



# RINGGOLD HIGH SCHOOL

## NEWSLETTER

Principal: Dr. Greg Saraceni

Assistant Principal: Mrs. Mary Grace Stutzman

Assistant Principal: Mrs. Heather Roman

(724) 258-2200

### Rams Rush Cougars for Big Win!



The Ringgold varsity football team has reason to celebrate after Friday's game against the Yough Cougars. After a hard-fought battle, the Rams came out on top with a score of 21-19. This monumental win breaks the record previously held by the Rams as having WPIAL's longest-running losing streak of twenty-seven games. Congratulations to the team and its staff; we are so proud of you and all of your hard work!

#### UPCOMING EVENTS

September 10: School Board Meeting  
September 11: Underclassmen Picture Day  
September 13: Food Drive at Football Game  
September 18: Act 80 Day-No School!



# Fresh Faces at RHS!



*Mrs. Elizabeth Hirsh*



Mrs. Hirsh is a new math teacher here at RHS! She recently received her Masters' Degree in Secondary Math Education from Indiana University of PA, and she also has a Bachelor's degree in Math from Ohio University. Prior to returning to school for her Masters', she worked as an analyst for a life insurance agency in downtown Pittsburgh. She lives in Bethel Park with her husband, Chris, and their dog, Nova. In her free time, she enjoys cooking/baking, watching sitcom reruns, playing volleyball, and spending time with her friends and family.



*Mr. Nolan Colaric*

Mr. Colaric is a new physical education teacher here at RHS! This is such an exciting year for Nolan! Recently, he graduated from Slippery Rock University. In his free time, he enjoys being active. This summer, he attended numerous Pittsburgh Pirates games. Also, he tried to get outside as much as possible by golfing, hiking, and swimming. He cannot wait to help students strengthen their physical and mental health through a variety of activities. These activities will also help broaden the students' knowledge and give them a variety of physical activities they can utilize outside of school. Thank you, Ringgold, for allowing me to join this amazing family. Lets go Rams!!!



*Ms. Lauren Delbiondo*



Ms. Delbiondo is a new family and consumer science teacher here at RHS! In 2023, she graduated from Penn State where she studied Early Childhood Education. She was a substitute teacher in both Louisville, KY and in Pittsburgh, PA this past school year. In that time, she decided that she really liked working with high school students, so she became certified to teach FACS in high schools. She loves baking and culinary arts, and she's excited to be here at Ringgold and have the opportunity to combine teaching and some of her favorite hobbies into one!





On Friday, September 6th, RHS held its annual Club Day. Club Day is an opportunity for students to meet with and get information from representatives from the various clubs and organizations offered here at Ringgold. Students can also then sign up for the clubs and organizations that they would like to join!



# Students Learn How to Spice Up Their Nutrition

The food service department recently had the pleasure of hosting Miranda, the nutritionist from AVI Foodsystems, our Food Service Management Company. She spent the day at the high school where she offered samples of fresh watermelon sprinkled with Tajin and met with several students to discuss nutrition and making healthy food choices.



## Science is Everywhere!

Recently, students in Mr. Johnston's Physics class took to the hallway to apply their learning in a hands-on way. While there, they measured the hallway's length to learn about accuracy and precision.



**Lifetouch.**

Don't miss  
this year's  
School  
Picture!



***Seniors***

Tuesday,  
October 1st

***Underclassmen***

Wednesday,  
September 11th





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# HEALTHCARE CAREERS EXPO



**October 18th, 2024**

**David L Lawrence Convention Center**

**OPEN ONLY TO STUDENTS:**

**9 AM - 3 PM**

**REGISTER HERE:**



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