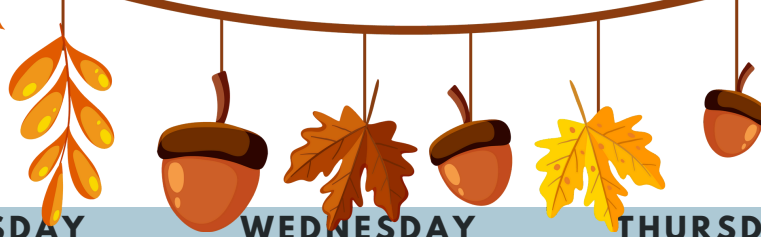


October 2024

Middle School Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

**Beef Nachos
Homemade Pizza
Grilled Chix Chef Salad
Refried Beans
Fresh Veggies
Seasonal Fresh Fruit**

2

**French Bread Pizza
BBQ Pork on a Bun
Crispy Chef Salad
Green Beans
Fresh Veggies & Fruit
Cookie**

3

**Asian Bowl w/Rice
Big Daddy Pizza
Grilled Chix Chef Salad
Broccoli
Fresh Veggies
Seasonal Fresh Fruit**

4

**Bosco Sticks w/ Marinara
Boneless Wings
Crispy Chef Salad
Oven Baked Fries
Fresh Veggies
Seasonal Fresh Fruit**

Grades 6-8

No Charge

Extra Milk

\$0.50

Free/Reduced

No Charge

BREAKFAST

Daily Breakfast- No Charge
Each breakfast includes entrée, fruit, 4 oz 100% fruit juice and/or choice of 1% white or skim chocolate milk

A Variety of entrée items are offered daily and include: Muffins, Blueberry Bread, Mini Cinni, Pancake Wrap, Omelet, Breakfast Bagels, Pizza, Bars, Frudel, French Toast, Grahams, String Cheese, Muffins, Banana Bread, Yogurt, PBJ Uncrustables

FYI

- Menu subject to change based on availability. For the most up-to-date menu changes with all the nutritional information, download the My School Menus app.
- This institution is an equal opportunity provider.

7

**Cheeseburger
Sloppy Joe/Hot Dogs
Crispy Chef Salad
Baked Beans / Baked Fries
Fresh Veggies
Seasonal Fresh Fruit**

8

**Taco Tuesday
Homemade Pizza
Grilled Chix Chef Salad
Corn
Fresh Veggies
Seasonal Fresh Fruit**

9

**Stuffed Crust/Fiestada Pizza
Italian Sub Sandwich
Crispy Chef Salad
Green Beans
Fresh Veggies & Fruit
Cookie**

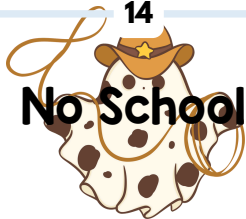
10

**Pasta Bowl & Breadstick
Big Daddy Pizza
Grilled Chix Chef Salad
Broccoli
Fresh Veggies
Seasonal Fresh Fruit**

11



14



15

**Beef Nachos
Homemade Pizza
Grilled Chix Chef Salad
Refried Beans
Fresh Veggies
Seasonal Fresh Fruit**

16

**4x6/Fiestada Pizza
BBQ Rib Sandwich
Crispy Chef Salad
Green Beans
Fresh Veggies & Fruit
Earth Day Cookie**

17

**Leopard Bowl w/Biscuit
Big Daddy Pizza
Grilled Chix Chef Salad
Mashed Potatoes
Corn
Fresh Veggies & Fruit**

18

**Brd Mozz Sticks w/
Marinara
Boneless Wings
Crispy Chef Salad
Broccoli
Fresh Veggies
Seasonal Fresh Fruit**

21

**Chicken Patty Sandwich
Pizza Crunchers
Crispy Chef Salad
Baked Beans
Fresh Veggies
Seasonal Fresh Fruit**

22

**Taco Tuesday
Homemade Pizza
Grilled Chix Chef Salad
Corn
Fresh Veggies
Seasonal Fresh Fruit**

23

**Stuffed Crust/Fiestada
Pizza
Meatball Sub
Crispy Chef Salad
Green Beans
Fresh Veggies & Fruit
Cookie**

24

**Pancakes & Sausage
Big Daddy Pizza
Grilled Chix Chef Salad
Potato Triangles
Fresh Veggies
Seasonal Fresh Fruit**

25

**Cheese or Pepperoni
Breadstick Rippers
Hamburger on Bun
Crispy Chef Salad
Broccoli
Fresh Veggies
Seasonal Fresh Fruit**

28

**Chicken Strips
Mini Corn Dog
Crispy Chef Salad
Corn
Fresh Veggies
Seasonal Fresh Fruit**

29

**Beef Nachos
Homemade Pizza
Grilled Chix Chef Salad
Refried Beans
Fresh Veggies
Seasonal Fresh Fruit**

30

**French Bread Pizza
BBQ Pork on a Bun
Crispy Chef Salad
Green Beans
Fresh Veggies & Fruit
Cookie**

31

**Asian Bowl w/Rice
Big Daddy Pizza
Grilled Chix Chef Salad
Broccoli
Fresh Veggies
Seasonal Fresh Fruit**



OFFERED DAILY

- Seasonal Fresh Fruits & Vegetables; PBJ Uncrustable
- Fresh-Made Salads (Vegetarian Upon Request)
- Choice of Fat Free Chocolate or 1% White Milk

