

New Miami School Lunch Menu



Food Service Director: Khris Emory 513-304-1602

	Monday	Tuesday	Wednesday	Thursday	Friday
The Grille Cheeseburger on a Bun Breaded Chicken Sandwich	Monday Sept 9 BBQ Rib Sandwich Peas and Carrots Fruit Fat Free Milk	Tuesday Sept 10 Taco Lettuce and Salsa Corn Fruit Fat Free Milk	Wednesday Sept 11 Hamburger Fries Fruit Fat Free Milk	Thursday Sept 12 Salisbury Steak Green Beans Belly Bears Fruit Fat Free Milk	Friday Sept 13 Cheese Pizza Veg Fresh Fruit Fat Free Milk
The Garden Grilled Chicken Sandwich Roast Turkey & Cheese Salad Garden Salad with Cheese Chef Salad	Monday Sept 16 Chicken nuggets Green beans bread Fresh Fruit Fat Free Milk	Tuesday Sept 17 Walking Taco Salsa Corn Fruit Fat Free Milk	Wednesday Sept 18 Country Fried Chicken Mashed Potatoes and Gravy Fruit Fat Free Milk	Thursday Sept 19 Corn Dog Side Salad Fresh Fruit Fat Free Milk	Friday Sept 20 Pepperoni Pizza Vegetables Fruit Fat Free Milk
The Pizzeria Pepperoni Pizza Mozzarella Cheese Pizza	Monday Sept 23 Hot Dog Green Beans Fruit Fat Free Milk	Tuesday Sept 24 Beef Taco Corn Lettuce and Cheese Fruit Fat Free Milk	Wednesday Sept 25 Hamburger French Fries Fruit Fat Free Milk	Thursday Sept 26 Popcorn Chicken Mixed Vegetables Fruit Fat Free Milk	Friday Sept 27 Cheese Pizza Vegetables Fresh Fruit Fat Free Milk
Grab & Go A variety of healthy chips and snacks	Monday Sept 30 Chicken Sandwich Baked Beans Belly Bears Fruit Fat Free Milk	Tuesday Oct 1 Chicken Taco South West Corn Fruit Fat Free Milk	Wednesday Oct 2 Sausage Patty Pancakes with Syrup Tater Tots Fruit Fat Free Milk	Thursday Oct 3 Meatball Sandwich Peas Fresh Fruit Fat Free Milk	Friday Oct 4 Cheese Dippers Vegetables Fruit Fat Free Milk
				Fresh Produce from Local Farms based on crop availability	Whole Grains Available Daily
				Take Nutrition Global Day	

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Fruits include:

- Crisp Apple
- Fresh Orange
- Banana
- Pineapple Tidbits
- Applesauce

Milk

Milk Choices Offered Daily:
 1% white, non-fat white, non-fat flavored

Proud to manage your food service program



This institution is an Equal opportunity provider

MENUS SUBJECT TO CHANGE