

Bites 2 Go!!!

Dear Parents,

Sept. 6, 2024

My name is Debbie Wiechert (DW) and I am the School Social Worker at Meadow Ridge Elementary. I am writing to tell you about our "Bites 2 Go" program. For those of you who aren't familiar with it, this program provides extra food for the weekend to students in need. It began 16 years ago and has expanded to include every school in Spokane County! Food security has been linked to better grades, attendance, and behavior, so for the students and families who need a little extra help, this program is amazing.

The "Bites 2 Go" program is completely free, confidential, voluntary, and lasts as long as needed. With the cost of things rising, and the amount of food kids eat, it is my hope that this program will help our Meadow Ridge families feel supported and nurtured. Basically, students will receive a child friendly bag of food each Friday to supplement their food at home over the weekend. 2nd Harvest Food Bank supplies the food, Timberview Church pays for and delivers it, and we put it in the kiddos' backpacks when they're out at recess. Over Spring and Winter Breaks, extra food is provided to families.. I have taken several steps to ensure this program remains confidential and discreet, and the feedback I have received has been overwhelmingly positive.

If your family could use a little help with food, or if you have any questions, please call me at (509)465-6637, or email me at Debbie.wiechert@mead354.org. OR...simply complete the following information and return it to school.

If your student received Bites 2 Go in the past but no longer needs it, please let me know.

Thanks for raising such great kids!

Debbie Wiechert, "DW" School Social Worker

Yes! We could use a little extra help this year!

Student(s) Name: _____ Parent Name: _____

Best way to contact you: _____