

FY23 Wellness Promotion Policy (2.035)

REQUIRED SCHOOL ASSESSMENT

Directions: This comprehensive assessment is intended to collect information about your school's implementation progress of the District's [Wellness Promotion Policy \(2.035\)](#).

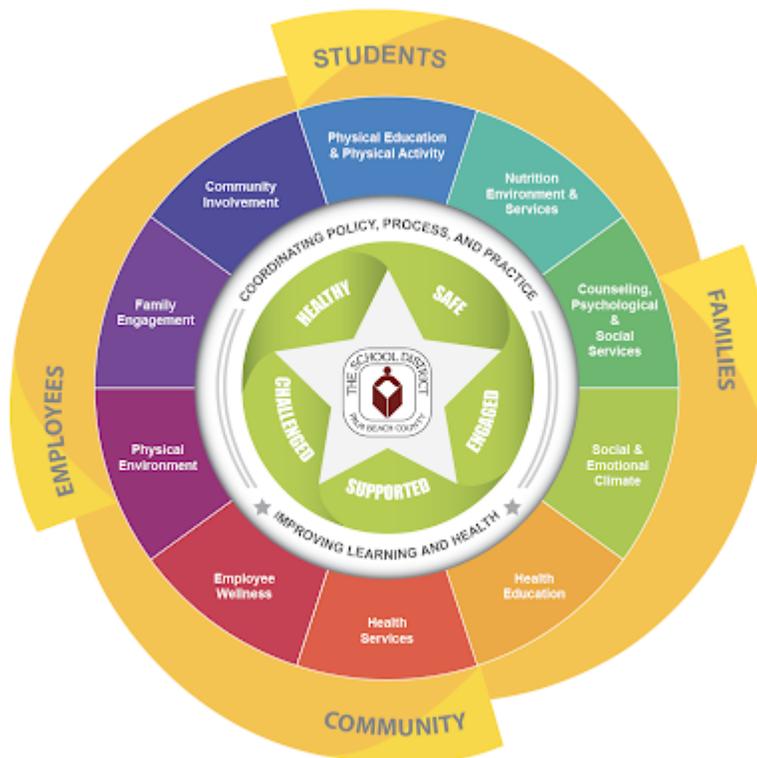
This Policy strengthens a unified and collaborative effort of promoting and improving learning and health, and supports the principles of the **"Whole School, Whole Community, Whole Child"** (WSCC) model. This required assessment tool incorporates questions from each of the ten WSCC components (refer to image below) that are vital for positive results in learning and health for our students and our staff of The School District of Palm Beach County.

If you cannot complete the entire form at once, responses can be changed after being submitted.

Thank you for your commitment and time on this task.

* - Required Questions

DISTRICT'S WSCC IMAGE:



School Name: *

Mark only one oval.

- A.W. Dreyfoos School of the Arts
- Academy for Positive Learning *
- Acreage Pines Elementary
- Addison Mizner Elementary
- Allamanda Elementary
- Atlantic Community High
- Bak Middle School of the Arts
- Banyan Creek Elementary
- Barton Elementary
- Beacon Cove Intermediate
- Bear Lakes Middle
- Believer's Academy *
- Belle Glade Elementary
- Belvedere Elementary
- Ben Gamla *
- Benoist Farms Elementary
- Berkshire Elementary
- Binks Forest Elementary
- Blue Lake Elementary
- Boca Raton Elementary
- Boca Raton Community High
- Boca Raton Community Middle
- Boynton Beach Community High
- BridgePrep Academy of Palm Beach *
- Calusa Elementary
- Carver Communtiy Middle
- Cholee Lake Elementary
- Christa McAuliffe Middle
- Citrus Cove Elementary
- Clifford O. Taylor/Kirkland Elementary

- Congress Middle
- Connections Education of Palm Beach *
- Conniston Community Middle
- Coral Reef Elementary
- Coral Sunset Elementary
- Crestwood Middle
- Crosspointe Elementary
- Crossroads Academy *
- Crystal Lakes Elementary
- Cypress Trails Elementary
- Del Prado Elementary
- Diamond View Elementary
- Discovery Key Elementary
- Don Estridge High Tech Middle
- Dr. Mary McLeod Buthune Elementary
- Dwight D. Eisenhower Elementary
- Eagles Landing Middle
- Egret Lake Elementary
- Elbridge Gale Elementary
- Emerald Cove Middle
- Equestrian Trails Elementary
- Everglades Elementary
- Everglades Preparatory Academy *
- Forest Hill Elementary
- Forest Hill Community High
- Forest Park Elementary
- Freedom Shores Elementary
- Frontier Elementary
- Galaxy E3 Elementary
- Glades Academy Elementary *
- Glades Academy Middle *
- Glades Central Community High

- Glade View Elementary
- Golden Grove Elementary
- Gove Elementary
- Grassy Waters Elementary
- Greenacres Elementary
- Grove Park Elementary
- G-Star School of the Arts *
- Gulfstream Goodwill Transition to Life Academy *
- H.L. Johnson Elementary
- Hagen Road Elementary
- Hammock Pointe Elementary
- Heritage Elementary
- Hidden Oaks (K-8) Elementary
- Highland Elementary
- Hope-Centennial Elementary
- Howell L. Watkins Middle
- Independence Middle
- Indian Pines Elementary
- Indian Ridge School *
- Inlet Grove High *
- Intensive Transition South
- J.C. Mitchell Elementary
- Jeaga Middle
- Jerry Thomas Elementary
- John I. Leonard Community High
- John. F. Kennedy Middle
- Jupiter Elementary
- Jupiter Farms Elementary
- Jupiter Community High
- Jupiter Middle
- K.E. Cunningham/Canal Point Elementary
- L.C. Swain Middle

- Lake Park Elementary
- Lake Shore Middle
- Lake Worth Community High
- Lake Worth Middle
- Lantana Elementary
- Lantana Middle
- Liberty Park Elementary
- Lighthouse Elementary
- Limestone Creek Elementary
- Lincoln Elementary
- Loggers Run Community Middle
- Loxahatchee Groves Elementary
- Manatee Elementary
- Marsh Pointe Elementary
- Meadow Park Elementary
- Melaleuca Elementary
- Montessori Academy of Early Enrichment *
- Morikami Park Elementary
- New Horizons Elementary
- North Grade (K-8)
- Northboro Elementary
- Northmore Elementary
- Okeeheelee Middle
- Olympic Heights Community High
- Olympus International Academy *
- Omni Middle
- Orchard View Elementary
- Osceola Creek Middle
- Pahokee Elementary
- Pahokee Middle-Senior High
- Palm Beach Central High
- Palm Beach Gardens Elementary

- Palm Beach Gardens Community High
- Palm Beach Lakes Community High
- Palm Beach Maritime Elementary *
- Palm Beach Maritime Academy High *
- Palm Beach Maritime Middle *
- Palm Beach Preparatory Charter Academy *
- Palm Beach Public Elementary
- Palm Beach School of Autism *
- Palm Springs Community Middle
- Palm Springs Elementary
- Palmetto Elementary
- Panther Run Elementary
- Park Vista Community High
- Pierce Hammock Elementary
- Pine Grove Elementary
- Pine Jog Elementary
- Pioneer Park Elementary
- Pleasant City Elementary
- Plumosa School of the Arts K-8
- Poinciana Elementary
- Polo Park Middle
- Potentials Charter *
- Riviera Beach Preparatory Academy *
- Rolling Green Elementary
- Roosevelt Elementary
- Roosevelt Community Middle
- Rosenwald Elementary
- Royal Palm Beach Elementary
- Royal Palm Beach Community High
- Royal Palm School
- S.D. Spady Elementary
- Sandpiper Shores Elementary

- Santaluces Community High
- Seagull Academy for Independent Living *
- Seminole Ridge Community High
- Seminole Trails Elementary
- SLAM Boca *
- SLAM Sports Leadership High *
- SLAM Sports Leadership Middle *
- Somerset Academy Boca *
- Somerset Academy Boca Middle *
- Somerset Academy Canyons High *
- Somerset Academy JFK Charter School *
- Somerset Academy Lakes *
- Somerset Canyons Middle *
- Somerset Wellington High *
- South Grade Elementary
- South Olive Elementary
- South Tech Preparatory Academy *
- South Tech Academy *
- Spanish River Community High
- Starlight Cove Elementary
- Suncoast High
- Sunrise Park Elementary
- Sunset Palms Elementary
- The Conservatory School @ North Palm Beach
- Timber Trace Elementary
- Tradewinds Middle
- Turning Points Academy *
- U.B. Kinsey/Palmview Elementary School of the Arts
- University Preparatory Academy *
- Verde K-8
- Village Academy Center
- Washington Elementary

- Water's Edge Elementary
- Watson B. Duncan Middle
- Wellington Elementary
- Wellington Community High
- Wellington Landings Middle
- West Boca Raton Community High
- West Gate Elementary
- West Riviera Elementary
- Western Academy *
- Western Pines Middle
- Westward Elementary
- Whispering Pines Elementary
- William T. Dwyer High
- Woodlands Middle
- Wynnebrook Elementary

School # *

School Level: *

Mark only one oval.

- Elementary School
- Middle School
- High School
- Combo: K-8 School
- Combo: K-12 School

First & Last Name: *

Position: *

Mark only one oval.

- Principal
- Assistant Principal
- Confidential Secretary
- Data Processor
- Physical Education Teacher
- School Food Service Manager
- School Counselor
- Behavioral Health Professional
- School Psychologist
- Exceptional Student Education (ESE) Coordinator
- Other

In addition to your position, are you the Designee for any of the below capacities: *

Check all that apply.

- School Wellness Champion
- School Green Champion
- Healthy School Team (HST) Lead
- School Based Team (SBT) Lead
- Positive Behavior Support (PBS) Internal Coach
- Skills for Learning and Life (SLL) Lead
- School Mental Health Team
- Other: _____

Currently, does someone at your school oversee the Healthy School Team (HST) * meetings and activities?

Mark only one oval.

Yes

No

Are you aware of the HST Hub page and the HST email that are available for you to * receive HST support?

Mark only one oval.

Yes

No

PHYSICAL EDUCATION & PHYSICAL ACTIVITY:



1. Do you know that under Florida Statute (1003.455) and through the District's Wellness Promotion Policy (2.035) that elementary physical education is required for 150 minutes per week and that recess is separately required for 100 minutes per school? *

Mark only one oval.

Yes

No

2. Do you know that the District's Teaching and Learning Division offers professional development training for the K-12 Physical Education Teachers? *

Mark only one oval.

Yes

No

3. Do you know that the District's Teaching and Learning Division has Resource Teachers that can model age appropriate standard based lessons at your school? *

Mark only one oval.

Yes

No

NUTRITION ENVIRONMENT & SERVICES:



4. Do you believe the District supports your efforts to integrate nutrition education * topics into the school day?

Mark only one oval.

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

5. Please indicate the nutrition education strategies being implemented in your * dining room and serving line(s).

Check all that apply.

- Posters
- Flyers
- Food Sampling
- Health Fair
- None
- Other: _____

6. Select the ways in which you share nutrition information with families and the community. *

Check all that apply.

- Open House
- PTA Meetings
- Emails
- Phone Calls
- Text Messages
- Other: _____

7. Do you believe the District supports the expansion of programs and initiatives that enhance nutrition education for students, staff, and/or families? *

Mark only one oval.

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

8. Nutrition information for products served in the cafeteria is readily available and easily accessible. *

Mark only one oval.

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

9. Does your school use food as a reward? *

Mark only one oval.

Yes

No

If yes, please explain why?

If no, how do you reward your students?

10. Does your school use food as a punishment? *

Mark only one oval.

Yes

No

11. Does your school use strategies to maximize participation in the School Breakfast Program (SBP)? *

Mark only one oval.

- Our school offers breakfast after the bell, breakfast in the classroom, and/or grab and go to the classroom models.
- Our school offers breakfast served and consumed in the cafeteria.
- Other: _____

12. Do all food and beverages sold or offered during the school day through vending machines, school stores, and/or food fundraisers (unless these food fundraisers are utilizing your school level food exemptions) meet the USDA's Smart Snacks in School Nutrition Standards? *

Mark only one oval.

- Yes
- No

13. Are students provided at least 15 minutes after receiving their breakfast to consume their breakfast meals? *

Mark only one oval.

- Yes
- No

14. Are students provided at least 20 minutes after receiving their lunch to consume their lunch meals? *

Mark only one oval.

- Yes
- No

15. Are students that arrive late from walking to school or the parent drop off are offered the opportunity to receive and consume their breakfast meal? *

Mark only one oval.

Yes

No

16. Are students that arrive late on the bus are offered the opportunity to receive and consume their breakfast meal? *

Mark only one oval.

Yes

No

17. Is your school registered with Team Nutrition? *

Mark only one oval.

Yes

No

18. What percentage of your classrooms have recess scheduled before lunch? *

Mark only one oval.

0 - 25%

25% - 50%

50% - 75%

75% - 100%

Not Applicable

19. How many scheduled lunch periods do you have for students? *

20. On average how many students are scheduled in each lunch period? *

COUNSELING, PSYCHOLOGICAL & SOCIAL SERVICES:



Universal Supports: Does my school have or is my school developing...

Universal Behavioral and Mental Health core (Tier 1) supports that all students receive within schools.

21. Behavioral health, mental health, and wellness learning opportunities that are available to students (e.g. classroom lessons, school-wide approaches) delivered by classroom teachers and/or school based mental health professionals (e.g. School Counselors, School Behavioral Health Professionals, School Behavioral Health Professionals, School Psychologists) are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

22. School-wide positive behavior practices that support the development of resiliency and positive relationships are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

23. School-based professionals (e.g. School Counselor, School Behavioral Health Professional, School Psychologist, Co-located Mental Health Professional), and teams (e.g. Mental Health Team, Positive Behavior Support Team) that provide universal/core supports are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

Targeted Supports: Does my school have or is my school developing...

Targeted Behavioral and Mental Health Supports, Tier 2 supports, that some students receive based on unmet needs or behavioral and mental health challenges within schools.

24. A system of tiered supports (Core, Supplemental, Intensive) for school staff to strategize social, emotional, mental and behavioral health interventions for students and families that are strength-based, solution focused, trauma informed, culturally responsive, and focused on factors that school can impact are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

25. Social, emotional, mental and behavioral health, and wellness interventions for* students in need (e.g. small group counseling, check in/check out) are:

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

26. School-based professionals (e.g. School Counselor, School Psychologist) * provide and teams (e.g. Mental Health Team, School Based Team, Child Study Team) coordinate targeted/supplemental supports (e.g. small group counseling) where needed are:

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

27. School-based professionals (e.g. School Counselor, School Psychologist, Co-located Mental Health Professional) * provide and teams (e.g. Mental Health Team, School Based Team) coordinate intensive supports (e.g. individual counseling) where needed are:

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

Intensive Supports: Does my school have or is my school developing...

Intensive Behavioral and Mental Health Supports are Tier 3 supports that few students experiencing mental health challenges, with a mental health diagnosis or are at risk of a mental health diagnosis receive within schools or in collaboration with community agency partners.

28. School staff are aware of and know how to access available mental and behavioral health services for their students and families. *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

29. All students know where to go for resources and support when they or a friend are experiencing a mental health challenge or crisis. *

Mark only one oval.

- Yes
- No

30. Staff have been trained in ways to appropriately respond to students who experience a mental health challenge or crisis. *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

31. The school has professionals available and plans in place for students during and after a mental health challenge or crisis. *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

32. Members of the school-based Mental Health Team have been selected and the remaining staff members are aware of who they are. *

Mark only one oval.

Yes

No

33. Staff know and follow a clear process for referring students to the Mental Health Team. *

Mark only one oval.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

34. School staff are aware of and know how to access available mental and behavioral health services for themselves and their own families. *

Mark only one oval.

Yes

No

35. Does your school promote mental health awareness to reduce stigma associated with mental health challenges through messaging (e.g. It's OK to be OK, It's OK to not be OK, It's OK to ask for help) and/or Suite 360 lessons. *

Mark only one oval.

Yes

No

SOCIAL & EMOTIONAL CLIMATE:



36. Does your school have a time and space to teach Skills for Learning and Life (SLL) competencies and skills? *

Mark only one oval.

Yes, my core academic subject area teachers teach SLL.

Yes, my school counselor teaches SLL.

No, not at this time.

Other: _____

37. Does your school participate in the "We're ALL In" campaign supporting* welcoming and inclusive school campuses by staff wearing "We're ALL In" Badges or displaying posters?

Mark only one oval.

Yes

No

38. Does your school have a Gay Straight Alliance or Genders and Sexualities* Alliance (GSA) Club to support LGBTQ students?

Mark only one oval.

Yes

No

39. Does your school have a Safe School Ambassadors (SSA) Program? *

Mark only one oval.

Yes

No

40. Does your school have a "We Dine Together" program? *

Mark only one oval.

Yes

No

41. Does your school have a Black Student Union? *

Mark only one oval.

Yes

No

HEALTH EDUCATION:



42. Identify one way in which the District promotes and communicates * information regarding sun-safety practices during school and at school-sponsored activities.

43. Does your school teach the Human Growth and Development curriculum (as required by components of Florida Statutes Section 1003.42(n) and the Science Scopes and Sequence)? *

Mark only one oval.

Yes

No

44. Do all teachers of health education use a variety of culturally-appropriate activities and examples that reflect the community's cultural diversity? *

Mark only one oval.

Yes

No

HEALTH SERVICES:



45. The District provides safe and adequate health services and resources to promote student wellness and readiness to learn. *

Mark only one oval.

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

46. The School Health Services Plan is required by Florida Statute and identifies services and health screening that promote student health. Do you know which two (2) community partners your school collaborates with to accomplish these goals? *

Mark only one oval.

- Yes
- No

If yes, what are the names of the community partners?

47. Who is responsible for student Health Services in your school's clinic on most days? *

Mark only one oval.

- Full-time Registered Nurse (RN)
- Part-time Registered Nurse (RN)
- Certified Nursing Assistant (CNA)
- Clinic Designee

EMPLOYEE WELLNESS:



48. Please choose the answer that BEST describes your school/location in regards to food options for EMPLOYEES: *

Mark only one oval.

- Healthy food options are available at most or all staff meetings and celebrations, and in staff vending machines (if you have vending machines just for staff).
- Healthy food options are NOT available at most or all staff meetings and celebrations, and/or in staff vending machines. We would like assistance to improve in this area in order to comply with the Wellness Promotion Policy (2.035).
- We are in the process of improving our healthy food options on campus for employees in staff meetings, celebrations, and vending machines, and will reach out to Employee Wellness for assistance if needed.
- Other: _____

49. Does your school have a relaxation room or space for staff to go to unwind * during the day that is inviting and/or well-utilized? Please choose one of the following:

Mark only one oval.

- Yes, we have a space on campus that has been upgraded or renovated and is inviting and utilized by staff throughout the day.
- We have a space for staff to go to but it needs some work to make it more inviting.
- We do not have a space for staff to go to unwind during the day.
- Other: _____

PHYSICAL ENVIRONMENT:



Asbestos:

50. Where is your school's Asbestos Management Plan located? *

51. Are you aware that your custodians need to complete an annual Asbestos Awareness training? *

Mark only one oval.

Yes

No

Indoor Air Quality (IAQ):

52. Does your school have a designated employee who is responsible for Indoor Air Quality (IAQ) issues? This person is also responsible for walking the campus during breaks to identify & report IAQ issues. *

Mark only one oval.

Yes

No

If yes, what is their name and position title?

53. Have you shared "Indoor Air Quality (IAQ) Tips for Teachers" with your employees? *

Mark only one oval.

Yes

No

54. Here is a link to the "IAQ Tips for Teachers" <https://bit.ly/389iTsx>. Please check below when you have read the document. *

Mark only one oval.

- Yes, I have read Tips for Teachers
- I need more time to read Tips for Teachers and would like to request a followup reminder.

55. Does your school have a designated electronic waste storage area? *

Mark only one oval.

- Yes
- No

56. Do you know the e-waste collection process? *

Mark only one oval.

- Yes
- No

57. What items does your school currently recycle? (commingled, paper, cardboard, etc.) *

58. Where are used fluorescent tube light bulbs stored? *

59. Have you had a light bulb pickup within the past year? *

Mark only one oval.

Yes

No

60. Are you aware that your mechanical rooms cannot be used for storage? *

Mark only one oval.

Yes

No

Sustainability:

61. Does your school have a designated Green Champion? Green Champions *
serve as the point of contact for sustainability related communication with
Environmental Conservation Services (ECS).

Mark only one oval.

Yes

No

If yes, what is their name and position title?

62. What percentage of your teachers incorporate the outdoors as a learning space for students? *

Mark only one oval.

- 0% - 25%
- 26% - 50%
- 51% - 75%
- 76% - 100%

63. Please explain how your teachers incorporate the outdoors as a learning space for students. For example: gardening, creating native habitats, preserving space for protected species etc. *

64. Are you aware that the District's Garden Collaboration Team email support is available to you for school gardens? *

Mark only one oval.

- Yes
- No

65. Do you believe the District supports your effort to incorporate school gardens *
on your campus?

Mark only one oval.

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

66. Are you aware that the District Hub has a 'School Gardens' page that includes *
the latest 'School Garden Guide'?

Mark only one oval.

- Yes
- No

67. Have your faculty and staff reviewed the District's Recycling Bulletin PD *
23-117 C00? <https://bit.ly/20XsCuD>

Mark only one oval.

- Yes
- No

HazCom:

68. Has your school completed and submitted the annual chemical inventory in * compliance with bulletin # PD 16-077 COO?

Mark only one oval.

Yes

No

FAMILY ENGAGEMENT:



69. Does your school communicate with all families regarding their children at all * levels of academic, social-emotional, and health-related concerns, using a variety of communication methods?

Mark only one oval.

Yes, all families are communicated with regarding their children at all levels of academic, social-emotional, and health related concerns using a variety of communication methods.

All families are communicated with using a variety of communication methods, but not at all levels of academic, social-emotional, and health related concerns.

Our school only uses very few methods to communicate about social-emotional and health related concerns.

Our school does not communicate with families, or families receive communications solely about academic subjects but not about social-emotional and health related concerns.

COMMUNITY INVOLVEMENT:



70. Does your school collaborate with local community organizations or ^{*} businesses to engage students and their families in health promotion activities?

Mark only one oval.

- Yes, our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for all school health initiatives.
- Our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for most school health initiatives.
- Our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for some school health initiatives.
- No, our school does not collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities for school health initiatives.

71. Are you aware that the District's Hunger Relief Collaboration Team (HRCT) ^{*} email support is available to you for hunger relief programs such as backpacks, food boxes, and/or food pantries?

Mark only one oval.

- Yes
- No

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