

## Week 16<sup>th</sup>–20<sup>th</sup> September: Giving Thanks

Harvest time is traditionally associated with thanksgiving. This week we reflect on gratitude and what we have to be thankful for.

### *Learning from Spiritual Traditions*

God has poured down for you abundant rain, the early and the later rain, as before.

The threshing-floors shall be full of grain, the vats shall overflow with wine and oil. (Joel 2:23-24)

Be grateful to God, for whoever is grateful, it is only for their own good. (Al-Luqman Q 31:12)

If the people use the wealth bestowed on them by God for themselves alone or for treasuring it, it is like a corpse. But if they decide to share it with others, it becomes sacred food. (Guru Nanak)

*Life in all its fullness – John 10:1-10*

### **Reflection**

Generous God

all good things come from you:

we thank you for the food we eat,

for the farmers who grow it

and for all who bring it to our table.

As we celebrate harvest time

show us how to share Earth's gifts

that the whole human family

may enjoy Earth's bounty

and know life in its fullness. Amen.

Giving Thanks: 16 <sup>th</sup> –20 <sup>th</sup> September 2024	
Monday	The thankful receiver bears a plentiful harvest. -- William Blake
Tuesday	'Thank you' is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility, understanding. -- Alice Walker
Wednesday	There's just so many good things coming my way and I have to thank God for the blessings. -- Bukayo Saka
Thursday	I always have this image of a woman running across a desert carrying children, trying to find water and food, not knowing when they'll get that. And her feet are slashed up from the dry, hard earth... Even when I'm uncomfortable, sometimes in pain, or just cold... I think, 'Thank God for what I've got.' -- Sue Townsend
Friday	I'd like to say to all my fans out there, thanks for the support. And to all my doubters, thank you very much because you guys have also pushed me. -- Usain Bolt