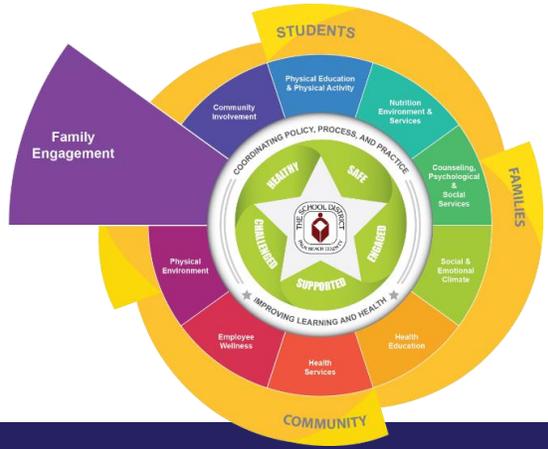
Harvey Oaxaca
@harveyoaxaca



ESOL PB Schools
@EsolPbc

Our @EsolPbc & @PalmBeachMEP teams holding virtual family nights for our Maya families tonight! Events happening now in Akateko/Q'janob'al, Mam, & Spanish! #ELs_Can @DianaFedderman #ForTheKids

Members of our Maya team sharing their stories & journey with Ss at @lia_jilhs today! Working hard to support Ss in all ways! #ELs_Can #collaboration @LancerLeonard @harveyoaxaca @DianaFedderman



Javier Ortolaza
@JavierOrtolaza

Our first Guatemalan Mayan Family Engagement Virtual Meeting in Akateko/Q'anjoba'l, Mam, and Spanish. @harveyoaxaca

Translate Tweet

High-performing A-rated District



Education



Palm Beach MEP
@PalmBeachMEP

Recognizing all the efforts migrant parent give in learning English
[#parentlearners](#) [#migrated](#) [#ell](#)
[@rosettastone](#) [@EsolPbc](#)



Palm Beach MEP
@PalmBeachMEP

MEP Parent Involvement Virtual Meetings going on. Learning how to support MEP students become college & career ready. Thank you [@ACEofPBC](#) for joining and presenting to our Migrant Parents. Watch the recording at our YouTube Channel. [@EsolPbc](#)



Migrant Education Family Engagement Events



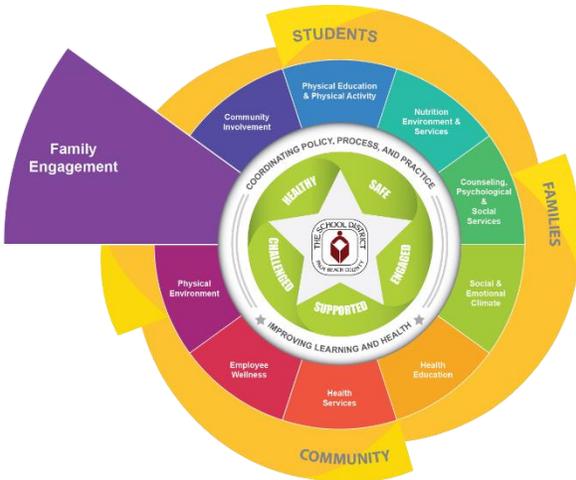
Palm Beach MEP
@PalmBeachMEP

Another successful MEP Parent Involvement Meeting Dinner Distribution. Great job MEP team and families showing up for the information regarding Graduation Requirements.



Palm Beach MEP
@PalmBeachMEP

Parent Involvement Night Dinner Distribution "social distancing" and engaging parents? Challenge accepted!



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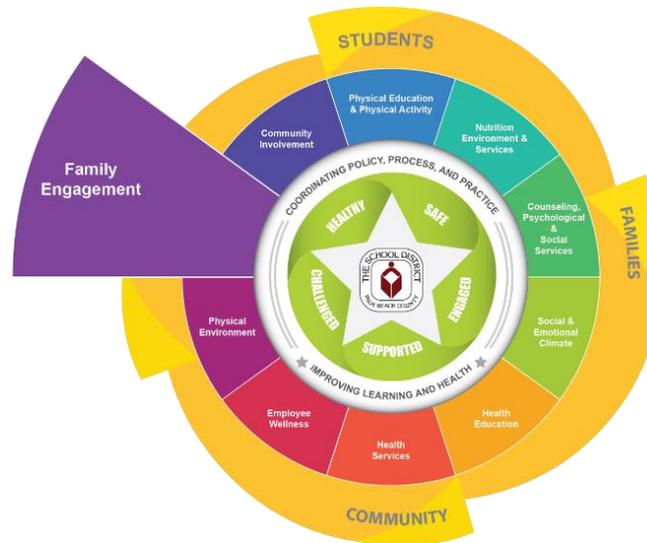


Family Engagement Events Backpack Distribution



Javier Ortolaza
@JavierOrtolaza

Backpack distribution Welcome Center site for parents and students that participated on our Virtual Family Engagement Night events.



Javier Ortolaza
@JavierOrtolaza

Backpacks distribution at "El Sol" Jupiter's Resource Center.

@harveyoaxaca @DonnaBakerJMST



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Education





Javier Ortolaza @JavierOrtolaza

The Immunization Van will be at "El Sol" during the month of December. Check their calendar for more information. palmbeach.floridahealth.gov/programs-and-s... @harveyoaxaca



Javier Ortolaza @JavierOrtolaza

Big thanks to Back to Basics Angel program for supporting families in the community with basic necessities lighting up smiles on our students. 😊 @harveyoaxaca @CanipeElga



Community Partnership



Javier Ortolaza @JavierOrtolaza

Caridad Center educating & providing face coverings for families. Thanks for all you for our community.



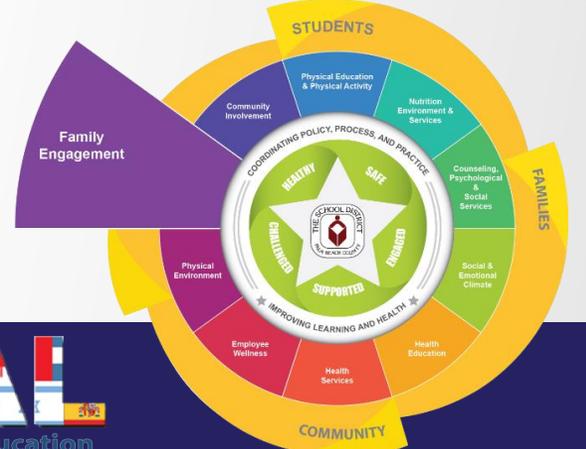
Javier Ortolaza @JavierOrtolaza

Thanks to @FeedingSouthFL for providing food for families during these difficult times.



Javier Ortolaza @JavierOrtolaza

Thanks to Brooke Dooley, Giving Closet Project director, for providing clothing and hygiene products to students in need. Thank you very much for your support. @harveyoaxaca



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Palm Beach MEP
@PalmBeachMEP

Helping families get school supplies and access to the internet (WiFi hotspot)



Migrant Education Community Partnership



Palm Beach MEP
@PalmBeachMEP



Palm Beach MEP
@PalmBeachMEP

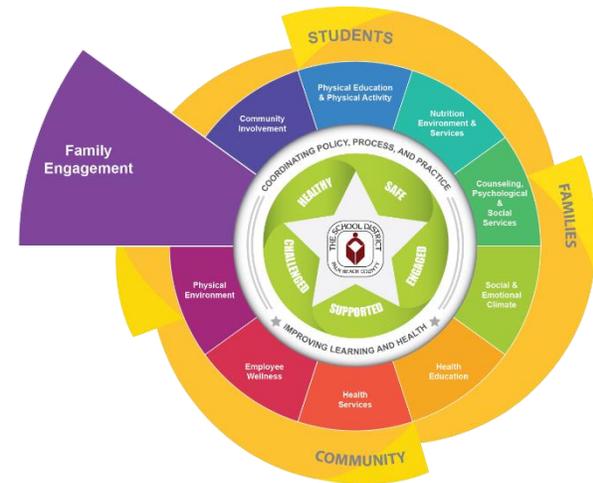
A few of our marvelous MEP Team getting food donations ready for our migrant students and families. Thanks to the First Presbyterian Church of Lakeworth for your continued support
[#staysafe](#) [#weekendmeals](#)
[#SocialDistancing](#)
[#fridayfooddistribution](#) @EsolPbc

Grateful for our community partners, [@BackToBasicsIn1](#) for their generous donations. These will definitely brighten the holiday season for many [@Pbcscd](#) Migrant students. [@EsolPbc](#)



Palm Beach MEP
@PalmBeachMEP

Last night we provided over 300 meals and school supplies to our MEP families. We want to thank all who participated in our parent involvement meetings and for making the extra effort to ensure academic success! Happy holidays!



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Community Partnership

College & Scholarship Opportunities



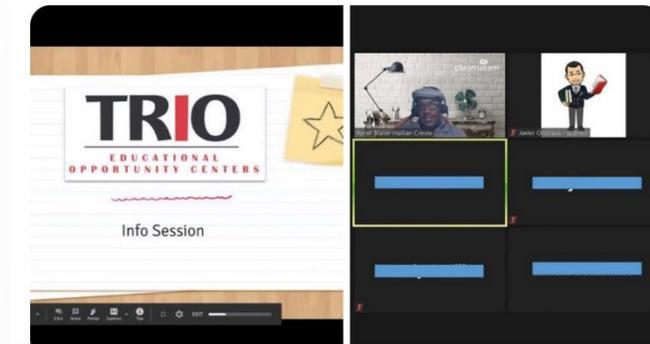
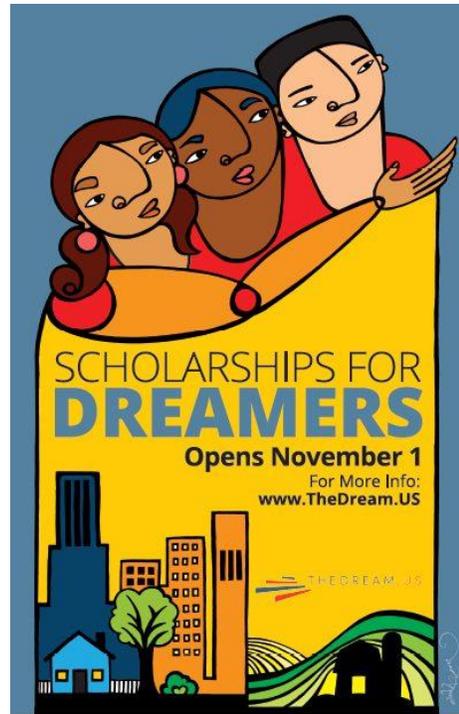
Javier Ortolaza
@JavierOrtolaza

Join us Thursday, November 12, 2020, from 5:30 pm – 7:30 pm, Dr. Manzanero from the Global Education Center of PBSC & Carmen Delgado from Perdue University Global DR will be presenting the DREAM US Scholarship. @PBStateCollege @EsolPbc @harveyoaxaca



Javier Ortolaza
@JavierOrtolaza

In collaboration with TRiO Educational Opportunity Center & the Multicultural Department, we have combined our efforts to host a Virtual FAFSA Nights to assist Seniors to complete the application and provide guidance by the TRiO team. @harveyoaxaca @TrioEOC_PBSC



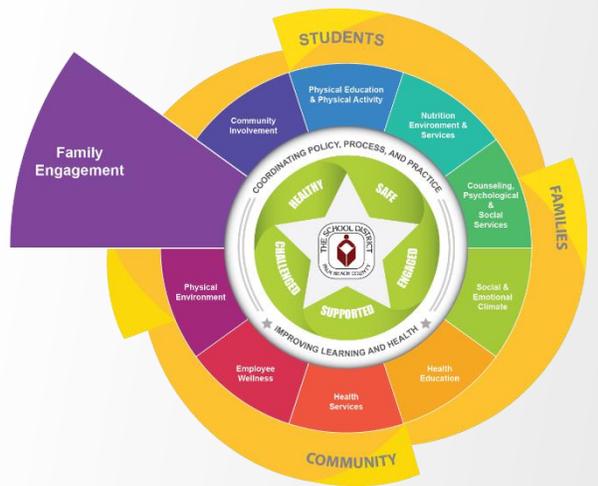
High-performing A-rated District



The Welcome Center is open for face to face appointments on Tuesdays/ Thursdays! Available to assist virtually Mondays, Wednesdays, & Fridays! Here to support our community and families! Call 561-434-8065!
[@JavierOrtolaza](#) [@harveyoaxaca](#)
[@DianaFedderman](#) #ELs_Can

Welcome Center

Tuesday & Thursday
8:00 am – 3:30 pm
(561) 434-8065

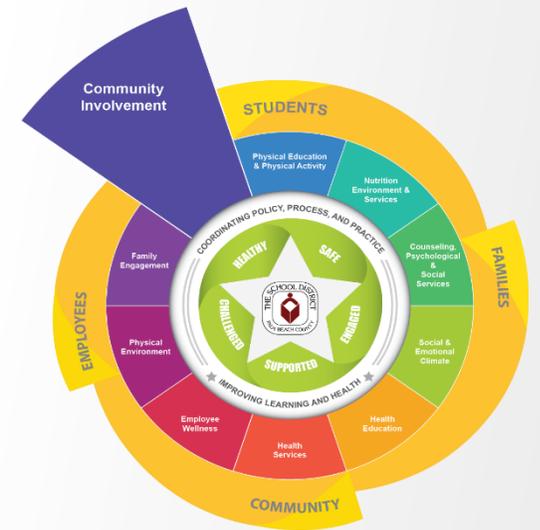


Welcomes families who first language is not English.

Services:

- Registration
- Grade Level Placement
- Counseling
- Social Services Referral
- Immunization Van
- Bilingual staff available





Brian Knowles

African, African American, Latino, Holocaust, and Gender Studies – Manager
Teaching & Learning Division

Patricia Trejo

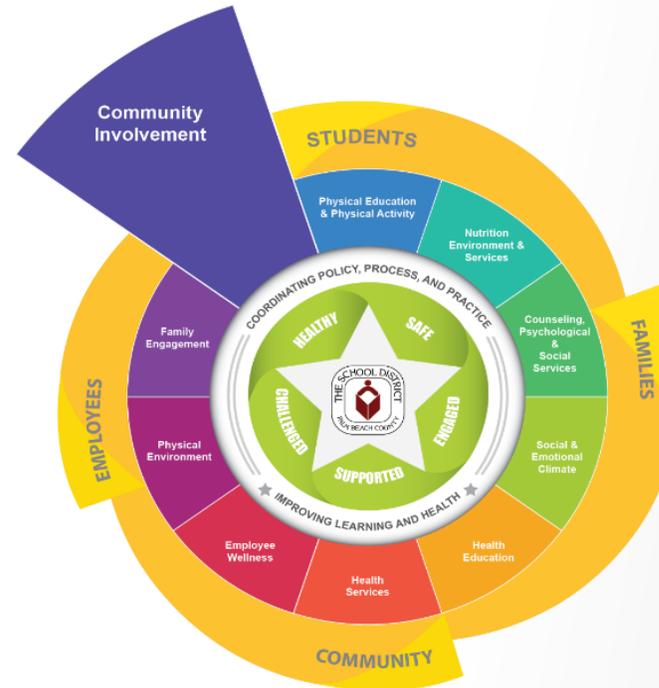
Hispanic/Latino Studies- Administrative Program Planner
Teaching & Learning Division



Whole School, Whole Community, Whole Child (WSCC) Model Community Involvement Update:

Community Involvement

Goal: To encourage community involvement in the wellness initiative in our District to support student's physical, social, behavioral, and emotional well-being.



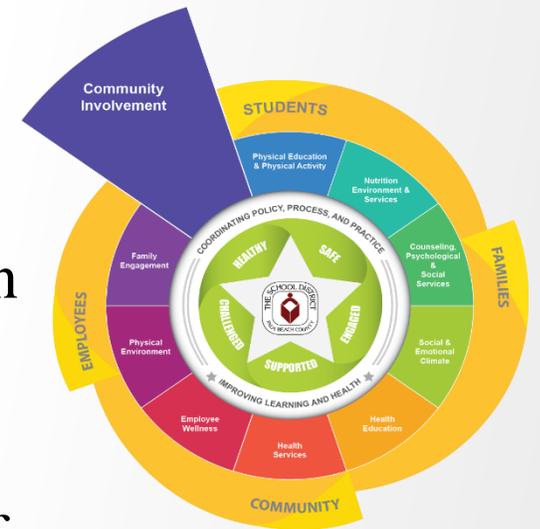
MORE OF
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YOUR CHILD

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Overall Goal

To reform teaching and learning by creating an educational foundation where all student are affirmed and validated.

- This is accomplished through the following steps:
- Normalizing teaching the histories and incorporating the cultures of all students in the classroom.
- Curriculum transformation where students can develop an understanding of the experiences and perspectives of different racial, cultural, ethnic, religious and gender groups.
- To support educators in implementing pedagogical strategies that address the cultural norms and learning preferences of a diverse student population.



Collaborative Culture Community Involvement

- *Hispanic Education Coalition*
- *Florida Hispanic American Chamber of Commerce*
- *El Sol, Jupiter's Neighborhood Resource Center*
- *Caridad Center*
- *Guatemalan-Maya Center*
- *Boys & Girls Clubs of Palm Beach County*
- *Palm Beach County Hispanic Bar Association*
- *FL-ALAS- Palm Beach Chapter*
- *Refugee Task Force*

SDPBC Bronze Award Recipients:

- *Supermercados El Bodegon*
- *Don Ramon Restaurant (Dixie Hwy)*
- *Searcy, Denney, Scarola, Barnhart, & Shipley*



Look Away Break - 20/20/20



April 1, 2021

Wellness

PROMOTION TASK FORCE

The School District of Palm Beach County, Florida

KeystoWellness

'All Hands on Deck, Stronger Together...'
Rebooting Wellness during COVID'



Your **BEST** Choice!

Wellness

PROMOTION TASK FORCE

The School District of Palm Beach County, Florida

KeystoWellness

Presentation...

High-performing A-rated District

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YOUR CHILD



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New Strategic Plan Development

Timeline and Opportunities to Get Involved

April 1, 2021

Kathleen Villavicencio, Manager - Special Projects
Office of the Chief of Staff
kathleen.villavicencio@palmbeachschools.org

High-performing A-rated District





Timeline for Strategic Plan Development

Activity - 2021	March	April	May	June	July	August
Monthly Steering Committee Meetings	March 22	April 16	May 12	June 9	July 14	August 5
Complete Internal Needs Assessment	Ongoing					
Phase 1 Engagement - Survey	Launches March 22	Closes April 9				
Board Reviews Draft Goals and Associated Measures			Tentative May 19			
Phase 2 Engagement - Focus Groups			Late May	Early June		
Board Approves Goals and Associated Measures					July 21/28	

Opportunities to Get Involved

1. Phase 1 Feedback Survey - We're Listening!

- Collecting responses from March 22 - April 9, 2021
- Go to PalmBeachSchools.org for more info and to access the survey (or, scan the QR code with your phone) →



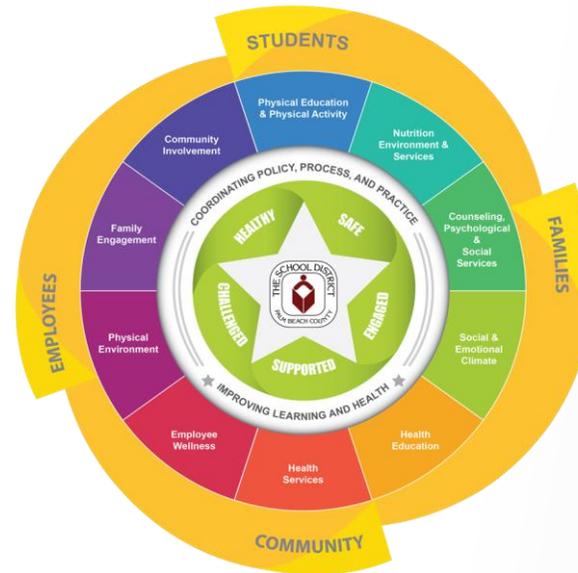
2. Phase 2 Focus Groups

- Scheduled to take place the late May/early June.
- Indicate your participation via the Phase 1 Survey or by emailing your contact info to:

StrategicPlan@palmbeachschools.org



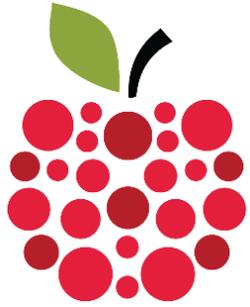
Awards & Recognition



High-performing A-rated District

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 **PALM BEACH COUNTY SCHOOLS**
*Your **BEST** Choice!*



EDUCATION
FOUNDATION
OF PALM BEACH COUNTY



UnitedHealthcare®



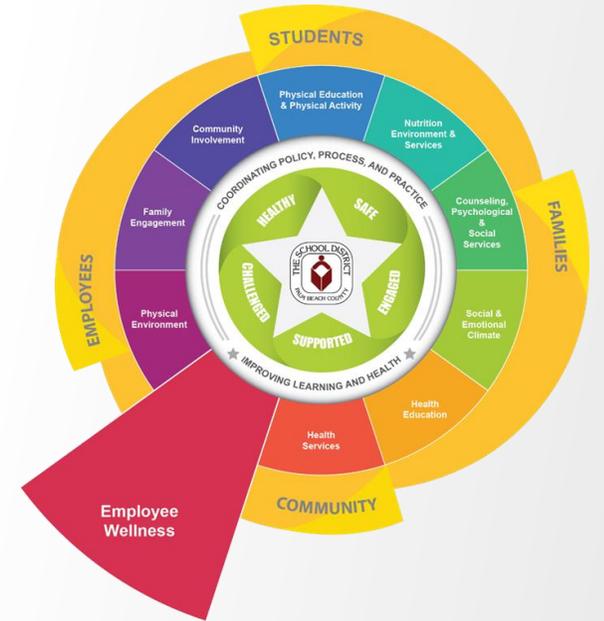
Wellness Spotlight Awards...

sponsored by *UnitedHealthcare* and the
Education Foundation of Palm Beach County
presented by Carlye Fabrikant...



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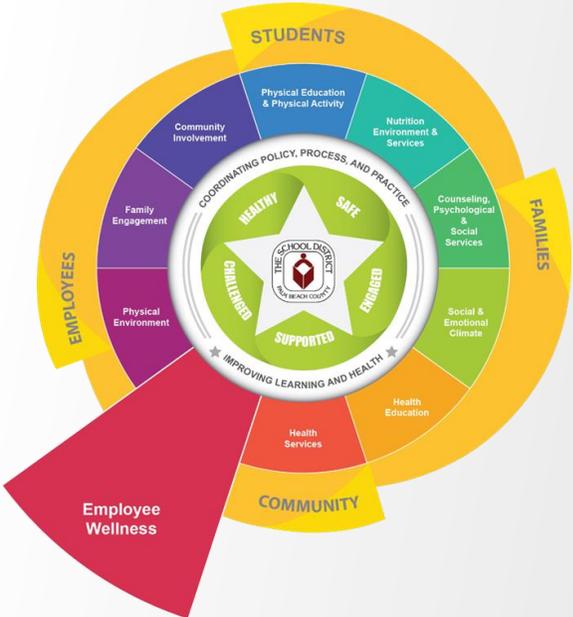
Relaxation/Wellness Room Awards...

sponsored by *Wells Fargo, Fifth Third Bank, Horace Mann*
 and the *Wellness Promotion Task Force*
presented by Carlye Fabrikant...



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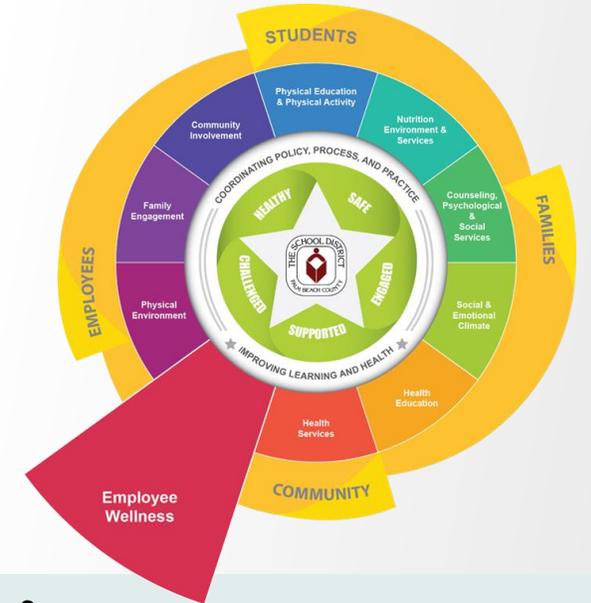
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ALLIANCE FOR A HEALTHIER GENERATION



Alliance for a Healthier Generation's RISE Pilot Initiative

Relaxation/Wellness Room Awards...

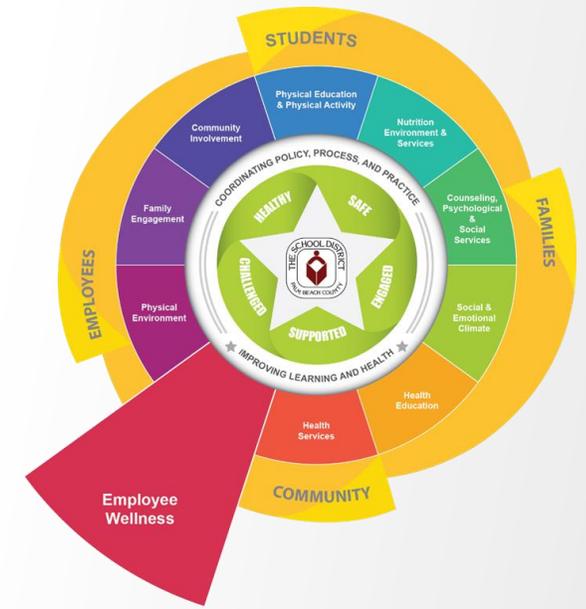
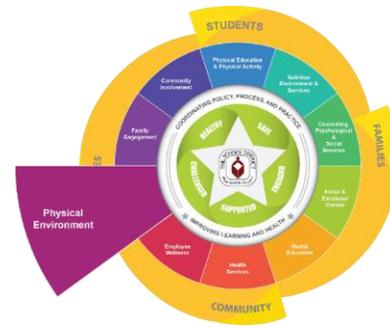
sponsored by the **Wellness Promotion Task Force**

presented by Carlye Fabrikant...



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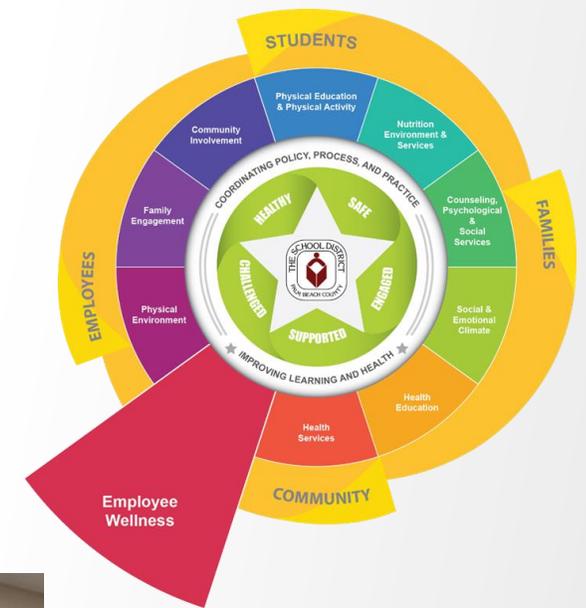


SCTG/Project Connect
Relaxation/Wellness Rooms
funded by *Project Connect*
presented by Michael Kanusky...



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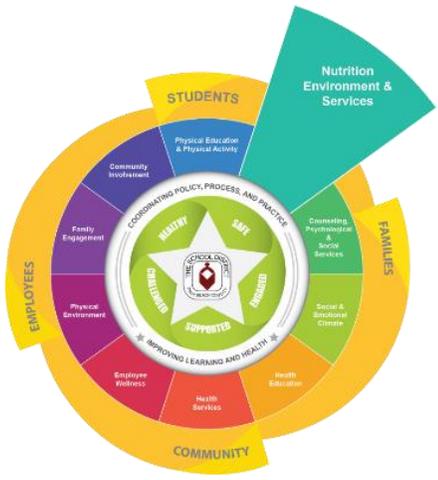


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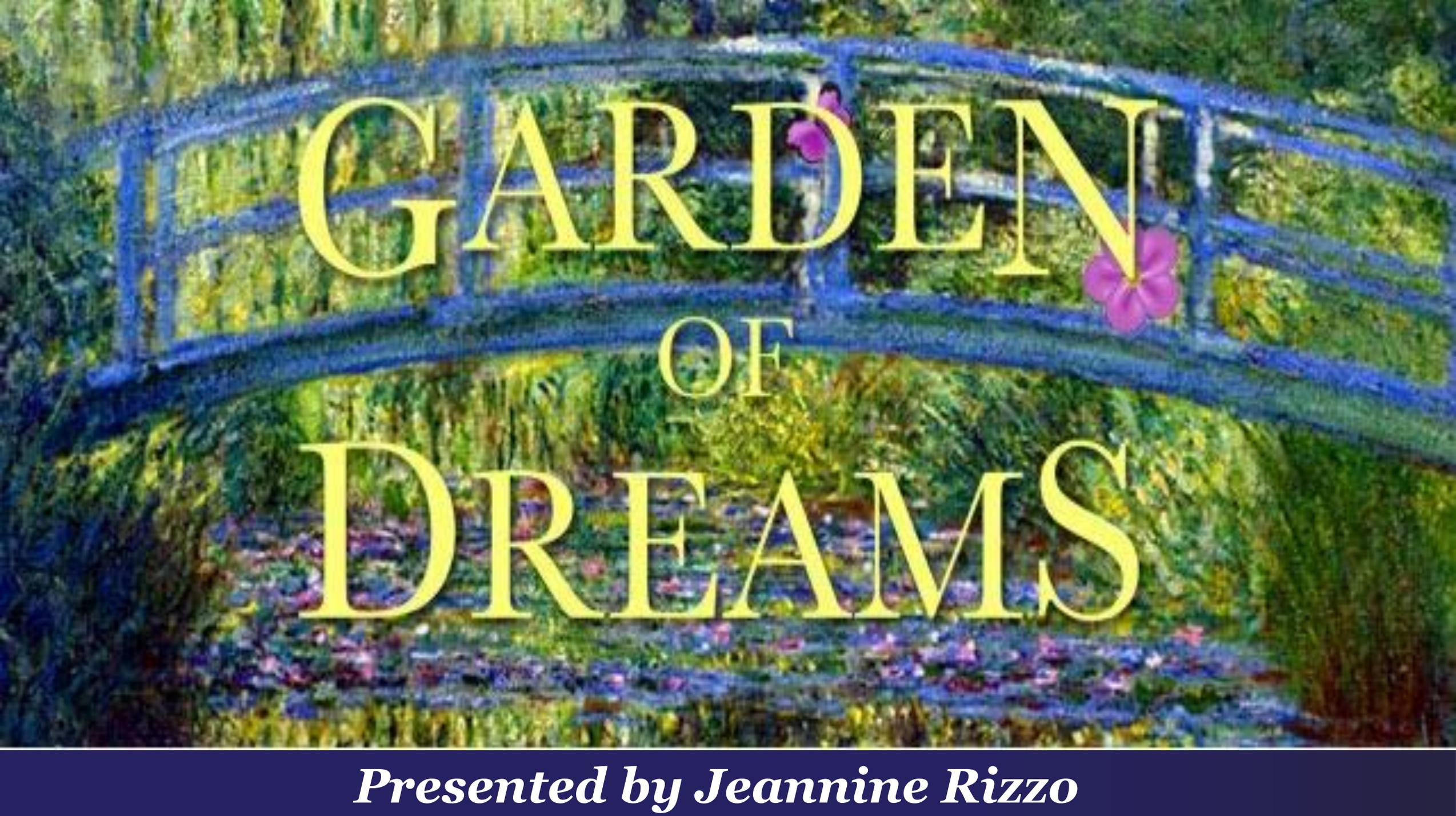


Garden of Dreams
 sponsored by *SFS, Keep PBC Beautiful, and WPTF*
presented by Jeannine Rizzo...



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GARDEN

OF

DREAMS

Presented by Jeannine Rizzo

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Monthly Mindsets

September - Courage

October - Growth

November - Gratitude

December - Kindness

January - Vision

February - Passion

March - Individuality

April - Resilience

May - Thrive!

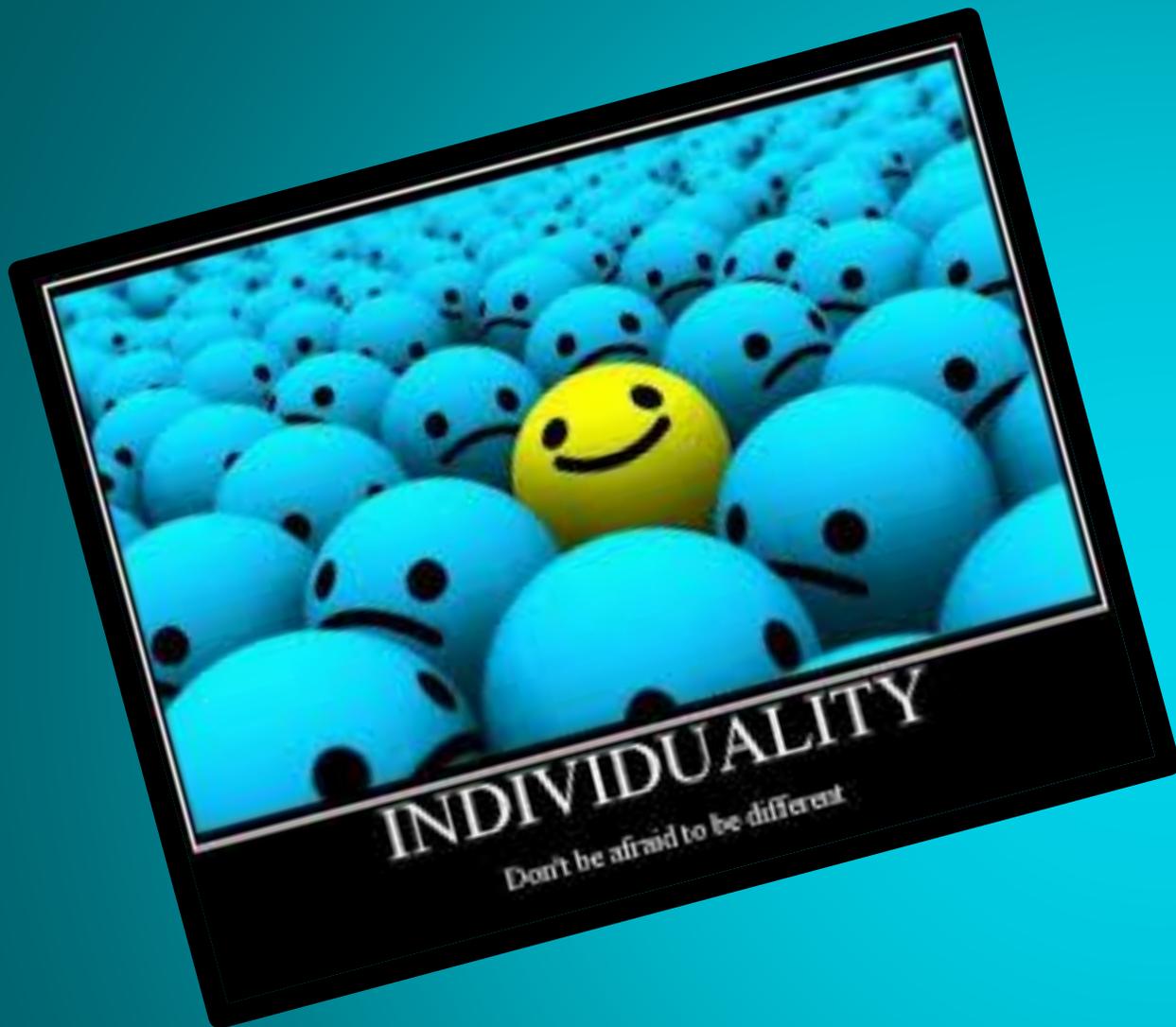
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Student Interpretations of the Mindsets





Kindness



“Kindness is a language the deaf can hear and the blind can see.”

- Mark Twain

“Do things for people not because of who they are or what they do in return, but because of who you are.”

- Harold S. Kushner

DON'T
COMPARE
YOURSELF
TO
OTHERS

JAN
29-31

FL
1-12

FL
13-26

FL
27-31

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Don Estridge High Tech Middle Before



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Don Estridge High Tech Middle

February 14, 2020



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Woodlands Middle

Before



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Woodlands Middle

February 4, 2021



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Polo Park Middle

Before



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Polo Park Middle

March 26, 2021



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Thank you!

Keep Palm Beach County Beautiful Garden Benefactor



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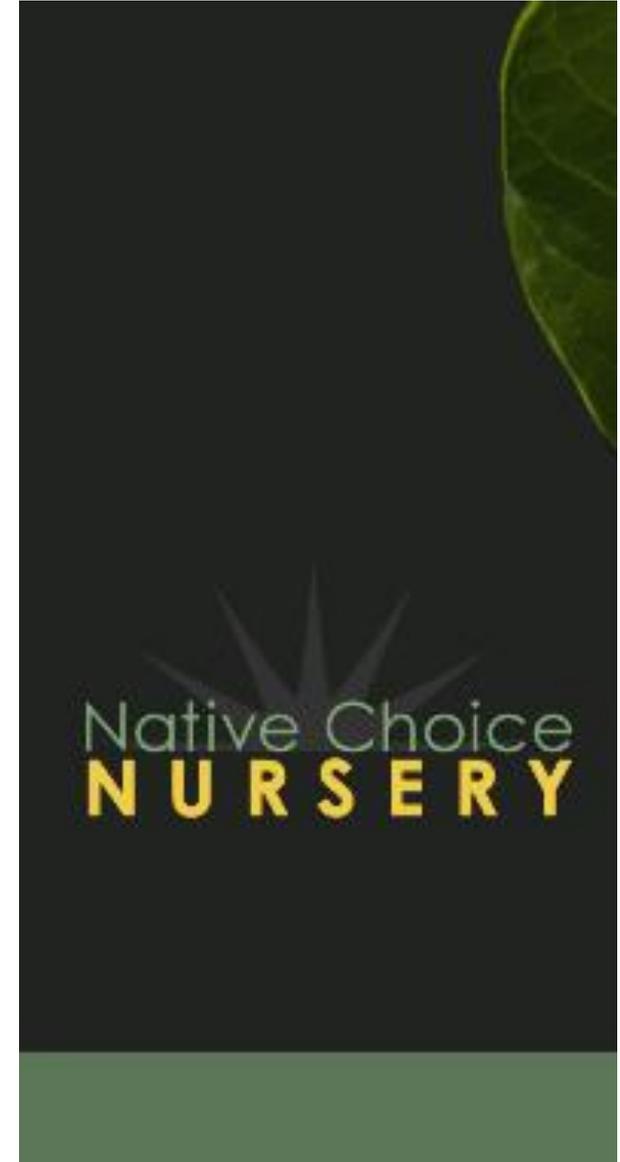


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Thank you!

Native Choice Nursery and Green Thumb Inc.

Garden Design and Installation



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Thank you!

WPTF



Digital Displays for Woodlands Middle



The School District of Palm Beach County, Florida

KeystoWellness 

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Thank you!

School Food Service Department

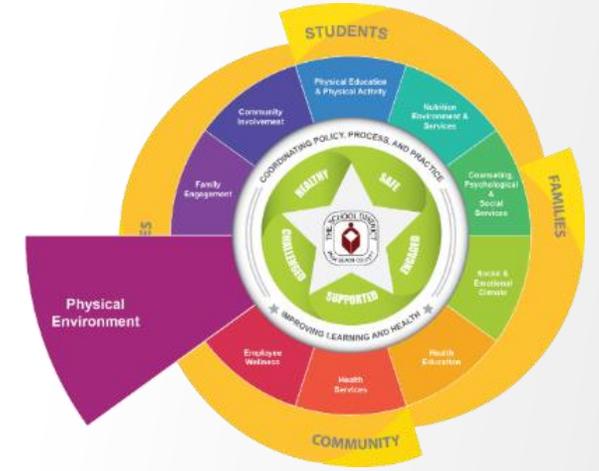
Kids First

Providing Food for Thought!





Sustainable Schools



Student Achievements Awards...

sponsored by *Environmental Conservation Services*

presented by Lisa Toy...



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April 1, 2021



PROMOTION TASK FORCE

The School District of Palm Beach County, Florida

KeystoWellness

**'All Hands on Deck, Stronger Together...
Rebooting Wellness during COVID'**





Prize Giveaway Questions & Answers...

Paula Triana & Allison Monbleau

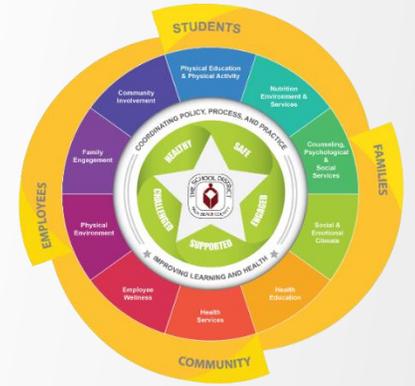
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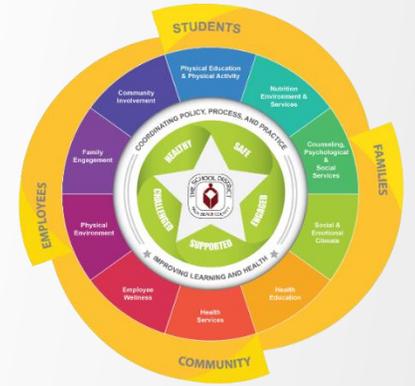
Prize Giveaway Q & A...



What does **WSCC** stands for?



Prize Giveaway Q & A...

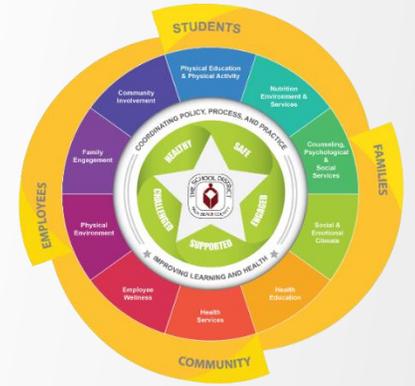


Can you name two **WSCC** Components?

Humana



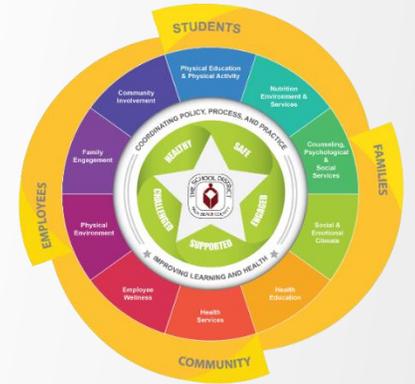
Prize Giveaway Q & A...



What does **SEL** stands for?



Prize Giveaway Q & A...

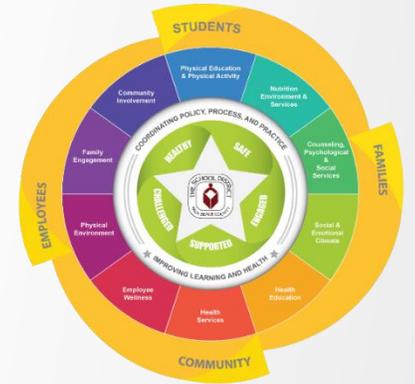


What is the **percentage rate** of the population for vaccination to achieve Herd Immunity?

Humana



Prize Giveaway Q & A...



Name **one** self-care **or** self-compassion strategy mentioned the was mentioned by Kelly Sapp ?

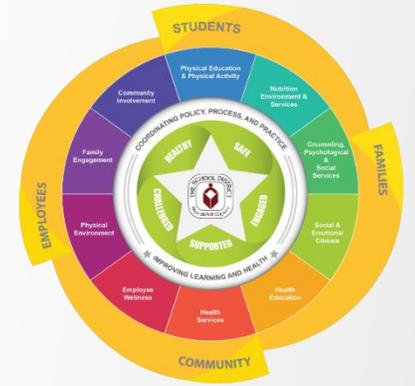


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Prize Giveaway Q & A...



How many **years** has the Wellness initiatives been taking place in the District?



GLOBAL Wellness Day June 12, 2021



I Say YES!...Global Wellness Day! June 12, 2021



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P R O M O T I O N T A S K F O R C E

The School District of Palm Beach County, Florida

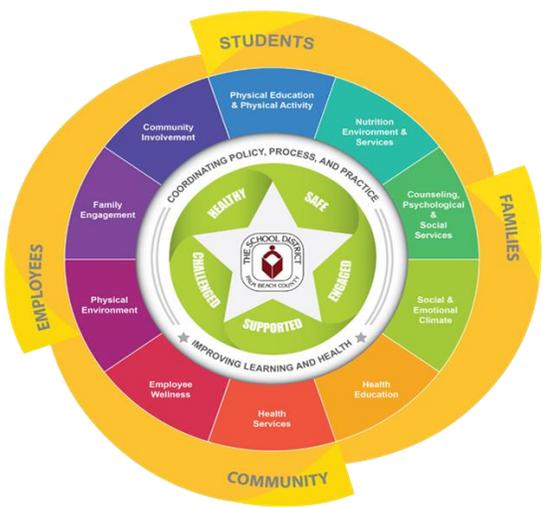
Key s t o W e l l n e s s 

Next District's WPTF Meeting:

October 14, 2021

8:00 a.m. – 11:00 a.m.

Save the Date...see you then!



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SOCIAL & EMOTIONAL LEARNING
PALM BEACH COUNTY



Optimistic Closure

Kelly Sapp

SEL Coach and Staff Developer
Teaching and Learning



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Optimistic Closure...

Self-care and Compassion Affirmation

- Write one affirmation to counteract your negative self-talk to remind yourself that you are worthy of self-compassion.
- Refer back to the idea and see the affirmation when you need a gentle reminder - and take this moment to practice self-care.



The School District of Palm Beach County

Working in Concert to Create a
*Whole School, Whole Community,
Whole Child Culture...*

A Symphony of Services
Improving Learning and Health



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Wellness Promotion Policy (2.035)

For more information contact:

Wellness@palmbeachschools.org



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