Learning Progressions

Dance Level I

Introduces students to basic dance knowledge in order to develop coordination, flexibility, and strength while acquiring technical skills in preparation for further dance study. Students explore the role of dance in various cultures, and observe and critique dance performances using specified criteria and appropriate dance terminology.

Dance Level II

Enhances previous course. Further develops knowledge and skills in various dance forms with an emphasis on technical instruction in ballet, jazz, and modern techniques, public performance techniques, and choreographic concepts. Students study dance analysis, dance history, and movement sciences as they relate to injury prevention and technical training.

Dance Level III

Enhances previous course. Offers a comprehensive understanding of the elements of movement and dance technique. Areas of concentration include choreography, dance analysis, dance history, and movement science with an emphasis on intermediate technical instruction in ballet, jazz, and modern techniques.

Dance Level IV

Enhances previous course. Refines knowledge of the elements of movement, dance history, and dance analysis, and hones skills in choreography and performance techniques, focusing on artistry and individuality.

Dance Composition

Introduces dance composition covering methods to identify and execute the basic principles of composition (e.g. improvisation, use of movement qualities, musical forms, design, production elements). Concentrates on the development of themes and performance of multiple phrase compositions for individuals and groups. Emphasizes individual creativity and use of choreographic tools.