

October 2024

High School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



7

Hamburger/Cheeseburger
Chicken Nuggets
Cheese & Pep Pizza
Crispy Chicken Salad / Wrap
Baked Beans
Fresh Veggies
Seasonal Fresh Fruit

1

It's Nacho Day!
Beef & Buffalo Chix Nachos
Cheese & Pep Pizza
Taco Chef Salad /Ital Sub
Refried Beans
Fresh Veggies & Fruit

2

Ham & Cheese Croissant
BBQ Pork on Bun
French Bread Pizza
Grilled Chix Salad /Wrap
Potato Triangles
Fresh Veggies & Fruit
Fruit Crisp

3

Asian Bowl w/ Egg Roll
Cheese & Pep Pizza
BLT Chef Salad / BLT Sub
Far East Veg Blend
Fresh Veggies & Fruit
Mandarin Oranges

4

Mac & Cheese Bowl
Boneless Chicken Wings
Cheese & Pep Pizza
Grilled Chix Salad / Ital Sub
Broccoli
Fresh Veggies & Fruit

8

Taco Tuesday Bar
BBQ Pulled Pork Nachos
Cheese & Pep Pizza
Taco Chef Salad /Ital Sub
Green Beans
Fresh Veggies
Seasonal Fresh Fruit

9

Chicken Tenders
Sloppy Joe/ Hot Dog
Bosco Sticks
Grilled Chix Salad/Wrap
Baked Fries
Fresh Veggies & Fruit
Cookie

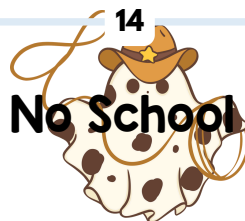
10

Pasta Bowl & Breadstick
Chicken Parm Sandwich
Cheese & Pep Pizza
BLT Chef Salad / BLT Sub
Fresh Salad Bar
Fresh Veggies & Fruit

11



14



15

It's Nacho Day!
Beef & Buffalo Chix Nachos
Cheese & Pep Pizza
Taco Chef Salad /Ital Sub
Refried Beans
Fresh Veggies & Fruit

16

Brkfst Croissant Sandwich
Chicken Sandwich
French Bread Pizza
Grilled Chix Salad /Wrap
Potato Triangles
Fresh Veggies & Fruit
Brownies

17

Asian Bowl w/ Egg Roll
Cheese & Pep Pizza
BLT Chef Salad / BLT Sub
Far East Veg Blend
Fresh Veggies & Fruit
Mandarin Oranges

18

French Toast Bites &
Sausage
Boneless Wings
Cheese & Pep Pizza
Italian Chef Salad / Ital Sub
Potato Smiles
Fresh Veggies & Fruit

21

Hamburger/Cheeseburger
Chicken Nuggets
Cheese & Pep Pizza
Crispy Chicken Salad / Wrap
Baked Beans
Fresh Veggies
Seasonal Fresh Fruit

22

Taco Tuesday Bar
BBQ Pulled Pork Nachos
Cheese & Pep Pizza
Taco Chef Salad /Ital Sub
Green Beans
Fresh Veggies
Seasonal Fresh Fruit

23

Chicken Tenders
Sloppy Joe/Hot Dog
Bosco Sticks
Grilled Chix Salad /Wrap
Baked Fries
Fresh Veggies & Fruit
Cookie

24

Leopard Bowl w/ Biscuit
Cheese & Pep Pizza
BLT Chef Salad / BLT Sub
Mashed Potatoes
Corn
Seasonal Fresh Fruit

25

Lasagna Rollup & Brdstk
Meatball Sub
Cheese & Pep Pizza
Crispy Chix Salad / Ital Sub
Fresh Salad Bar
Fresh Veggies & Fruit

28

Chicken Patty Sandwich
Mini Corn Dogs
Cheese & Pep Pizza
Crispy Chicken Salad/ Wrap
Oven Baked Fries
Fresh Veggies & Fruit

29

It's Nacho Day!
Beef & Buffalo Chix Nachos
Cheese & Pep Pizza
Taco Chef Salad /Ital Sub
Refried Beans
Fresh Veggies & Fruit

30

Ham & Cheese Croissant
BBQ Pork on Bun
French Bread Pizza
Grilled Chix Salad /Wrap
Potato Triangles
Fresh Veggies & Fruit
Fruit Crisp

31

Asian Bowl w/ Egg Roll
Cheese & Pep Pizza
BLT Chef Salad / BLT Sub
Far East Veg Blend
Fresh Veggies & Fruit
Mandarin Oranges



Grades 9-12

No Charge

Extra Milk

\$0.50

Free/Reduced

No Charge

BREAKFAST

Daily Breakfast- No Charge
Each breakfast includes entrée, fruit, 4 oz 100% fruit juice and/or choice of 1% white or skim chocolate milk

A Variety of entrée items are offered daily and include: Muffins, Blueberry Bread, Mini Cinni, Pancake Wrap, Omelet, Breakfast Bagels, Pizza, Bars, Frudel, French Toast, Grahams, String Cheese, Muffins, Banana Bread, Yogurt, PBJ Uncrustables

FYI

- Menu subject to change based on availability. For the most up-to-date menu changes with all the nutritional information, download the My School Menus app.
- This institution is an equal opportunity provider.

OFFERED DAILY

- Seasonal Fresh Fruits and Vegetables, PBJ Uncrustable
- Fresh Made Salads - Vegetarian Upon Request
- Choice of Fat Free Chocolate or 1% White Milk

