



Kerrville Independent School District

Student Health Advisory Council

Meeting Minutes

Oct. 4, 2023

Welcome and Call Meeting to Order by Cheryl Manchester, Director of Special Programs

Vaping Update from Amy Waiser, Safe and Secure Schools Program Coordinator

New legislation mandating a student with vape in their possession on any district property gets automatic DAEP placement

Catch My Breath curriculum for students

TCHAT – provided free of cost to any student in KISD, if need counseling or substance abuse assistance, online, telehealth piece

Good feedback from students who have used service

Under two days return to parent after KISD staff referral, several this year in under 20 minutes

Any counseling need: truancy, attendance issues, home life, depression, anything that hinders students from taking care of their health or advancing their academics, will counsel for any need

Parents can reach out to TCHAT for the substance program

Catch My Breath curriculum starts in 5th grade, through PE and/or Computer Lab classes for students

Modules for 6th, 7th, 8th grades and 9th-12th grade

Different activities for each teacher to pull in with their students throughout the school year

TCHAT – available to all students, ECC through High School

All students do core curriculum for Catch My Breath

Video lessons and online modules utilized if student is caught with vape on campus

Question on how big of an issue was this for the district?

Heather Engstrom, Assistant Superintendent of Curriculum and Instruction: only have a few weeks of data, can pull that and share it at a future meeting. Most problems have been at the high school because there are vape sensors there, we have purchased vape sensors for HPMS. Because we have tools to catch students at the HS, we are catching them. We have had some at the MS in the past.

Shift to Wellness Policy Review, presented by Scott Anglesey, Child Nutrition Services Director

Take policy and assessment with council members to review prior to next meeting

Board Policy is FFA Local

SHAC is required to review every three years

Review of Wellness Policy Assessment Tool (handout)

Asks council to review and put thoughts together to make any changes to put before the board

Nutritional guidelines for breakfast and lunch meals: calorie and fat requirements, salt, sodium content standards

Nutritional content – where to find? Carbs count on menu, Mr. Anglesey will double-check that this is also accessible

Guidelines dictate what KISD CNS is able to do

Requirements are different based on ages on campus, high school has higher calorie requirement

Child Nutrition budget is self-funding, we have to make the money to spend the money

Will present the menu planning in next meeting

Adjourn by Mrs. Manchester

“Educational Excellence in the Hill Country”