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OPPORTUNITIES UNVEILED AT CLUB RUSH

By Minh Lai

Sophomore, News Editor

A student's high school experience is usually defined in part by the extracurriculars they partake that Extracurriculars are not only meant to teach or improve upon a skill or interest someone may have, but they also emphasize the values of commitment and dedication. demonstrate They student's desire to go above and beyond outside of a classroom environment. In some cases, extracurriculars deviate from academics entirely and focus more on areas like helping out your local community or building aptitude physical and teamwork through participating in sports. Some extracurriculars may be there simply for the fun of it or to space provide а camaraderie between people with similar interests.





Clubs are perhaps the first thing we think of when we hear the word "extracurriculars." On Friday, September 6th, students were introduced in the gym to the school's wide variety of clubs as part of Club Rush Day. Dozens gathered within during lunch to explore their options and sign up for whatever clubs interested them. All the meanwhile, Mr. Cardoza interacted with the students upstage, energetic as always; he encouraged them to dance while choir performed songs to enliven incoming students. Booths that had been carefully set up and beautifully adorned with promotional decorations and even candies were erected a good hour before the actual event itself, giving a welcoming atmosphere all in all.

That being said, there were a handful of interesting clubs that students were able to view— each with their own specialties. Near one corner of the gym was the Red Cross Club, which focused on providing a more hands-on and interactive approach to volunteering in the local community. There stood in another corner the famous Gardening Club, dedicated to maintaining the school garden and providing service hours like the former. Near the entrance was the Multicultural Club, responsible for bringing together people of different cultures at Notre Dame. For demographics interested particularly in Hispanic culture, the Hispanic Club was there, welcoming potential new members. Or, if fascinated by the mechanisms of

the judicial system, law, and debate, one could register at the Mock Trial table. Other notable clubs included the Theater Guild, Asian Student Union, Busy Bee Club, Band / Choir, and Art Club. And, of course, the Titan Times—the very organization that publishes the school's newspaper issues—welcomed to its station any persons willing to take part in its mission to provide bi-weekly coverage of the Notre Dame community's biggest and most relevant topics.

Joining a club can be a worthwhile choice with regards to socializing, contributing to a more solid college resume, honing time management skills, obtaining service hours, or gauging one's career interests.





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ATHLETE SHOUTOUT







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Chapel Made New

By Elyza Lansang

Senior, writer

Hi, Titans! This week, I would like to highlight the re-opening of the Chapel as of September 3rd. As one of the new projects of the school, the Chapel went under a and whole remodeling renovation. On behalf of Notre Dame, a huge thanks goes to The Shea Family Foundation, Mr. Dave Meier, Mr. Evan Kimble, and the Diocese Office of Construction for all their hard work! Without all the fundraisers for this project and dedication and work to making this dream come true for our school, we would not have our gorgeous new Chapel! The new chapel's renovations includes chairs that provide better back support and the back of each chair includes a little pocket wide enough to hold things like your phone. The walls were painted in dazzling white and beautiful there are some architectural arches built for the altar. Marble countertops lie on top of the arches.

Last but not least, the absolutely stunnina specially and handcrafted San Damiano cross painted in Notre Dame colors, includes Saint Francis of Assisi at Christ's side, Our Lady of Guadalupe on Christ's right, Saint Junipero Serra on Christ's left, and of course, we cannot forget the special Titan shield on the scroll of the angels. As lovely as the old Chapel was, the new Chapel is truly a blessing for all new and returning students to enjoy and spend some time with Our Lord!





The remodeling and renovation of the Chapel is a symbol of our school being made new in Christ's image. With a new directory, new teachers, and a Lord, God is really reviving our school's Catholic identity. As He said to Saint John in the Book of Revelations, Chapter Twenty-One, Verse Five, He says, "Behold, I make all things new." As Titans, let us come together as a family and bring light, hope, peace, and love!

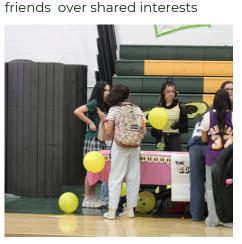
Spending time with Jesus, our best friend, is a great way to come closer to Him! I would like to invite everyone to morning Mass at 7:30 A.M. in the Chapel and to new Chapel given to us by the Adoration on Tuesdays at lunch! Please remember, Titans, that if you ever feel alone, Christ has always, is always, and will always be with you! Praying that everyone has a blessed rest of their week! I thank the Lord for the gift of our New Chapel and I thank the Lord united under Christ's guidance for creating you! God bless and Jesus loves you; have an amazing day, Titans!

Anticipating Club Rush

By Jaslene Elizondo

Sophomore, writer

Club Rush is a great activity to experience new clubs and see more ways to explore different communities we have here at Notre Dame. Last Friday, we had our 2024 90s themed Club Rush. We saw many returning clubs like Mock Trial, Key Club, Art Club, Busy Bee Club, and Theatre. We also had some new clubs join our roster like Jazz, Interact Club, and ASU. All the clubs we have seen at Club Rush are amazing ways for new and even returning students to make new connections, friends and try new things. Clubs are also great ways to bond with your





and passions. We asked some Ventura Renteria (10) students how they felt leading up "I think I'm excited and guess I am a little stressed since to the event and here were their interested to see what Notre I'm helping out with three club responses:

Bristol Gonzalez (9)

first one and I can't wait to see all athletic training and maybe the definitely recommend people to interested in Mock Trial so that I interesting with opportunities D&D, and always use more can be a better public speaker you have and the things you can instrumentalists in the other two life— but I am excited to go out club interesting." and see other clubs too!"

Samantha Kimble (11)

"I love club rush and love being able to see all the clubs at once, so you don't need to track someone down just to join one. I'm interested in going to Busy Bee Club, maybe D&D, Art Club, and I'm interested in whatever new clubs there are. I am currently president of Gardening Club and I think people should join because we help take care of our school's garden and we make everything look cutesy."

Diego Gonzalez (12)

"This is my last club rush at Notre Dame and it's crazy to think that it's already here. I'm pretty excited. It's usually a pretty fun event. I Dame has to offer for clubs. I am tables; it's a little busy but it's fun, already in ASB but I really want too. I am helping out with the to see what other clubs I can do Choir and Band Club, the D&D "I'm excited for club rush! It's my alongside that. I want to go see Club, and the new Jazz Club. I the clubs. I'm excited to see Mock Hispanic Club, too. I think what join; we can always use more Trial and maybe Key Club, too. I'm every club has to offer is people, always use more players in cause that's a skill that's good for achieve are what make each clubs. I do always love to walk around and see other booths and just enjoy what's out there."

Holy War Season

By Gael Campos

Junior, Sports Editor

As we venture forward into the year, we await the new and exciting things that are to come. Something that a lot of new students may not be very well-versed in is what we at ND refer to as "Holy War season." A bit of backstory: Notre Dame has been a longtime rival of fellow San Bernardino Diocesan Aquinas High School. Anything in relation to the battle between Notre Dame and Aquinas for the holding of superiority is the major talking point for any civilian on the ND campus. The clashing can get a bit As seen this past week, we figuratively hunting that through sports, even outside of school.







aggressive at times, but it's all also like to take this in good fun. The official opportunity to show off our Aquinas mascot is the falcon, school spirit, inaugurating which was the main factor specific days to serve as "spirit behind the conception of days" where students can hunting season, as we are coordinate their own outfits the based on a theme. The camo falcons. In turn, we are also one is pretty recurring mocked with the extremely considering in ties in very well comedic and creative, "Notre with the "hunting season" has been thing. All in all, it's not only a exhausted in the past. This time to bask in the glory of rivalry is mostly exercised potential victory or failure but most also to bond as a community, infamously, football. Having a make sure that we present long history of battles fought ourselves in a way that is through the vessel of football, according to our standards, our football team continues to and experience the fun that work towards regaining some comes with being in high of the honor that has so school. Most football games unjustly been taken from lead in anticipation to the them in the past. As it is surely serious one, which is obviously very apparent, our student against Aquinas. This is what body is set on achieving you might hear be referred to excellence, no matter the as "Holy War" where both circumstance, and it truly teams battle for the "Shield." reflects upon our performance This shield is an extremely in all ways, whether it be coveted item that has been academically, athletically, or thrown between the entities like a hot potato for ages. The power that lay victorious after the final game is awarded this object. We can only hope to meet this goal soon and hope you are just as excited as us for this eclectic season.

The Boys in Water

By Roman Nunez

Sophomore, Sportswriter

On August 29, 2024 the Notre Dame boys water polo team defeated Heritage high school at their own pool. Notre Dame won 19-7 showing all their hard work and what it means to be on this team. Nicholas Kendall (Senior) had this to say, "It was a great game, a prime example of selfless water polo. I can't wait for what the rest of the season has in store for us." It really seems there will be a future for these boys and the future of this program, being led by Mr. V. In total there were 14 assist produced by Notre Dame. This is a prime example of great, fun, and selfless water polo. Everyone got a chance to play and and for some it was their first. Coming to Heritage after being 0-1 on the season, gave them a bigger itch for the win. A quote from Milo Zreik (Senior), "My thoughts on Thursday's game against heritage were extremely positive. We played a good game with lots of unselfish plays and great defense. I'm really glad we got the whole team playing because it allows the newer players to get better and get some in game experience. There's still a lot to improve on but there's a lot of untapped potential we have. This season will be a great one.."



On the other hand we have our JV squad going 2-0 on the season. Their first win being against Ramona high school, and their second being from Patriot high school. When they played Ramona it was a close victory being 6-6 in the fourth period, and Luke Webster putting away the game winning shot with barely a second left in the game. Then the game against Patriot with a little more room to work with, as they won, 16-8. It is definitely fun watching this squad do their thing and prove they're working just as hard as anyone. Luke Webster(sophomore) stated, "Waterpolo is something else, it's the best of all sports in one and you get to drown/beat up people, it doesn't get much better than that. And our team makes waterpolo the best sport we have. Playing with and pushing challenges makes me personally love ND Waterpolo"



Athlete Shoutouts



Brandon Sanchez Boys' Waterpolo



Jonathan Medrano Football



New Classes, New faces

By Lubianca Gaitan

Senior, Editor-in-Chief

We are already a few weeks look up to him and try our into the school year, Titans. best to excel in our classes. For those of you who are new Moving on, we are going to to our scholar spotlight, here recognize where we recognize (below) students who are putting in Lauchang (not pictured), the effort at school, no matter if they have the best grades or not. Starting off, we will be looking at some freshman classes.

First off, we have iCreate, which is taught by Mrs. She has chosen Adam Schwenk (below), who



puts great effort in class even if he keeps to himself more. Many of us quiet folk should Caroline Isabella and



Castaneda's English Honors additional help, they're not class. To put it in her words, afraid to ask questions." "Participation. Being engaged in the conversation Bravo to all of our hardand being willing to share working Titans! Keep up the their ideas with the class" is great work. For everyone what makes them stand out.



Last but not least, Mr. Marin's Biology class. He has chosen three students to recognize: Xitlali Ortiz (not pictured), Malinalli Avila (above), and Alexis Ortiz (Not pictured). Mr. Marin shared, "They're just always focused and trying their for working hard in Mrs. best. And if they need

> else, keep trying for a chance to get featured!

Ms. Liu

By Doug Cube

Sophomore, Spotlight Editor



This year, six new teachers were welcomed onto campus. One of these teachers is Ms. Liu! Raised in the Inland Empire, and graduate of University of California, Irvine, Ms. Liu joins the Notre Dame community as the schools new chemistry teacher.

Q: "Favorite part of ND so far?"

A: "I'm not sure, there's so many! But I think I'd have to say the community, I love getting to know everybody"

Q: "Favorite period?"

A: "I like all of my periods, but my favorite would have to be my prep period"

Q: "What inspired you to start teaching?"

A: "I think I was inspired by my own high school teachers. They really helped me, and I want to help students the way that my teachers helped me"

Q: "Favorite historical figure?"

A: "I'd have to say Princess Diana. She was such an icon, and she had a great fashion sense! But she also really cared for the people, and followed her heart rather than the rules set up by the royal family."

O: "Canes or In-Out?"

A: "In-n-Out, because the burgers are a lot more customizable than anything on the menu at canes. For instance, my order is a burger with extra lettuce, extra tomato's, chopped chili's and well done fries. And In-n-Out also has vegan options, like what are the vegans gonna order at canes?

Q: "What are you currently watching on Netflix?"

A: "Right now, I'm currently watching 'How I Met Your Mother', I just have it on it the background while I do things. I also think my favorite character is Barney. I know he's does bad stuff, but he has good intentions."

All that and a bag of chips

By Doug Cube

Sophomore, Spotlight Editor

Amongst the many items on the ND Snack Bar menu, one that I think is amazing is the staple meal, for only \$6, the Chicken and combo. This Combo is basically everything could've wanted... terms of a lunch meal of course. When ordered, the meal usually comes in a container with a bunch of popcorn chicken, a side of ranch, and a bag of chips of your choosing. If you're like me, you might get a bag of takis, but the realistically, with snack bars wide variety of chips, you can get whatever your desires.

However, if this meal is a savory taste. bit too basic for our taste, I have encountered a recent hack to enhance the flavor of this meal. To begin with, you're going to order your chicken and chips with a bag of hot



cheetos. After you have your snack bar. meal, take a handful of hot cheetos and crush them up. "The chicken and chips at ND Now take those, and put it in is bomb!! I love to eat it with the bowl with your chicken. ranch ad it's such an say Drizzle you ranch on top, then thing to eat before leaving for heart proceed to shake it up. Grab a sports and what not" -Emma fork, then proceed to munch on Senn, 10 this quick fix, with a spicy yet

this meal is amazing, I have gathered a couple quotes from several ND students hopefully convince you to order this the next time yout at the

"I love ordering this item because of how cheap it is for To further prove my point, that two items in one. Certified Banger." -Roman Núñez, 10

> I hope that I have helped you decide what to eat for lunch. Happy Munching!

The Chosen

By Lubianca Gaitan

Senior, Editor-in-chief

Moving on from our typical style, today we will be talking about "The Chosen"! This is one of my personal favorite shows. If you're Catholic, or even if you're not, I recommend this to anyone and everyone.

Unlike many portrayals of biblical stories, "The Chosen" focuses not just on Jesus' miracles and teachings, but also on the human side of him and the people He called to follow him. Each disciple has a unique story, a struggle or doubt, and а journey transformation that can have the same questions we might ask ourselves today: What does it mean to follow Jesus? How can I trust Him with my life? Why does He call the imperfect?

At our school, we are constantly encouraged to grow in our faith. Watching "The Chosen" is a great way to complement the lessons we learn in class, helping to create a stronger understanding of the Gospel. It's more than just a TV show, it's an



experience conversations about our faith, doubts to their strengths. forgiveness, and how we live out our Catholic values in daily life.

For those who feel distant from God or find it challenging to relate to some of the stories in the Bible, this series is a modern and engaging way to reconnect with our Father. Through the enriching storytelling, character development, and a focus on the love and mercy of Christ, "The Chosen" allows us to picture ourselves as the characters and

that can spark their struggles. From their

> Even if you're not usually drawn to faith-based media, Chosen" can surprise you. It's a well-produced, emotional, and sometimes even funny show that can resonate with people of all sorts. Whether you watch it alone for reflection or with friends for a group discussion, it offers something meaningful for everyone.

As students at Notre Dame, we're

fortunate to have a community that encourages spiritual growth. Watching "The Chosen" can be one way to deepen your relationship with God and bring new meaning to the lessons we learn every day.

You can watch "The Chosen" for free on the show's app, or you can also catch it on Netflix or Amazon Prime—So, why not give it a try? Whether you're looking to grow in your faith or just watch a wellmade, thought-provoking show, "The Chosen" is worth your time.



MM...FOOD

By Jude Cramer

Junior, Entertainment Editor

"MM...FOOD" is a creative and fun album that takes the theme of food and turns it into something deeper. Released in 2004, the album features clever wordplay, unique beats, and smart commentary on rap culture. From the start, "Beef Rap" sets the tone with its jazzy beat and DOOM's sharp lyrics about commercialization of rap. Songs like "Rapp Snitch Knishes" are full of food references but dig deeper ideas about relationships and human nature. Му personal favorite, "Potholderz," features Count Bass D and has a raw, soulful sound. The chemistry between the two artists adds a fun backand-forth energy. DOOM handles most of the production, blending old-school hip-hop with jazz, soul, and unusual samples. Tracks like, "Deep Fried Frenz," reflect on friendship using food metaphors,



while "Kon Karne" showcases DOOM's unique rhyme style. The album wraps up with "Kookies," where DOOM brings humor to the theme and makes the whole album feel both playful and thoughtful. Overall, "MM...FOOD" is a great example of DOOM's creative genus. It mixes humor, deep messages, and incredible wordplay in a way that makes it stand out from other albums. Whether you're a fan of rap or just appreciate clever storytelling, this album has something for everyone. It's a wild, and enjoyable ride that shows why MF DOOM remains a legend in hip-hop. So go give it a listen!

Teeh Talk

By Sebastian Bou Harb

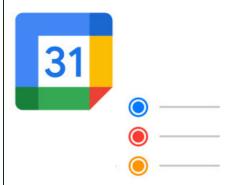
Senior, Tech writer

What's up Titans!

This week I'm going to give you all some tips about improving your organization and planning as a student. Trying to balance school, extracurriculars, and your personal life is one of the biggest challenges of high school, and it's hard to get it all perfect, but there are some things you can do to get close to perfect.

Google Calendar:

Having a school google account is super helpful and gives you access to multiple, amazing apps, one of the most important apps being Google Calendar. With this app, you can organize everything going on in your life through creating events, that are



color coordinated to certain tags or categories that you can edit, assign times and date to, and even share/with others through adding their email.

Reminders:

If you want to keep track of simpler tasks throughout the day, then the Reminders app is a great tool where you can add tasks that will show up as a checkable bullet-point list.

Widgets:

Widgets are not actually apps but rather a feature that is embedded into all iPads. Think of them as app notifications that are much bigger on the home screen and actually show the information of a given app. You can add them by holding down somewhere on the home screen pressing the plus sign in the top right corner, and clicking on "Add Widget", where you will be prompted to choose the app you want to display, the size of the widget, and what information it shows. For example, you can make it display your list from the reminders арр, assignments from Canvas, or even some fun photos you want to display. Thanks for joining me on tech talk, 'till next issue Titans!

Christian Girl Autumn

By Doug Cube

Sophomore, Spotlight Editor As the month of september The idea of christian girl autumn is begins, it marks what is generally correlation to pumpkins, leaves, and colder weather. In recent years, fall has become associated with a very specific genre of Necessities: fashion, taking inspiration from To truly become a christian girl mid-2010's, known as Christian Girl Autumn. This genre, even has their own Queen of Christian Girl Autumn, Caitlin Covington.

must embrace their inner match the fall color scheme. christian girl to truly have the most authentic christian girl autumn experience. This is your guide to being that girl.

Color Schemes:

to embrace all the natural colors of considered the beginning of the fall. Your outfit must include a dark fall. This is usually found in shade of orange, along with various shades of brown, from beige to auburn.

autumn follower, there are a couple of closet must-haves. These begin with a pair jeans, a pair of Uggs, knee-high boots, a large scarf, cowboy hat and a beanie of Final Touches: your choosing, preferably with a To finish your outfit and become pumpkin spice latte. While anybody can slap on a pair fuzzy ball places atop. And of a christian girl, there are a few of Uggs and an infinity scarf, they course, these accessories must final touches. A medium sized Well, that's it. A complete guide



purse or large tote bag to hold on how to correctly Christian Girl your items. You may also want a Autumn this fall. Hopefully, we pair of Ray-ban sunglasses, even will see many more followers of though you wont need them in Caitlin Covington this autumn. the fall. And a neutral colored

Stanley or Starbucks cup with a

Happy Fall, Titans!!

Surviving the Heat

By Sydney Cramer

Sophomore, Hot Topics Editor

Just this past week our school has been hit with one of the most intense heat waves in recent times. With temperatures in the triple digits, the heat is not only unbearable, but also opens up possibilities of serious health risks.

Fortunately, our school has taken matters into their own hands. Outdoor activities have been sports limited, with some practices being moved to early in mornings or canceled altogether. To ensure student safety, Mr. Johnson, our assistant principal, has been regularly reminding students to hydrate school the speakers. Thankfully, the air conditioning is working hard to keep classrooms cool and the school has even opened up the gym to provide a cooler space for lunch. It is amusing to see some students

still wearing sweaters outside, despite the uncomfortable heat. Even with the cool indoor temperatures. the heat still makes it challenging to focus as temperates rise.

The health risks associated with this extreme heat can not be underestimated. Heatstroke and dehydration are real concerns. It is important for everyone to stay hydrated, find shade, and avoid outdoor activities during peak heat hours.

As a Catholic school, we are called to care for one another, especially during times like these. This heat wave is a reminder of our responsibility to look after the most vulnerable and support each other during difficult times. In a this experience is challenging us to act with



kindness and compassion, ensuring everyone has water and accessibility to cool areas.

Fortunately, relief is here! The heat is expected to decrease this upcoming week. Until then, let's continue to follow safety guidelines and look out for one another. The heat may be unbearable, but with the correct precautions, we can stay safe and cool. Let us use this experience as a reminder of the importance of being prepared with whatever nature throws at us and acting with our faith.

Weekly Question:

Favorite class so far?



"Biology, 6th period" -Abigail & **Emily** Hernandez, 9

"Art with Mrs. Stemmann" -Micheala Rodriguez, 11





"AP Psych" -Valerie Arredondo, 12

"Theology with Mr. Nolte" - Tyler Butler,





"Lunch" -AJ Garcia, 9

Unpopular Opinon, but...

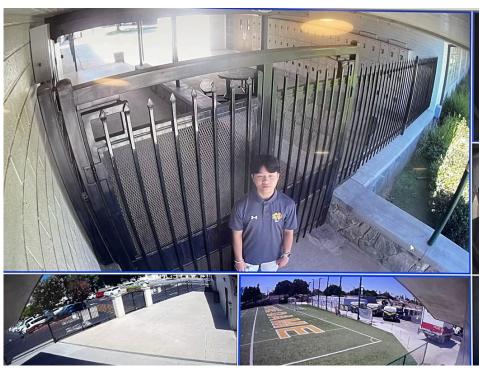
"Cocomelon is a fire movie" - Anonymous

"Celsius is overrated" -**Anonymous**

Submit your unpopular opinion

Behind the Seenes





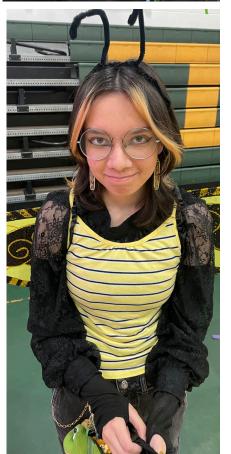












People Featured: Mr. Cardoza, Nichless Calderon (10), Ryan-Emily Kimble (10), Doug Cube (10), Matthew Baculo (12), Daphne Egizi (11), Lubianca Gaitan (12), Nathan Hott (12), Tawny Haluskey (11).

<u>Submit your own pictures online!</u>

Advice Archives

Q: well, there's been this issue with me and this other person and we haven't talked things out and have just been ignoring each other. Apparently they want to talk to me but it doesn't help when they straight ignore me. What should I do?

A: It sounds like you're stuck in a frustrating spot. My advice would be to try to clear the air by being upfront and direct. Maybe send them a message or catch them when they aren't busy, and just ask if you guys can talk to figure out what's going on. But if they keep ignoring you after that, it might be a sign that they're not ready in resolving things right now, and at that point, it's best to give them space. Don't let it stress you out much though, sometimes people just need space and time. Focus on yourself and what you can control!

Q: So, I really like this girl and we've been talking for a while. Just a couple weeks ago another person came into the picture and they are ruining everything. What should I do?

A: It sucks when someone else gets in the way, but my advice would be to talk to the girl and see where she stands. Be honest about how you feel, but also respect her feelings. If the new person is getting in the way, it's better to know where everyone is than just guessing. Just keep things calm and see how it plays out.

Submit your requests online!

Q: How can I work on getting closer to God? I'm scared to give up the things I like.

A: These are definitely valid feelings, but getting close to God doesn't mean you have to lose everything you enjoy. Try start by identifiying what might not align with your faith and work on those areas step by step. Building a stronger connection with God is more about growing spiritually, like spending time in prayer, reading scripture, or even just talking to someone about your faith journey. It all about progress, not perfection!

Follow-up on last week's advice...

"Dear Secret Admirer,

I don't appreciate you confessing to the whole school that you have a crush on me and would ask you to reveal yourself to me in person any time at school. Thanks.

-that one redhead sophomore"

So, Secret Admirer, this is your personal invitation. Now, the ball is in your court and it's all up to you. God Bless.

The Titan Times

notredameriverside.org/titantimes

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> New Issue bi-weekly on Tuesdays





Chick-fil-A Spirit Night Fundraiser

Tuesday, September 10th, 2024 4:00pm- 8:00pm



Join us at Chick-fil-A Central Ave. & Riverside Plaza!

By mentioning "Notre Dame High School Titan Times" while placing your order.

If using the mobile app, please be sure to use the community cares code

TITANTIMES and 20% of the night's proceeds will be donated accordingly.



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